



FY 2015-2016

## Evaluation Report

**Our goal is to enhance the network of support services for families with children ages 0 to 5 years.**

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# About the Commission

The California Children and Families Act (also known as Proposition 10 or “First 5”) was enacted in 1998, increasing taxes on tobacco products to provide funding for services to promote early childhood development from prenatal to age 5. Mono County currently receives approximately \$390,000 a year from these funds, through annual allocations, augmentations for small population counties, and child care quality matching funds. To access these funds, the county must adopt a strategic plan that shows how it will use Proposition 10 funds to promote a comprehensive and integrated system of early childhood development services.

The Mono County Children and Families Commission, First 5 Mono, was created in 1999 by the Mono County Board of Supervisors to:

- Evaluate the current and projected needs of young children and their families.

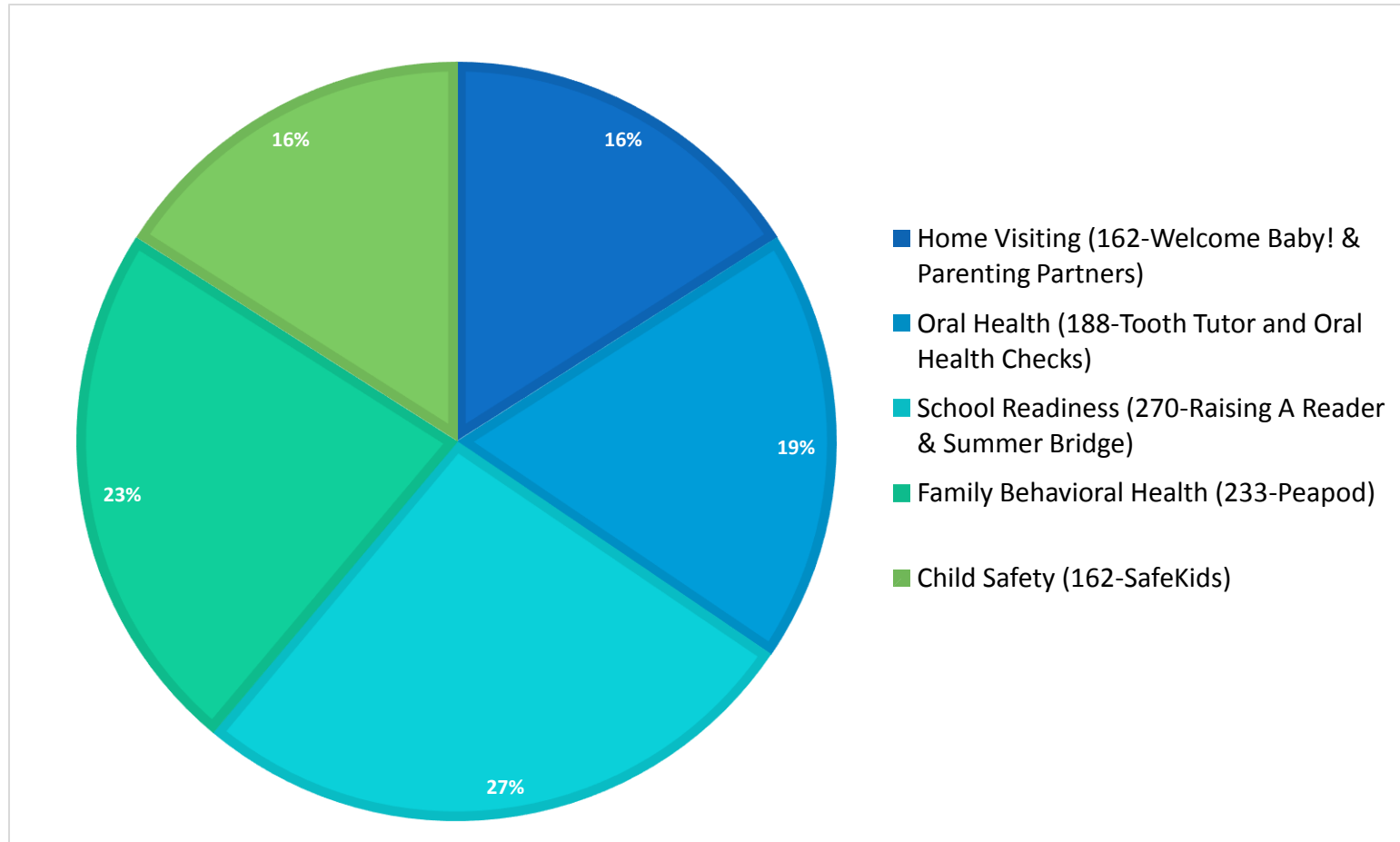
- Develop a strategic plan describing how to address community needs.

- Determine how to expend local First 5 resources.

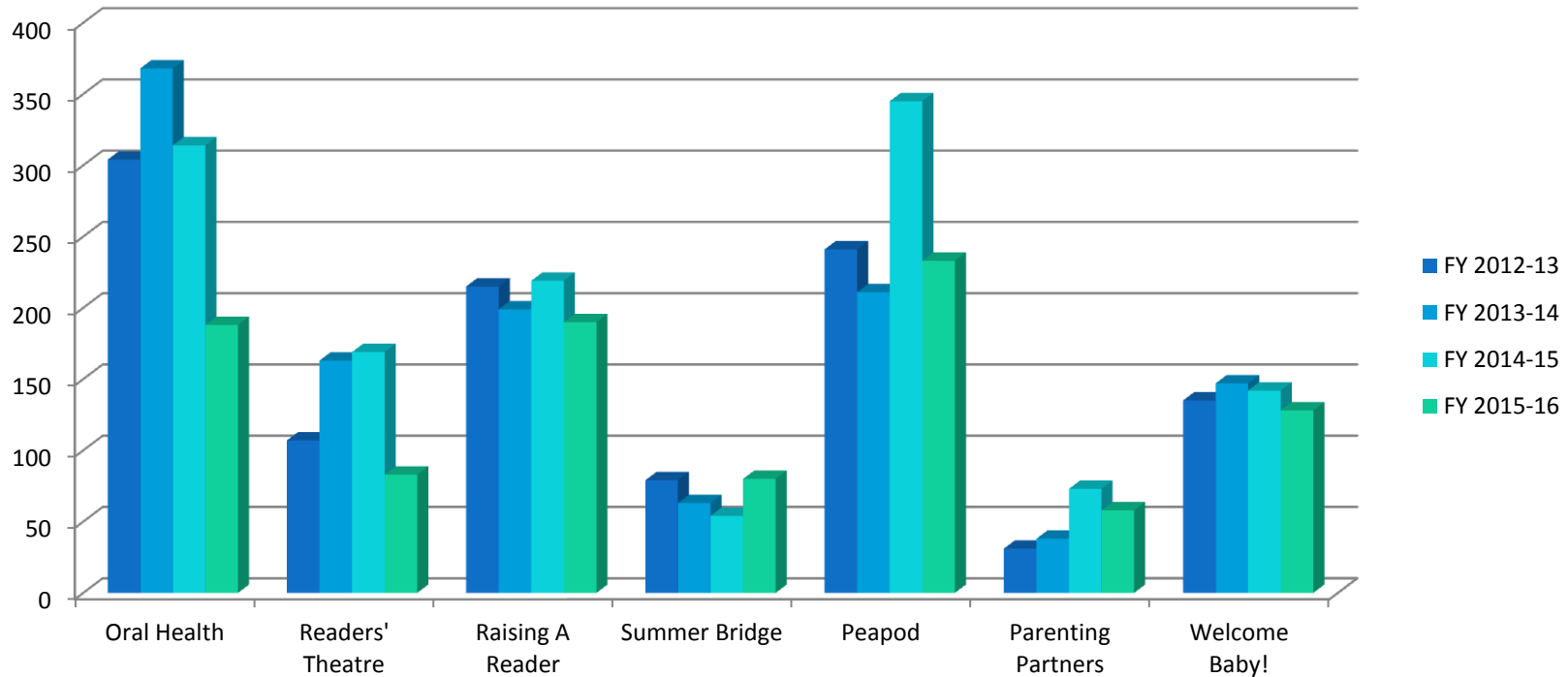
- Evaluate the effectiveness of funded programs and activities.

# Children's Participation in First 5 Mono Programs by Investment Area

(n=1015, includes duplicates)



# Children's Participation in First 5 Mono Programs 2012-13 to 2015-16

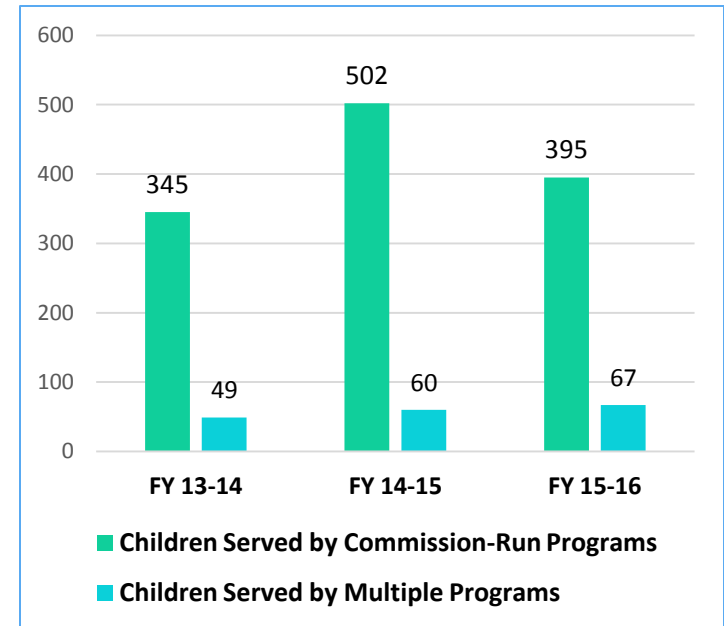
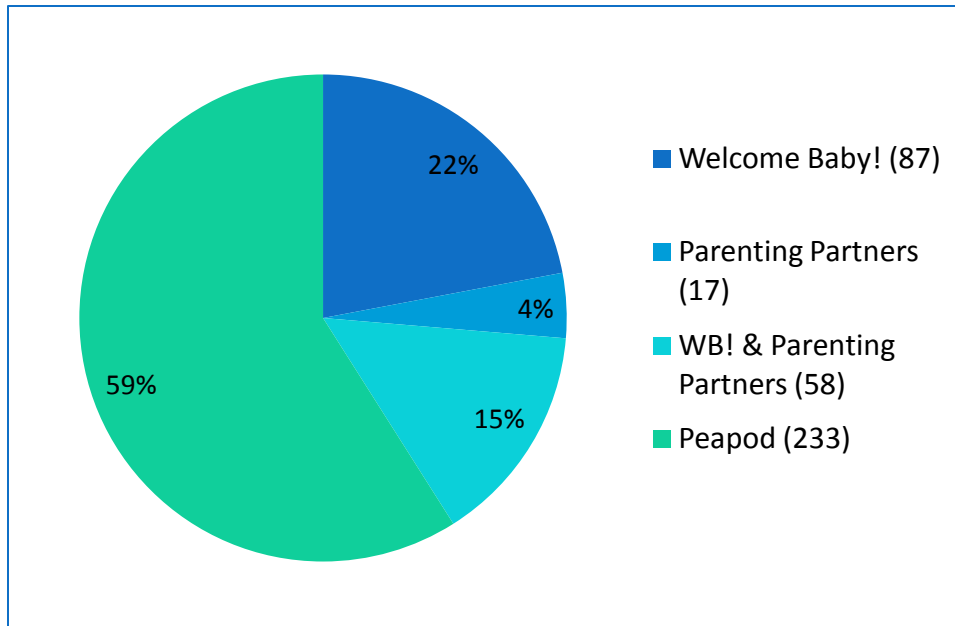


While program participation varies some year to year, overall programs maintain service to a high percentage of our county's youngest children.

