

Parenting Class

Courtney Singer

Facilitator Provided by MCOE

Parenting the Love and Logic Way®

(For parents with children 0-18 yrs old)

Topics include:

- **Avoid un-winnable power-struggles and arguments**
- **Stay calm when your kids do incredibly upsetting things**
- **Set enforceable limits**
- **Avoid enabling and begin empowering**
- **Help your kids learn from mistakes rather than repeating them**
- **Raise kids who are family members rather than dictators**

This parenting program is designed to give you practical skills that can be used immediately!

Dates: Wednesdays, October 5—November 9

Time: 6:00-8:00 pm

Location: Mono County Office of Education

451 Sierra Park Rd, Mammoth Lakes

Workbook cost \$10, no other fee

Facilitators of the *Parenting the Love and Logic Way®* curriculum are independent and are not employees of the Love and Logic Institute.



Mono County Office of Education

To register contact Shana Stapp or Laura Timpano at 760.934.0031 or [sstapp@monocoe.org](mailto:ssstapp@monocoe.org), or stop by the Adult Education Center classroom at the Mammoth Lakes Library