

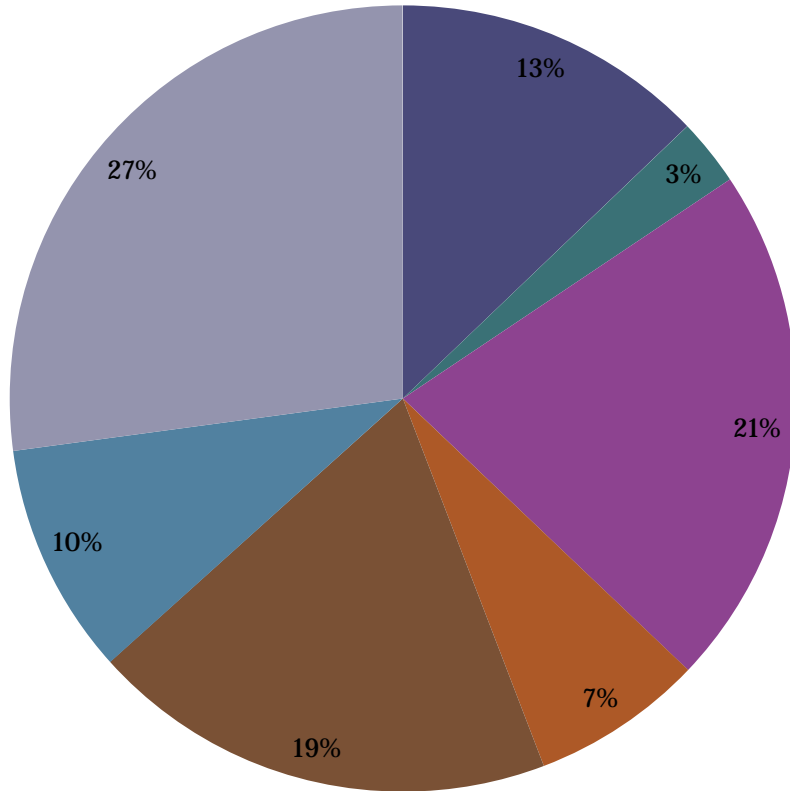
First 5 Mono County

FY 2012-2013

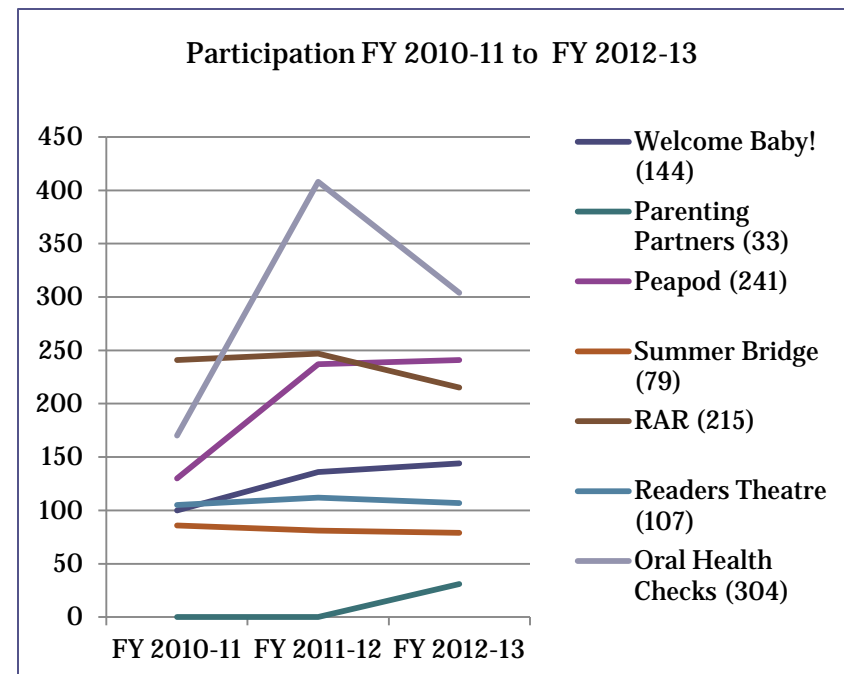
Evaluation Report

Our goal is to enhance the network of support services for families with children ages 0 to 5 years.

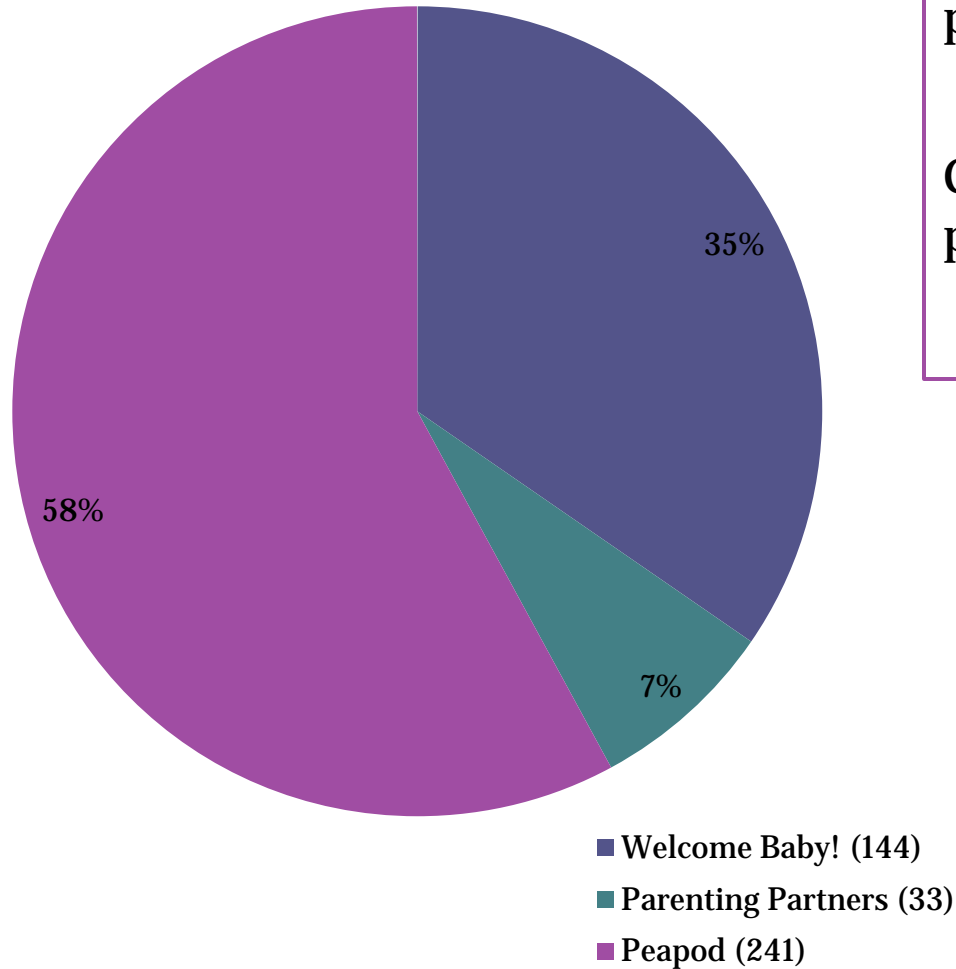
Children's Participation in First 5 Mono Funded Programs FY 2012-2013



- Welcome Baby! (144)
- Parenting Partners (33)
- Peapod (241)
- Summer Bridge (79)
- RAR (215)
- Readers Theatre (107)
- Oral Health Checks (304)

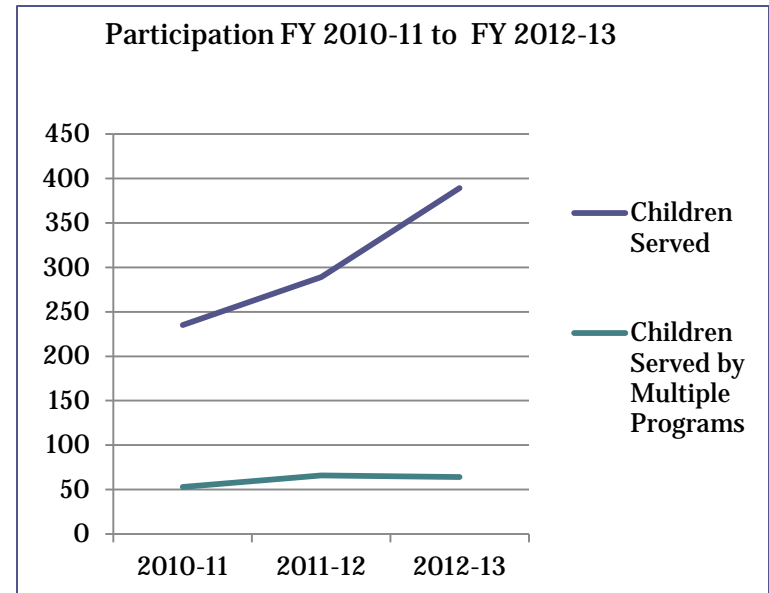


Children's Participation in Commission-Run Programs FY 2012-2013



Children served by Commission-run programs: 367
(289 in FY 2011-12; 235 in FY 2010-11)

Children served by multiple programs: 51, 14%
(66 in FY 2011-12; 53 in FY 2010-11)



Home Visiting

Investment: \$129,793

Funding from First 5 California, Small County Augmentation (\$64,559)

Parenting Partners

Funding Partner: Department of Social Services; Child Abuse Prevention, Intervention, and Treatment (CAPIT) Grant (\$29,882)

Conducted by First 5 Mono

Welcome Baby!, Childbirth Education & Café Mom

Funded & conducted by First 5 Mono

Home Visiting

Parent-educator led parent-child activities using
Parents as Teachers curriculum

Parenting
Partners



- **Target:**

- **Welcome Baby!:** Families with children prenatal to 12 months old
 - **Schedule:** Eight, 1-hour home visits
- **Parenting Partners:** High-needs families with children 1-5 years old
 - **Schedule:** Three, 1-hour home visits—more as needed.

- **Objectives:**

- Facilitate parents' role as their child's first and most important teacher
- Provide information on typical child development
- Stimulate child development by providing age appropriate activities
- Increase and support breastfeeding and literacy activities
- Link families to community services, and support access to services
- Conduct developmental screenings and refer families to early intervention programs for assessment,
- Provide culturally competent services in Spanish and English,
- Facilitate optimal family functioning
- Decrease child abuse and neglect

Services

Parenting
Partners



FY 2012-13

	FY 2012-13	FY 2011-12	FY 2010-11
Prenatal Home Visits	39	31	27
Home Visits	539	503	250
Total	578	534	277

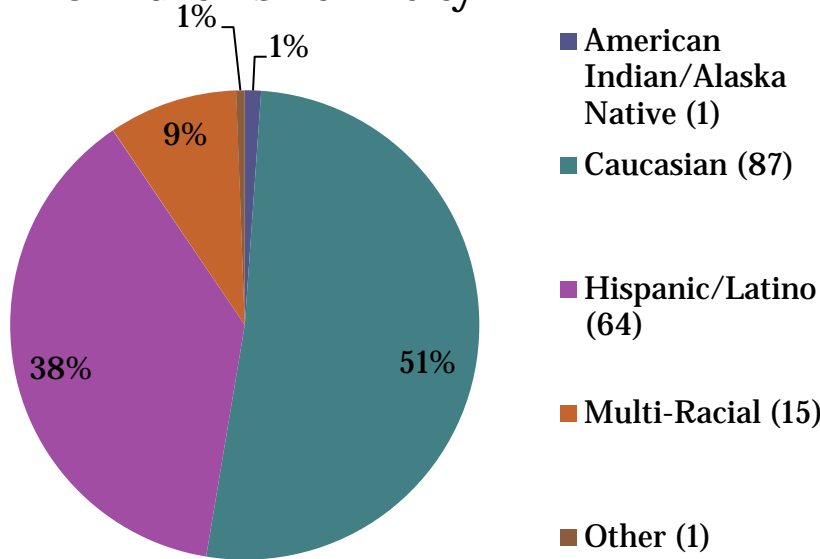
	FY 2012-13	FY 2011-12	FY 2010-11
Number of Families Enrolled in WB!	81	62	100
Births in Mono County (*Source: US Census Bureau)	144	140	146
% of Babies in WB!	56%	44%	68%
Number of Children Receiving WB! Visits	144	136	100
Number of Children Receiving PP Visits	33	NA	NA
Total Children Served	167**	136	100

* Previous evaluation results used California birth data, which calculates data using the calendar year. We now using projected Census data, as it is compiled by fiscal year.

