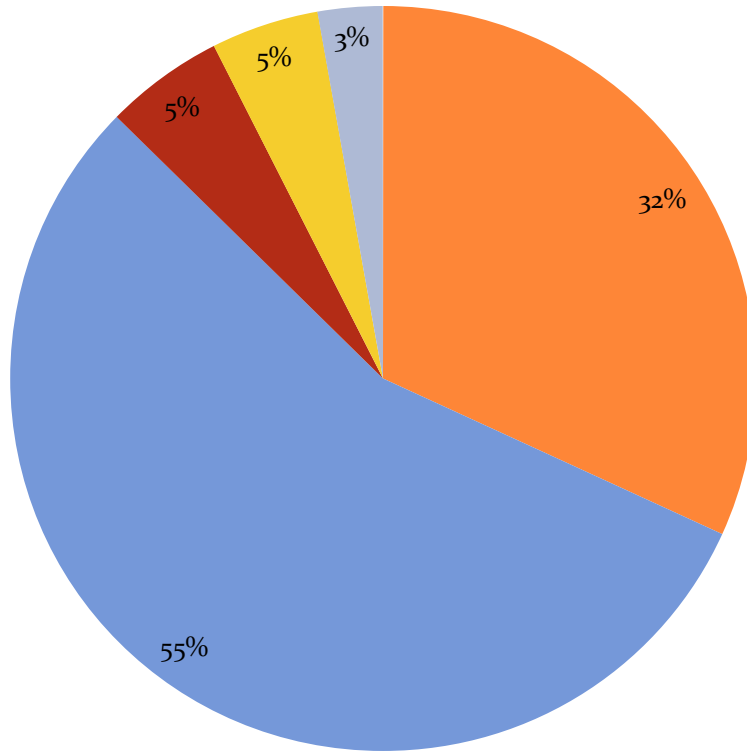


# First 5 Mono County

FY 2011-2012 Program  
Participation and Outcomes

# Overall Participation in Commission-Run Programs FY 2011-2012

Welcome Baby! = 136    Peapod = 237    Little Feet = 22  
Teeter Tots = 20    Tiny Toes = 12



Children served by Commission-run programs: **289**  
(235 in FY 2010-11)

Children served by multiple programs: **66**  
(53 in FY 2010-11)

# Home Visiting

- **Target:** Parents and children prenatal to 1 year old
- **Purpose:** Support parents and share information about: emotional, language, motor, and cognitive development; oral health; prenatal health; literacy; breastfeeding; local services; and parenting issues
- **Schedule:** Eight, 1-hour home visits prenatal to 12 months

Families Served: **136**, **87%** of  
children Birth – 1 in Mono County  
Source: CA birth data (156 births in 2011)



