














WALKER WELLNESS CENTER

December 2014

The Wellness Center is OPEN TO EVERYONE in the community!!

Please join us for FREE & FUN activities!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Peapod Group 12:30pm-1:30pm Kids/Teens Vocal Class Choir 4pm			Kids Art Corner 1:30-2:30	
7	8	9	10	11	12	13
		Peapod Group 12:30pm-1:30pm Kids/Teens Vocal Class Choir 4pm			 4pm- 6pm	
14	15	16	17	18	19	20
		Peapod Group 12:30pm-1:30pm Kids/Teens Vocal Class Choir 4pm			Kids Art Corner 1:30-2:30	
21	22	23	24	25	26	27
						
28	29	30	31	1	2	3
						

The Walker Wellness Center is located at 107655 Hwy. 395 (Just across the Hwy. from the Country Store) Feel free to call us at (530) 495-2363

A service of Mono County Mental Health and Proposition 63

Hours of operation: Monday 8am-6pm, Wednesdays 8am-6pm, Every Other Fridays 8am-5pm (additional hours may be available by appointment only)

DESCRIPTION OF WELLNESS CENTER ACTIVITIES ON BACK

HOLIDAY PARTY

*YOU ARE INVITED TO OUR HOLIDAY PARTY, DECEMBER 12TH 4PM-6PM.
DINNER WILL BE SERVED ALONG WITH HOLIDAY MUSIC, CRAFTS AND CHEER.
PLEASE FEEL FREE TO BRING A DISH/DESSERT TO SHARE.*

PEAPOD GROUP: Please join Chanden Tolbert-Robasciotti of the Peapod Program for this great activity. This is an opportunity to enhance your child's social and emotional development through play. It's also a great opportunity for parents to socialize. Please call Chanden at 530.208.6472, if you have questions.

KIDS ART CORNER. COME JOIN US FOR SOME SUMMERTIME KIDS CRAFTS. MATERIALS AND USE OF ART EQUIPMENT ARE FREE.

VOCAL CLASSES. Children, Youth, and Adult Vocal Classes and Choirs are being offered at the Walker Wellness Center by one of our wonderful volunteers. Call Kathy for registration or information at 801-400-7964