**10 children were seen by both home visiting programs

Demographics

Children's Ethnicity



Parenting Partners



Provided by First 5 Mono County

FY 2012-13

Town of Residence	Number of Children
Mammoth Lakes	111
Crowley Lake	17
Bridgeport	11
Benton/Chalfant	8
June Lake	8
Lee Vining	4
Mono City	2
Sunny Slopes	2
Swall Meadows	2
Walker/Coleville	2

High Needs

Families	23
Total Categories	58
Teen Parent	6
Child with disability	3
Low income	15
Multiple Children under 5	17

Referrals

Parenting
Partners



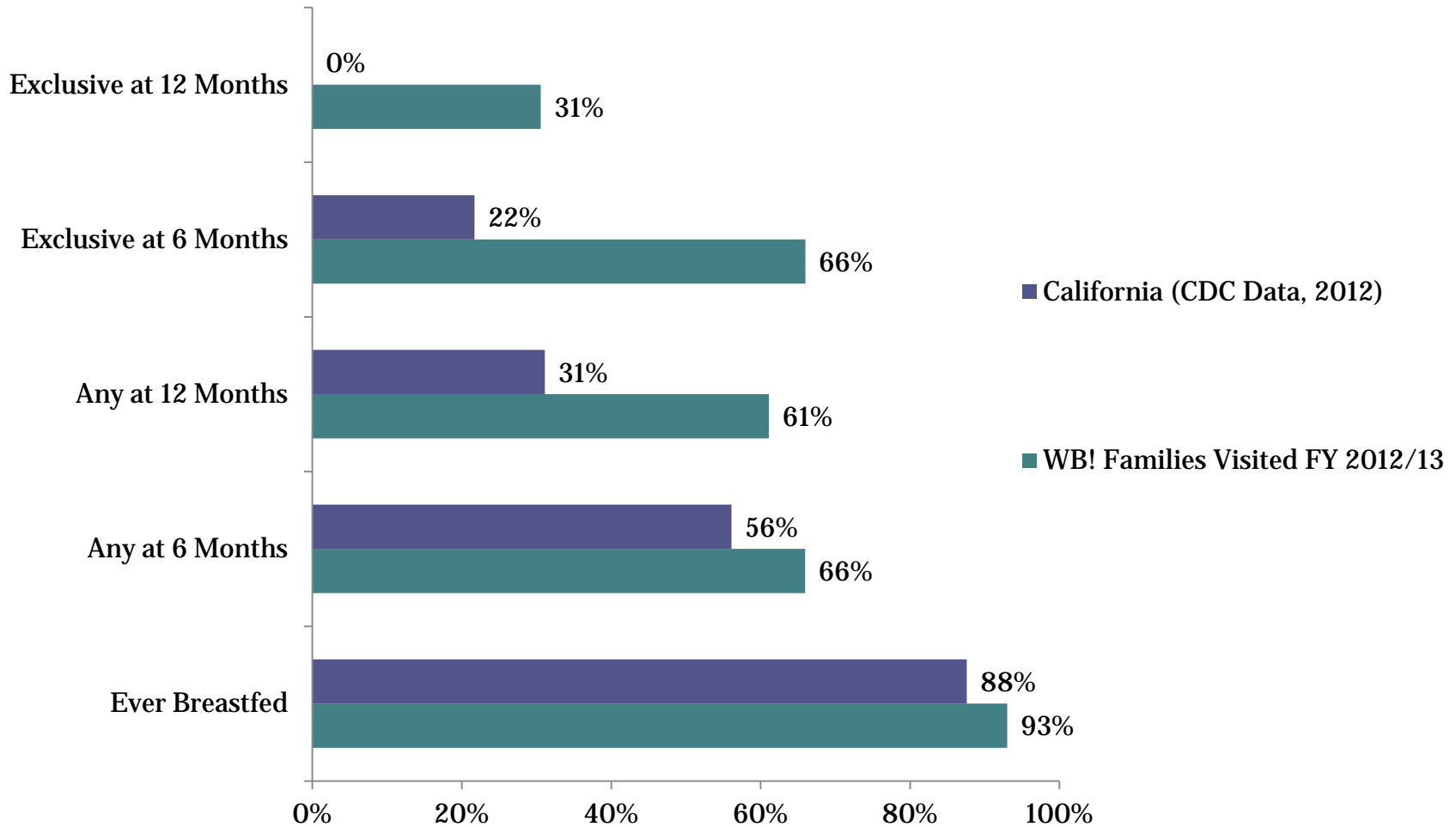
FY 2011-12

Community Resource	FY 2012-13		FY 2011-12		FY 2010-11	
	Referred	Accessed	Referred	Accessed	Referred	Accessed
Dental Services	1	0	2	0	3	1
Early Intervention	7	6	2	1	3	1
Early Education Setting	2	2	0	0	0	0
Financial Resources	1	0	0	0	0	0
Food Resources (WIC)	6	5	7	1	10	2
General Childcare/Preschool Information	4	0	0	0	1	0
General Parenting Support (Parenting Partners, Peapod, Café Mom)	33	17	17	8	43	12
Health Insurance	1	0	0	0	0	0
Language/Literacy Activities	13	6	6	0	12	0
Medical Services	11	6	7	6	6	2
Mental Health Services	12	7	5	4	4	2
Other	5	4	0	0	0	0
Total	96	53	46	20	82	20
% Accessed	55%		43%		24%	

Breastfeeding



Welcome Baby!/California Comparison

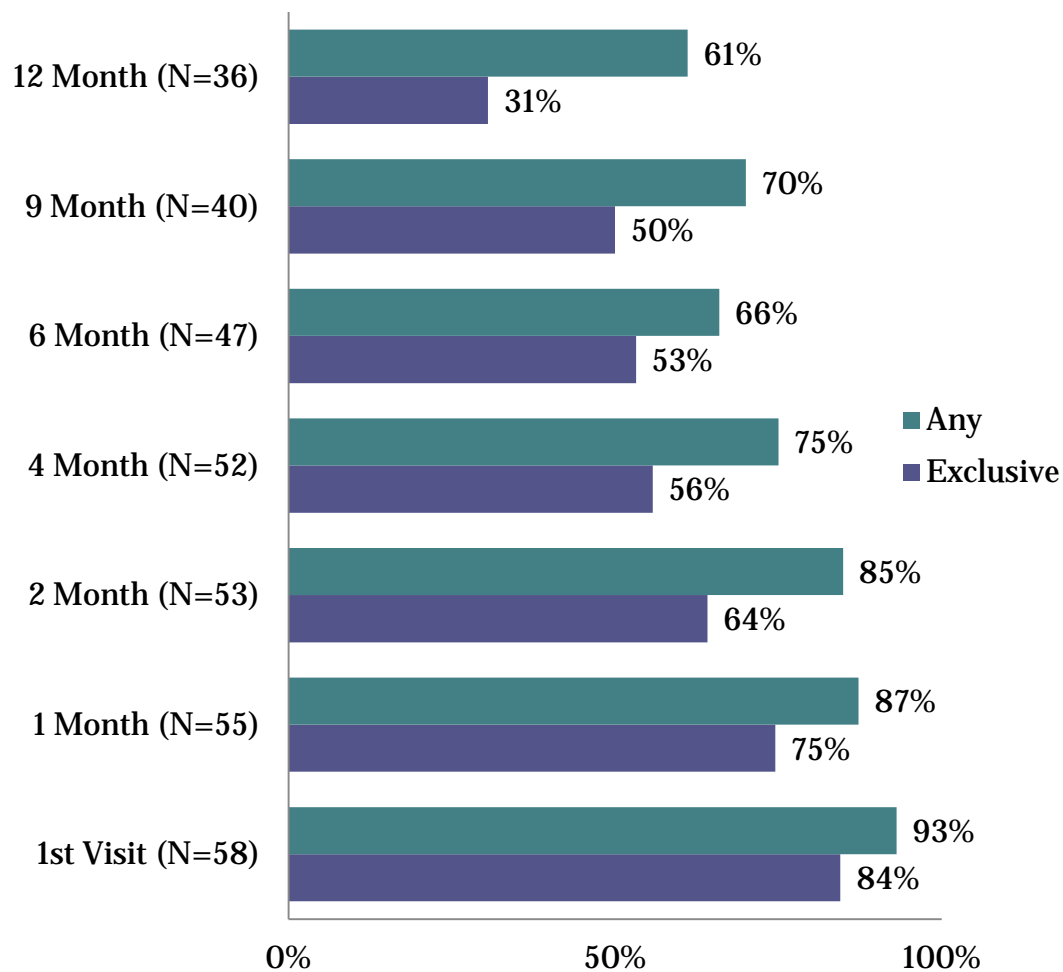


Breastfeeding

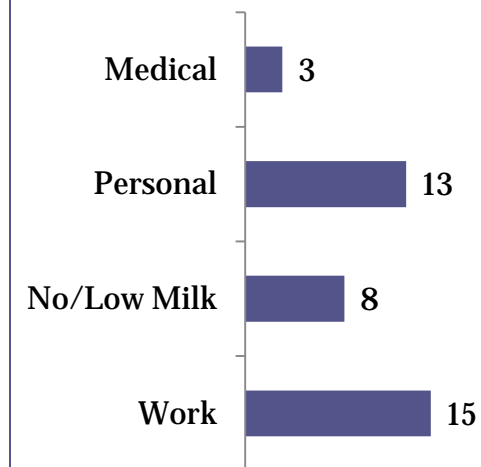


FY 2012-13

Welcome Baby! Participants



Reasons for Cessation of Breastfeeding

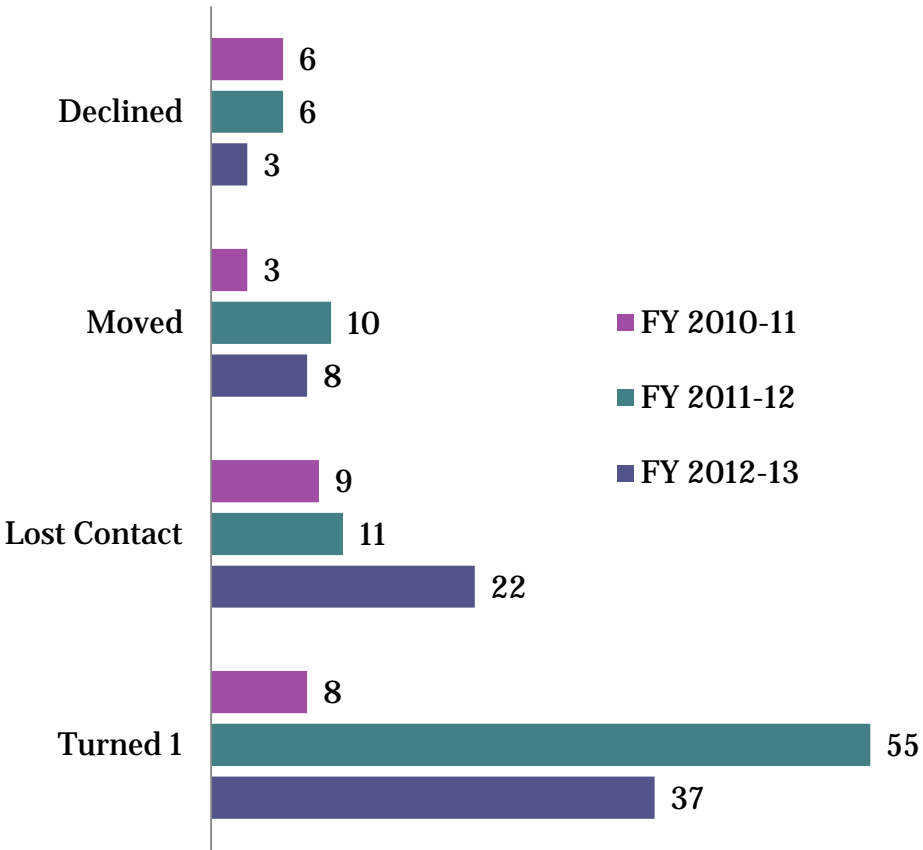


Exits

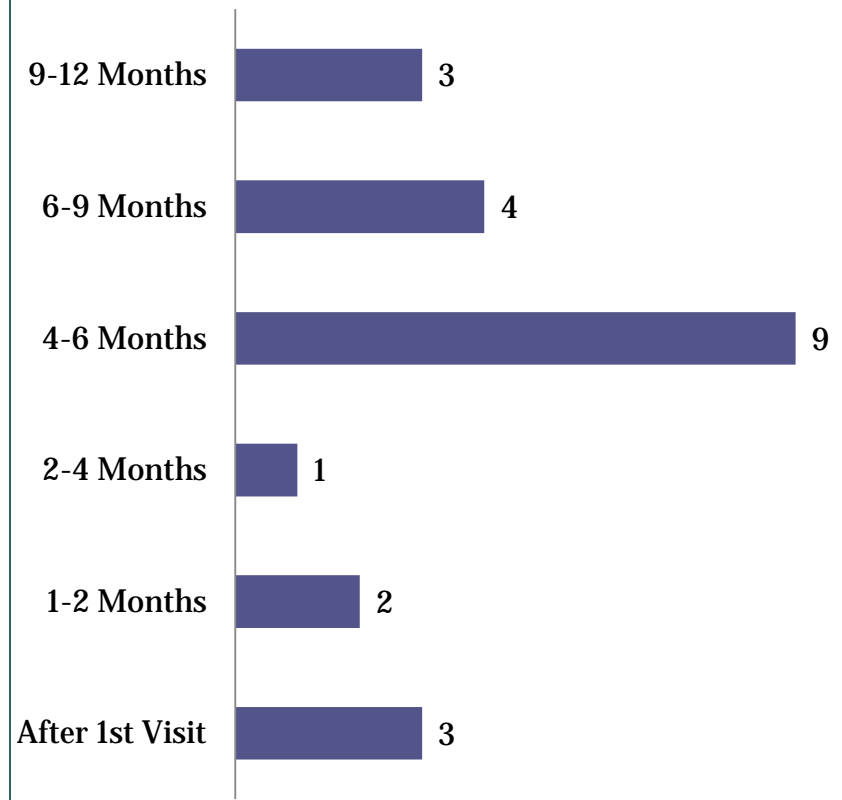
Exited Families that Completed WB!: 53%



Reason for Exit



Age at Exit



Exit Survey



The home visiting program: (N=24)	Strongly Agree
Helped me to feel more confident in my parenting abilities	75%
Improved my knowledge of my baby's growth and development	92%
Provided a supportive outlet for talking about parenting	96%
Gave me new ideas and tools for parenting	96%
Answered my questions and addressed my concerns	92%
Suggested helpful community resources	88%
Did you receive breastfeeding support from a home visitor?	83%
The breastfeeding support I received helped me: (N=20)	
Understand the importance of breastfeeding my newborn	100%
Learn how to breastfeed my newborn	85%
Overcome challenges to breastfeeding	95%

Exit Survey



FY 2012-13

What were the strong points of the home visiting program?