Provided by First 5 Mono County

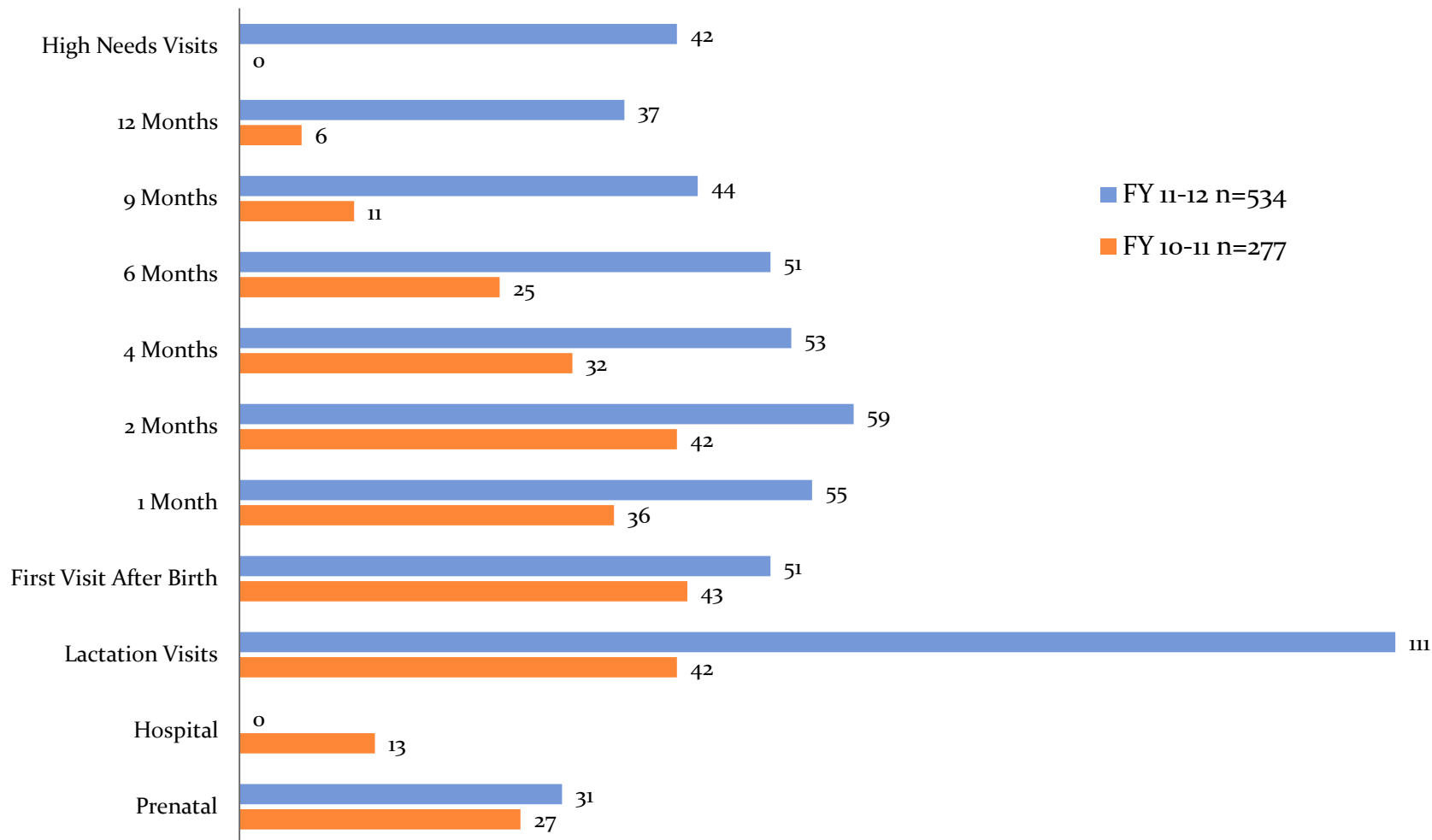
**FY 2011-12**

# Visits Provided



**FY 2011-12**

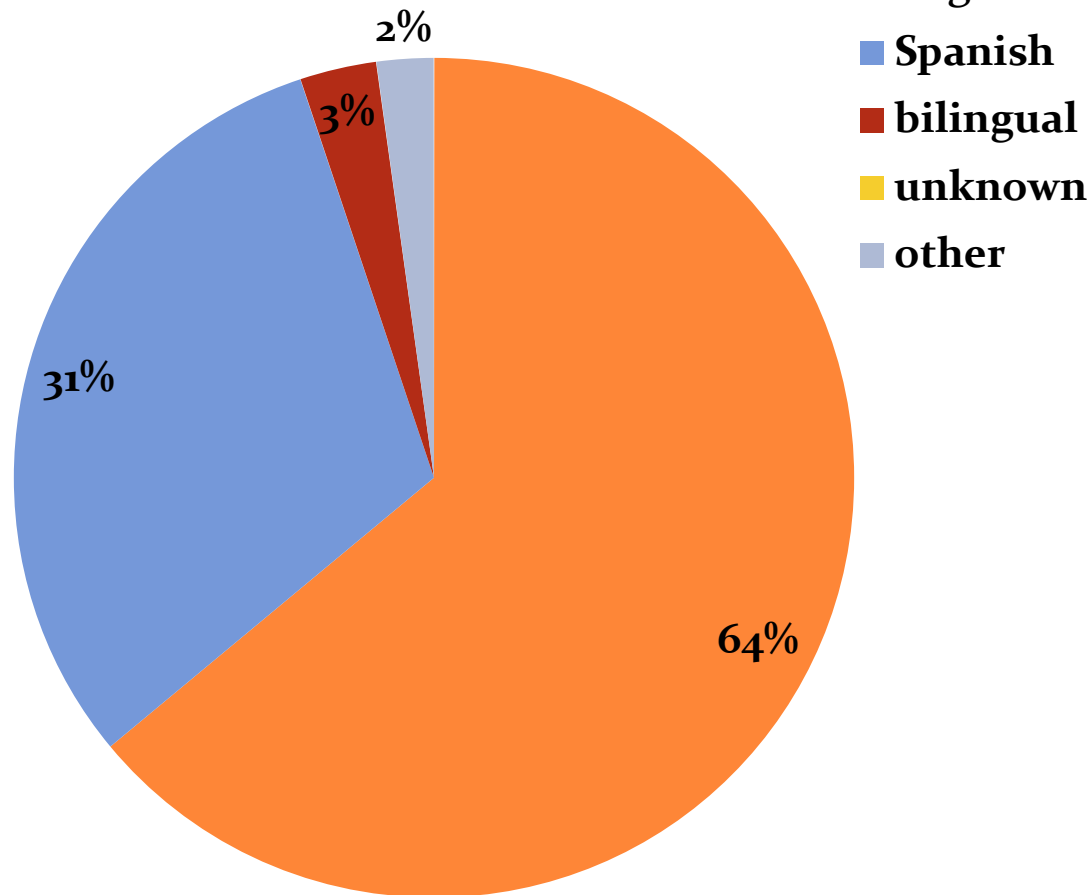
## Number of Visits Completed



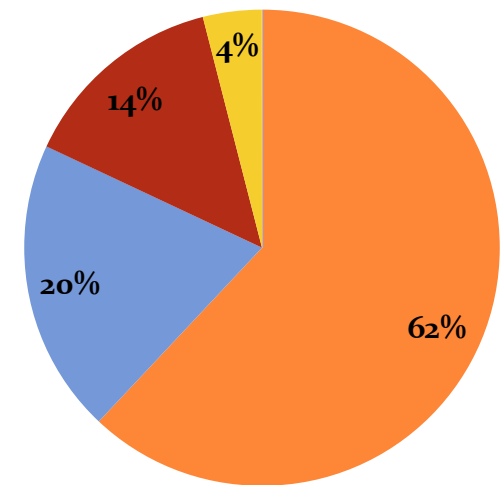
# Language Spoken In the Home



**FY 11-12  
n=136 Families**



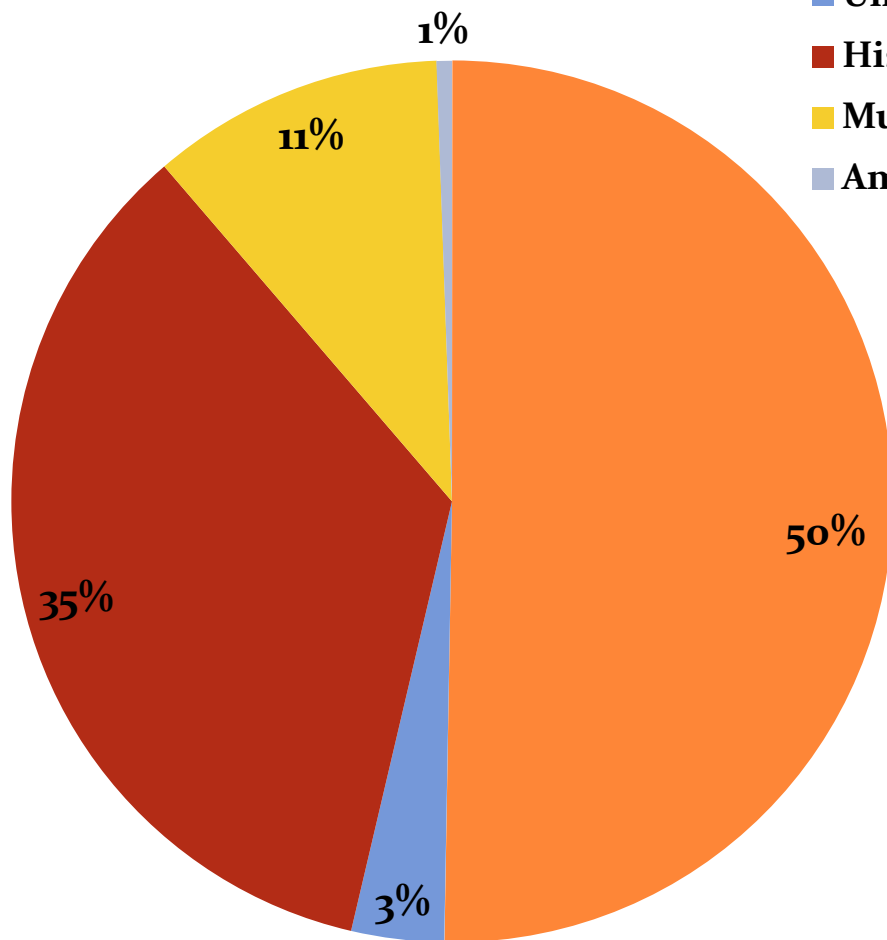
**FY 10-11  
n=100 Families**



# Child's Ethnicity

**FY 11-12**

**n=177**



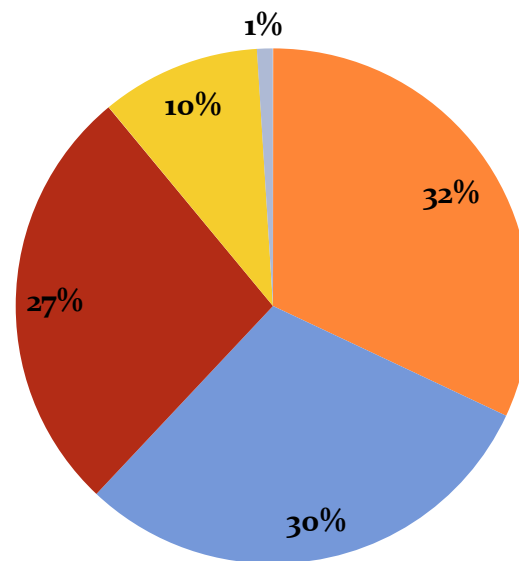
- White
- Unknown
- Hispanic
- Multiracial
- American Indian



**FY 2011-12**

**FY 10-11**

**n=100**



# Town of Residence



**FY 2011-12**

<b>Town</b>	<b>FY 10-11</b>	<b>FY 11-12</b>
<b>Mammoth Lakes</b>	<b>63</b>	<b>92</b>
<b>Crowley Lake</b>	<b>8</b>	<b>13</b>
<b>Lee Vining</b>	<b>5</b>	<b>4</b>
<b>Bridgeport</b>	<b>6</b>	<b>4</b>
<b>Twin Lakes</b>	<b>0</b>	<b>1</b>
<b>June Lake</b>	<b>3</b>	<b>4</b>
<b>Benton</b>	<b>2</b>	<b>2</b>
<b>Mono City</b>	<b>2</b>	<b>0</b>
<b>Walker/Coleville</b>	<b>1</b>	<b>1</b>
<b>Unknown</b>	<b>0</b>	<b>1</b>
<b>Total</b>	<b>100</b>	<b>136</b>