# Children's Participation in Commission-Run Programs

Total Children: **395**

Children served by multiple programs: **67, 17%**



Over the last three years, children's participation in First 5 programs varied by about 150 children—around 20% of the birth to 5 year old population. The highest percent of children were served through Peapod Playgroups.

# HOME VISITING

**Investment: \$145,358**

Funding from First 5 California, Small County Augmentation  
(\$114,788)

Parenting Partners

Funding Partner: Department of Social Services; Child Abuse  
Prevention, Intervention, and Treatment (CAPIT) Grant (\$30,000)

Conducted by First 5 Mono

Welcome Baby!

Funded & conducted by First 5 Mono, funding support from:

- Mammoth Hospital Auxiliary contribution for Welcome Baby! Bags (\$500)
- Breast pump attachment fees (\$70)

# Rationale

Home Visiting is offered to families and included in the First 5 Mono Strategic plan because it is a nationally recognized strategy to improve outcomes for children and families.

It has been demonstrated to improve family functioning, decrease child abuse, and improve school readiness and literacy.

In partnership with other community agencies, First 5 also provides lactation services through its home visiting efforts. Such services greatly enhance the will and ability for moms to sustain breastfeeding, positively contributing to overall childhood health.

Supporting research based on the Parents as Teachers Curriculum used in First 5 Mono programs includes:

Promising Practice Local Model: Modified Parents as Teachers Evidence-based framework:  
Pfannenstiel, J. C., & Zigler, E. (2007). Prekindergarten experiences, school readiness and early elementary achievement. Unpublished report prepared for Parents as Teachers National Center.

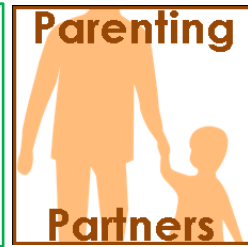
Snow, C.E., Burns, M., and Griffin, P. (Eds.). (1998). Preventing reading difficulties in young children. Washington, DC: National Academy Press.

Parents as Teachers has a long history of independent research demonstrating effectiveness. For more details, refer to the Parents as Teachers evaluation brochure or Web site, [www.parentsasteachers.org](http://www.parentsasteachers.org).



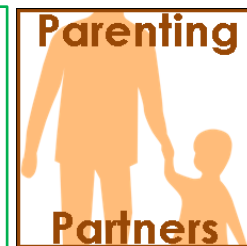
# Home Visiting

Parent Educator led parent-child activities using  
Parents as Teachers curriculum



- **Target:**
  - **Welcome Baby!:** Families with children prenatal to 12 months old
    - **Schedule:** Nine, one-hour home visits—more as needed for high needs.
  - **Parenting Partners:** Families with high needs with children 1-5 years old
    - **Schedule:** Three, one-hour home visits—more as needed.
- **Objectives:**
  - Facilitate parents' role as their child's first and most important teacher
  - Provide information on typical child development
  - Stimulate child development by providing age appropriate activities
  - Increase and support breastfeeding and literacy activities
  - Link families to community services, and support access to services
  - Conduct developmental screenings and refer families to early intervention programs for assessment
  - Provide culturally competent services in Spanish and English
  - Facilitate optimal family functioning
  - Decrease child abuse and neglect

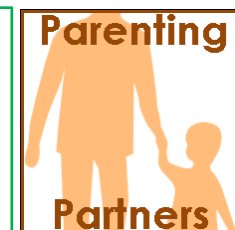
# Home Visiting Referral Sources



Referral Source	Number	Percent
Mammoth Hospital Labor & Delivery	24	39%
Home Visitors	12	19%
Unknown	9	15%
Self	3	5%
Family/Friends	2	3%
Community Event	1	1.6%
Mono County CPS/Social Services	1	1.6%
Inyo Mono Advocates for Community Action	4	6%
OB/Parent's Doctor/Women's Clinic	3	5%
Pediatrician	1	1.6%
Peapod	1	1.6%
WIC	1	1.6%
<b>Total</b>	<b>62</b>	<b>100%</b>

The majority of referrals to Home Visiting come from Mammoth Hospital's Labor and Delivery Department (39%) and from First 5 Home Visitors' recruiting (19%).

# Visits Provided & Families Served



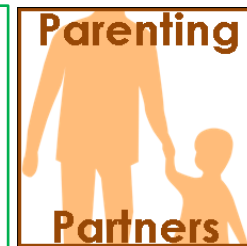
	FY 2013-14	FY 2014-15	FY 2015-16
Prenatal Visits	43	34	16
Home Visits	607	655	708
<b>Total Visits</b>	<b>650</b>	<b>689</b>	<b>724</b>

	FY 2013-14	FY 2014-15	FY 2015-16
New Families Enrolled in WB!	98	86	83
Births to Mono County Residents*	142	149	143
% of Babies in WB!	69%	58%	58%
Families Receiving Only WB! Visits	141	122	85
Families Receiving Only Parenting Partners Visits	32	35	14
Families Receiving Both WB! & Parenting Partners Visits	6	20	41
<b>Total Families Served</b>	<b>179</b>	<b>177</b>	<b>140</b>

While the number of families receiving visits decreased from previous years, the number of visits to high needs families increased.

\*Source: California Department of Finance, actual for 2013 & 2014, projected for 2015

# Demographics



Child's Race and Ethnicity			
Non-Hispanic	94	American Indian	11
		White	69
		Multi-race/Other	14
Hispanic	68	Multi-race	17
		White	51

The demographics of children in Home Visiting closely parallel those of the general population with approximately 10% less Hispanic children served in our program than are in the general population.

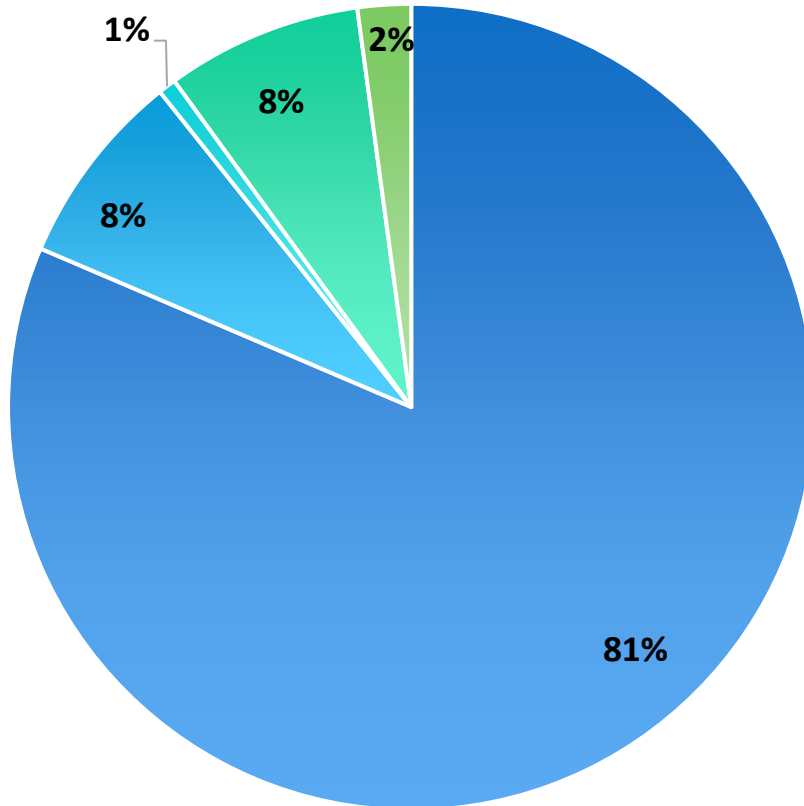
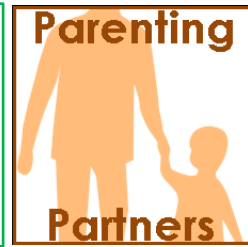
Families With High Needs	49
Low income	64
Child with disability	19
Homeless/Unstable Housing	6
Teen Parent	7

## National High Needs Standards

A family is considered High Needs by national standards if they fall into more than one category of: low income or education, child or parent with a disability, homeless, teen parent, substance abuse, foster parents, unstable housing, incarcerated parent, very low birth weight, domestic violence, recent immigrant, death in the immediate family, child abuse or neglect, or are an active military family.

# Town of Residence

(n=140)

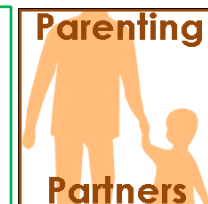


- Mammoth Lakes & Crowley (114)
- June Lake/Lee Vining (11)
- South County (1)
- North County & Bridgeport (11)
- East County (3)



First 5 programs served families across the county proportionally to population density in each area with the exception of Coleville (North County), where many families live in military base housing and are served by a military-specific home visiting program.

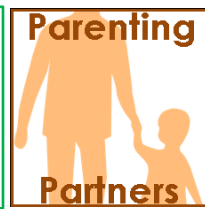
# Resource Referrals



	FY 2013-14		FY 2014-15		FY 2015-16	
Community Resource	Referred	Accessed	Referred	Accessed	Referred	Accessed
Adult Education/Job Training	-	-	5	1	9	4
Dental Services	1	1	2	1	6	2
Early Intervention	17	13	12	8	14	8
Early Education Setting & General Childcare/Preschool Information	1	1	9	4	14	7
Financial Resources	-	-	1	1	6	2
Food Resources (WIC, IMACA, DSS)	9	5	8	3	14	3
General Parenting Support; Community/Group Participation; Social Support Network (Parenting Partners, Peapod, Café Mom)	54	9	56	18	41	17
Health Insurance	-	-	1	0	1	1
Language/Literacy Activities	10	4	44	22	15	6
Medical Services	15	9	20	10	13	10
Mental Health Services	13	7	9	5	19	7
Subsidy for Child Care/Preschool	-	-	5	3	4	1
Domestic Violence Services	-	-	-	-	1	1
Other (Transportation, Legal Services, Safety, & Housing)	11	2	12	1	7	3
Total	131	51	184	77	150	72
% Referrals Accessed	39%		42%		48%	

Over the last several years, the percent of families who accessed resources due to a referral from their home visitor increased almost 10%.