- Opportunity to ask questions and receive support outside of a doctor's office.
- I learned wonderful things like playing with my daughter while educating her through reading and interacting and also the stages of psychomotor development and the concerns I had were resolved through the advice of [my home visitor]. (Translated from Spanish)
- They were very educational and helped with things I didn't know about. Very kind and understanding.
- Post-partum support & encouragement. "New" ideas (or ideas & things I had forgotten) for play, teaching, singing, etc.
- It was helpful to have a greater understanding of my baby's development. I appreciated the information that was given (pamphlets & articles).
- Having someone come watch your baby 1 on 1 and make sure they are at the right stage is SO nice! (As a 1st time parent I am not sure what they should be doing!) Also telling us what to look for next and what activities to work on with them is so nice too!

What suggestions do you have to improve the HV program?

- Everything was really good, maybe just not as many pamphlets
- Teach (share) the philosophies of attachment parenting. Support tandem nursing. Provide playgroups on a regular basis in June and Lee Vining.
- Keep it going beyond the 1 year mark.
- I would like it if the visits were more frequent, for example, every week. (Translated from Spanish)

Childbirth Education

Classes for expecting parents and partners



Participation	
September 2012	10
April 2013	18
Total Participation	28

- **Comment:**
 - We loved the hands on & first hand knowledge with professionals to answer questions. A much better way to learn than simply reading books.

Café Mom

Weekly breastfeeding support group



Provided by First 3 Mono County

FY 2012-13

Participation

Parents served	30
Groups offered	29
Average attendance	4

- **Comments:**
 - Nice to meet with other moms and babies. (5)
 - I liked the opportunity to weigh her on a weekly basis in her first few months.
 - Having multiple moms to talk to, always get more than one answer! Also the acceptance and friendliness of everyone!

Family Behavioral Health

Investment: \$47, 625

Funding support from First 5 California Small County Augmentation (\$4,880)

Peapod Playgroups

Funding Partner: Mono County Behavioral Health (\$40,000)

Conducted by First 5 Mono



Peapod Playgroups

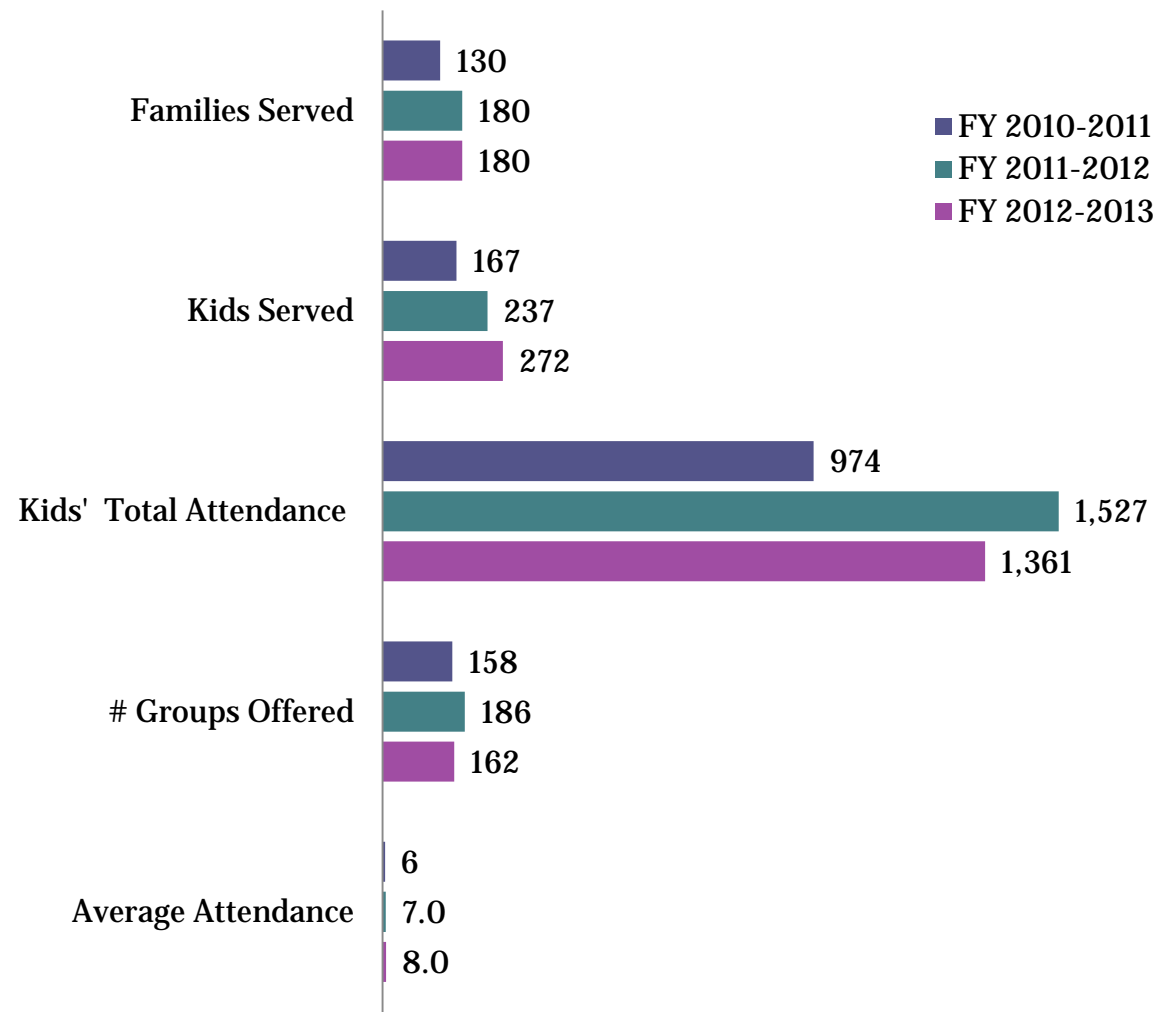
Weekly group meetings for parents and children

Partners: Mono County Behavioral Health and independent contractors

- **Target:** Parents and children, birth to 5 years old
- **Objectives:**
 - Decrease isolation by providing parents and children an opportunity to socialize
 - De-stigmatize seeking behavioral health services
 - Link families to community services
 - Encourage school readiness skills
 - Encourage early literacy
- **Schedule:**
 - Playgroups in:
 - Walker
 - Bridgeport
 - Lee Vining/June Lake
 - Crowley Lake
 - Mammoth English
 - Mammoth Spanish
 - Benton
 - Sessions of 10 weekly playgroups
 - 3-4 sessions per year in each location



Participation



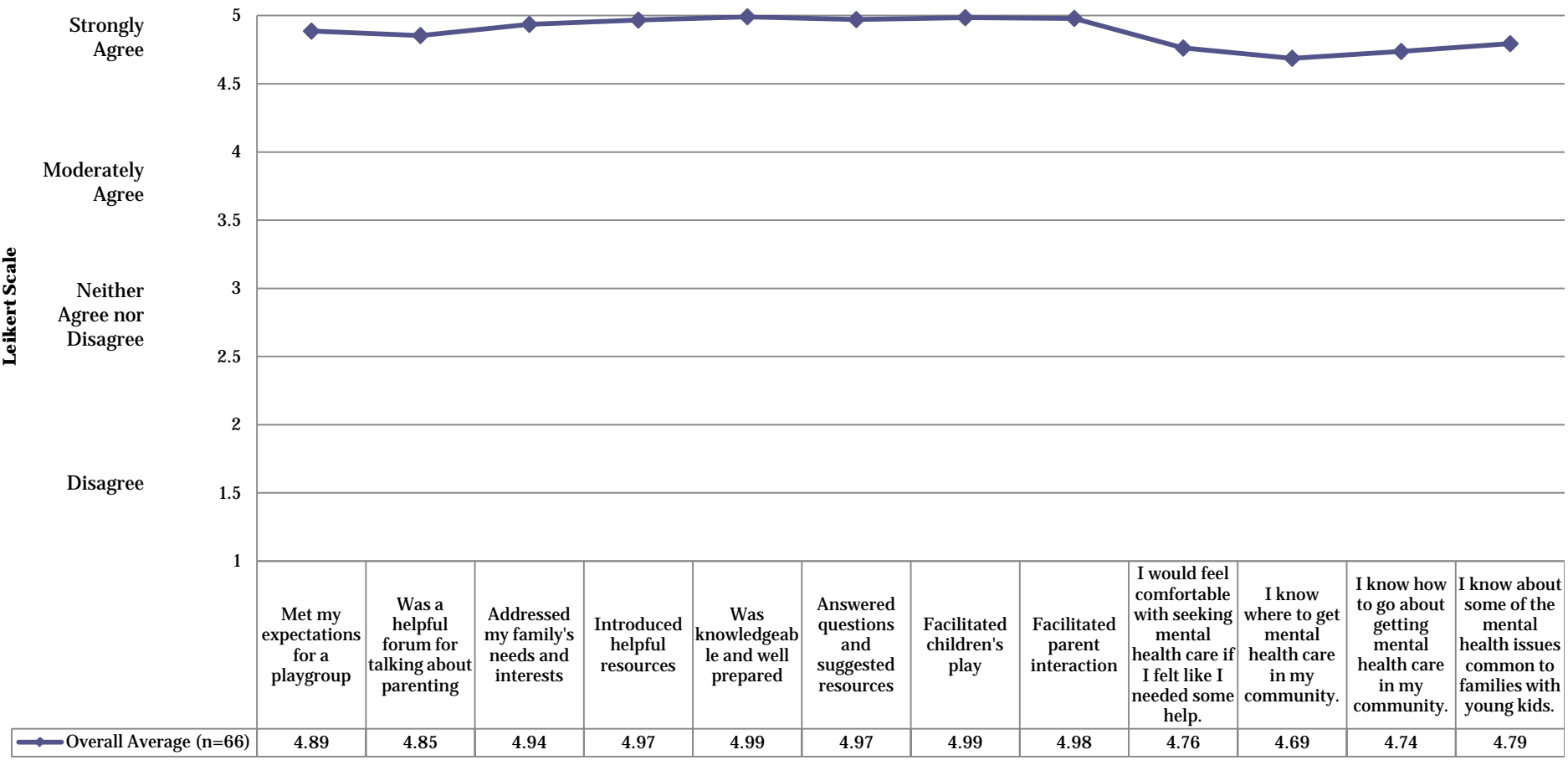
Families Served by Location

Mammoth English	74
Mammoth Spanish	25
Crowley Lake	24
Lee Vining	14
Benton	7
Bridgeport	20
Walker	16





Overall Survey Average



◆ Overall Average (n=66)

