



Books by the Bushel

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Canada Day	2 Make Zip-lock Lemonade Today (See recipe)	3 Eat Beans Day	4 Independence Day	5 Apple Turnover Day	6 Make letter cookies using playdough and cookie cutters	7 Strawberry Sundae Day
8 Blueberry Day	9 Make a mailbox from a cardboard box. Use old envelopes to "mail" some letters.	10 Pick Blueberries Day	11 Build a blanket fort and read a book (or two!)	12 Go on a summer scavenger hunt (see list)	13 National French Fries Day	14 Shark Awareness Day. Read a book about sharks!
15 National Ice Cream Day (see Recipe)	16 Global Hug Your Kids Day	17 World Emoji Day	18 National Hot Dog Day	19 Name your favorite ice cream flavors	20 Moon Day	21 Toss bean bags into Hula Hoops
22 Parent's Day	23 Read a book about food-then make that food for dinner!	24 Cousins Day	25 Find something small enough to put in your pocket. Tell a story about it.	26 Aunt & Uncle Day	27 Take Your Pants For A Walk Day	28 Cowboy Day. Can you talk like a cowboy?
29 Make a sidewalk masterpiece with chalk	30 International Day of Friendship	31 Name your favorite zoo animals	Hot Dog Month Ice Cream Month Blueberry Month Picnic Month			



Make Homemade Zip-lock Bag Lemonade!

This activity is a great way for your child to enjoy warm weather and cool down with a homemade refreshment. Besides having fun, he'll be conducting a basic science experiment. Science is about studying change. By following a set of procedures, making predictions, and observing results, your budding scientist will be dabbling in the scientific method!

What You Need:

Zip-lock bags
Lemons
Water
Sugar
Ice (optional)
Straws

What You Do:

1. Cut a lemon into quarters and remove any seeds.
2. Place one quarter into a zip-lock bag.
3. Add ½ cup of water.
4. Add approximately 1 teaspoon of sugar.
5. Zip the bag securely.
6. Gently mix the contents of the bag for about 30 seconds, making sure to squeeze the pulp of the lemon.
7. Open a small section of the top of the bag and insert a straw. If desired, add a couple of ice cubes.
8. Enjoy!



Before you begin the activity, try gathering up all the necessary items and then asking your child what he thinks you can make from the ingredients. Have him make observations about those ingredients. Ask him to make predictions about the steps involved and what he thinks will happen when the ingredients are mixed together. Be sure to encourage him to describe what he sees, smells, hears, tastes and feels throughout the whole process. This recipe can even be taken “on the road.” Simply put the lemons and sugar into zip-lock bags before your next picnic. Add the water when you get to your destination for some on-the-spot, homemade refreshment.

5 Minute Ice Cream Recipe

Milk can become homemade ice cream in five minutes by using a bag!
This homemade, creamy treat is a summertime delight for kids and adults alike.

What you'll need:

- 1 tablespoon sugar
- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size plastic food storage bag (e.g., Ziploc)
- 1 gallon-size plastic food storage bag
- Ice cubes

How to make it:

1. Fill the large bag half full of ice, and add the rock salt. Seal the bag.
2. Put milk, vanilla, and sugar into the small bag, and seal it.
3. Place the small bag inside the large one, and seal it again carefully.
4. Shake until the mixture is ice cream, which takes about 5 minutes.
5. Wipe off the top of the small bag, then open it carefully. Enjoy!

Tips:

A 1/2 cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. But don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy.

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Summer Scavenger Hunt List

Can you find.....

- A Butterfly
- A Rock
- A Leaf
- A Wild Flower
- A Stick
- Green Grass
- A Feather
- Something Square