# Referrals



**FY 2011-12**

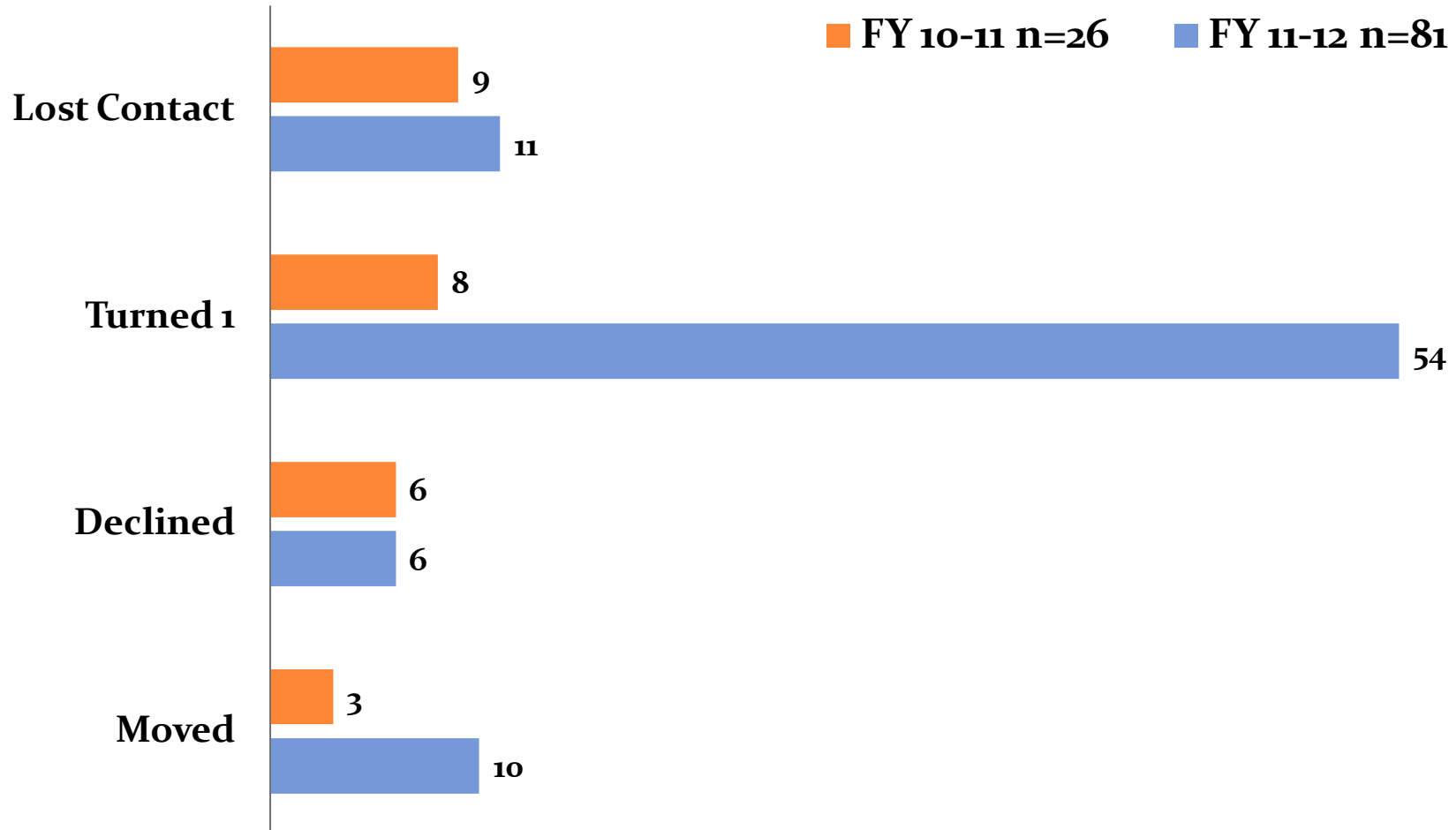
	FY 10-11		FY 11-12	
Agency or Activity	Referrals Made	Known Referrals Accessed	Referrals Made	Known Referrals Accessed
IMACA	1	0	0	0
Pediatrician	2	0	3	2
Early Start	3	1	2	1
Dentist	3	1	2	0
MC Health Dept.	4	2	4	4
MC Behavioral Health	7	2	5	4
Parent-Child Wkshp.	7	4	NA	NA
Café Mom	9	1	5	1
WIC	10	2	7	1
Library Story Hours	12	0	6	0
Peapod	27	7	12	7
<b>Total</b>	<b>82</b>	<b>20</b>	<b>46</b>	<b>16</b>
<b>Total Families Referred: 44</b>				



# Exit Reason



FY 2011-12



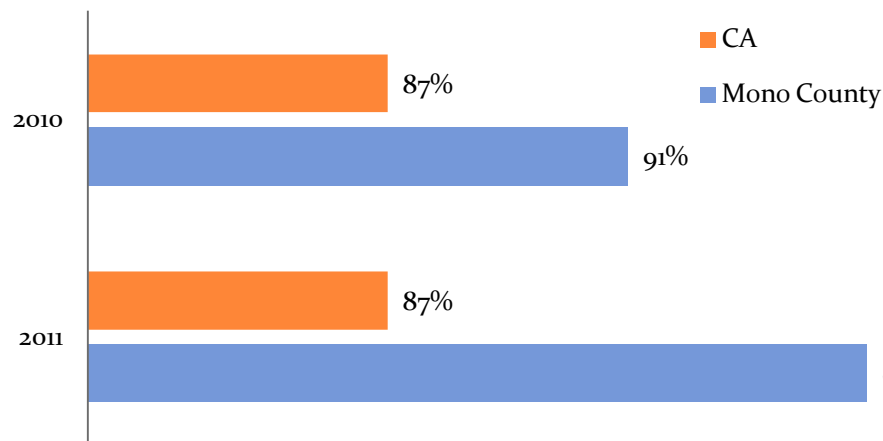
# Breastfeeding Statistics



Provided by First 5 Mono County

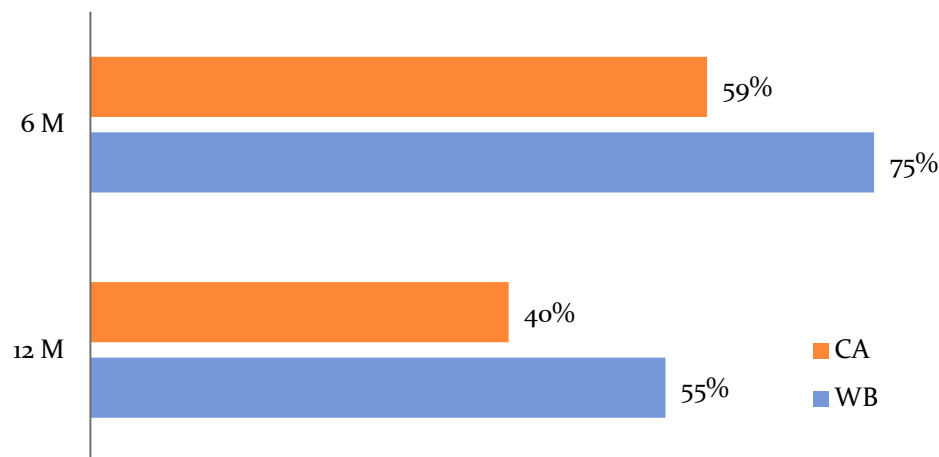
FY 2011-12

## Any BF at Birth



Source: CDC Breastfeeding Report Card, 2011; CDPH Data, 2012

## Any BF at 6 and 12 Months



Source: CDC Breastfeeding Report Card, 2011; WB! Statistics 2010-2011

# Peapod Playgroups

Partners: Mono County Behavioral Health and independent contractors

- **Target:** Parents and children, birth to 5 years old
- **Purpose:** Provide local support for parents and children to socialize (helping to address the mental health needs of parents), learn about community resources, acquire school readiness skills, and refer families to community resources, especially Mono County Behavioral Health
- **Schedule:**
  - Seven playgroups: Walker, Bridgeport, Lee Vining/ June Lake, Benton, Crowley Lake, Mammoth English and Mammoth Spanish
  - 10 week sessions of weekly playgroups
  - 3-4 sessions per year in each location

