



We All Help

child & family well-being

“Take Root”

when we all support the
5 Protective Factors

1. Social Connections

Positive relationships that provide emotional, informational, instrumental and spiritual support

2. Parental Resilience

Tools for managing stress and functioning well when faced with challenges and adversity

3. Knowledge of Parenting and Child Development

Strategies that support physical, cognitive, language, social and emotional growth

4. Concrete Support in Times of Need

Access to support and services that address immediate family needs and reduce family stress

5. Social & Emotional Competence of Children

Interactions that help children develop the ability to communicate clearly, recognize & regulate their emotions, and establish & maintain healthy relationships

through simple **Everyday Actions**

To Report Suspected Child Abuse or Neglect PLEASE call the Mono County Hot Line at 1 (800)-340-5411

<https://monocounty.ca.gov/social-services/page/child-welfare-services>