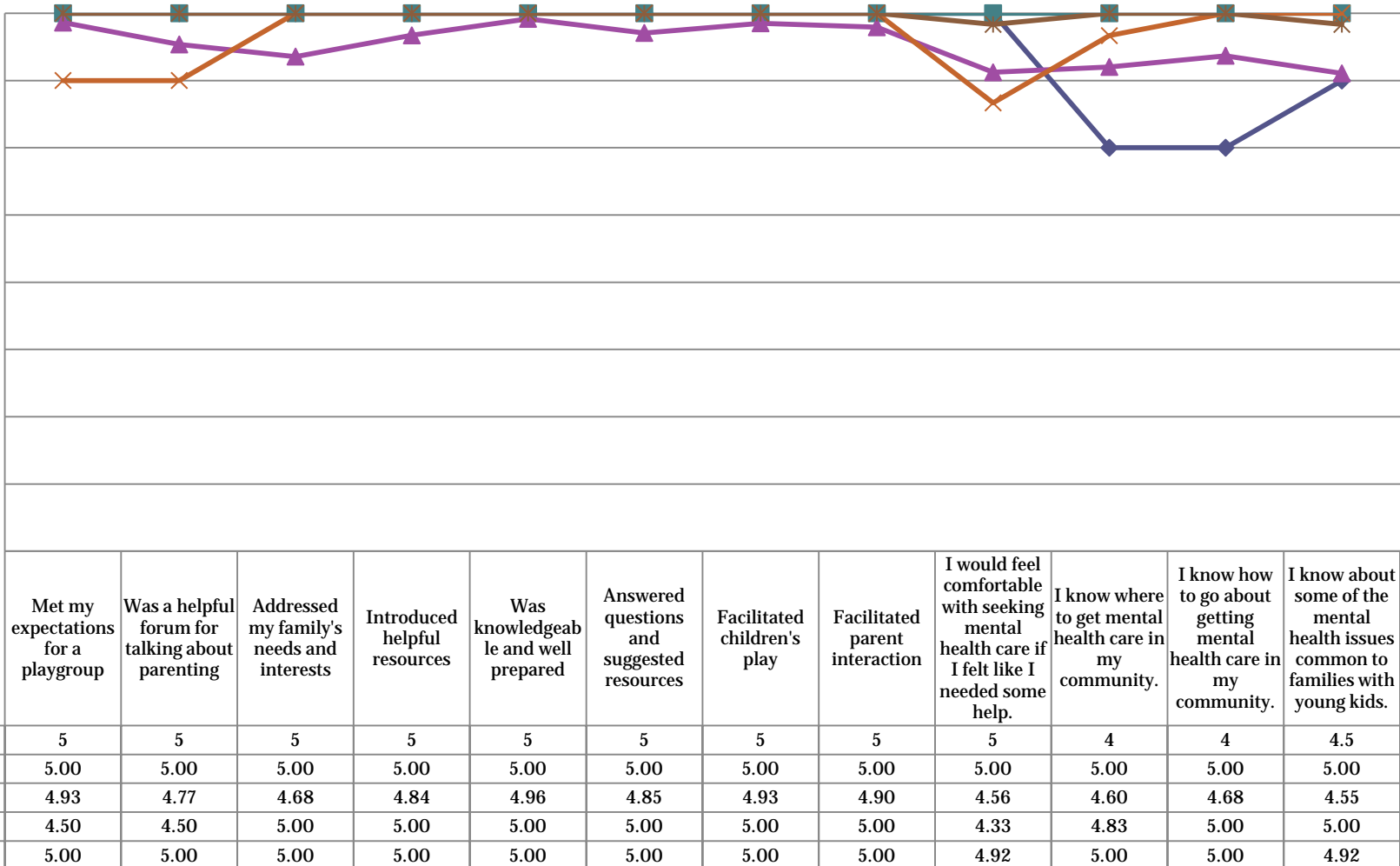


Survey Averages

Site Comparison

Strongly Agree
Moderately Agree
Neither Agree nor Disagree
Disagree
Strongly

5
4.5
4
3.5
3
2.5
2
1.5
1





Mono County Behavioral Health Referrals

- Referrals through Home Visiting and Peapod
 - Referred: 9
 - Received services: 7
 - Sessions completed: 32



Survey

Comments

- Danielle's advice to young mothers and grandmas was very helpful to them. Interaction of my son with other kids very helpful.
- The interaction of Elvira with the children & parents, making sure all children interacted with each other in the group activities
- Lots of activities, leader is great at getting to know people and their needs. She is enthusiastic about kids & getting families' needs met.
- Friendly, open leaders. Well-facilitated with song & crafts, good selection of toys. Love the space!
- Kim and family is very nice, personable, and helpful. We love attending and [my child] looks forward to it every week. The day and time work very well for our family.
- Getting to know other parents and allowing my 2-year-old to play with other children

Suggestions

- We definitely NEED this group in our community where resources are already limited. We would hate to see it stop.
- Outdoor group play at park in summer? Breastfeeding info/talk for new moms? Outreach to new moms?
- Playing outside in the snow with sleds, etc. in the winter
- Parent introductions, secure door to outside with child gate in front
- Possible night playgroup?
- Getting more children and parents to playgroup

School Readiness

Investment: \$105,017

Funding support from First 5 California Small County Augmentation (\$67,214)

Kindergarten Round Up, Pre-K Assessments & Summer Bridge

Funded by First 5 Mono

Conducted by Eastern Sierra and Mammoth Unified School Districts

Raising a Reader

Funding Partner: Mono County Libraries

Conducted by Mono County Libraries

Readers' Theatre

Funding Partner: Altrusa

Conducted by First 5 Mono and Altrusa

First Book

Conducted & funded by First 5 Mono

Transition to School Activities

Partners: Mammoth and Eastern Sierra Unified School Districts

- **Kindergarten Round Up:** Informational meeting held at all county elementary schools with parents of incoming kindergartners
 - **Target:** All families with incoming Kindergartners
 - **Objectives:**
 - Introduce families and children to the school, principal, and each other
 - Provide information on entering school and kindergarten readiness
 - Facilitate children and families' smooth transition into the education system
 - Enroll children in kindergarten
 - Sign children up for pre-k assessments and Summer Bridge
- **Pre-Kindergarten Assessment:** School readiness assessments conducted by teachers
 - **Target:** All incoming kindergartners
 - **Objectives:**
 - Assess incoming students' school readiness
 - Identify children's skill development needs before school begins
 - Identify children who are not school ready to refer to the Summer Bridge program
- **Summer Bridge:** Two week kindergarten transition program held in the summer for incoming kindergartners, especially those assessed as not ready for kindergarten
 - **Target:** Children assessed as not kindergarten ready, and, as space provides, other incoming kindergartners
 - **Objectives:**
 - Assess incoming students' school readiness
 - Identify children's skill development needs before school begins
 - Identify children who are not school ready to refer to the Summer Bridge program

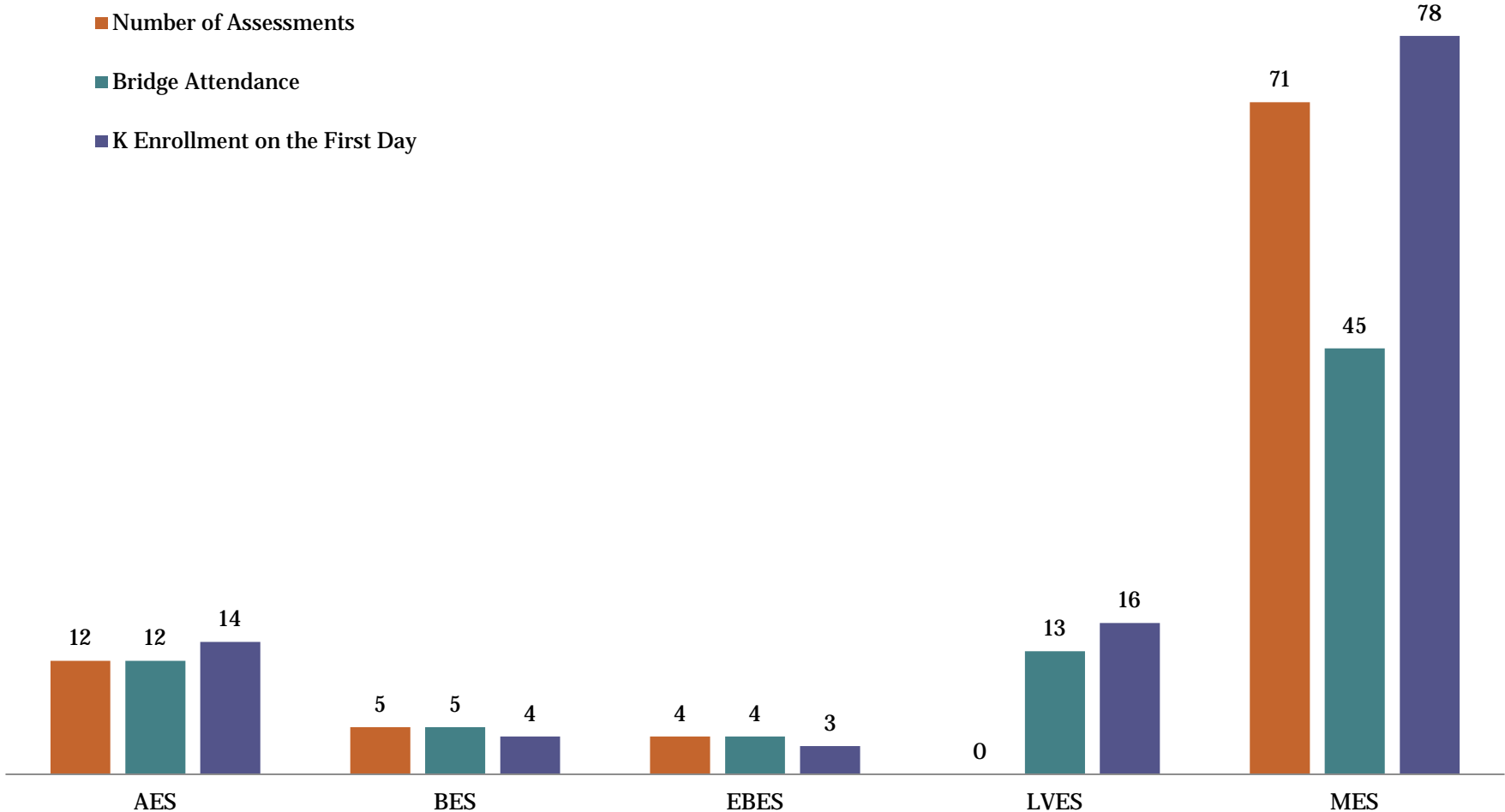
Kindergarten Round Up Attendance

Kindergarten
Round Up
FY 2012-13

Elementary School	FY 2012-13	FY 2011-12	FY 2010-11
Antelope (AES)	32	12	14
Bridgeport (BES)	8	9	14
Edna Beaman (EBES)	10	6	1
Lee Vining (LVES)	18	38	15
Mammoth (MES)	234	184	195
Total	302	249	239

