

New Year's **CELEBRATION**

BENTON SOCIAL

COME OUT AND HELP US
CELEBRATE THE NEW YEAR IN
BENTON

Special activity facilitated by Sofia Flores
of Mono County Behavioral Health to
promote wellness through mindfulness in
2020.

We will make simple or complex glitter
jars and learn how to utilize them to
increase our wellbeing.

DINNER AND CELEBRATORY CAKE
AND ICE CREAM WILL BE SERVED

January 31, 2020. 5pm – 7pm at the
Benton Community Center Behind the
Benton Station

Call 760-924-1740 for more information.
Transportation in Benton area available
upon request.

<https://www.monocounty.ca.gov/behavioral-health>

This event is hosted by Mono County Behavioral Health and Toiyabe
Indian Health Project. Paid for by proposition 63.