# Developmental Screenings



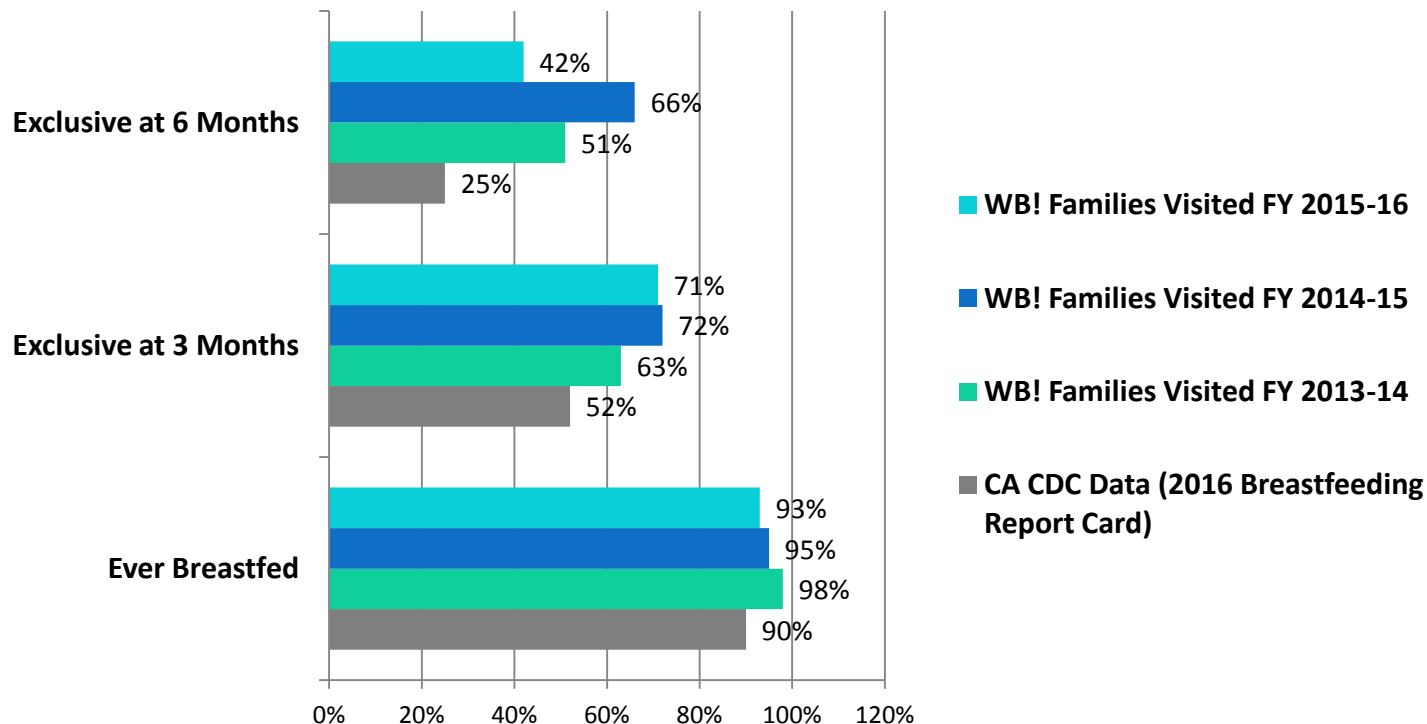
Ages and Stages Questionnaires Screening Rate: 50% (81 of 162)	
	Suspected Delays Detected
Communication	3
Fine Motor	6
Gross Motor	13
Intellectual	4
Personal/Social	6
Total	32 (40%)

Of the suspected developmental delays detected, most were addressed by suggesting activities which parents completed with their children. In partnership with parents, home visitors referred some children for formal assessments through early intervention services either administered by Kern Regional Center or Mono County Office of Education. Of the 14 children who received a referral to early intervention, 8 qualified for services-10% of children screened.

# Breastfeeding



**CA and Mono County Rate Comparison**



Mothers in First 5 Mono's Welcome Baby! are more likely to continue to exclusively breastfeed than the general population in California.

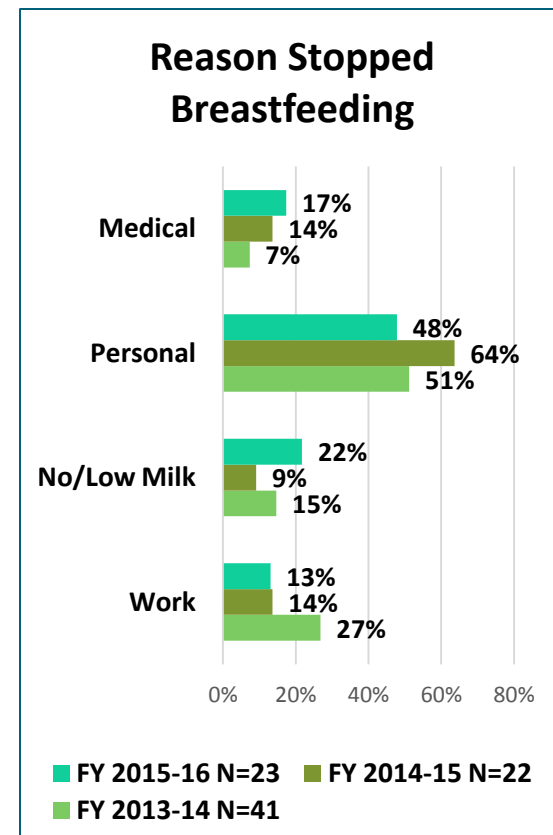
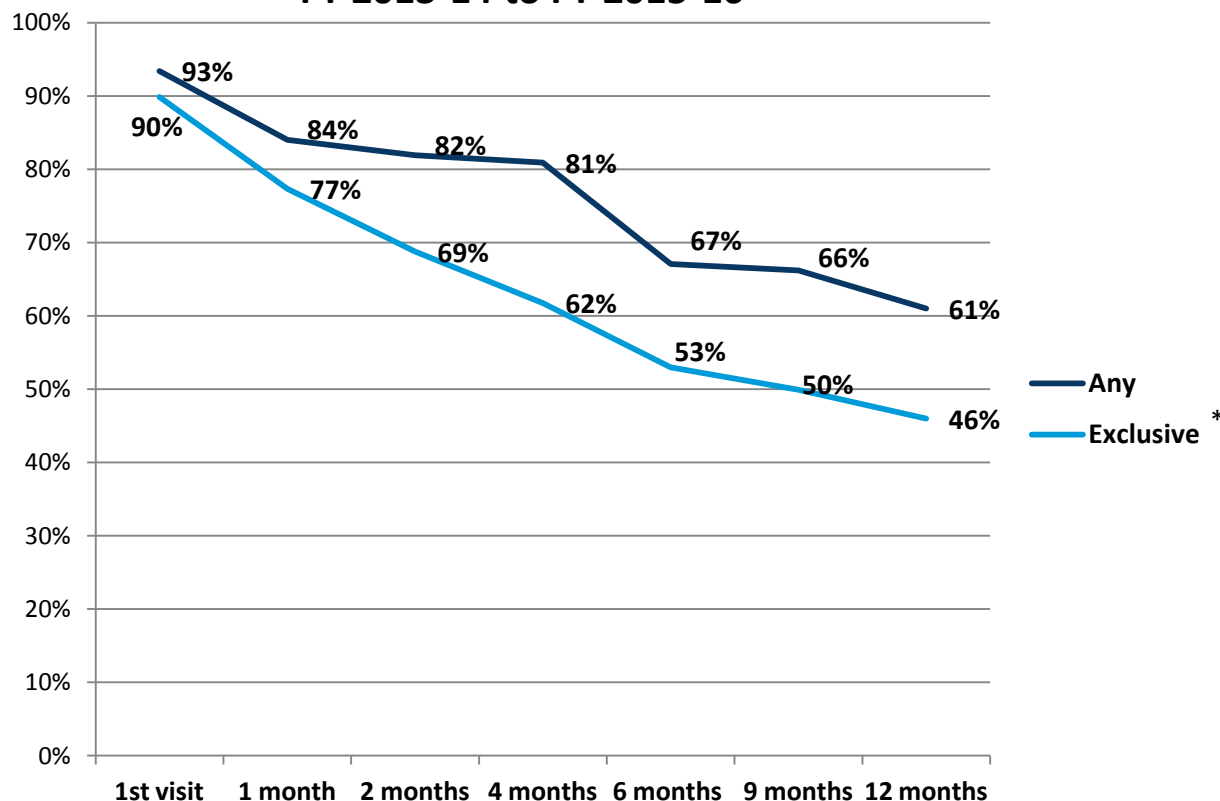
Source: Centers for Disease Control, <http://www.cdc.gov/> and Welcome Baby! program data



# Welcome Baby! Breastfed Babies



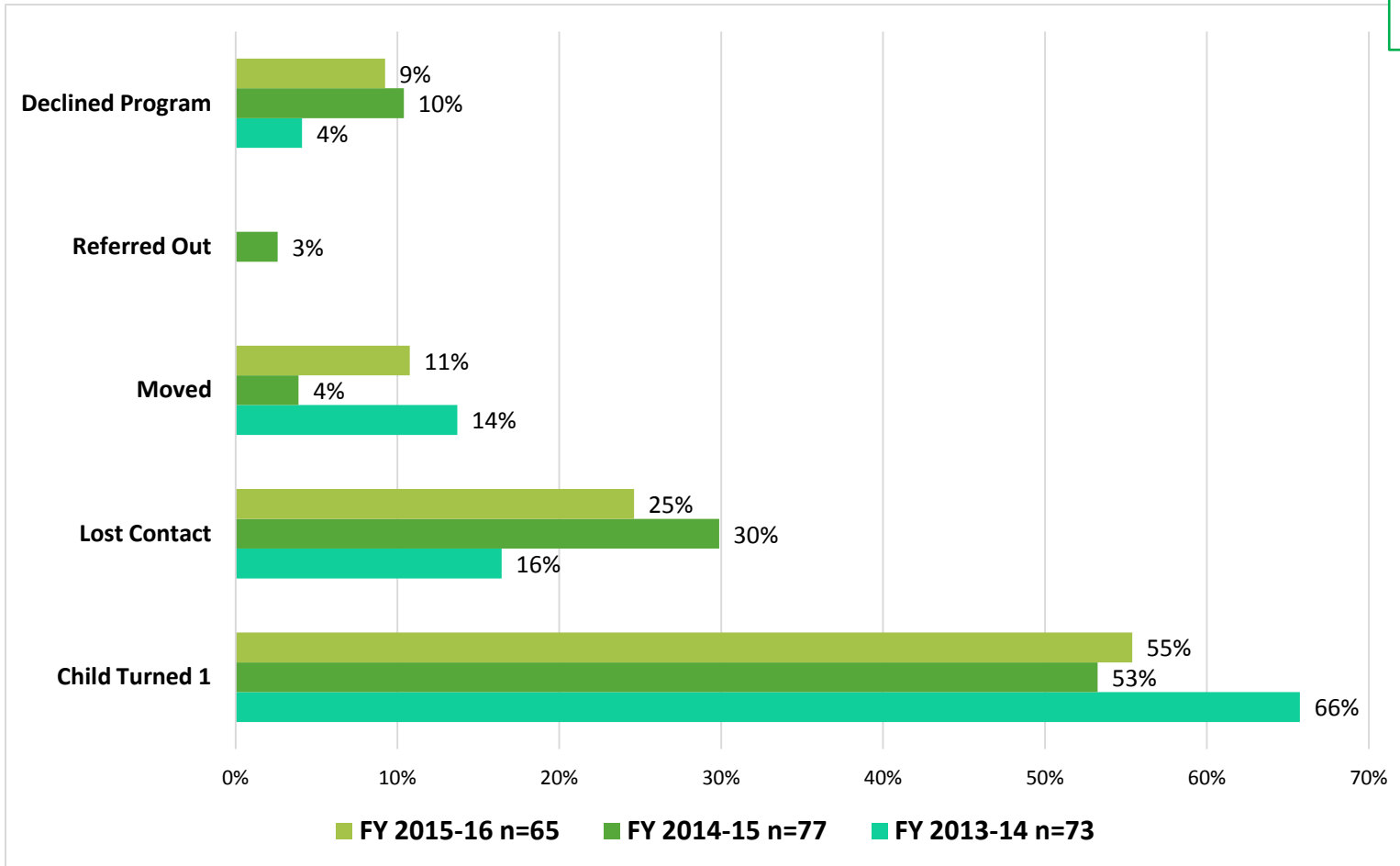
**Average Breastfeeding Rates  
FY 2013-14 to FY 2015-16**



The three year average of mothers in Welcome Baby! who breastfed to 12 months is 61%. More mothers reported quitting breastfeeding due to low or no milk in FY 2015-16 than in previous years.