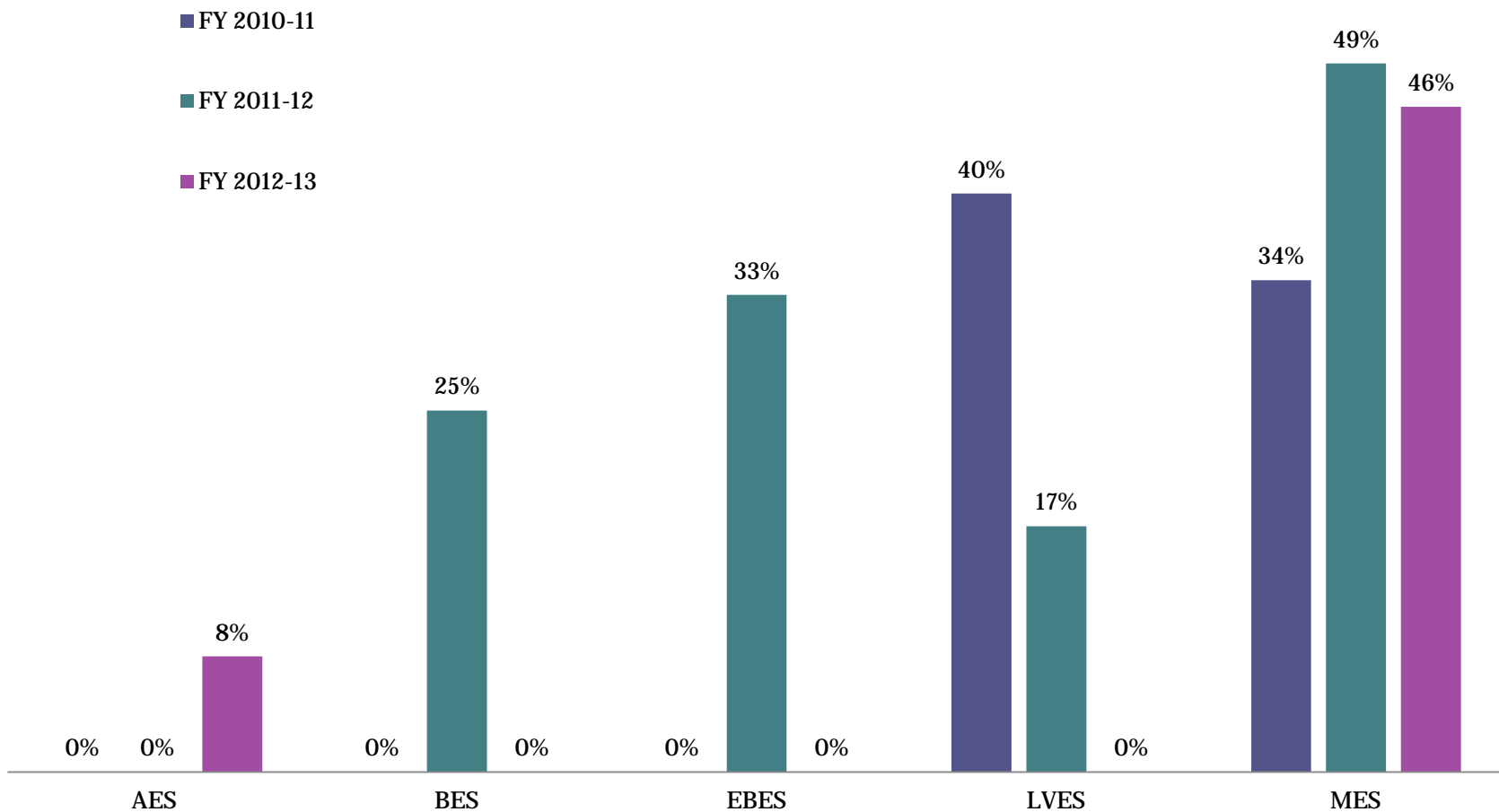
Kindergarten Assessments FY 2012-13

Transition to School Participation



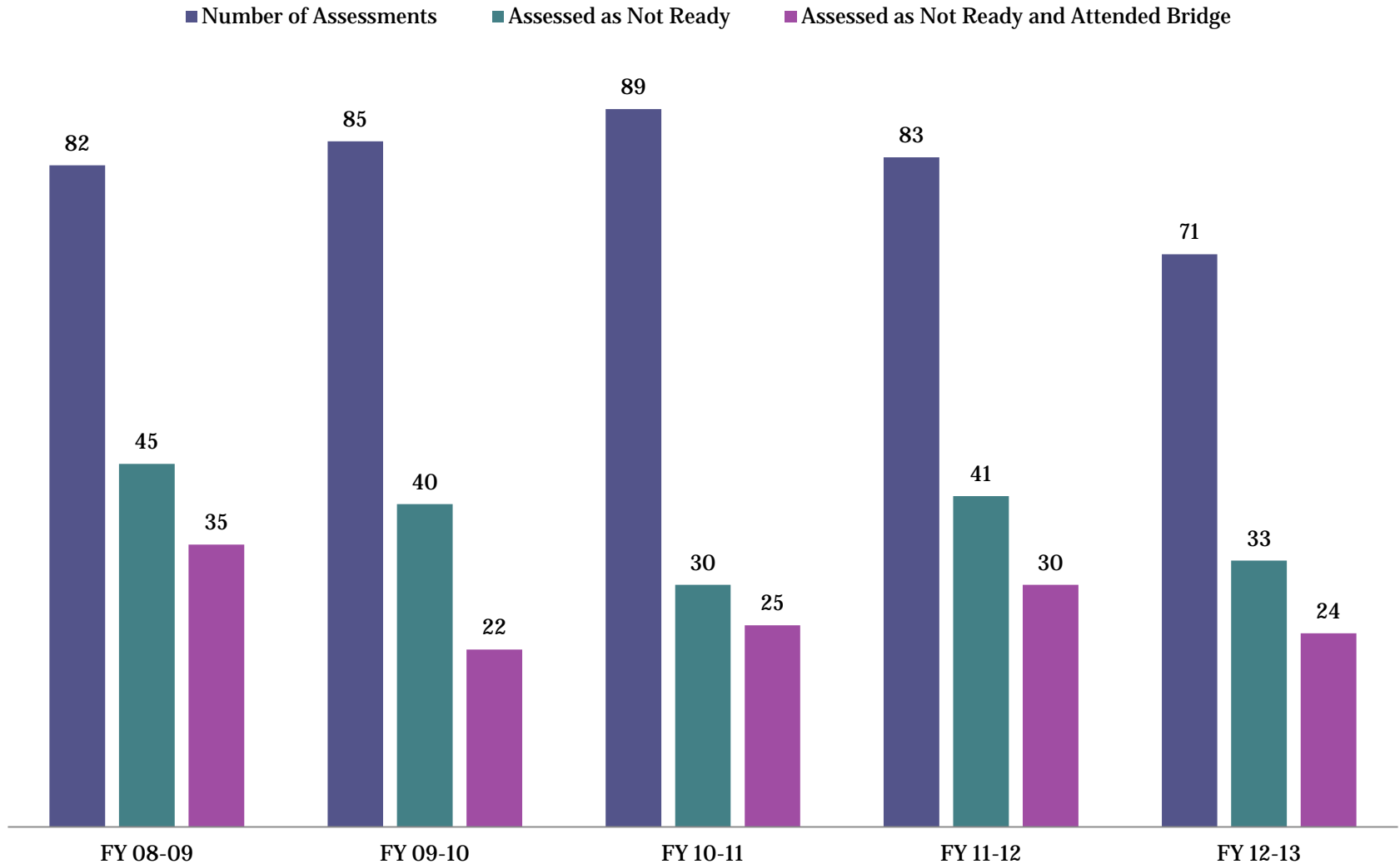
Kindergarten Assessments FY 2012-13

Pre-K Assessments Students Assessed as "Not Ready"



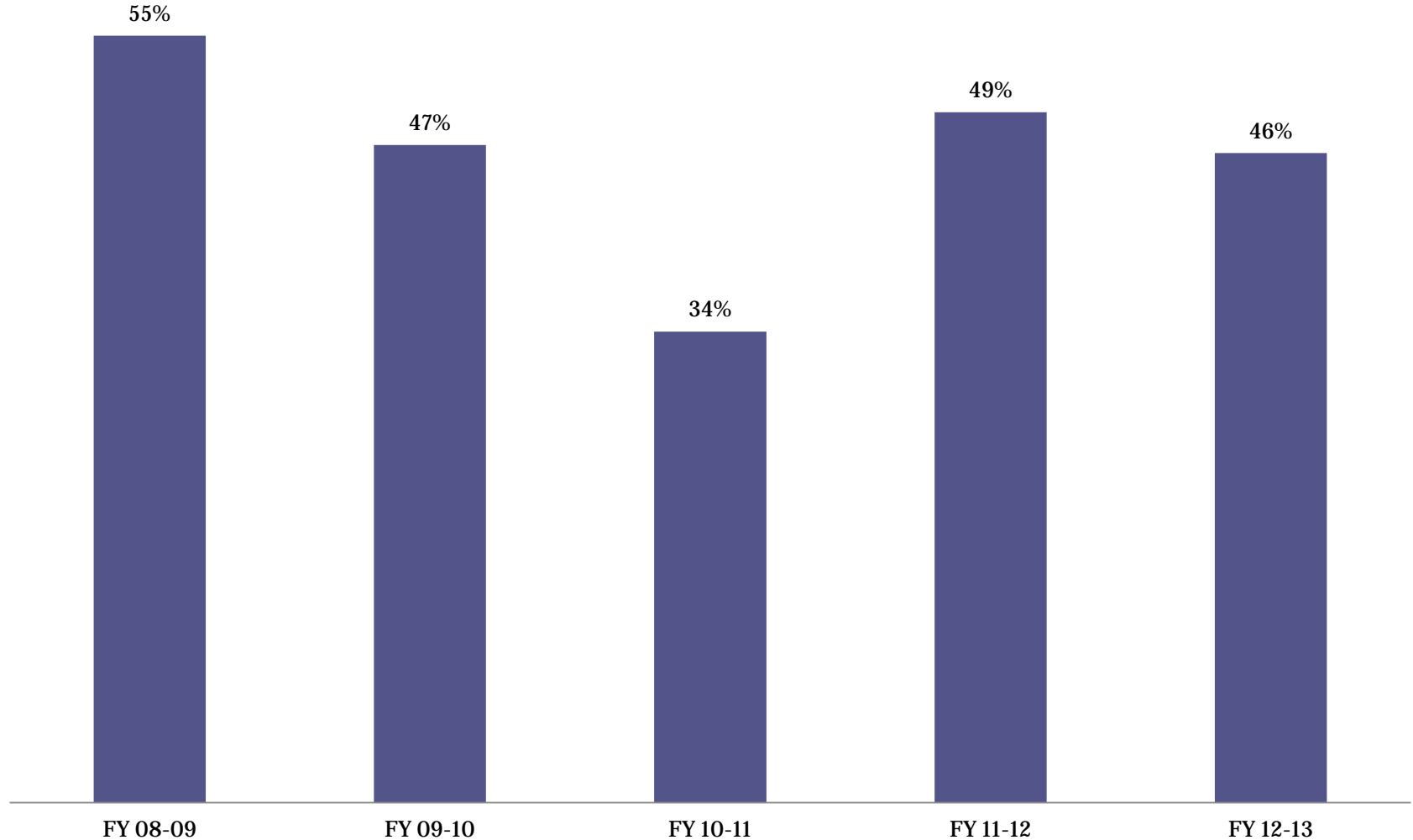
MES Assessments 2008-2013

Kindergarten Assessments FY 2012-13



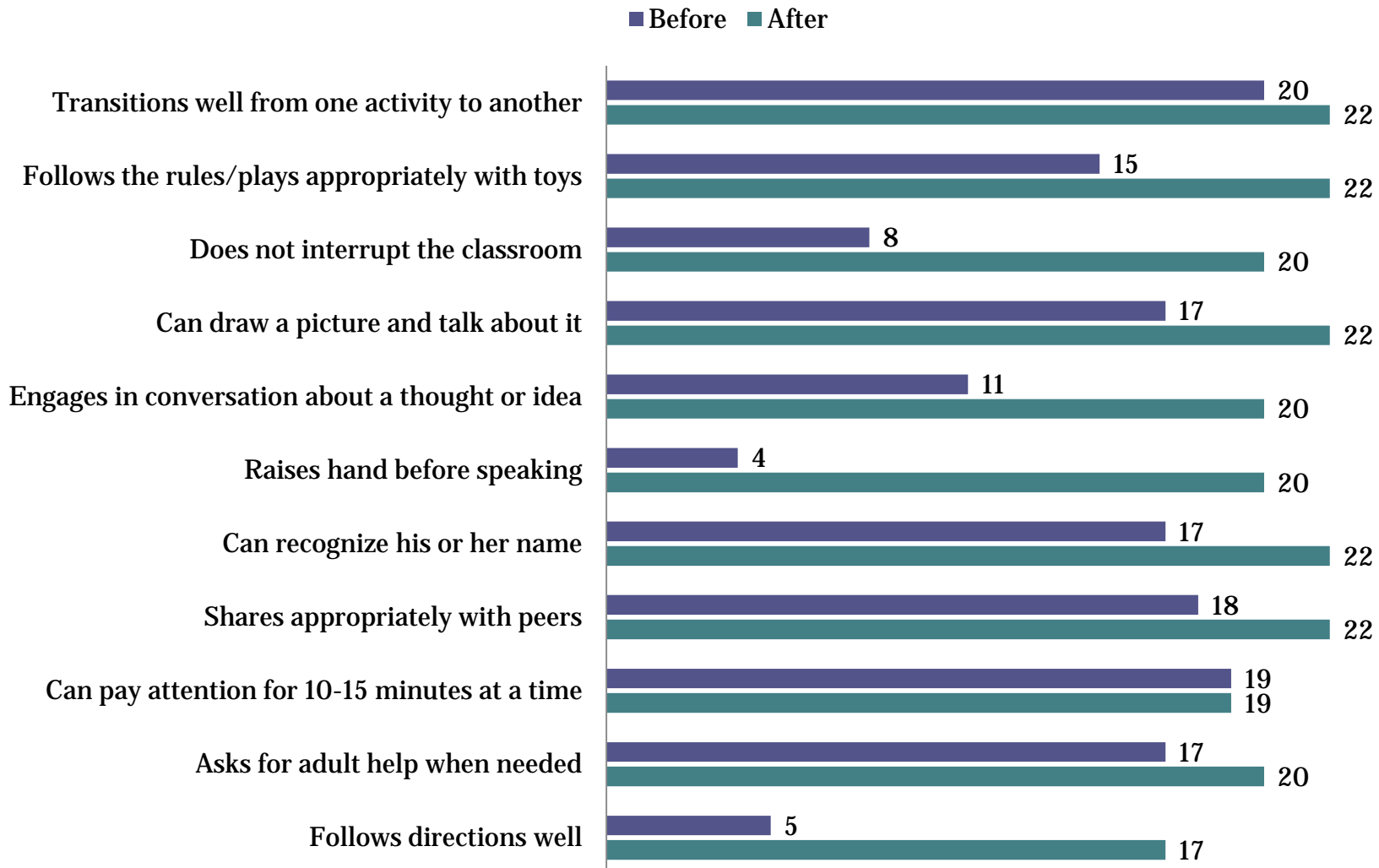
Kindergarten
Assessments
FY 2012-13

MES Students Assessed as "Not Ready"



