

## Earl Lent is back with Indigenous Games

We hope to see you there. This event is awesome for kids and adults. Join us for some hot chicken and vegetable soup and some awesome fun. You can bring something to share if you like.

FRIDAY, 29 MARCH

5pm -7pm

At the Benton Community Center
58869 Highway 120
Behind the Benton Station



Please bring friends and family
For More Info: Sal Montanez 760-924-1740

Hosted by Mono County Behavioral Health and Toiyabe Indian Health Project
Paid for by proposition 63

https://www.monocounty.ca.gov/behavioral-health

## **Indigenous Games**

## **Presented by Earl Lent:**

Toiyabe Indian Health Project would like to invite you to the Alaska Indigenous games activity and demonstration. The games involve various skilled events; some of the events include Alaskan two foot and one-foot high kick, atlatl throw, foot race and the grease pull and Native tug of war. Youth will have a lot of fun during the Indigenous games and they will learn how to develop skills necessary for the games as well as the cultural significance behind these games. The games teach team building skills as well as sportsmanship and leadership, these qualities are essential in becoming a responsible and successful person.



https://www.toiyabe.us/services/familyservices/