\* Exclusive Breastfeeding is defined as a child whose only milk source is from breast milk

# Welcome Baby! Exit Reason



The percentage of families exiting Welcome Baby! for each reason remain similar over the last 3 years. The majority of families exited because their child turned one year old—the age that services through Welcome Baby! end.

# Welcome Baby! Exit Survey



Parents As Teachers Survey, N=9	Strongly Agree
My parent educator is genuinely interested in me and my child.	100%
My parent educator encourages me to read books to my child.	100%
My parent educator and I partner to set goals for my child, myself, and my family.	89%
This program increases my understanding of my child's development.	89%
I feel less stressed because of this program.	78%
Activities in the visits strengthen my relationship with my child.	78%

Although only a small number of surveys were returned, most parents report that home visitors encouraged reading, increased parental understanding of child development, strengthened parent-child relationships, and decreased stress.

# Welcome Baby! Exit Survey



## **What about this program has been most helpful to you and your family?**

- Having someone to discuss parenting issues with and strategize solutions.
- Help with breastfeeding and understanding my son's weight as a newborn.
- The information in the handouts were helpful in guiding learning goals for my children. (translated)
- The activities for better development of my children. (translated)
- Home visits and breastfeeding support have been amazing. Tips on dealing with our spirited child were appreciated.
- Great to talk to someone face to face in his environment where he feels comfortable. Nice to be just us (not group) to bring up our points/interests/questions.

## **What suggestions do you have to improve the HV program?**

- More visits; otherwise, it is a perfectly designed and executed program.
- It is perfect. (translated)
- Give it more than a year, a year is too little. (translated)
- Nothing, this program was perfect for us!

## **Additional Comments:**

- Thank you Debbie for all of your support, care, and guidance. We have truly benefitted by your visits!
- I've recommended this program to everyone. My sister is jealous she doesn't live in Mono County because I've told her so much about this program.
- Lara is a great person and an excellent teacher in the growth of our children. Thank you all for the great support they provided us. (translated)

# Parenting Partners Exit Survey

Satisfaction Component of the Univ. of Idaho Survey, n=3	Not at all (0) – Very (6)		
How helpful have your personal visits been?	6	6	6
How likely would you be to recommend [the program] to another family?	6	6	6

## How has [the program] affected the way you parent?

- I understand which behaviors that my child exhibits are normal and age appropriate-- which helps me utilize appropriate strategies for parenting around said behaviors.
- It has helped me confront each stage of my son's development with more security. (translated)

## What would you tell a parent who is considering enrolling in [the program]?

- First 5 is awesome-the staff are well educated and Molly really oversees First 5's programs and staff to ensure that the community is receiving services and achieving appropriate outcomes.
- To do so, [it] is a program that will definitely help them.

## Is there anything else you would like to tell us about your experience in [the program]?

- Many thanks for providing us support and knowledge, but above all, their experiences. (translated)
- The help we got with learning how to breastfeed helped us stick with it. Thanks Debbie R.

# SCHOOL READINESS

**Investment: \$91,977**

Funding support from First 5 California Small County Augmentation (\$91,977)

Kindergarten Round Up, Pre-K Assessments & Summer Bridge

Funded by First 5 Mono

Conducted by Eastern Sierra and Mammoth Unified School Districts

Raising A Reader

Funding Partner: Mono County Libraries

Conducted by Mono County Libraries

Story Time conducted by First 5 in Bridgeport & Walker

Readers' Theatre

Conducted & funded by First 5 Mono

First Book

Conducted & funded by First 5 Mono

# Rationale

A child's education begins very early. Since school-based educational systems do not begin until 3 -5 years of age, First 5 promotes programs that help children get ready for school in the early years.

School Readiness programs include all Mono County schools, childcare and preschool centers, special needs programs, and the Mono County Library System.

Supporting research for Raising a Reader includes, in part, the following publications: Organizational Research Services (2008);NPC Research (2008); Evaluation Solutions (2008); Thomas Keifer Consulting (2008); Harder & Co. Community Research (2008); Pacific Consulting Group (2007); Bentham and Associates (2007); Public Policy Research, Portland, OR and Oregon State University (2007);, CA State University Monterey Bay, Stanford University, Children's Health Council (2007)

Our other programs in this area are based on a high-quality local model based on participant survey data.

# Transition to School Activities

Partners: Mammoth and Eastern Sierra Unified School Districts

- **Kindergarten Round Up:** Informational meeting held at all county elementary schools with parents of incoming kindergartners
  - **Target:** All families with incoming Kindergartners
  - **Objectives:**
    - Introduce families and children to the school, principal, and each other
    - Provide information on entering school and kindergarten readiness
    - Facilitate children and families' smooth transition into the education system
    - Enroll children in kindergarten
    - Sign children up for pre-k assessments and Summer Bridge
- **Pre-Kindergarten Assessment:** School readiness assessments conducted by teachers
  - **Target:** All incoming kindergartners
  - **Objectives:**
    - Assess incoming students' school readiness
    - Identify children's skill development needs before school begins
    - Identify children who are not school ready to refer to the Summer Bridge program
- **Summer Bridge:** Two week kindergarten transition program held in the summer for incoming kindergartners, especially those assessed as not ready for kindergarten
  - **Target:** Children assessed as not kindergarten ready, and, as space provides, other incoming kindergartners
  - **Objectives:**
    - Assess incoming students' school readiness
    - Identify children's skill development needs before school begins
    - Identify children who are not school ready to refer to the Summer Bridge program



# Transition to School Reporting Cutoff

- Transition to School activities, Round-Up, Assessments, and Summer Bridge are reported based on the fiscal year the cohort enters Kindergarten, even though some events take place in the prior fiscal year.

(FY 2015-16: reporting is for the class that entered Kindergarten in August of 2015)

\*FY 2012-13 and earlier, the cohort was based on the FY in which Summer Bridge took place

# Kindergarten Round Up Attendance

Kindergartners who started in August of 2015

Events took place in March and May 2015

Kindergarten Round Up March of 2015			% of Kindergartners who received a backpack at Round Up		
Elementary School	Attendance (Kindergartners, parents, siblings, etc)	Backpacks Distributed to Kinders	2013 N=111	2014 N=109	2015 N=119
Antelope	21	8	61%	58%	53%
Bridgeport	14	7	50%	100%	71%
Edna Beaman	2	1	25%	50%	100%
Lee Vining	21	8	71%	125%	73%
Mammoth	200	70	94%	89%	80%
<b>Total</b>	<b>258</b>	<b>94</b>	<b>83%</b>	<b>84%</b>	<b>79%</b>

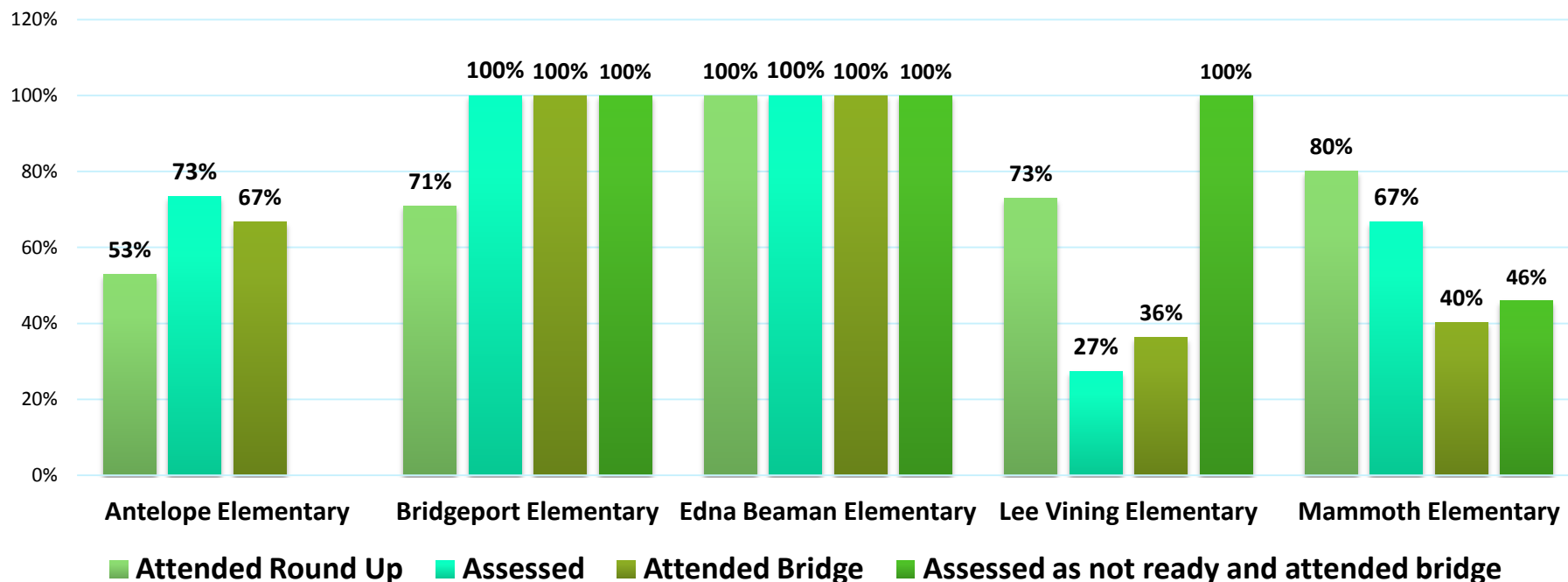
Although participation in Round Up has remained high over the last three years, it has decreased by 4%.

\*Backpacks include school readiness activities like pencils, crayons, scissors, play-dough, ruler, puzzle, and writing and math exercises.

