

Eastern Sierra Behavioral Health Provider List

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties/Services
Mono County Behavioral Health Mammoth Lakes P: (760) 924-1740 F: (760) 924-1741 Crisis Intervention/After Hrs: (800) 687-1101 https://monocounty.ca.gov/behavioral-health	Adults, Adolescents, Children (I & F)	Medi-Cal, Medicare, Self-Pay	Crisis Counseling, Medication Evaluation/Social Work, Individual Counseling, Group Counseling, Family Counseling, Early and Periodic Screening Diagnosis and Treatment (EPSDT) Mental Health Services (under 21 y/o), Therapeutic Behavioral Services (TBS) which is a EPSDT mental health services for children and young people.
North Star Counseling Mammoth P: (760)-924-4622 Email:northstarl@mono.ca.gov Website: https://www.northstarmono.org/ Bishop P: (760) 873-3262 Ext 2585	Children & Adolescents (I, F, Peers)	Free	Behavioral Problems, Issues in the Home, Separation Divorce, Anxiety/ Fear, Low Self-Esteem, Bullying, Depression, Eating Disorders, Communication Issues, Conflict Resolution, Family Crisis, Anger Management, Grief
Eastern Sierra Counseling Mammoth & Bishop P: (760) 709-0262 Email: eastensierracounseling@outlook.com https://www.eastensierracounseling.com	Adults, Adolescents, Children (I, C, F)	Aetna, Anthem, Bule Shield, Med-i Gal, CA Health & Wellness, Employee Assistance Program (EAP), Medicare, and Curalinc Initial Psychiatry \$60 FU/ \$350 Psychotherapy \$250-350 Psychotherapy &Psychiatry Waitlist 1-2 Weks ADHD Testing Waitlist 1Month (4/18/24)	Anxiety, Depresion, Trauma and PTSD Depression & Anxiety, Marriage & Family, HR & Employe Assistance Programs In-Person & Telemedicine
Inyo County Behavioral Health- MH 247 Access Line: (800) 841-5011 Lone Pine Office P: (760) 873-6533 https://www.inyocounty.us/behavioral-health	Adults, Adolescents, Children	Medi-Cal Inyo County Only Sliding Scale	Crisis Counseling, Medication Evaluation/Social Work, Individual Counseling, Group Counseling, Family Counseling, Early & Periodic Screening Diagnosis Treatment (EPSDT), Mental Health Services (under 21 y/o), Therapeutic Behavioral Services, which is EPSDT mental health services for children & young people.
Toiyabe Indian Health Project- BHF/M P: (760) 873-6394 https://www.toiyabe.us *Coleville location closed	Adults, Adolescents, Children May require patient to establish with their FMC. Specializing in American Indian behavioral health	Private Insurance, Medicare, Med-iCal, County Medical Service Program (CMSP) Accepting both Native & Non-Native patients.	Individual therapy, Group therapy, Psychiatry, Evidence-based Treatment Modalities, Trauma -Focused Treatment, Art Therapy, Play Therapy (children), Couples Counseling, Grief and Loss Support Groups, Bilingual Services (Spanish), Telehealth Services