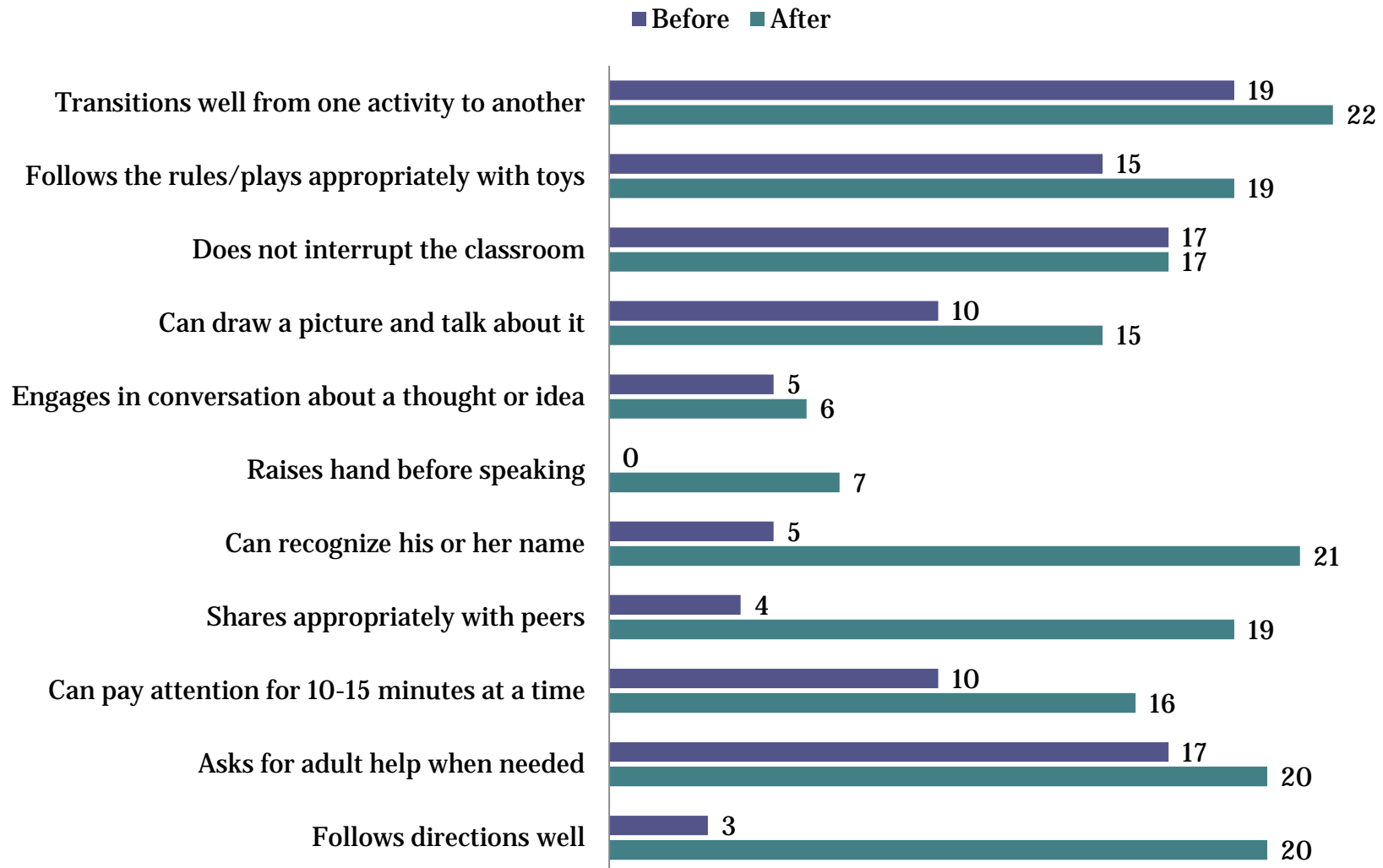
Teacher Survey

MES English (n=22)

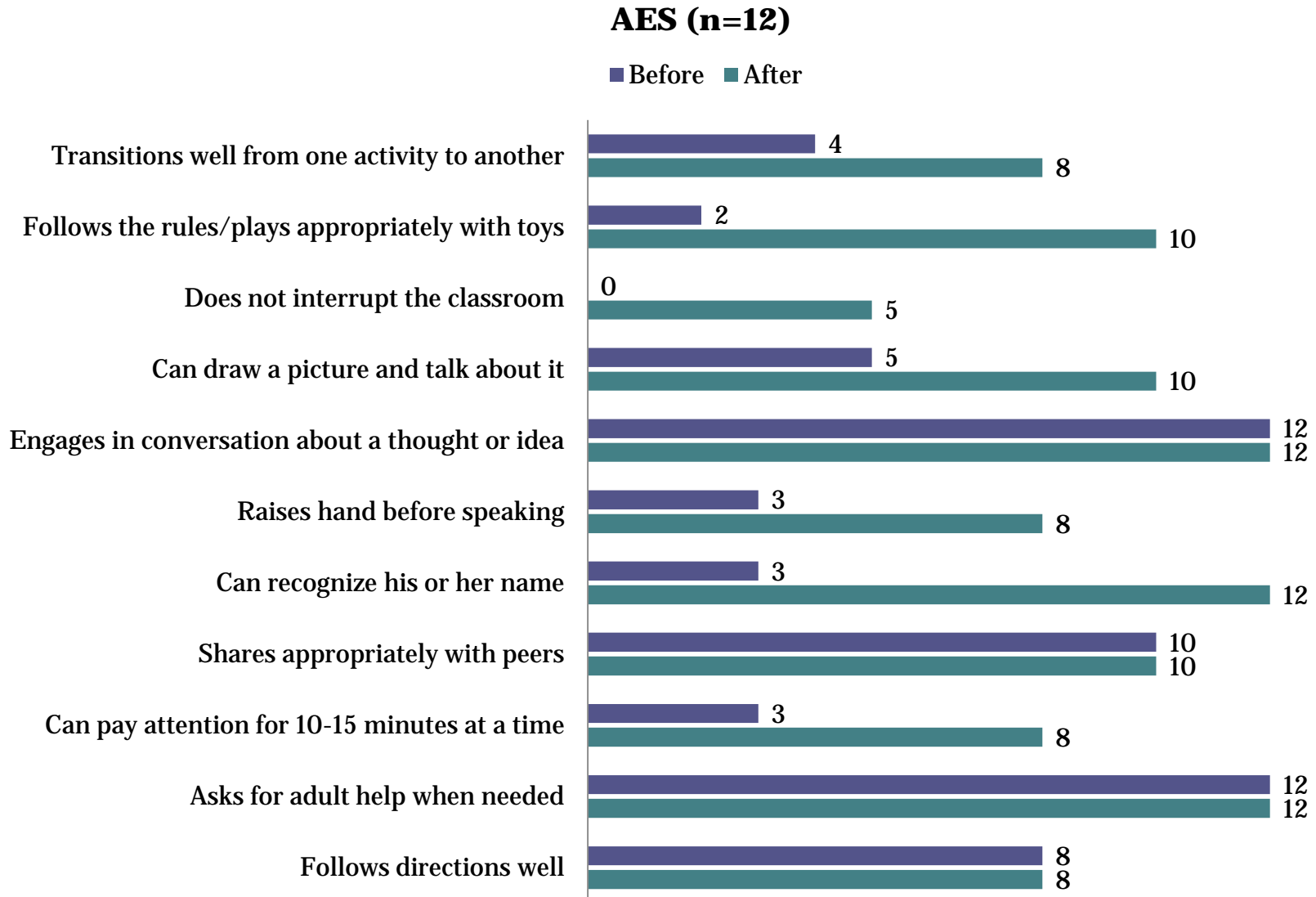


Teacher Survey

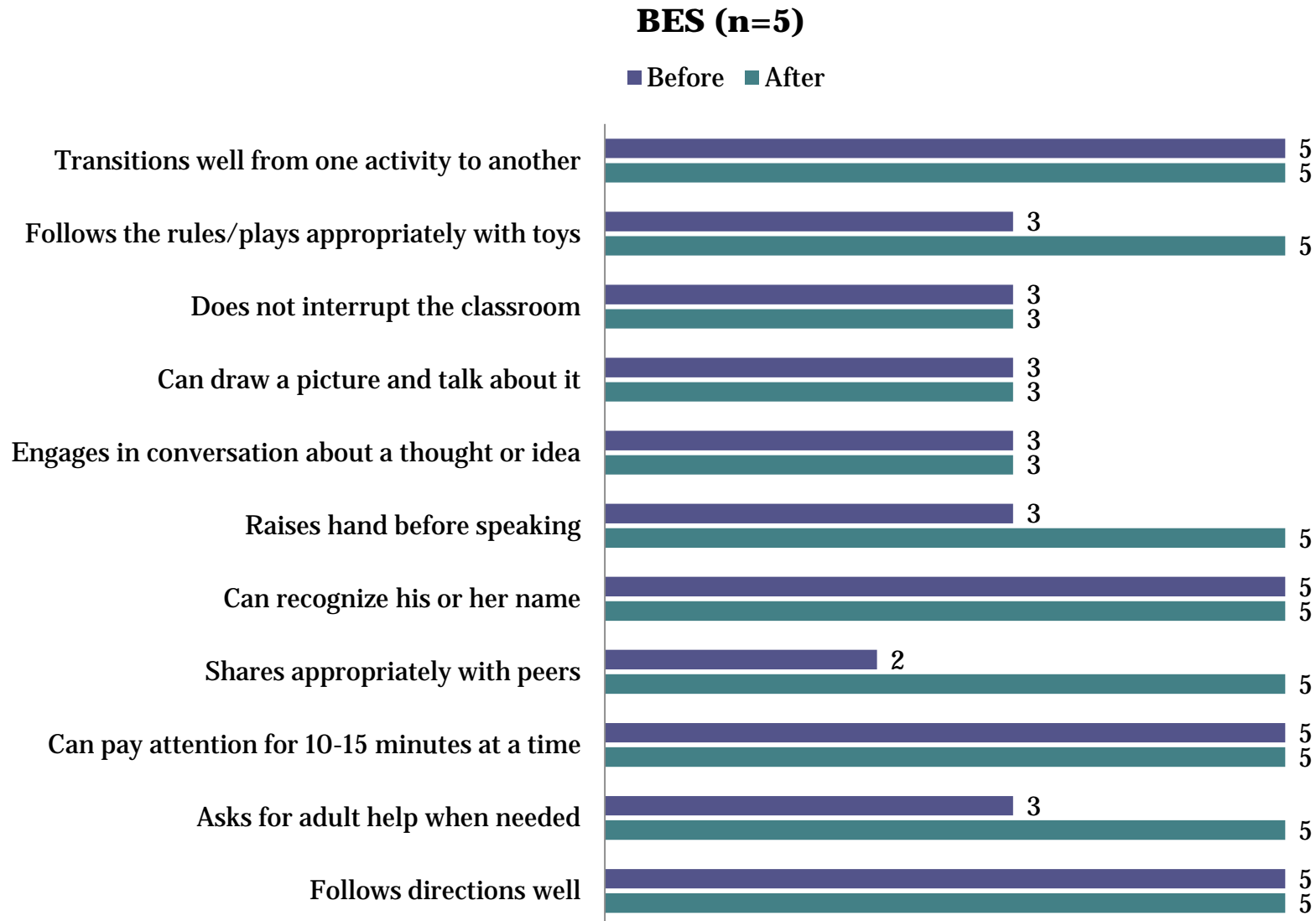
MES Spanish (n=23)



