

**JOIN US FOR FUN AND PLAY**

# *Mommy & Me YOGA!*

**WHERE: WALKER WELLNESS CENTER  
170655 HIGHWAY 395 WALKER CA  
WHEN: THURSDAYS' @ 10:00 TO 11:00  
STARTING SEPTEMBER 15 2021  
ANY ? CALL BETTY @ 775 781-1675**

**MOMS BRING YOUR KIDS  
NEW BORN TO 4 YEARS**



**Light Stretching and snacks  
Sponsored by Prop 63 and Mono County behavioral health**