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Northern Inyo Hospital Behavioral Health & Virtual Care Clinic 150 Pioneer Lane, Bishop, CA 93514 P: (760) 873-5811 https://www.nih.org/services/behavioral-health/	Adults, Adolescents, Children	Medicare, Medi-Cal, Private insurance, Financial Assistance	Anxiety, Depression, Stress, Mood and Energy Regulation, Motivation, Personal Crisis, Relationship Issues, Chronic Pain, Grief, Obsessive Thoughts/Compulsive Behaviors, Eating Patterns, Pain Management, Adjusting to Change, Health and Wellness, Trauma
Alpine Recovery Center 375 E. Line Street P: (760) 873-4357 https://www.alpinecenterbishop.com In person & Zoom Available Outpatient, IOP, Partial Hospitalization	Adults, Adolescents	Medicare, MediCal, Private Insurance, Military Insurance, Access to Recovery voucher, Payment Assistance Sliding Scale.	Persons With Co-Occuring Mental And Substance Abuse Disorders, Lesbian, Gay, Bisexual, or Transgender (LGBT) Clients, Veterans, Active Duty Military Families, Clients Referred From The Court/Judicial System (other than DUI/DWI) Trauma, Sexual Abuse, Domestic Violence, Aftercare/continuing care, Treatment for Non-Substance Abuse Addiction, Case Management, Comprehensive Mental Health Assessment, Comprehensive substance abuse assessment, Domestic Violence Services, Self-help groups, Screening for Mental Health Disorders, Screening for Substance Abuse, Social Skills Development, State Substance Abuse Agency, State Department of Health, State mental health department
Mammoth Hospital Behavioral Health Clinic 85 Sierra Park Road / PO Box 660 Mammoth Lakes, CA 93546 760-924-4333 https://mammothhospital.org/home/medical-services/behavioral-health/	Adults, Adolescents, Children	Medical, Medicare, Private insurance	Depression, Anxiety, PTSD, Grief, ADHD, LGBTQIA, insomnia, mood disorders, substance use counseling, phase of life problems, pediatric psychological concerns. Any thoughts, feelings or behaviors that can be impacting health.
Wild Iris Family Counseling and Crisis Center Website: wild-iris.org 24/7 crisis line (877)-873-7384 625 Old Mammoth Rd #201 Mammoth Lakes, CA 93546 Phone: 760-934-2491 150 N Main St. Bishop, CA 93515 Phone: 760-873-6601	Adults, Adolescents, Children	Our services are provided at no charge	Specializes in domestic violence crisis, sexual abuse, child abuse, Parenting and Co-Parenting Classes, Supervised Visitation Monitoring, Youth Violence Prevention, CASA (Court Appointed Special Advocate), 52- Week Court Ordered Parenting
Annie Linaweaver, MFT Mammoth Lakes P: (760) 914-0050	Adults, Adolescents, Preteen (I, C, F)	Medi-Cal, Sliding Scale, Anthem, MHN Health Net, BlueShield BS Covered AC	Addiction, Anger Management, Behavioral Issues, Bipolar Disorder, Bisexual, Child, Chronic illness, Codependency, Coping Skills, Divorce, Domestic Abuse, Eating Disorders, Emotional Disturbance, Family Conflict, Lesbian, LGBTQ+, Mood Disorders, Obsessive-Compulsive (OCD), Parenting, Personality Disorders, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sleep orr Insomnia, Stress, Substance Use, Trauma and PTSD, and Women's Issues
Mary K Prentice, MA, MFT P.O. Box 47 Sherwin Professional Plaza 549 Old Mammoth Rd. (upstairs) Mammoth Lake, CA 93546	Adults, Adolescents, Children		Marriage & Couples Therapy Family Court Mediator

Private Practices

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Christina Caro, PHD Mammoth & Bishop P: (408) 768-8636 F: (760) 923-8875 https://www.christinacarophd.com/	Adults & Couples Only	Does NOT accept Medi-Cal In-Network with: Anthem Blue Cross, HealthNet, MediCare, Aetna and MHN PPO, MHN Employee Assistance Program (EAP), Mammoth Mountain Ski Area EAP, FEI EAP, and Magellan EAP Rate	Psychotherapy, Consulting Psychologist, Couples Therapy, Brief/Short-term therapy, Organization development, Life and Professional Coaching, Therapy for Depression & Anxiety, Trauma & Post Traumatic Stress Disorder Treatment, Divorce, Grief Counseling, Work and Career Issues, Stress Management, Highly Sensitive People, High functioning Autism/Asperger's, Self-esteem and Personal Growth, Spirituality, Brief and Employee Assistance Program Counseling, Identity and other Existential Issues
Paul Elia, LMFT Bishop, CA P: (760) 920-5256 Email: paulelia.cfb@gmail.com	Adults, Adolescents, Children (I, C)		A lack of motivation, feelings of emptiness or lack of purpose; feeling trapped by feelings of anxiety, stress, or anger; an unexpected or unwanted life change, such as divorce, illness, or loss; at the edge of a major life transition; the ripple effect from past or present trauma; difficulties with conflict and communication; missing a sense of vitality and/or intimacy in their relationship; or, simply being tired of wearing a face every day that doesn't reflect how they truly feel or how they want to feel.
Crystal A. West, LMFT 212 Grove St. Bishop, CA 93514 760-872-2418	Adults, Adolescents, Children (I, C, F)	Blue Shield BS Covered CA, Aetna, Anthem Elevance, Cigna and Evernorth, Medi-Cal, Oscar, Health, Oxford, UnitedHealthcare UHC UBH	Trauma and PTSD, Anxiety, Relationship Issues, ADHD, Behavioral Issues, Child, Coping Skills, Depression, Domestic Abuse, Domestic Violence, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Marital and Premarital, Oppositional Defiance, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, School Issues, Sexual Abuse, Stress, Women's Issues
Helen French, LCSW Sierra Bliss Counseling 686 W. Line St., Bishop, CA 93514 P: (760) 582-6372 x104 F: (442) 228-5004	Adults, Adolescents, Children	Sliding Scale, Medicare, ACI Specialty Benefits	Depression, Anxiety, Family Conflict, Anger Management, Behavioral Issues, Relationship Issues, Trauma and PTSD
Alice Sherbow, LMFT Bishop, CA P: (760) 258-5676 In-person & Telehealth	Adults, Adolescents, Children (I, C)	Provides Super Bill	Situational Transition, Depression, Trauma and Recovery
Tanya Zaleschuk Licensed Educational Psychologist 386 W LINE ST., Bishop, CA, 93514 P: (760) 872-9153	Children	Provides Super Bill, Cost discussed during Free Initial Consultation	Learning Disabilities, Dyslexia, Dysgraphia, Dyscalculia, Attention Deficit Disorder, Executive Functioning issues, Autism Spectrum Disorder, Behavioral concerns, Anxiety, adjustment, multisensory interventions, School Phobia/Anxiety, Gifted Testing/Advocacy /Support, Kindergarten Readiness, Identifying Intellectual Disabilities (using cognitive and adaptive skills assessments), Legal compliance consultation