# Transition to School Participation

Kindergartners who started in August of 2015

Events took place March thru August 2015

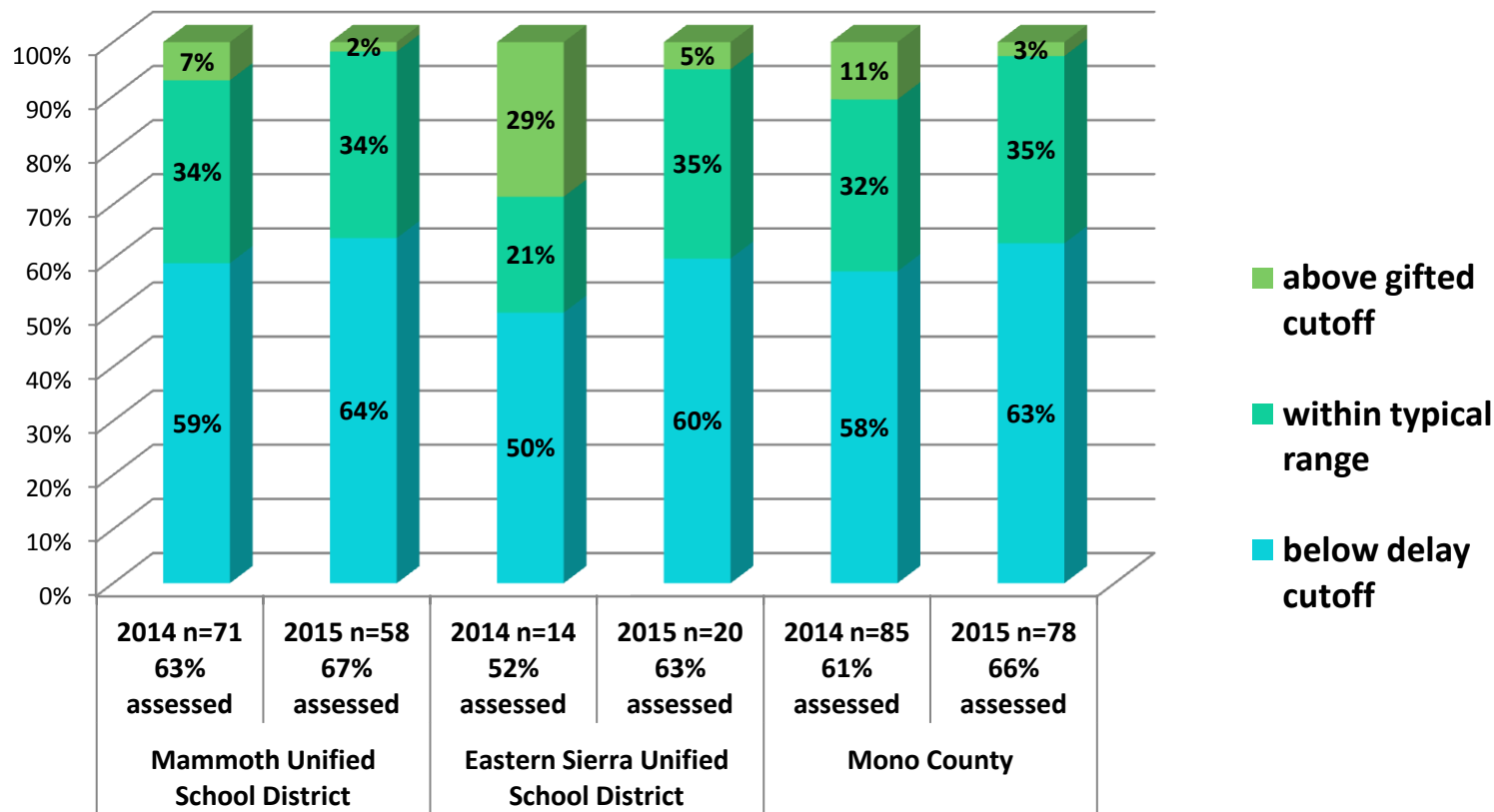


The focus for improvement in upcoming years will be on assessments and Summer Bridge attendance at Mammoth and Lee Vining Elementary Schools due to low percentages of services accessed in FY 2015-16.

For Antelope Elementary the low percentage of children attending Round Up is because about half of the children are from families in the military who may transfer to the base after Round Up is over but before school begins. Antelope Elementary data was not available for *assessed as ready and attended bridge* for 2015.

# School Readiness

## 2014-2015



School Readiness in Mono County is in need of improvement. With 63% of assessed students scoring below the delay cutoff, attention to this area is of high importance. In future years, First 5 will seek to improve assessment rates to identify the impact of a higher screening rate on the scores. Additionally, First 5 will seek community partners to strengthen the early learning system and improve School Readiness.

# Teacher Survey Comments

## What were the most important things the children in your class got out of the Summer Bridge Program?

- Students were introduced to the routine of the classroom and began to see the behaviors expected in class.
- Basic classroom rules, awareness of school, socialization to other kids, and familiarization with me.
- The kids started speaking in more complete thoughts and ideas.
- School readiness, transitioning, and circle time.
- The layout of the school and knowledge of basic rules.

# Parent Survey

**In which ways do you feel this program helped prepare your child for Kindergarten?**

Classroom Skill	Percent of Parents n=28 (All schools)
Development of social skills	61%
Adjusting to a group learning environment	71%
Getting used to the classroom	89%
Meeting the teachers	82%
Learning how to follow directions	71%
Increased attention span	54%
Increased self-confidence	57%

**Does your child feel less anxious about starting school?**

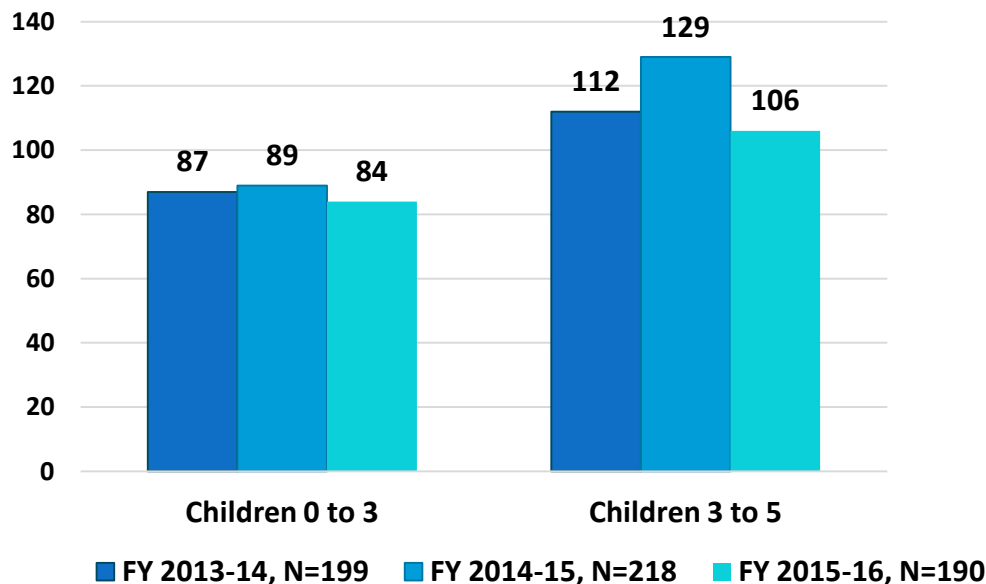
- She loved the summer program and can't wait to start in the fall.
- [My child sees] lots of friends going through the same stuff.
- I feel like she is more confident and comfortable around other children
- Now he likes to come to school and he always says, "and tomorrow I'm going again, right Mom?"
- Yes, because she has more confidence.
- He has met the teachers and been in a classroom.
- He now knows some of the things expected of him.
- She has spent more time with other children and has had more conversations.
- He has been very excited for almost 4-5 months already.
- My children did not start off anxious about Kinder.

Parent survey results indicate the value of Summer Bridge in supporting children adapting to the kindergarten classroom, meeting the teachers, and adjusting to a group learning environment.

# Raising A Reader & Story Time

Book bags distributed through libraries, home visitors, child care providers, and preschools. [Partner: Mono County Libraries](#)

- **Target:** Families and child care providers with children birth to 5 years
- **Objectives:**
  - Improve early literacy
  - Encourage use of the library system
  - Increase parental and care-provider literacy activities
- **Participation: 190 children countywide**
- Peapod Leaders in Walker and Bridgeport conducted weekly Story Time.



Raising A Reader continues to serve around 200 children annually. Parent survey comments indicate the objective of encouraging literacy activities in the home are achieved.

# Raising A Reader Participant Comments

## What did you enjoy about the RAR Program?

- Variety & selection of books, easily contained in the bag. My daughter loves getting her new bag each week.
- Love the bilingual books available.
- My son looks forward to reading now, he is always interested in what book he receives.
- We enjoy the diversity of the books.
- We love the Spanish books. We don't speak Spanish at home so we are all learning together.
- Different books all the time, no due dates. He is excited to open the new bag like opening a present.
- Noticing how my son gets really familiarized with the book & memorizes them really quick.
- Spending quality time with my daughter.
- The stimulation of families to spend more time reading together.
- My child is more interested in letters and drawings and has more imagination.
- I am able to get the books from Head Start.

## Do you feel the RAR Program needs improvement?

- My child remembers when someone would come read to them [in childcare]. It would be nice to implement that again.
- It seems my child gets confused/disinterested when Spanish words are mixed into the English story line.





# Readers' Theatre

Skits and book readings in child care facilities, preschools, and at Story Time.



- **Target:** Preschool-age children
- **Objective:** Promote early literacy  
—All participants were given a Lee the Bee book
- **Participation: 83 Children**

Due to staffing changes, First 5 was not able to offer Readers' Theatre to family child care providers or at Story Time this fiscal year, which decreased the number of children served.

	FY 2013-14	FY 2014-15	FY 2015-16
Family Child Care Providers	30	68	-
Coleville State Preschool	15	-	<b>15</b>
Coleville Marine Base Childcare	28	23	<b>15</b>
Lee Vining Head Start Preschool	8	10	<b>12</b>
Lutheran Preschool	12	17	<b>11</b>
Mammoth Story Hour	15	-	-
Mammoth Kids Corner	22	20	<b>10</b>
Mammoth Head Start Preschool	19	22	<b>20</b>
Sierra Early Education Program	7	1	-
<b>Total</b>	<b>163</b>	<b>169</b>	<b>83</b>



# First Book

Free high-quality children's books.

- **Target: Children birth to 5**
- **Objectives:**
  - Increase early literacy in home environments & with childcare providers
  - Facilitate positive parent-child interaction
  - Increase literacy for young children
- **Distributed:**
  - **807 books total (695 FY 14-15)**
    - **400** Welcome Baby! & Parenting Partners families
    - **220** CARES Providers
    - **117** Health & Safety Fairs
    - **30** Early Start
    - **29** Eastern Sierra Unified School District Open House Events
    - **11** Mono County Social Services



Distributing books to parents and providers to build their own libraries strengthens the early learning system and contributes to improved school readiness.

# CHILD CARE QUALITY

**Investment: \$81,155**

## Comprehensive Approaches to Raising Educational Standards (CARES)

Serves Mono and Alpine Counties

Funded by First 5 California (\$37,356) & First 5 Mono (\$19,149)

Conducted by First 5 Mono

## Improve and Maximize Programs so All Children Thrive (IMPACT)

Serves Mono and Alpine Counties

Funded by First 5 California (\$22,213) & First 5 Mono (\$2,437)

Conducted by First 5 Mono

# Rationale

First 5 Mono includes Childcare Quality in the strategic plan as many children spend a significant amount of their early years with their childcare provider.