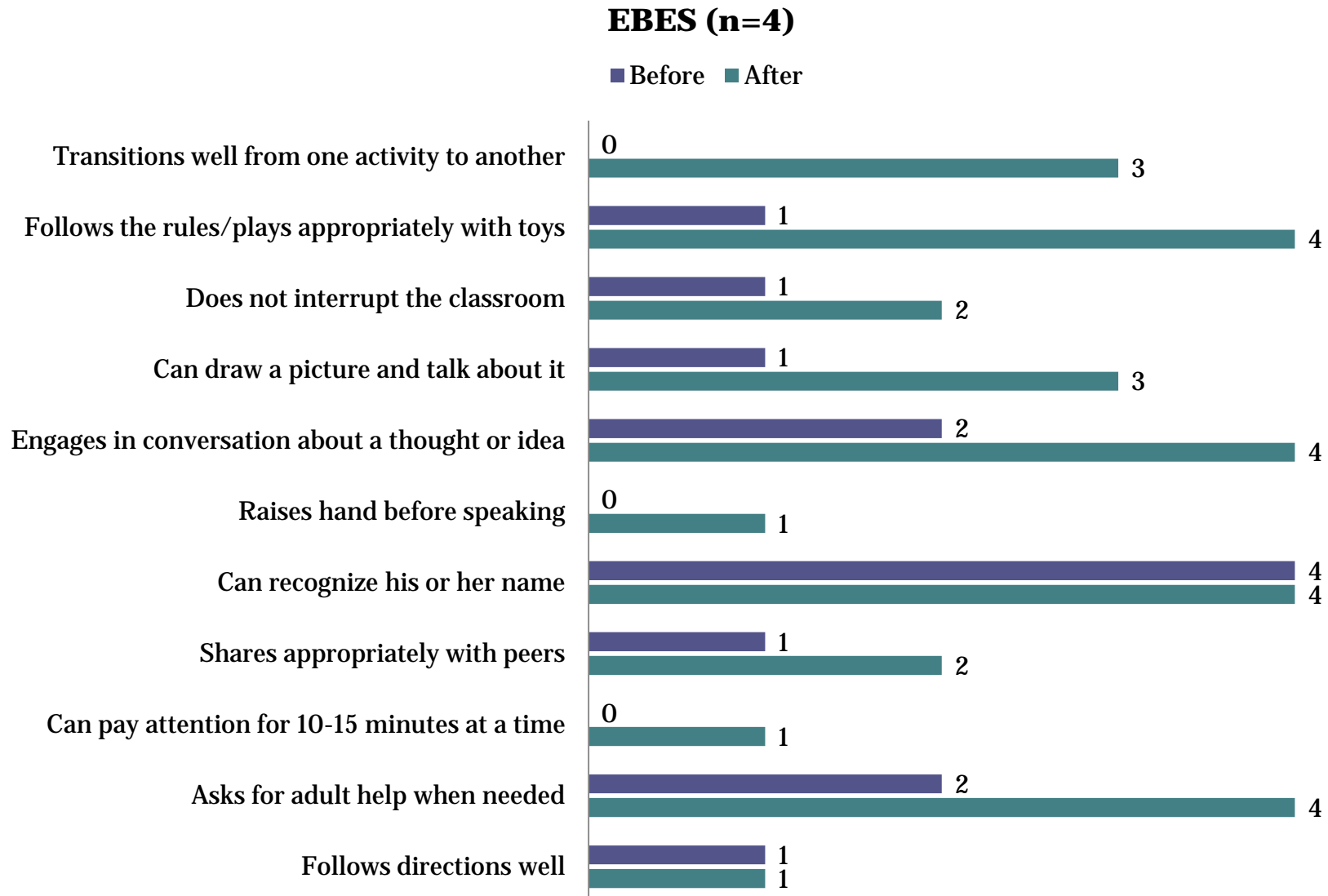
Teacher Survey



Teacher Survey



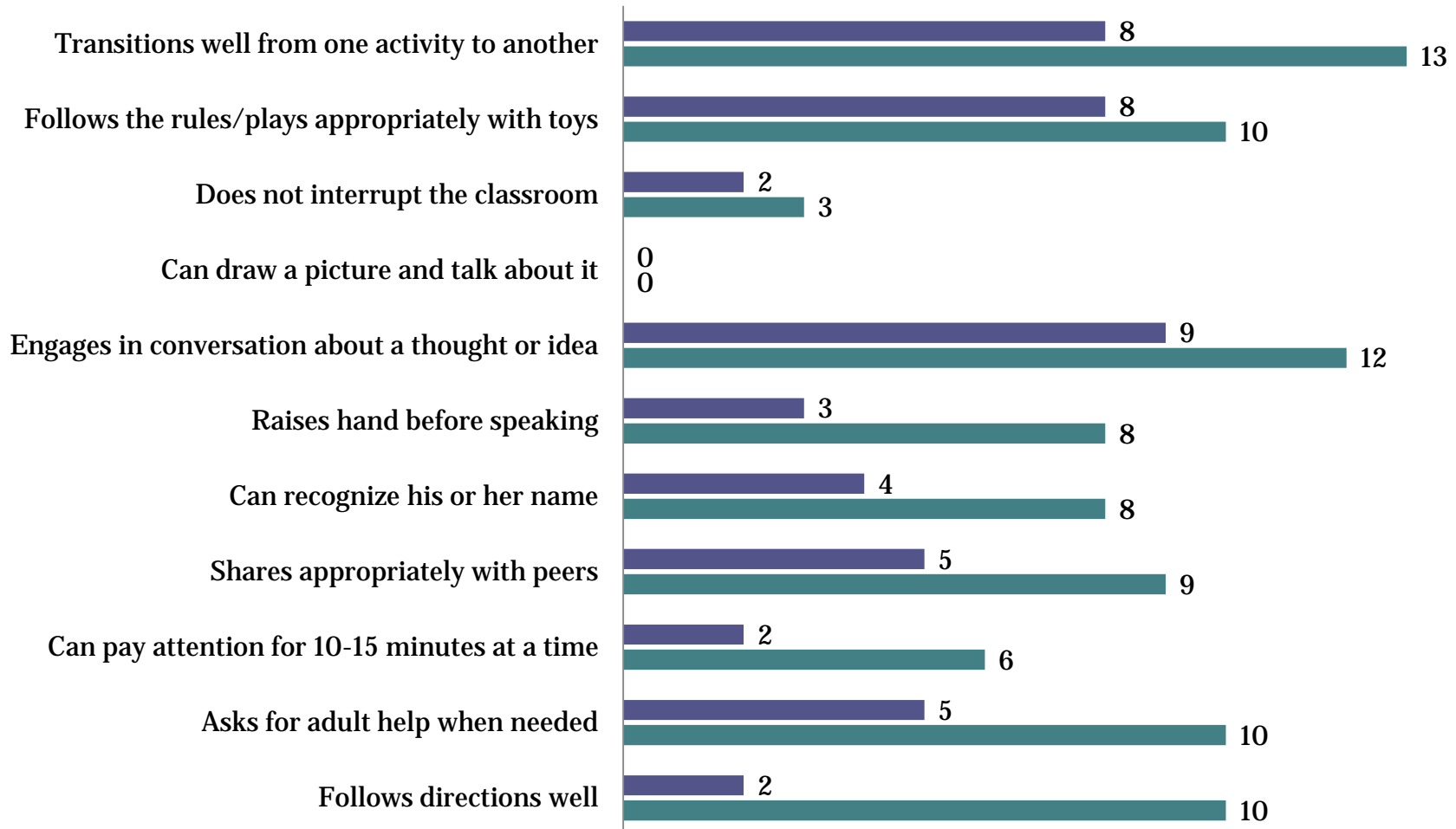
Teacher Survey



Teacher Survey

LVES (n=13)

■ Before ■ After



Teacher Survey Comments

What were the most important things the children in your class got out of the Summer Bridge Program?

- Getting to know me and the layout of the classroom and school!
- I think becoming familiar with the school and the class routines were the most important things.
- Positive social interaction with peers.
- Getting to know the kindergarten teacher.
- Learning classroom routine.

Parent Survey

In which ways do you feel this program helped prepare your child for kindergarten?

Classroom Skill	AES	BES	EBES	LVES	MES English	MES Spanish
N	9	5	3	8	13	19
Development of social skills	67%	40%	100%	50%	46%	53%
Adjusting to a group learning environment	78%	80%	67%	50%	54%	74%
Getting used to the classroom	67%	80%	100%	88%	100%	68%
Meeting the teachers	78%	80%	100%	50%	100%	74%
Learning how to follow directions	67%	80%	100%	75%	62%	63%
Increased attention span	56%	60%	100%	25%	62%	58%
Increased self-confidence	44%	60%	67%	50%	69%	74%

Parent Survey Comments

Does your child feel less anxious about starting school?

- Yes, it has really helped! It helped her feel more comfortable.
- He was ambivalent the first day, afraid of not knowing anyone. He's been looking forward to school every day since then.
- [My child] is more comfortable because he's familiar with his teacher and the classroom.
- He was comfortable with the environment when K officially started.
- She was a bit anxious about going to a "big" school. She has learned that it's not scary like she imagined.
- She is very excited anyway, this just feeds the enthusiasm.
- He seems more excited and less nervous. He has made more friends. He is comfortable in the classroom.

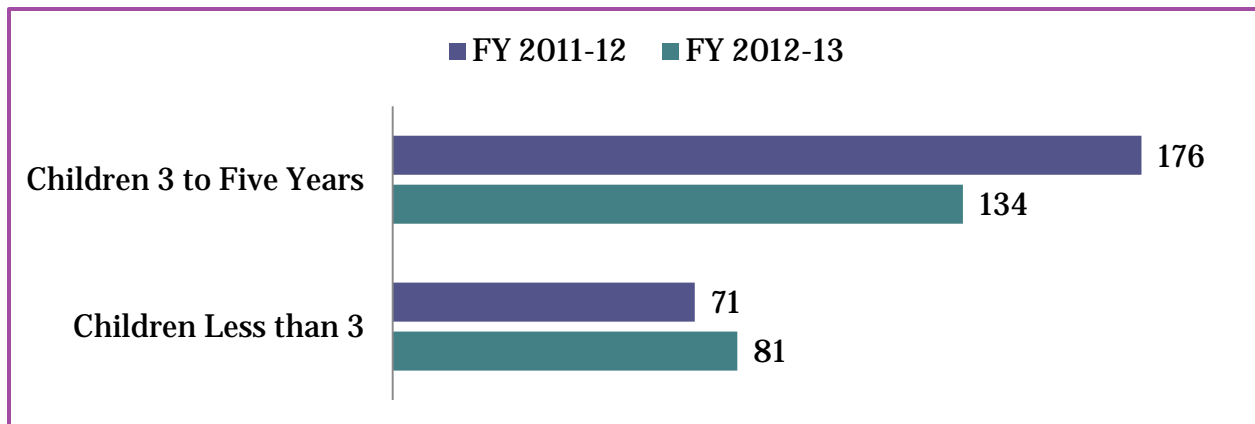
Raising a Reader FY 2012-13

Raising a Reader

Book bags distributed through libraries, child care providers, and preschools

Partner: Mono County Libraries

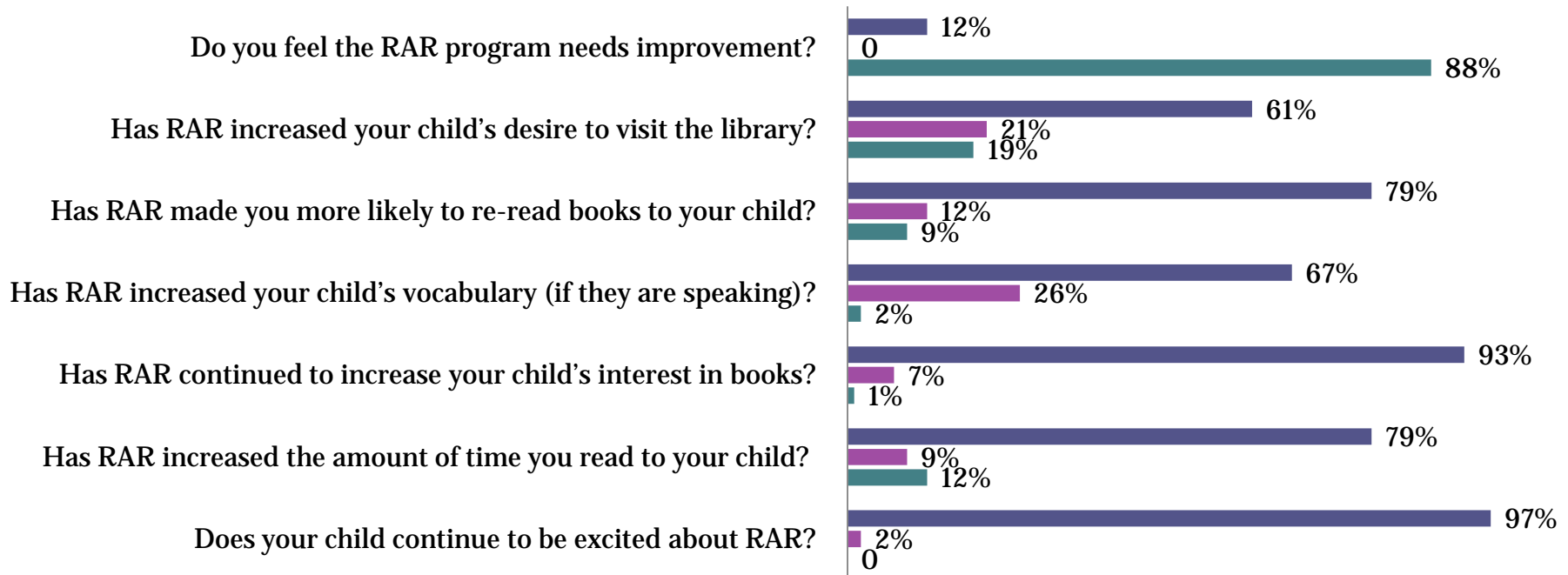
- **Target:** Families and child care providers with children birth to 5 years
- **Objectives:**
 - Improve early literacy
 - Encourage use of the library system
 - Increase parental and care-provider literacy activities
- **Participation:**



Raising a Reader FY 2012-13

Evaluation

■ Yes ■ Maybe ■ No



Do you feel the Raising a Reader program needs improvement?

- Updated books would be nice.
- More books, maybe 5 per bag? Also, in almost every bag there was one book that was too "scary" (i.e. a villain or conflict) for a 3 year old.
- Great program! We only wish it could reach more kids. Thank you.

Readers' Theatre

Skits and book readings in child care facilities, preschools and at story time

Partner: Altrusa

Readers'
Theatre
FY 2012-13

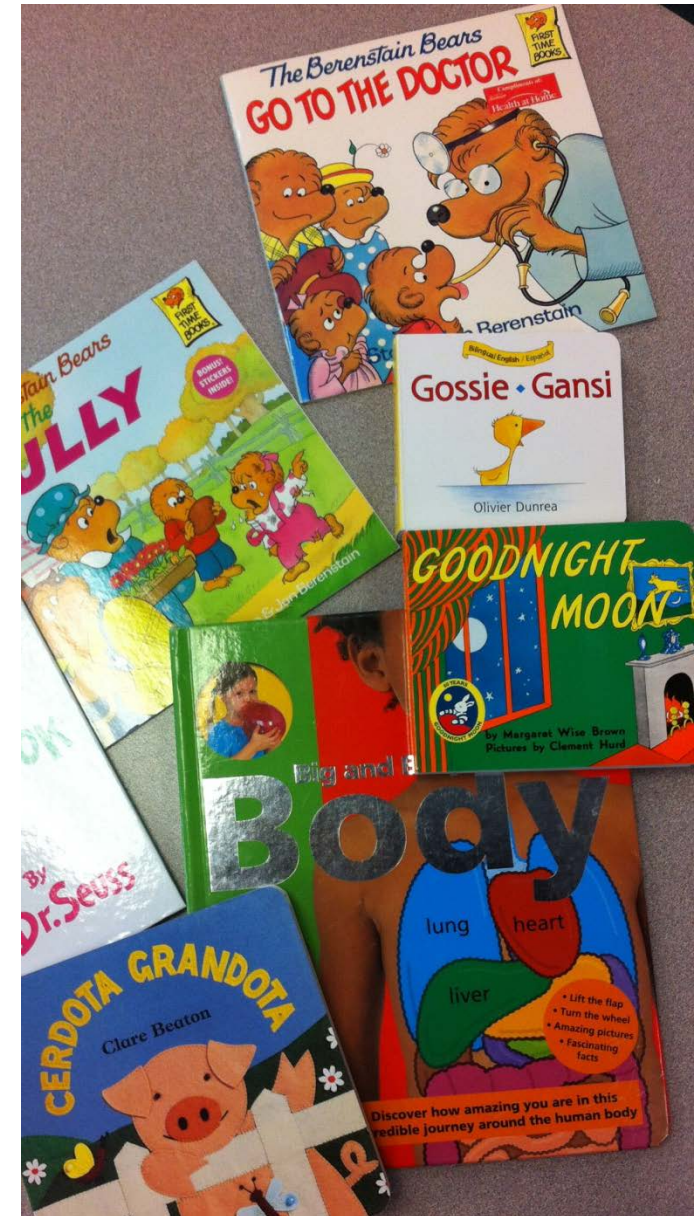
- **Target:** Preschool-age children
- **Objective:** Promote early literacy
 - All participants (except at Story Hour) were given a Nutri-Mouse book and oral health incentives bag. Each site was provided with a class copy of a Nutri-Mouse big book and soil and seeds for planting.
- **Participation:**