# Peapod Participation

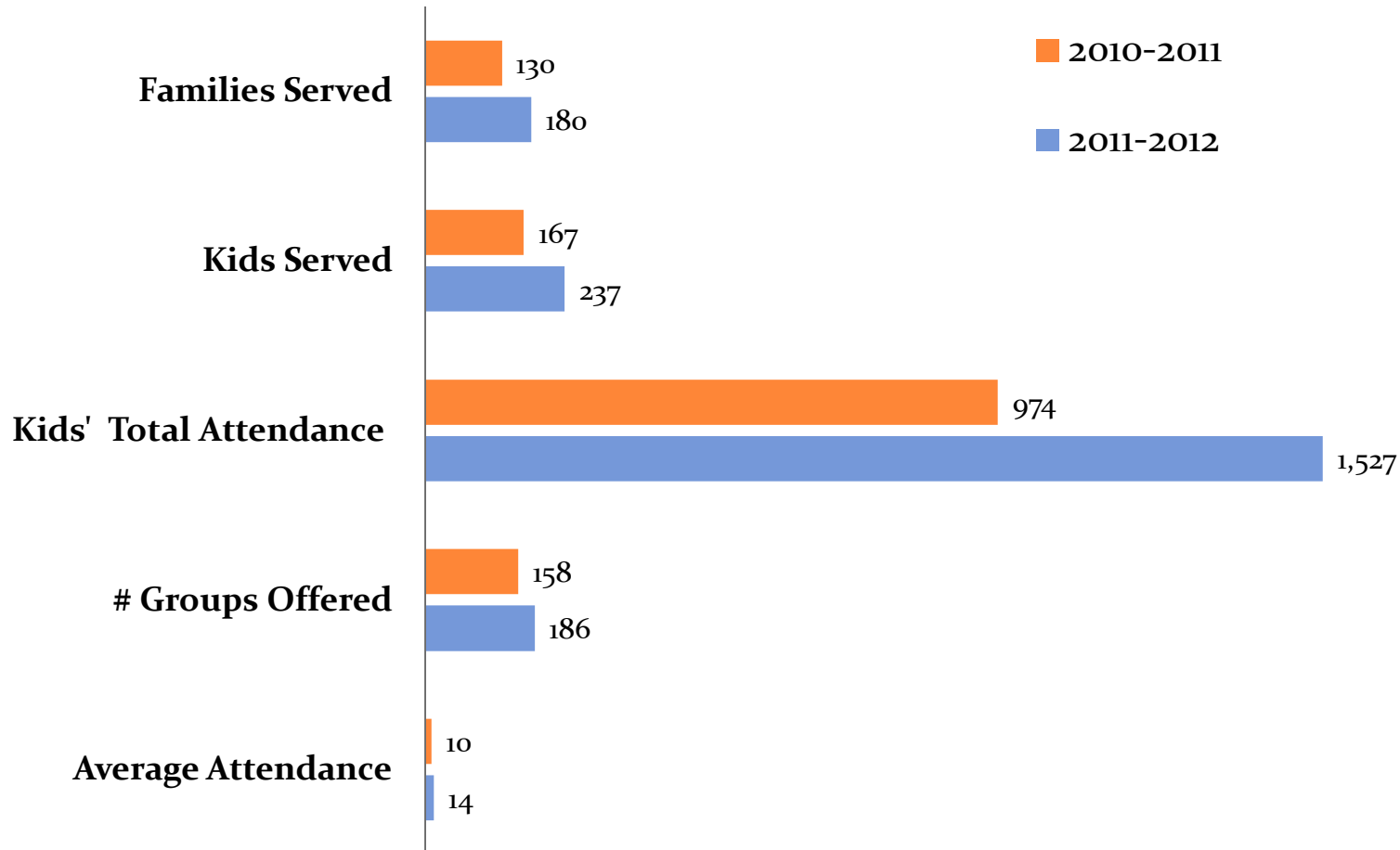
- Families Served: 180
  - Mammoth English: 82
  - Mammoth Spanish: 16
  - Crowley: 39
  - Lee Vining: 16
  - Benton: 8
  - Bridgeport: 19
  - Walker: Unknown
- Children Served: 237
- Groups Offered: 186
- Total Attendance (Children): 1,527
- Average Attendance: 14