Educating child care providers on how to best meet the needs of children in their care helps ensure children will spend their formative years in optimal learning environments.

Financial support from First 5 California facilitates county provision for programs that help create and maintain high-quality child care.

# CARES

## Comprehensive Approaches to Raising Educational Standards

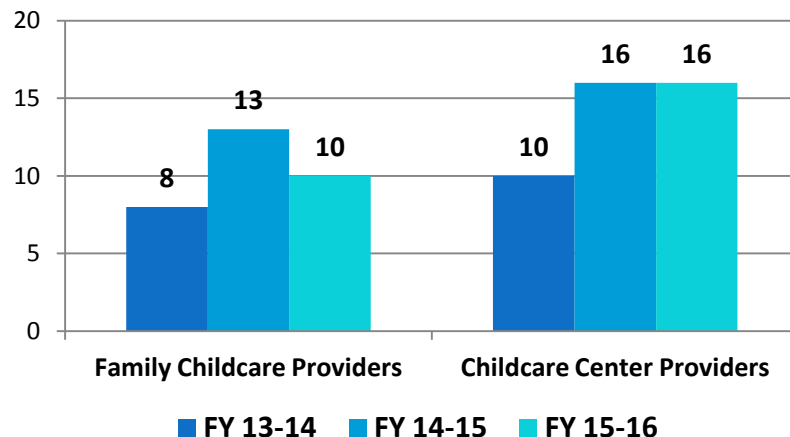
- **Target:** Child care providers

- **Objectives:**

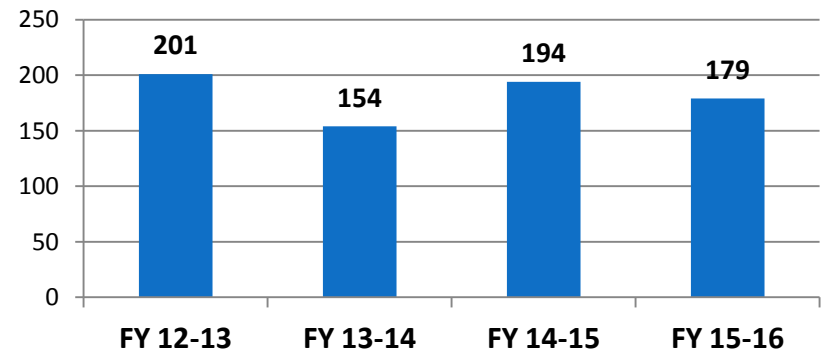
- Increase child care providers' understanding of child development
- Provide curriculum ideas for child care providers
- Increase the quality of child care environments



**2015-16 CARES Participants**



**Number of children served by CARES Participants**



Over the last three years, the number of providers participating in CARES, as well as the number of children served by those providers, remained steady.

### Improve and Maximize Programs so All Children Thrive

- **Target:** Child care providers, families, and children
- **Objectives:**
  - Provide site-specific professional development to child care providers
  - Support providers' implementation of developmental screenings and parent engagement activities
  - Build public awareness and support for quality early care
  - Build a Childcare Quality System that leverages funding and maximizes support for care providers



Thirty providers from 12 child care sites participated in the Childcare Quality System. Three sites were served by the Inyo County Superintendent of Schools, efforts funded by the California Department of Education. The remaining nine were served by First 5 Mono's IMPACT funds. Participating sites (which include the alternative sites of Peapod and Home Visiting) served 520 children, 73% \*of the county's birth to 5 population.

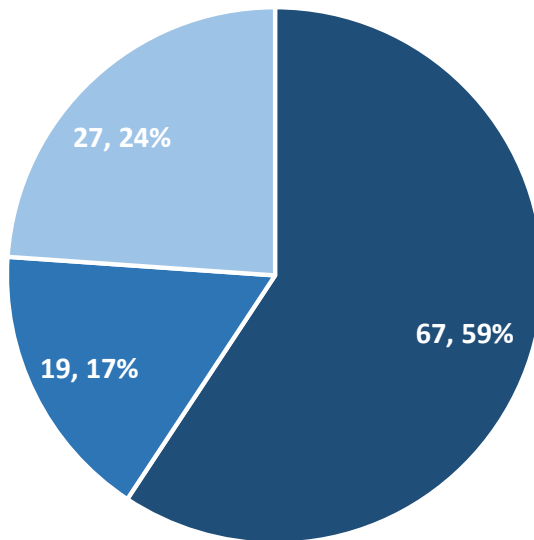
\*Number and percent include some duplication



# Ages & Stages Questionnaire (ASQ)

The ASQ is a tool to screen children one month to five years old for developmental delays in 5 developmental domains: Communication, Gross Motor, Fine Motor, Problem-Solving, and Personal-Social. Providers participating in IMPACT were trained to use the ASQ and provide referrals to children with suspected delays. Sites participating in IMPACT offered ASQ screening to all families they serve.

County Wide ASQ Results  
N=113



■ Above Cutoff ■ Need Monitoring ■ Below Cutoff

ASQs were administered by child care providers and completed by parents. Results include all 5 centers and 7 family providers participating in quality improvement efforts.

Of the 113 screenings for which results were submitted, 27 children needed referrals for further evaluation (24%) . Suggested referrals by domain were (higher number than child count due to some children's referrals based on multiple categories):

- Fine Motor: 11
- Problem Solving: 7
- Communication: 5
- Gross Motor: 5
- Personal Social: 1

# ORAL HEALTH

**Investment: \$6,612**

Funding support from First 5 California Small County Augmentations (\$6,612)

Oral health education, oral health checks, and fluoride varnish application.

Conducted & funded by First 5 Mono.



# Rationale

The 2009 First 5 Mono Strategic Plan identified a significant community need in the area of oral health.

Pediatricians saw visible tooth decay, and an opportunity to provide fluoride varnish and oral health education through paraprofessionals was developed.

Pediatricians in the county continue to report significant needs for sustained efforts in oral health due to the high number of children with poor oral health.

# Oral Health

- **Target:** Preschool age children
- **Purpose:**
  - Provide application of fluoride varnish twice a year, to all Mono County Children age 1-5 who are not already receiving services from a dentist
  - Educate children and parents about oral health
- The program provides free toothbrushes, toothpaste, and floss to families to help maintain good oral health.

**162, 23%** of Mono County children b-5 received at least one application of fluoride varnish via F5M programs.

**188, 27%** of all Mono County children b-5 received oral health education via F5M programs.

FY 2015-16 Oral Health Visits				
Location	Oral Health Checks	Oral Health Education	Fluoride Varnish	Total Services
Preschools/Child Care Homes/ Story Hour	-	188	126	314
Mammoth Elementary Kindergarten Round Up	10	-	9	19
Eastern Sierra Unified School District Birth-to-5 Health & Safety Fairs	29	-	27	56
FY 2013-14 Totals	51	368	268	687
FY 2014-15 Totals	41	314	214	569
<b>FY 2015-16 Totals</b>	<b>39</b>	<b>188</b>	<b>162</b>	<b>389</b>

# **FAMILY BEHAVIORAL HEALTH**

**Investment: \$35,000**

Peapod Playgroups

Funding Partner: Mono County Behavioral Health,  
Prop. 63 (\$35,000)

Conducted by First 5 Mono

# Rationale

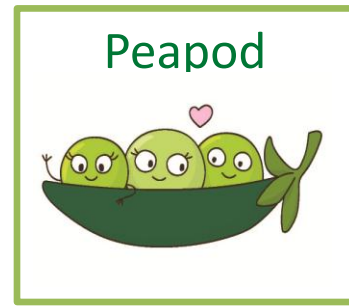
In such a rural and geographically isolated county, it is easy for families to feel alone.

Opportunities for children and their parents are fewer than in more populated areas. To meet the social needs of parents and their children, a weekly playgroup program was developed.

# Peapod Playgroups

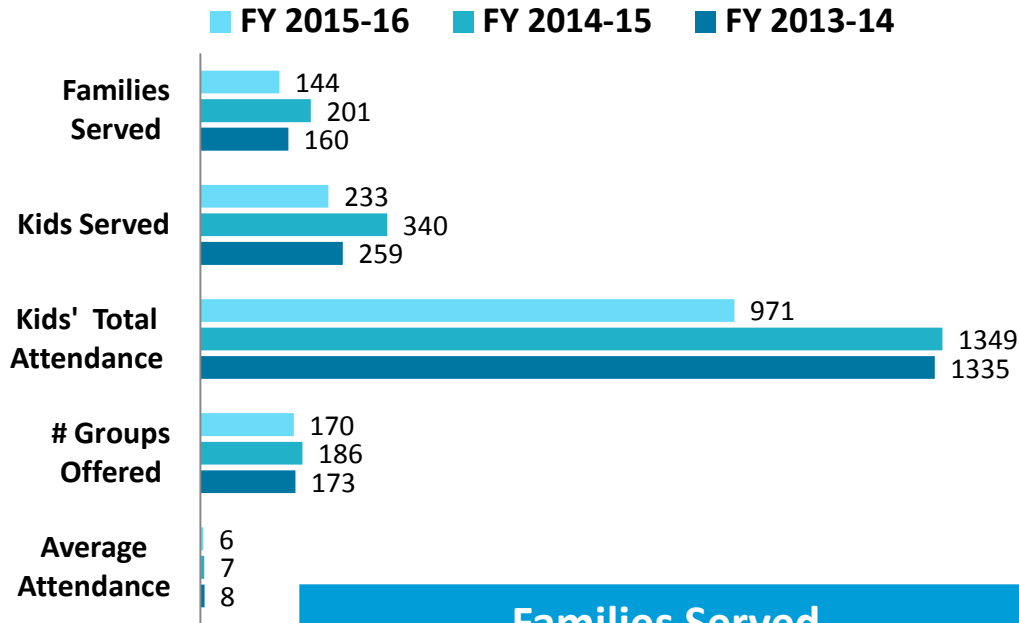
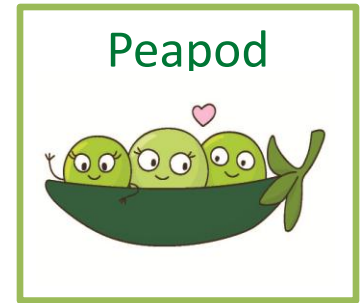
Weekly group meetings for parents and children

Partner: Mono County Behavioral Health



- **Target:** Parents and children birth to 5 years old
- **Objectives:**
  - Decrease isolation by providing parents and children an opportunity to socialize
  - De-stigmatize seeking behavioral health services
  - Link families to community services
  - Encourage school readiness skills
  - Encourage early literacy
  - Playgroups meet for 10-week sessions, 3-4 sessions per year, in:
    - Walker
    - Bridgeport
    - Lee Vining
    - Crowley Lake
    - Mammoth English
    - Mammoth Spanish
    - Chalfant

# Peapod Participation



Families Served			
Playgroup Location	FY 13-14	FY 14-15	FY 15-16
Benton/Chalfant	12	8	3
Bridgeport	13	17	13
Crowley Lake	48	43	41
Lee Vining	13	15	2
Mammoth English	42	59	46
Mammoth Spanish	15	30	15
Walker	21	29	24

Participation in Peapod decreased in FY 2015-16 by 56 families compared to the previous fiscal year, primarily due to decreases in participation at both Mammoth Lakes groups and Lee Vining. In upcoming years efforts to recruit families for these groups will be increased.



