

WELCOME BABY! EXIT SURVEY



What about this program has been most helpful to you and your family?

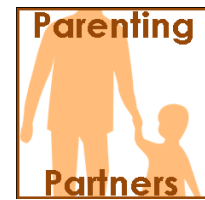
- Lara is very motivating and helpful. If I have any questions she makes me feel comfortable and normal.
- Lara Walker was amazing! She's intelligent, kind, and patient. I loved how she directed many of the discussions toward my older children so that they felt involved in the process and learned about their little brother's development.
- Just having a 'mom' type support system, without having family nearby. Someone who listens and helps problem solve, without any judgment. Lactation consultant services saved me when I was close to giving up! (Thought the 2nd was supposed to be easier!)
- It was wonderful to have Debbie come over and give suggestions on breastfeeding, bottle feeding, sleeping, and having support as a new mom.
- Paperwork was helpful to know what to expect at certain ages.
- Having someone to talk to when you are home alone with a new baby, it can feel isolating.
- All the information and help with my first time breastfeeding journey. All the information they give me in general.
- Learning about brain development and developmental milestones.
- Debbie was so knowledgeable. We are first time parents, and she gave us resources and tools to become more confident.
- Everything seemed very useful because you can solve many questions that you have about the growth and development of children. This program is very good. (translated)
- It helped the children to concentrate in a task. They put more attention to what they are reading. (translated)

What suggestions do you have to improve the Home Visiting program?

- It could extend the age to two.
- More hands on activities, less handouts.
- I absolutely loved this program. I personally wouldn't change a thing.
- I find the program perfect!
- For us, the program was great.
- Nothing
- For me it was very good. I have no comment to improve it because everything was good for me. (translated)

Additional Comments:

- Lara is an amazing asset to me, my family, and our community. Thank you for all First 5 does and for putting Lara in our lives.
- Love Debbie! Thank you!
- Debbie was incredibly helpful and lovely to work with. She was diligent and flexible with appointments and would always text to set up appointments. I loved knowing if I had any questions, I could call or text her.
- Lara is wonderful. She does a great job and really cares about our kids. I felt very alone as a new mom. I always would have liked a breast feeding support group or a new-mom support group/play group. Thank you for all you do.
- Thanks for everything!
- Thank you Lara. Much love from my family to you and yours. You've been super helpful to us and me.
- Amazing help for new moms and even I think not only first time moms, but specifically first time moms need this so so much. Lara Walker so amazing person, we love her so so much!
- Thank you so much, we truly appreciate this service. We will definitely recommend it to anyone we know who is having a baby in this area.
- Without Deb, I would have given up breastfeeding after the first week. She instilled confidence in me and provided useful tips. I would like to have more visits but my job does not allow me. Thanks to Lara for playing with my children and making them laugh. (translated)



PARENTING PARTNERS EXIT SURVEY

Parents as Teachers Survey N=3 scale of 1 (strongly disagree) to 5 (strongly agree)	Before Program Average	After Program Average
I know how to meet my child's social and emotional needs.	4.7	5.0
I understand my child's development and how it influences my parenting responses.	4.0	4.7
I regularly support my child's development through play, reading, and shared time together.	4.3	4.7
I establish routines and set reasonable limits and rules for my child.	4.0	5.0
I use positive discipline with my child.	3.7	4.7
I make my home safe for my child.	4.3	5.0
I am able to set and achieve goals.	4.3	5.0
I am able to deal with the stresses of parenting and life in general.	3.7	4.3
I feel supported as a parent.	4.3	5.0

Parent Satisfaction N=3	Average
This program motivates me to try new parenting strategies	5.0
My parent educator and I partner to set goals for my child, myself, and my family.	5.0
This program increases my understanding of my child's development.	5.0
I feel less stressed because of this program.	5.0
I would recommend this program to a friend.	5.0

What about the program has been most helpful to you and your family?

- Being supported as a parent.
- Having someone to talk to and help let me know I am doing everything right.

What could be improved about this program?

- More visits.
- Can't think of anything.

Additional Comments:

- Very happy with Annaliesa, she is warm, knowledgeable, and sincere. [children's names] were very comfortable and happy with her. I always felt relief when she came.
- Molly is awesome and Debbie was great too.

Improved Family Functioning