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Alex Ellis, LMFT Mammoth & Bishop P: (760) 937-0711 E: alex@alexellismft.com https://www.alexellismft.com/	Adults, Adolescents, Children	\$140-170/55min (Initial Free)	Supervised Visitation, Parenting Support, Child Abuse Issues, Trauma Recovery, Sexual Assault, Domestic Violence Recovery, Work & Career Issues, Stress Management, Certified Grief Specialist, Grief Recovery Institute, Certified Anger Management, Therapy for Depression & Anxiety, Family Counseling
Daniel Ranson, LCSW I Eastern Sierra Counseling PO Box 9190 272 Sierra Manor Rd., Suite B1 Mammoth Lakes, CA 93546 136 South Main st., Suite 2B, Bishop, CA 93514 (760) 586-7746	Adults, Adolescents Children	Anthem, Aetna, Healthnet, Medi-CAL Anthem, Medi-CAL, Blue Shield, Magellan (often a Blue Shield carve out on Covered CA plans)	Addiction, Autism, ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Child, Chronic illness, Codependency, Cognitives Behavioral Therapy, Coping Skills, Depression, Divorce, Domestic Abuse, Eating Disorders, Emotional Disturbance, Family Conflict, Lesbian, LGBTQ+, Mood Disorders, Obsessive-Compulsive (OCD), Parenting, Personality Disorders, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sleep orr Insomnia, Stress, Substance Use, Trauma and PTSD, and Women's Issues. Psychiatry, Employee Assistance Program, HR Services
Jesse Giunta Rafeh, LMFT (818) 963-9123	Young Adults & Families (I, C, F)	Sliding scale	Life Coaching, Anxiety and Life Transitions with expertise in Child Therapiy
Nancy T. Akalin, PhD 85 Sierra Park Rd, Mammoth Lakes, CA 93546 (760) 914-3241 nancyakalin@gmail.com	Adults	Cash, Private insurance	Depression, anxiety and relationship issues
Connie Henderson, LCSW P.O. Box 284 Sherwin Professional Plaza 549 Old Mammoth Rd Mammoth Lakes, CA 93546 760-934-4400 conniehendersonlcsw@yahoo.com		Aetna, Blue Shield, Cigna and Evernorth, Humana, Magellan, MediNcrease Health Plans (MHP), MultiPlan, Optum, Partners Direct Health, PHCS Network, Sana Benefits, UMR, UnitedHealthcare UHC UBH	Top Specialties: Medication Management, Anxiety, LGBTQ+ Expertise: ADHD, Depression, Grief, Psychosis, Transgender, Trauma and PTSD, Women's Issues
Judy Hubbard-Liu, LMFT 549 Old Mammoth Rd Suite 10 Mammoth Lakes, CA 93546 (760) 518-9242 judyalu.com	Adults, Adolescents, Children		Trauma, anxiety and depression, relationship issues, wellness, as well as bereavement and end of life issues