Peapod  
FY 2011-12



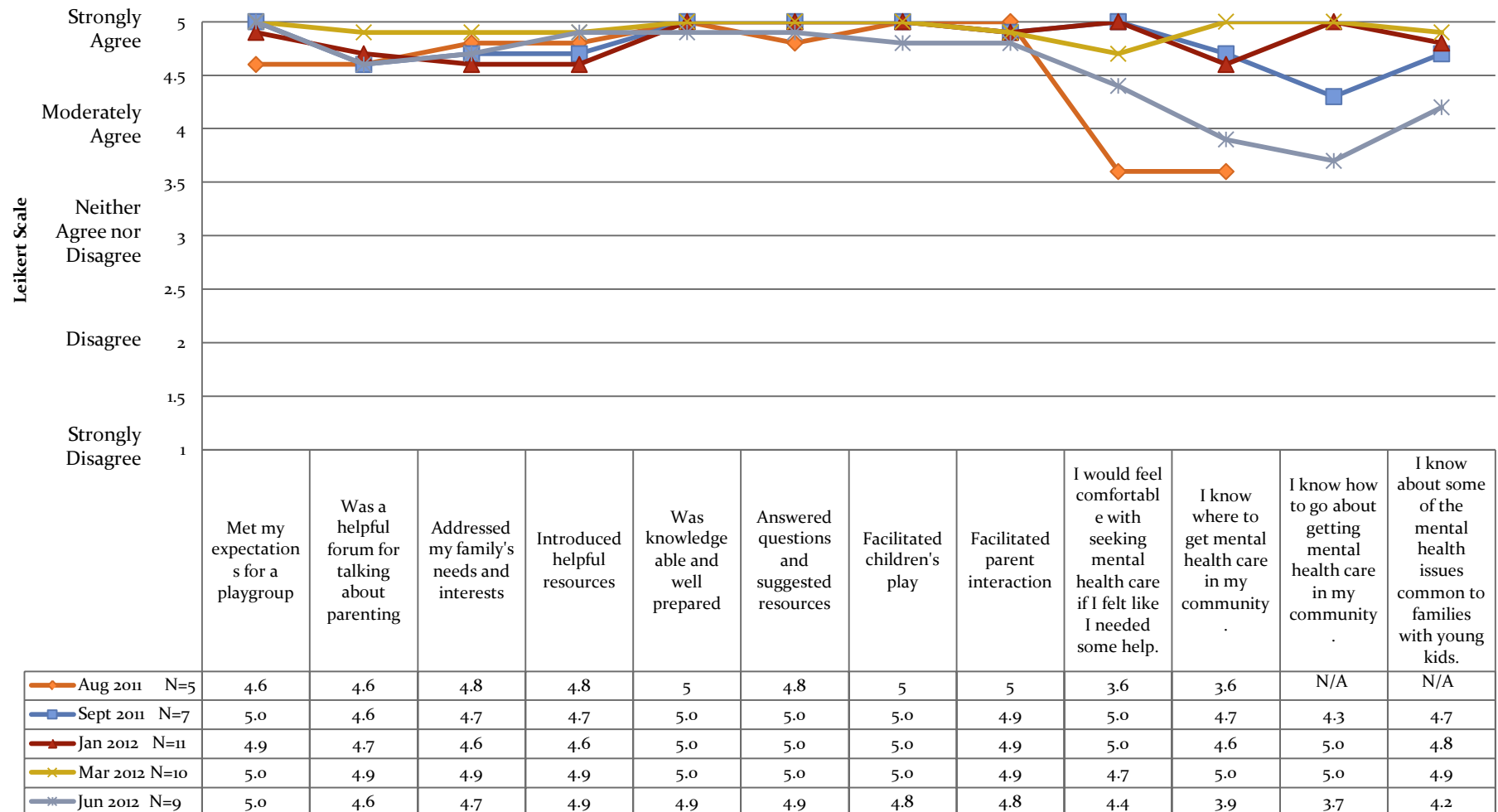
# Participation Comparison

Peapod  
FY 2011-12



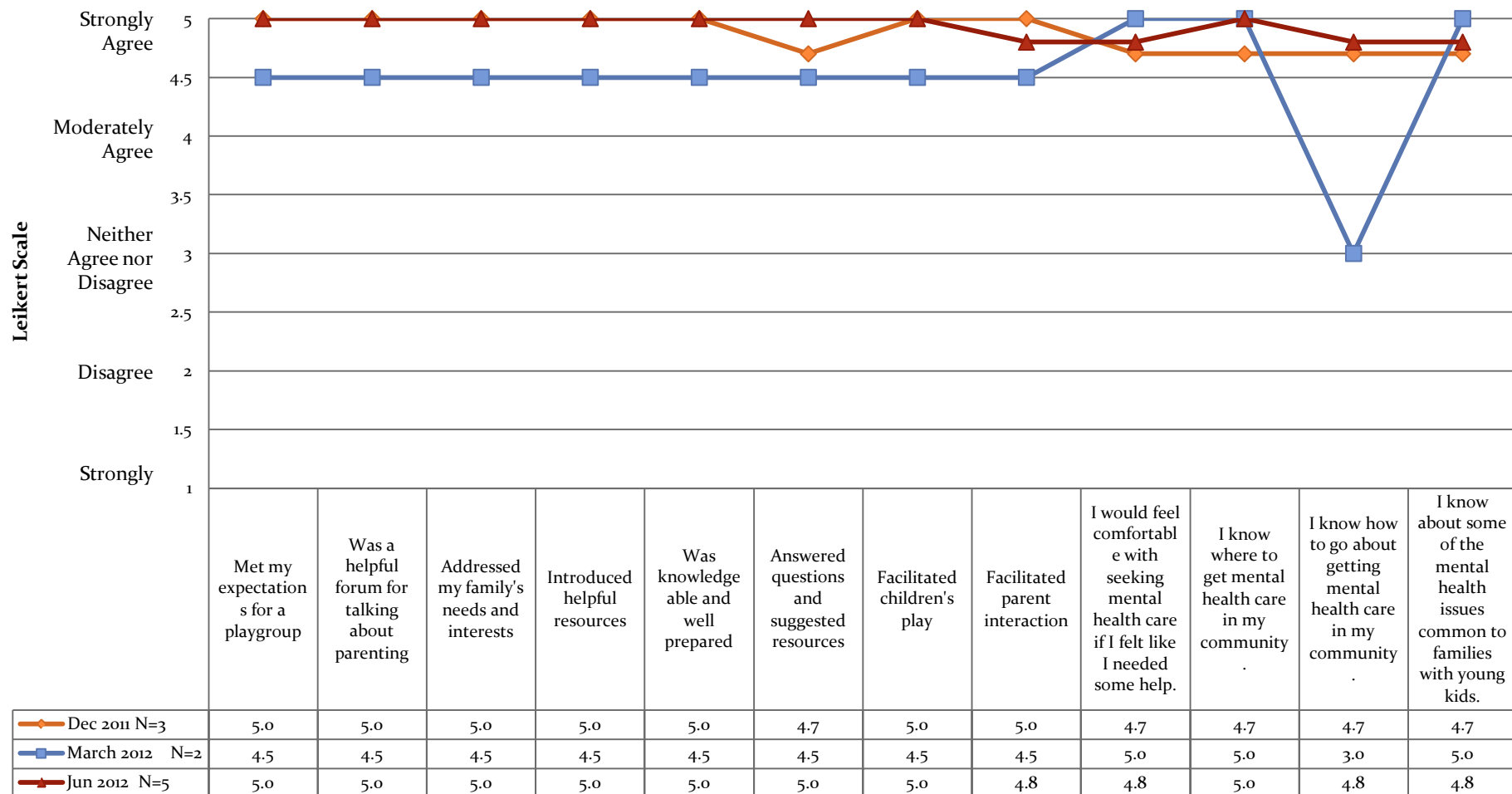
# Mammoth English Survey Averages

Peapod  
FY 2011-12

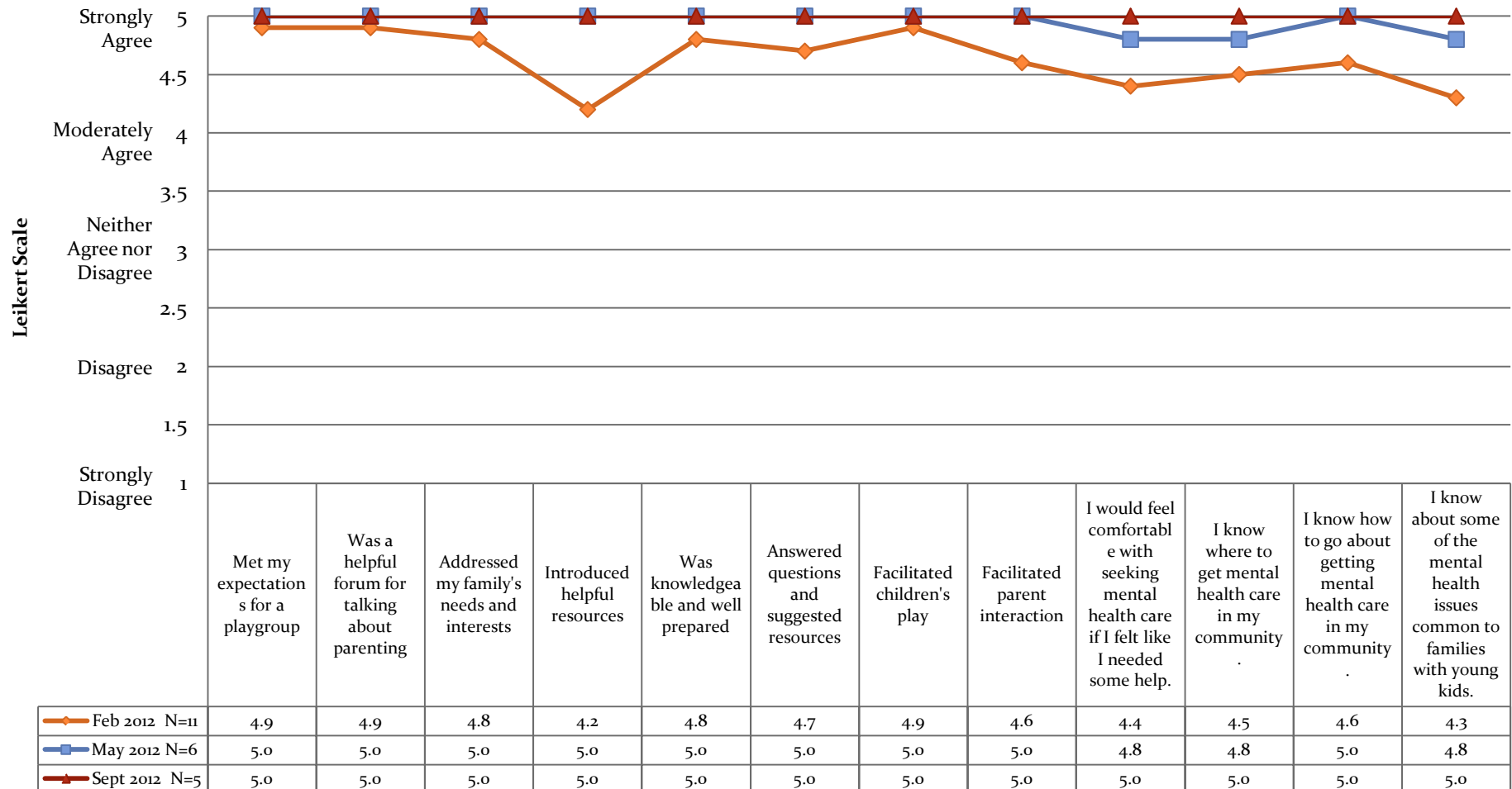


# Mammoth Spanish Survey Averages

Peapod  
FY 2011-12



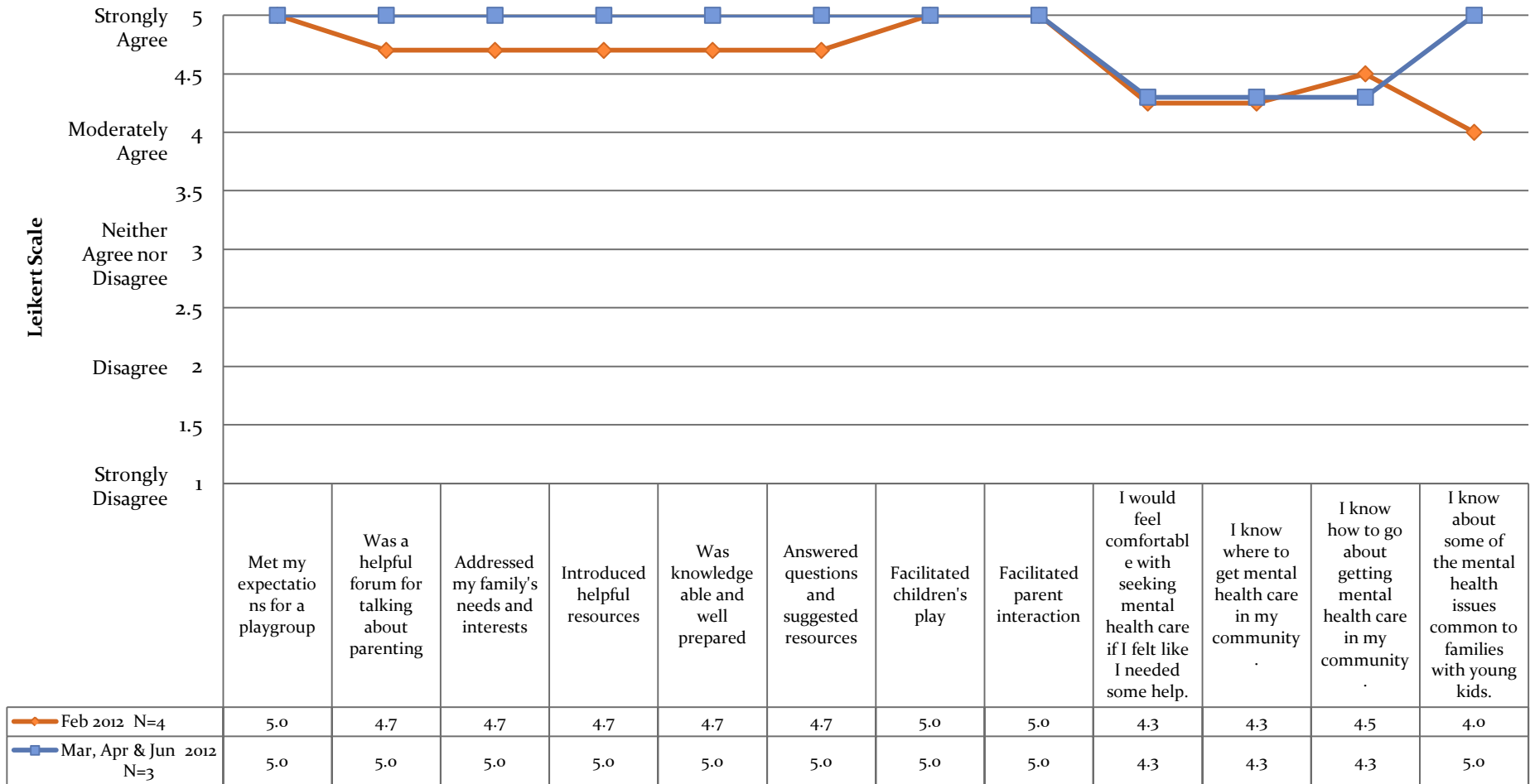
# Peapod FY 2011-12





# Bridgeport Survey Averages

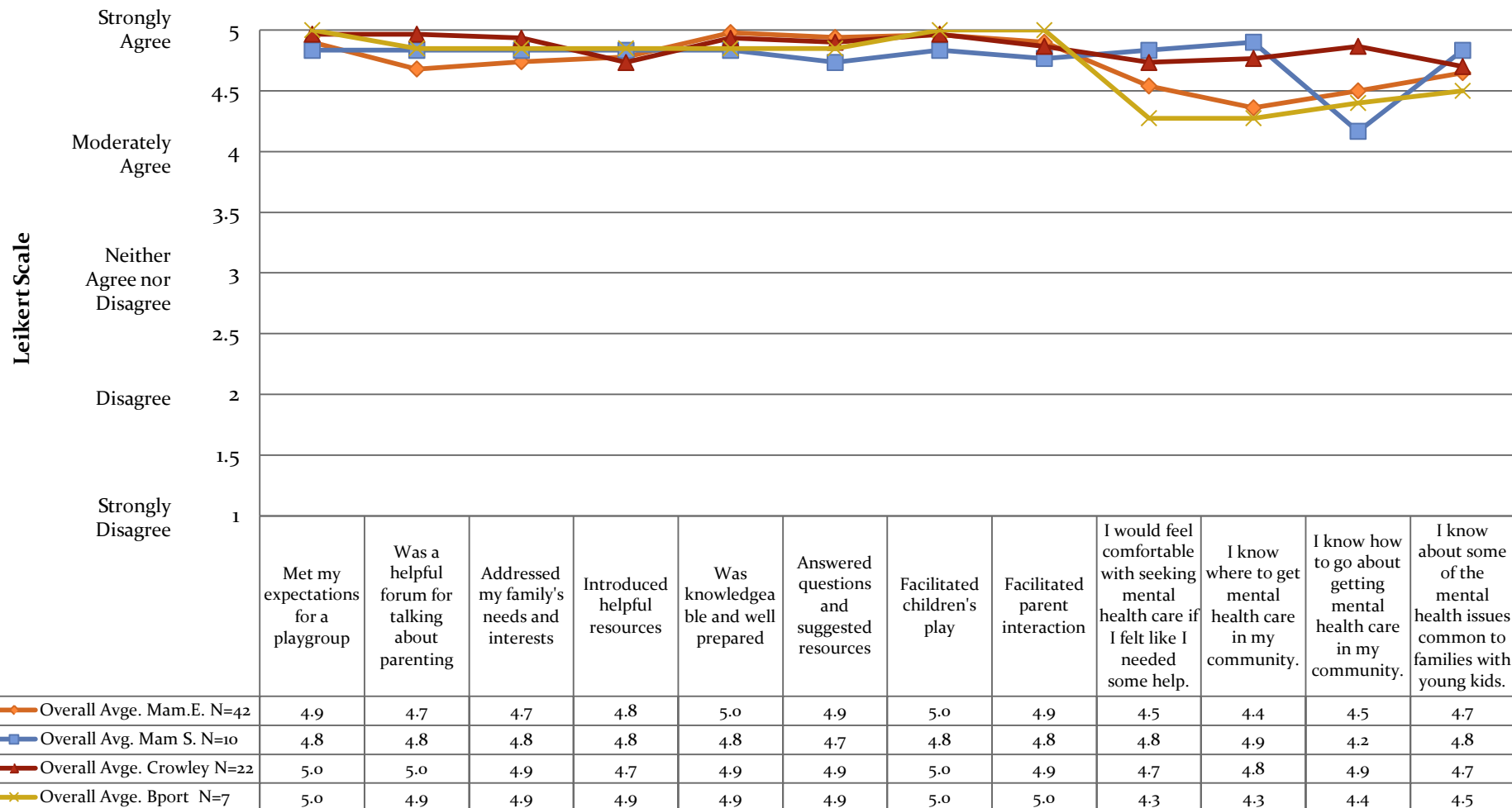
Peapod  
FY 2011-12



# Overall Survey Averages

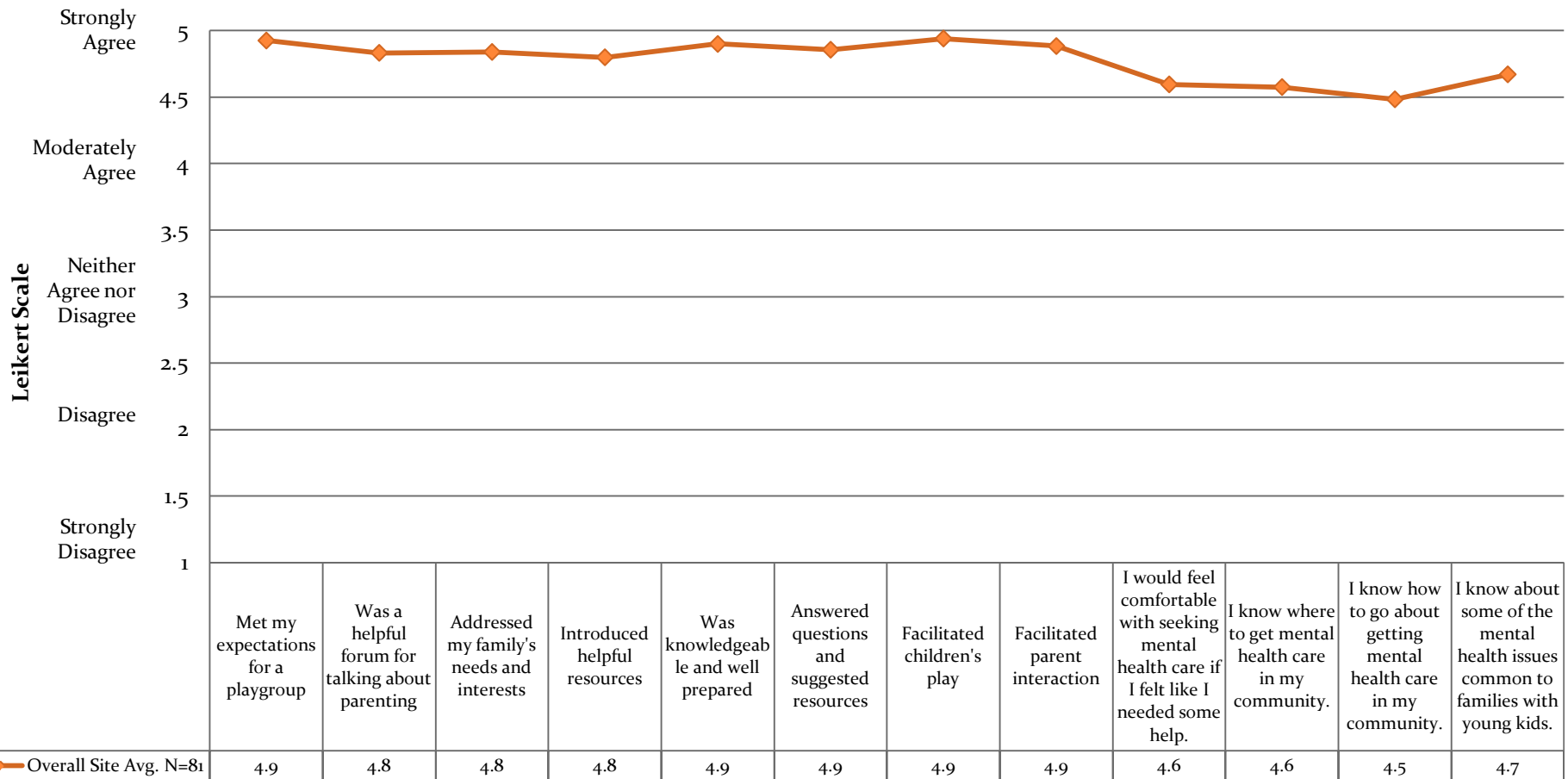
## Site Comparison

Peapod  
FY 2011-12



# Overall Survey Average

Peapod  
FY 2011-12



# Mono County Behavioral Health Referrals

Peapod  
FY 2011-12



- Number of families referred: **1**
- Number of families that received services: **1**
- Total number of sessions completed for referrals from Peapod Playgroups and Home Visiting (5 families): **19**

# Comments and Strengths

What were the strong points of the playgroups?

Peapod  
FY 2011-12



- Great chance for kids to play and parents to meet.
- The children play well together and are encouraged both individually and as a group. The activities are great for all ages.
- Getting to talk to other parents about parenting & childcare.
- Great social interaction for children and parents. Lot of community information, activities.
- We like talking to other parents about issues. And we love singing and the parachute.
- Interacting with all the other parents and kids, learning new songs and things from handouts.
- Giving my child a chance to interact with other kids. Introduced new games and ideas for us.
- Being able to meet other parents.
- Wonderful leadership, very welcoming

# Comments and Strengths, cont.

What were the strong points of the playgroups?

Peapod  
FY 2011-12



- The leader is active and helps everyone with daily situations. (trans. from Sp)
- The leader's help is very proactive and supports the activities. (trans. from Sp)
- Playing more with my son and teaching him to be more organized with his toys. (trans. from Sp)
- Promote community resources more. (trans. from Sp)
- Maybe to have a better turn out for the Spanish playgroup in the winter would be a purchase of a van in collaboration with other local agencies to share for the benefit of the community that needs transportation if resources are short.