# Counseling Referrals

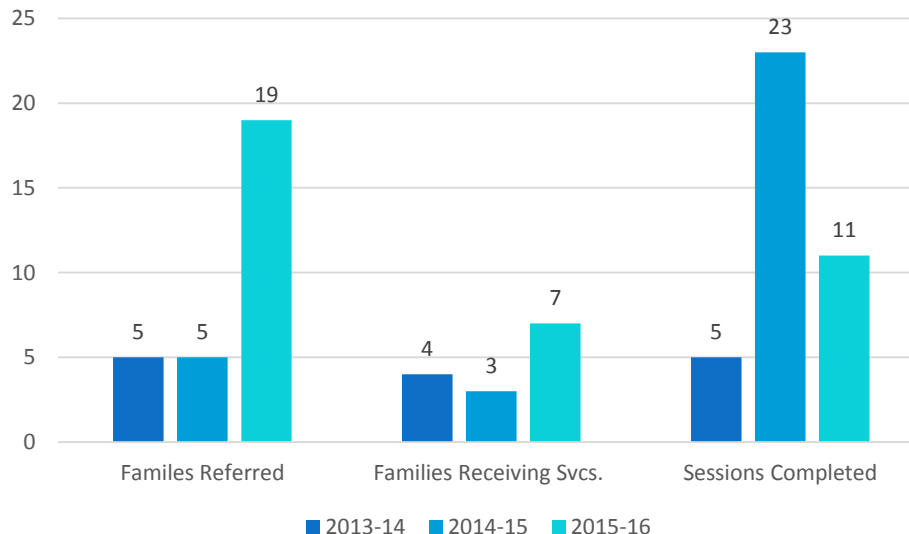
Referrals made during Home Visits and Peapod

- Total families Referred: **19**
- Families who accessed services: **7**
- Number of Counseling Sessions: **11**

(first \$500 of services per family is paid by First 5 if no other insurance is available)

Mono County Behavioral Health: **8**

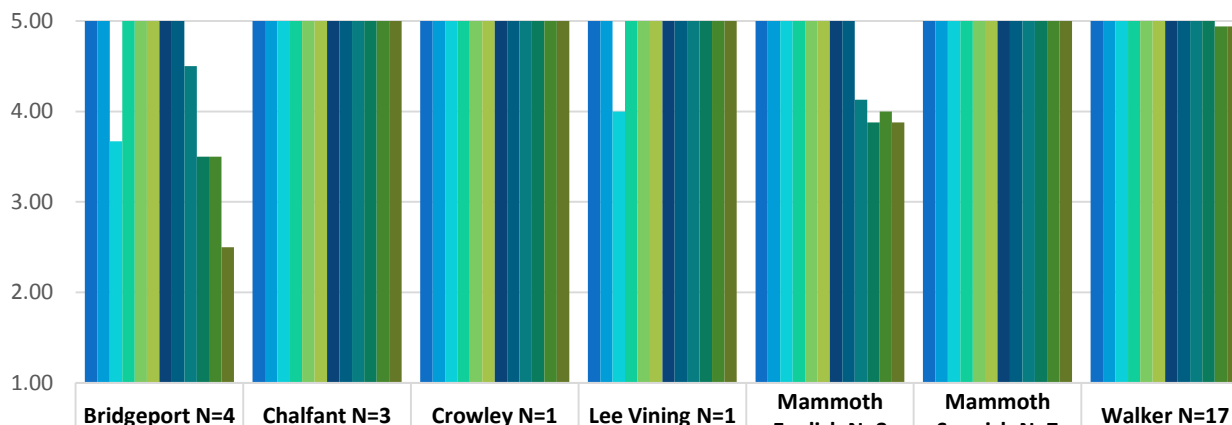
Owens Valley Wellness: **3**



This fiscal year, more families were referred to and received behavioral health services than in previous years.



# Parent Surveys by Community



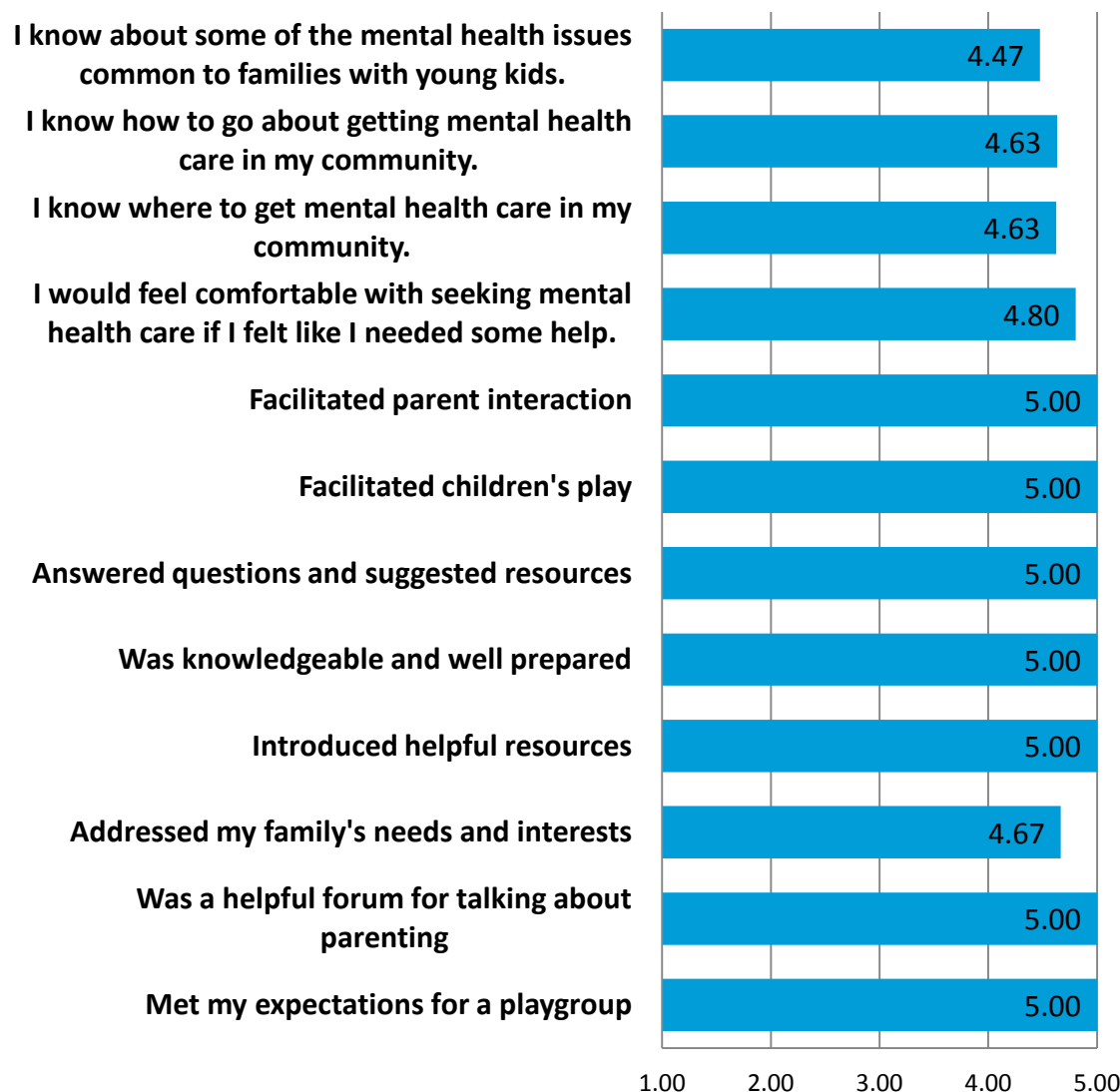
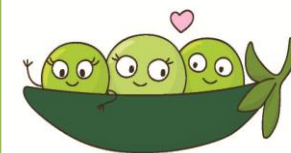
■ Met my expectations for a playgroup	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Was a helpful forum for talking about parenting	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Addressed my family's needs and interests	3.67	5.00	5.00	4.00	5.00	5.00	5.00
■ Introduced helpful resources	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Was knowledgeable and well prepared	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Answered questions and suggested resources	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Facilitated children's play	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ Facilitated parent interaction	5.00	5.00	5.00	5.00	5.00	5.00	5.00
■ I would feel comfortable with seeking mental health care if I felt like I needed some help.	4.50	5.00	5.00	5.00	4.13	5.00	5.00
■ I know where to get mental health care in my community.	3.50	5.00	5.00	5.00	3.88	5.00	5.00
■ I know how to go about getting mental health care in my community.	3.50	5.00	5.00	5.00	4.00	5.00	4.94
■ I know about some of the mental health issues common to families with young kids.	2.50	5.00	5.00	5.00	3.88	5.00	4.94



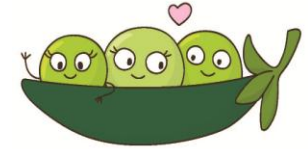
# All Parents Surveys

n=41

Peapod



Parent survey data yielded high levels of satisfaction with playgroups, playgroup leaders, and information received about mental health issues.



# Parent Survey Comments

- I love the social/emotional aspect of Peapods. My child is hypersensitive and this group helps him adapt to social situations positively.
- I like the kids time together, and the mom time.
- We love spending time at the park singing songs and playing games.
- Feels like family and I can trust her [the leader] with my questions.
- Children get to interact with each other and learn to play with toys.
- Good toys and activities for different ages. Safe and comfortable setting.
- Lots of toys and music. Good child-led playing.
- Having a leader who showed interest in my kids & was very nice to all of us.
- I liked it very much, it was fun and I learned more about development. (Translated)
- The kids were allowed to play by themselves as well as having group play.
- Possibly change the day so more people can attend.
- More times per week.
- Longer sessions.
- Have more than one playgroup a week.
- Going outside when weather is nice but indoors is great for us too. Thanks.
- More advertising.
- Continue without side-speakers [guest speakers] for children and moms.

# CHILD SAFETY

**Investment: \$8,114**

Funding support from First 5 California Small County  
Augmentations (\$8,114)

**Safe Kids California, Mono Partners**

Funding partner: Mono County Office of Education

Coordinated by Mono County Office of Education

# Rationale

Prior to the formation of *Safe Kids California, Mono Partners*, there was no agency in the county specifically focusing on child safety. While many agencies conducted safety activities, there was no coordination of services.

Initially spearheaded by Mammoth Hospital, multiple community agencies met to pursue the formation of a Safe Kids Coalition. No other participating agency had the necessary funding or staff time to conduct coordinating activities. Based on higher than average injury data for Mono & Inyo Counties, and after learning the benefits of such collaborations, the Commission decided to fund the coordination of a *Safe Kids California, Mono Partners* group.