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Keith Anderson, Ph. D Southern Inyo Rural Health Clinic 152 Pioneer Ln. Suite H PO Box 873 Bishop, CA 93514 (760) 876-1146	Adults, Adolescents, Children	Private insurance, financial assistance	
Kathleen Citrenbaum, LCSW 308 W. Line St. #4/ PO Box 521 Bishop, CA 93514 (760) 872-4315			Anger Management, Anxiety, Compassion Fatigue, Parenting, Rape and Sexual Assault, School Issues.
Janet Hambleton, PhD P.O. Box 1015 136 S. Main St Bishop, CA 93514 760-872-3613 hambletonjan@yahoo.com			Specializes in court approved child custody and visitation mediation
Chrystina Pope, PhD, ABD, MFT 162 Grove St # J Bishop, CA 93514	Adolescents, Adults (I, C, F)		Top Specialties: Emotional Disturbance, Trauma and PTSD, Anxiety Expertise: Bipolar Disorder. Borderline Personality (BPD), Depression, Domestic Violence, Dream Tending, Grief, Mood Disorders
Kim Frey, PhD, LCSW Certified EMDR Specialist Bishop, CA P: (760) 582-9221	Adults, Adolescents, Children		Complex-PTSD, PTSD/Trauma, Depression & Anxiety, Adjusting to New Circumstances
Janet Guglielmino, Ph.D 686 W Line St Bishop, CA 93514 (760) 872-4000	Adolescents, Adults (I, C, F)	Private insurance	Attention-Deficit/Hyperactivity Disorder (ADHD), Compassion Fatigue, Dyslexia, Grief, Obsessive Compulsive Disorder (OCD), Online Therapy, Addiction / Substance Abuse, Anger Management, Anxiety, Bereavement / Grief Counseling, Bipolar Disorder, Depression Post-Traumatic Stress Disorder (PTSD) Counseling, Psychotherapy, Stress
Betsy Perluss, MFT, PhD, LMFT, LPCC https://betsyperluss.com/about/	Adults, Adolescents,	Sliding scale, cash, private insurance	Life Transitions, Anxiety, Depression, Behavioral Issues, Body Positivity, Child, Codependency, Divorce, Emotional Disturbance, Grief, LGBTQQ, Multicultural, Open Relationships Non-Monogamy, Racial Identity, Relationship Issues, Self Esteem, Sex-Positive, Kink Allied, Spirituality, Stress, Transgender, Trauma and PTSD, Women's Issues
Kate Wallace, MFT Compass Family Counseling 306 Laurel Mountain Road Suite 202 Mammoth Lakes, CA 93546 (760) 935-0746 https://compassfamilycounseling.org/kate-wallace-2218 In-person or Virtual	Adults, Adolescents, Children (I, C, F)	Sliding Scale, Cash, Private Insurance	Stress, Anxiety, Mood Regulation, Relationships, Family Issues, Self-Esteem

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Alice A Sherbow, LMFT Bishop, CA 93514 (760) 214-9819	Adolescents, Adults (I, C, F)	Sliding scale, cash	Expertise: Addiction, ADHD, Alcohol Use, Career Counseling, Codependency, Coping Skills, Depression, Dissociative Disorders (DID), Divorce, Dual Diagnosis Family Conflict, Grief, LGBTQ+, Marital and Premarital, Psychosis, Relationship Issues, School Issues, Self Esteem, Spirituality, Sports Performance, Stress,
Apogee Educational Assessments 386 West Line Street Bishop, CA 93514 760-937-2248	Children, Adolescents	Sliding scale, cash	Top Specialties: Child, Neurostimulation for variety of issues, Expertise: ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Chronic Impulsivity, Chronic Pain, Coping Skills, Depression, Developmental Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Intellectual Disability, Obsessive-Compulsive (OCD), Oppositional Defiance (ODD), Parenting, Self Esteem, Sleep or Insomnia, Stress, Substance Use, Suicidal Ideation. Teen Violence. Testing and Evaluation. Transgender. Traumatization.
Rebekah Taylor Weimer 549 Old Mammoth Road Mammoth Lakes, CA, 93546 (760) 437-1047 In-person & Telehealth	Adult, Adolescents, Children (I, C, F)	Private insurance, cash, sliding scale	Supervised Visitation, Parenting Support, Child Abuse Issues, Trauma Recovery Sexual Assault, Domestic Violence Recovery, Work and Career issues, Stress Management, Certified Grief Specialist, Grief Recovery Institute, Certified in Anger Management, Anderson & Anderson Method, Therapy for Depression and Anxiety
Destiny Conde, LMFT (760) 492-7981 Telehealth	Adults, Adolescents	Aetna, Anthem, Blue Cross and Blue Shield of MA, Blue Shield of CA, Carelon Cigna, Decent, Kaiser Permanente (Southern C	Coping Skills, Parenting, Relationship Issues, Self Esteem, Anxiety, Depression
Carina deManigold, LCSW (760) 309-3370	Adults (I, C)		Anxiety, depression, grief, trauma, survivors of suicide loss, end-of-life, and challenging life transitions
Gayle Marroquin, LMFT (408) 516-5707 Telehealth	Adolescents, Adults	Aetna, Anthem Elevance, Blue Cross Blue Shield, Cigna and Evernorth, Coventry, Empire BlueCross BlueShield, GEHA, Health Net, MHN Health Net, MHNet Behavioral Health, Optum, Oscar Health, Oxford, Sutter, TRICARE, UMR, UnitedHealthcare UHC UBH	Anxiety, Depression, Domestic Violence, Family Conflict, Grief, Life Transitions, Parenting, Relationship Issues, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Trauma and PTSD Racial Identity, Coping Skills
Esteem Health 855-378-3361 www.esteem.health	Adults Adolescents Children	Medi-Cal Members, Enhanced Care Management. Same day free appointments.	Anxiety, Depression, Trauma, PTSD, ADHD, Med Management and other conditions