	FY 2012-13	FY 2011-12
Coleville State Preschool	9	16
Base Housing Childcare	13	9
Bridgeport Preschool	-	10
Lee Vining Head Start/State Preschool	6	10
Mammoth Story Hour	26	18
Mammoth Kids Corner	15	23
Mammoth Montessori	9	10
Mammoth Head Start	20	16
Lutheran Preschool	6	-
Sierra Early Education Program	3	-
Total	107	112

First Book

Free high-quality children's books distributed to children

- **Target: Children birth to 5**
- **Objectives:**
 - **Increase early literacy in home environments**
 - **Facilitate positive parent-child interaction**
 - **Increase literacy for young children**
- **Participation:**
 - **279 books total**
 - **100** Welcome Baby
 - **100** Kidapolooza community event
 - **29** Health & Safety Fairs
 - **50** CARES—for child care providers to distribute to children



Child Safety

No investment in FY 2012-13

(\$9,000 budgeted in FY 2013-14)

Birth-to-5 Health & Safety Fairs

Partners: Mono County Public Health, Mono County Sheriffs, Inyo Mono Community Advocates (IMACA), and Eastern Sierra Unified School District

- **Target:** Families with children birth to five years old
- **Purpose:** To bring services to the remote parts of the county where lack of access can prevent families from receiving services.
- **Participation:**

School	Attendance	Bike Helmets	Car seat Checks	Fingerprints	Hearing & Vision Checks	Totals	
						FY 12-13	FY 11-12
AES	NA	NA	NA	NA	9*	9	0
BES	10	4	2	4	3	23	35
EBES	21	6	1	15	4	47	44
LVES	24	12	4	12	6	59	65
Total Services						138**	144**

* Conducted at Kindergarten Round Up

** omits oral health numbers as they are reported under oral health

Child Care Quality

Investment: \$85,416

Child Signature Project (CSP)

Serves Inyo, Mono & Alpine Counties

Funded by First 5 California (\$33,838)

Conducted by Inyo County Superintendent of Schools

Comprehensive Approaches to Raising Educational Standards (CARES)

Conducted by First 5 Mono

Child Signature Project

- **Target: Preschool Classrooms**
- **Objectives:**
 - Assess child care centers for quality indicators
 - Create an improvement plan for each site
 - Track implementation of goals
- **Participation:**
 - Inyo: 12 classrooms (9 sites)
 - Alpine: 1 classroom
 - Mono: 3 classrooms
 - Coleville State Preschool
 - Lee Vining Head Start/State Preschool
 - Mammoth Head Start
- **Activities:**
 - All sites began the process of developing Improvement Plans.
 - The following objective was established and completed in all Mono County Sites' Improvement Plans:
 - Teachers will complete the online training titled: "Kids and Smoke Don't Mix."

CARES

Comprehensive Approaches to Raising Educational Standards
(CARES) Child care provider training

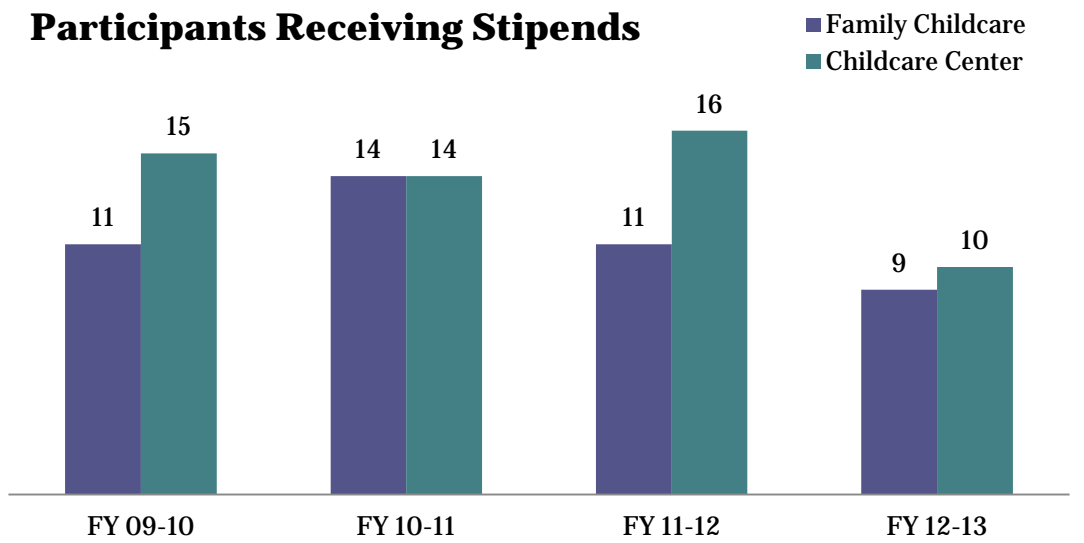


Mono County CARES Program

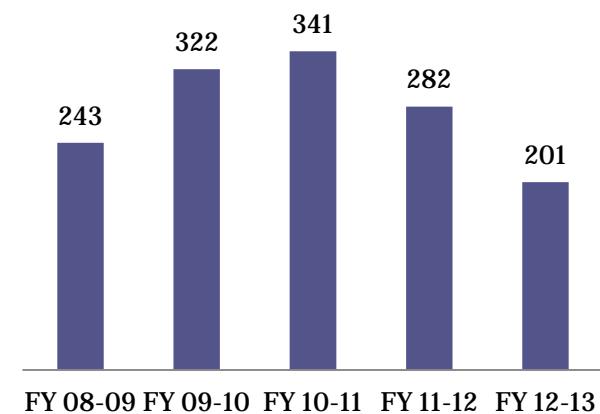
FY 2012-13

- **Target:** Child care providers
- **Objectives:**
 - Increase child care providers' understanding of child development
 - Provide curriculum ideas for child care providers
 - Increase the quality of child care environments

Participants Receiving Stipends



Children served by CARES Participants



Oral Health

Investment: \$12, 556

Funding support from First 5 California Small County Augmentations (\$8,036)

Oral health education, checks, and fluoride varnish application

Conducted & funded by First 5 Mono

Oral Health

- Target: Preschool aged children
- Purpose:
 - Provide semi-annual fluoride varnish application to all Mono County Children 1-5 not receiving services from a dentist
 - Educate children and parents about oral health
- Provide free toothbrushes to families to help maintain good oral health
- Participation:

Location	Oral Health Checks & education	Fluoride Varnish	Total Services Provided
Preschools/Child Care Homes/Story Hour	157	75	232
Peapod	45	11	56
Kindergarten Round Up	71	65	136
Birth-to-Five Health & Safety Fairs	31	28	59
FY 2012-13 Totals	304	179	483
FY 2011-12 Totals	408	175	583
FY 2010-11 Totals	215	159	374

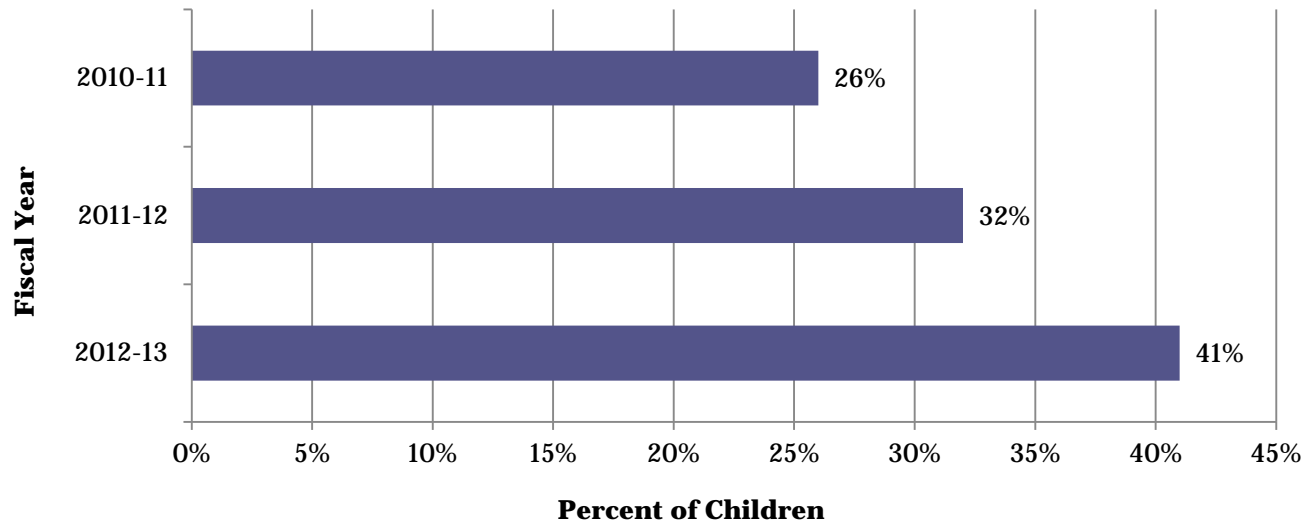
Results and Indicators

Mono County children 0-5 are educated to their greatest potential.
All Mono County Children 0-5 are healthy.

Result : *Mono County children 0-5 are educated to their greatest potential.*

Indicators

- Number and percent of children in households where parents and other family members are receiving child-development and parenting education.
 - **367, 41%**



[Source: Children in commission-run programs with child-development education component/children birth to five in Mono County, 2010 US Census (893)]

Result: *Mono County children 0-5 are educated to their greatest potential.*

- Number and percent of children 6 months to 5 years old screened for developmental delays. **140, 16%**
[Source: Children in commission-run programs with developmental screenings/children birth to five in Mono County, 2010 US Census (893)]
- Number and percent of children served in home child care settings and childcare centers that exhibit moderate to high quality as measured by a quality index.
Not available as no quality indexes were administered.
- Number and percent of licensed child care providers in Mono County advancing on the Child Development Permit Matrix. **19, 82%**
[Source: Providers in the CARES program/ number of providers in the county list of licensed providers]
- Number and percent of licensed center and family child care spaces per 100 children. **470, 53%**
[Source: number of spaces in the county list of licensed providers/ children birth to five in Mono County, 2010 US Census (893)]
- Number and percent of children “ready for school” upon entering Kindergarten. **57, 53%**
(FY 2011/12: 60%; FY 2010/11: 88%)
[Source: In-school teacher surveys]
- Number and percent of children who have ever attended a preschool, Pre-K, or Head Start program by the time of Kindergarten entry. **24, 42%** (49% reporting)
(FY 2011/12: 54%, FY 2010/11: 77%)
[Source: Summer Bridge Parent Surveys]
- Number and percent of children receiving Kindergarten transition support. **105, 91%**
(FY 2011/12: 91%, FY 2010/11: 85%)
[Source: number of assessments or bridge enrollment (whichever is higher)/ number of children on the first day of kindergarten]
- Number and percent of entering Kindergarteners assessed for school readiness prior to entry. **92, 80%** (FY 2011/12: 77%, FY 2010/11: 85%)
[Source: number of assessments/number of children on the first day of Kindergarten]

Result: *All Mono County children 0-5 are healthy.*

- Number and percent of children where breastfeeding is successfully initiated and sustained. In Welcome Baby! (percentage calculated using the number of moms receiving a visit at each interval):
54, 93% initiated (40% reporting)
31, 66% sustained to 6 months (33% reporting)
22, 61% sustained to 12 months (25% reporting)
 [Source: Welcome Baby! Program/US Census projected births FY 2012-13 (144)]
- Number and percent of children 0 to 5 years of age who are in the expected range of weight for their height and age, or BMI. **Not available**
- Number and percent of children who regularly access preventive dental care. **Not available**
- Number and percent of children at Kindergarten entry with untreated dental problems. **27, 46%** (43% reporting)
 [Source: Kindergarten Round Up oral health assessments/ number of Students on the first day of kindergarten]
- Number and percent of prenatal women who receive dental hygiene education. **39, 27%** (FY 2011/12: 36%; FY 2010/11: 14%)
 [Source: Number of prenatal WB! Visits/number of projected births US Census FY 2012/13]
- Number and percent of children ages 1 or older who receive annual dental screenings. **Not available**
179, 20% of Mono County children b-5 received at least one application of fluoride varnish via F5M programs. (20% FY 2011/12)
304, 34% of all Mono County children b-5 received oral health education via F5M programs. (46% FY 2011/12)
 [Source: 893 children birth to five in Mono County, 2010 US Census]
- Number and percent of children in families provided with information about appropriate community services. **367, 41%** (FY 2011/12: 32%; FY 2010/11: 26%)
 [Source: children participating in commission-run programs with community service referral component/children 0-5 in Mono County, US Census 2010]