# Safe Kids California, Mono Partners



Activities for Families and Children Birth to 5	Persons Served
Health and Safety Fairs (Eastern Sierra Unified School District, Mammoth Lakes, & Walker Fair) Includes Helmet Distributions, Child Passenger Safety Outreach, Poison Information, Gun Safety, Fingerprinting, etc.	346
Child Passenger Car Seat Checks or Replacement	26
Fire Prevention Week	250
Fire Safety at Child Care Centers	45
Child Passenger Safety Training/Recertification Course	4
<b>Total</b>	<b>671</b>

Safe Kids California, Mono Partners provided multiple types of safety information and resources to children and families across the county.

## Risk Areas Addressed:

bicycle, 105 helmets were distributed county-wide	TV and furniture tip-overs
car seat, 24 seats were purchased and distributed county-wide	wheeled sports
carbon monoxide & poisons	bullying
e-cigarettes/liquid nicotine	Medication
disaster/emergency preparedness	fire/burn/scald
suffocation and sleep	guns

# Eastern Sierra Unified School District

## Birth-to-5 Health & Safety Fairs

March 2016

Partners: Mono County Public Health & Behavioral Health, Mono County Sheriffs, CA Highway Patrol (CHP), Inyo Mono Advocates for Community Action (IMACA), Eastern Sierra Unified School District, Mono County Libraries, Community Service Solutions (CSS), Safe Kids California Mono Partners

- **Target:** Families with children birth to five years old
- **Purpose:** Bring services & resources to families in the remote parts of the county where there is a lack of access due to location or transportation.

School	Attendance (adults & kids)	Bike Helmets (Safe Kids)	Nutrition Info (CSS)	Fingerprints (CHP)
Antelope Elementary	31	11	10	10
Bridgeport Elementary	19	9	17	5
Edna Beaman Elementary	13	6	-	6
Lee Vining Elementary	33	12	19	10
Total	96	38	46	31



Health and Safety Fairs expanded the reach of multiple services to more rural communities across the county.

\*Oral Health and First Books were also provided at Health & Safety Fairs (see respective slides).

\*1 car seat check was performed in each Benton and Bridgeport.

# Mammoth Lakes Health & Safety Fair

## May 2016

Activities & Resources Offered	2015	2016
First 5 California School Readiness Activities		200
Poison Prevention Information	-	40
Car Seat Checks	14	24
Nutrition Information	34	25
Child Care Provider List Distributed	17	25
Foster Care Information & Welfare Applications	-	25
Gun Safety Information	-	25
Bike Helmets Distributed	70	67
Health Dept: Information &/or Water Bottles	97	30
Mono County Office of Education Canvas Bags	50	50
Home Safety Kits	10	-
TV Tethers	10	-
Fruit & Hot Dogs	400	250
Fair Attendance	350	300
Other 2016 Activities: First Books, Bike Rodeo, IMACA Photo Booth & Kites, Probation & Behavioral Health Info, First 5 CA Health Express Bus & Video Music Hut		

Families were able to access multiple services and activities at the Fair.



First 5 CA Express distributed 709 items including books, new parent kits, and school readiness activity information.



# RESULTS AND INDICATORS

## Result Areas:

- Mono County children 0-5 are educated to their greatest potential.
- All Mono County Children 0-5 are healthy.



## Result: *Mono County children 0-5 are educated to their greatest potential.*

Indicator	Investment area	2013-14	2014-15	2015-16
1. Number and percent of children 6 months to 5 years old screened for developmental delays.	Home Visiting & Child Care Quality	23%	26%	<b>191, 27%</b>
2. Number and percent of children served in home child care settings and childcare centers that exhibit moderate to high quality as measured by a quality index.	Child Care Quality	0	0	<b>34, 5%</b>
3. Number and percent of licensed child care providers in Mono County advancing on the Child Development Permit Matrix.		0	0	<b>0</b>
4. Number and percent of licensed center and family child care spaces per 100 children.		30%	36%	<b>35, 35%</b>

### Sources:

1. Children in commission-run programs with developmental screening (78)& children in child care programs participating in quality programs who received a developmental screening (113) /children birth to five in Mono County, US Census 2015 population estimate, 709 (100% reporting rate)
2. Inyo County Superintendent of Schools Quality Rating Improvement System rated 2 sites—Inyo Mono Advocates for Community Action 's Preschools in Mammoth and Coleville and both were rated as having high quality. Children served at the sites (34)/ US Census 2015 population estimate, 709 (100% reporting rate)
3. Child Development Training Consortium permit application submission—0 for FY 11-12, 13-14, and 14-15—1 in 12-13 (100% reporting rate)
4. Number of child care spaces on the county list of licensed providers serving local birth-to kindergarten age children, 248/children birth to five in Mono County, US Census 2015 population estimate, 709 (100% reporting rate)

## Result: *Mono County children 0-5 are educated to their greatest potential.*

Indicator	Investment area	2013-14	2014-15	2015-16
1. Number and percent of children who have ever attended a preschool, Pre-K, or Head Start program by the time of Kindergarten entry.	School Readiness	56%	54%	<b>17, 61%</b>
2. Number and percent of children “ready for school” upon entering Kindergarten.*		83%	56%	<b>29, 37%</b>
3. Number and percent of children receiving Kindergarten transition support.		83%	84%	<b>94, 79%</b>
4. Number and percent of entering Kindergartners assessed for school readiness prior to entry.		85%	69%	<b>78, 66%</b>
5. Number and percent of children in households where parents and other family members are receiving child-development and parenting education.	Home Visiting & Behavioral Health	45%	72%	<b>395, 56%</b>

### Sources:

1. Summer Bridge Parent Surveys, n=28, (only includes children enrolled in Summer Bridge whose parents completed a survey—24% reporting rate)
2. Brigance screens of students assessed as within the typical range and above the gifted cutoff/ number of assessments, n=78 (66% reporting rate)
3. Number of assessments, children participating in kindergarten Round Up, or Summer Bridge enrollment whichever is highest (Round Up for FY 2015-16)/ number of children on the first day of kindergarten, n=119 (100% reporting rate)
4. Number of assessments/number of children on the first day of Kindergarten, n=119 (100% reporting rate)
5. Children in commission-run programs with child-development education components (i.e. Home Visiting and Playgroups)/children birth to five in Mono County, 2010 US Census and Census projections: 2010-11, n=848; 2011-12, n=822 ; 2012-13, & 13-14, n=764; 2014-15, n=700; 2015-16, n=709 (only includes First 5 programs—56% reporting rate)

\*The Brigance assessment tool was phased in between 2014 & 2015—2014-15 screening data from ESUSD used the Brigance and all data in 2015-16 used the Brigance

## Result: *All Mono County children 0-5 are healthy.*

Indicator	Investment Area	2013-14	2014-15	2015-16
1. Number and percent of children in families provided with information about appropriate community services.	Home Visiting & Behavioral Health	45%	72%	<b>395, 56%</b>
2. Number and percent of children where breastfeeding is successfully initiated and sustained.	Home Visiting	84%	89%	<b>29, 84%</b>
3. Number and percent of children 0 to 5 years of age who are in the expected range of weight for their height and age, or BMI.		Unavailable	Unavailable	<b>91, 78%</b>
4. Number and percent of entering Kindergarteners assessed for school readiness prior to entry.	School Readiness	85%	69%	<b>78, 66%</b>

### Sources:

1. Children in commission-run programs with resource referral components (i.e. Home Visiting and Playgroups), n=709 (percentage served does not include children in families who received resource referrals from other agencies—56% reporting rate)
2. Welcome Baby data, number of children breastfed at 1 month, n=38 (27% reporting rate)
3. Child Health and Disability Prevention (CHDP) data provided by the Mono County Health Department. Data collected by pediatricians for children in CHDP programs ages 2-5 in Mono County in FY 2015-16, n= 117 (includes only children enrolled in CHDP—17% reporting rate)
4. Children assessed by First 5 pre-kindergarten assessments/ number fin incoming kindergartners, n=119 (does not include assessments conducted by other agencies—e.g. State Preschool and Early intervention programs—66% reporting rate)

## Result: *All Mono County children 0-5 are healthy.*

Indicator	Investment Area	2013-14	2014-15	2015-16
1. Number and percent of children who regularly access preventive dental care.	Oral Health	15%	Unavailable	<b>190, 27%</b>
2. Number and percent of children ages 1 or older who receive annual dental screenings.		34%	Unavailable	<b>313, 44%</b>
3. Number and percent of children at Kindergarten entry with untreated dental problems.		26%	11%	<b>2, 5%</b>
4. Number and percent of prenatal women who receive dental hygiene education.		28%	24%	<b>14, 10%</b>

### Sources:

1. FY 2015-16 children ages 1-5 seen at Sierra Park Dental more than once in the year, n=709 (percentage served does not include children seen by other dentist offices—44% reporting rate)
2. FY 2015-16 children 1-5 seen at Sierra Park Dental, n=709 (percentage served does not include children seen by other dentist offices—44% reporting rate)
3. 2015 Kindergarten Round Up Oral Health Assessment forms, n=41 (only includes students receiving an oral health assessment at Kindergarten Round Up—34% reporting rate)
4. Number of prenatal WB! Visits/ California Department of Finance Projections number of births, n=143 (percentage served does not include services from sources other than First 5—10% reporting rate)

# FISCAL OVERVIEW

# FY 2015-16 Revenue

Income	Actual	Budget
Prop. 10 Tax Revenue	\$98,286.33	\$90,397.00
Small County Augmentation	\$251,713.67	\$259,603.00
SMIF (Surplus Money Investment Fund)	\$46.77	\$27.00
CAPIT (Parenting Partners)	\$30,000.00	\$30,000.00
CARES Plus Program	\$37,356.24	\$40,000
IMPACT	\$22,213.00	\$22,212.00
CDBG Administration	\$4,062.72	\$6,975.00
Peapod Program (Prop. 63 Funds)	\$35,000.00	\$35,000.00
Raising A Reader	\$1,360.66	\$5,000.00
Miscellaneous	\$2,382.57	\$140.00
Interest on Mono County First 5 Trust Fund	\$6,174.40	\$5,384.00
<b>Total Income</b>	<b>\$488,596.36</b>	<b>\$494,738.00</b>

# FY 2015-16 Expense

Expense	Actual	Budget	% of Budget Spent	5 year Strategic Plan
Home Visiting	\$145,357.70	\$144,668	29.2%	34%
Welcome Baby!	\$79,854.04	\$80,028		
CAPIT	\$61,778.88	\$60,500		
School Readiness	\$91,977.05	\$92,834	18.5%	19%
Transition to School	\$18,274.15	\$18,675		
Raising A Reader	\$38,000	\$38,000		
Child Care Quality	\$81,154.81	\$86,108	16.3%	9%
CARES	\$56,504.86	\$60,500		
IMPACT	\$24,649.95	\$25,608		
Oral Health	\$6,611.87	\$6,738	1.3%	1%
Peapod	\$34,999.99	\$35,000	7.0%	7%
Safe Kids Coalition	\$8,113.53	\$8,000	1.6%	2%
Operations/Support	\$99,505.27	\$104,250	20%	28%
<b>Total Expenses</b>	<b>\$482,390.49</b>	<b>\$498,123</b>	97%	
<b>Total Revenue</b>	<b>\$488,596.36</b>	<b>\$494,738</b>		
<b>Net Revenue</b>	<b>\$6,205.87</b>	<b>-\$3,385</b>		