# Parent-Child Workshops

- Little Feet
  - **Target:** Parents and 2-5 year olds
  - **Purpose:** Dance and movement class
  - **Schedule:** 1 hour weekly for six weeks
- Teeter Tots & Tiny Toes
  - **Target:** Parents and 16-month to 3-year-olds (**Teeter Tots**); Parents and birth to 1-year-olds (**Tiny Toes**)
  - **Purpose:** Workshop with an age-specific curriculum covering literacy, crafts, and socialization
  - **Schedule:** 1 hour weekly for six weeks



# Parent-Child Workshop Attendance

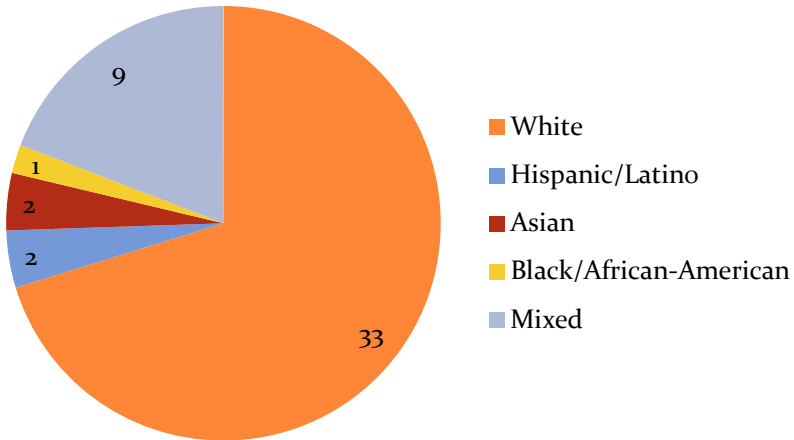
- Little Feet
  - November – December, 2011: 14
  - May – June, 2012: 12
- Teeter Tots
  - September – October, 2011: 12
  - February – April, 2012: 14
- Tiny Toes
  - January – February, 2012: 12



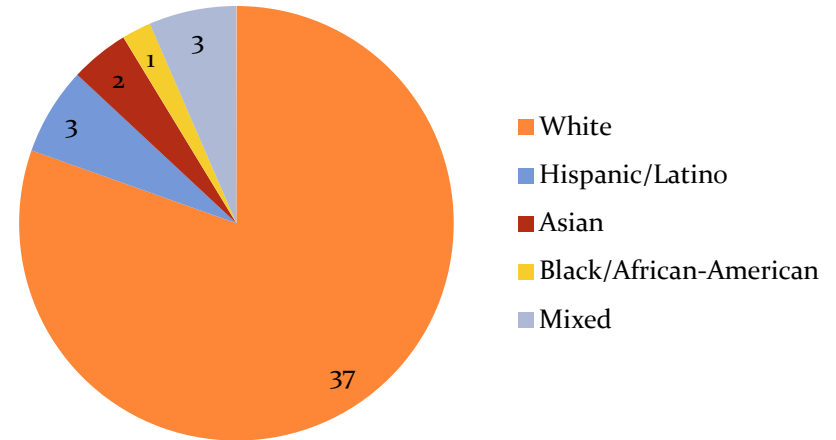


# Parent Child Workshop Language & Ethnicity

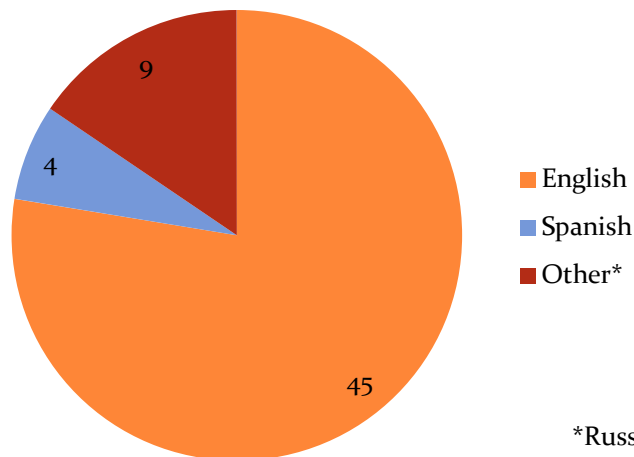
## Child's Ethnicity



## Parent's Ethnicity



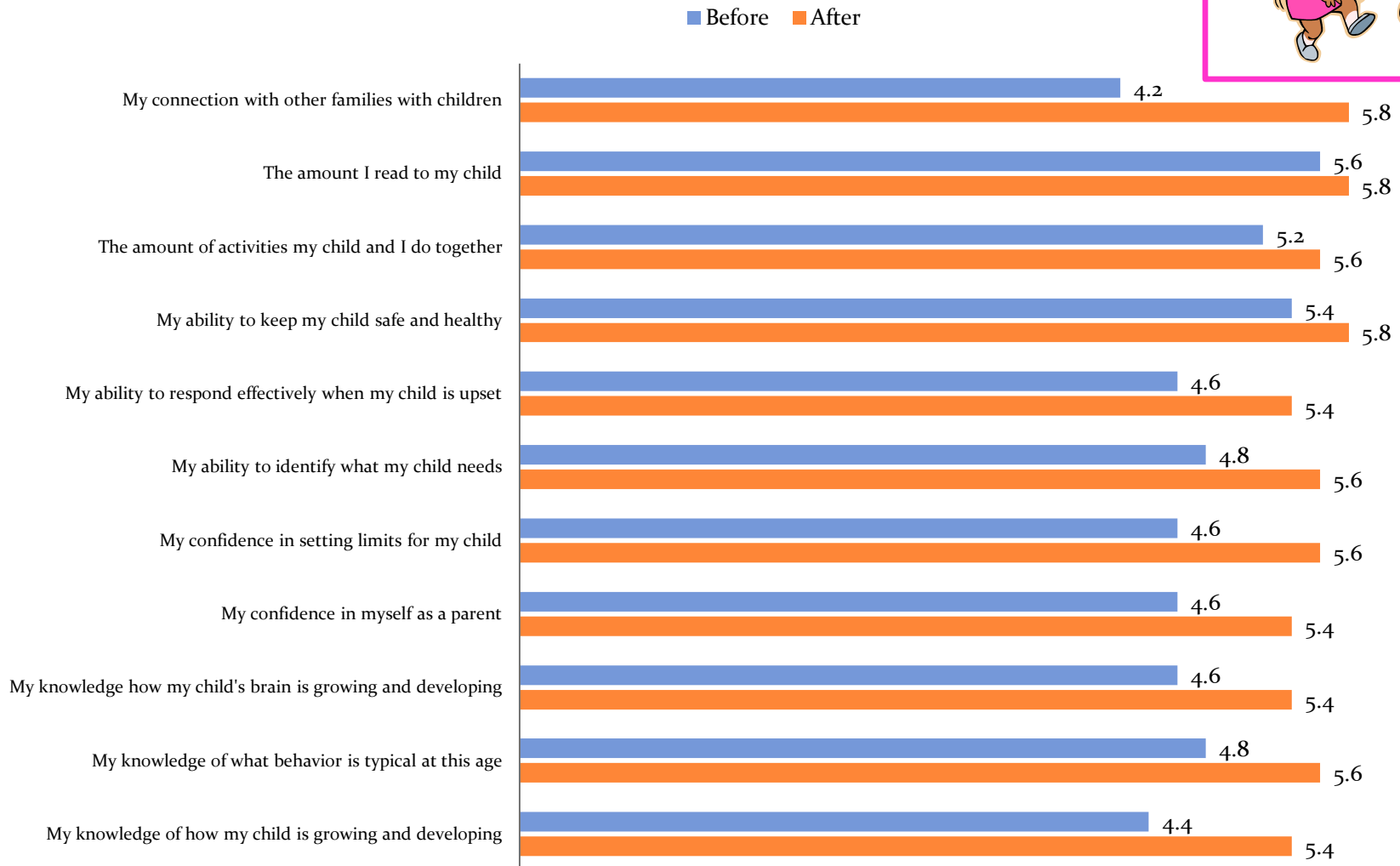
## Language



\*Russian, Portuguese, Gujarati

# Changes in self-assessed parenting skills before and after Little Feet

Little Feet  
FY 2011-12



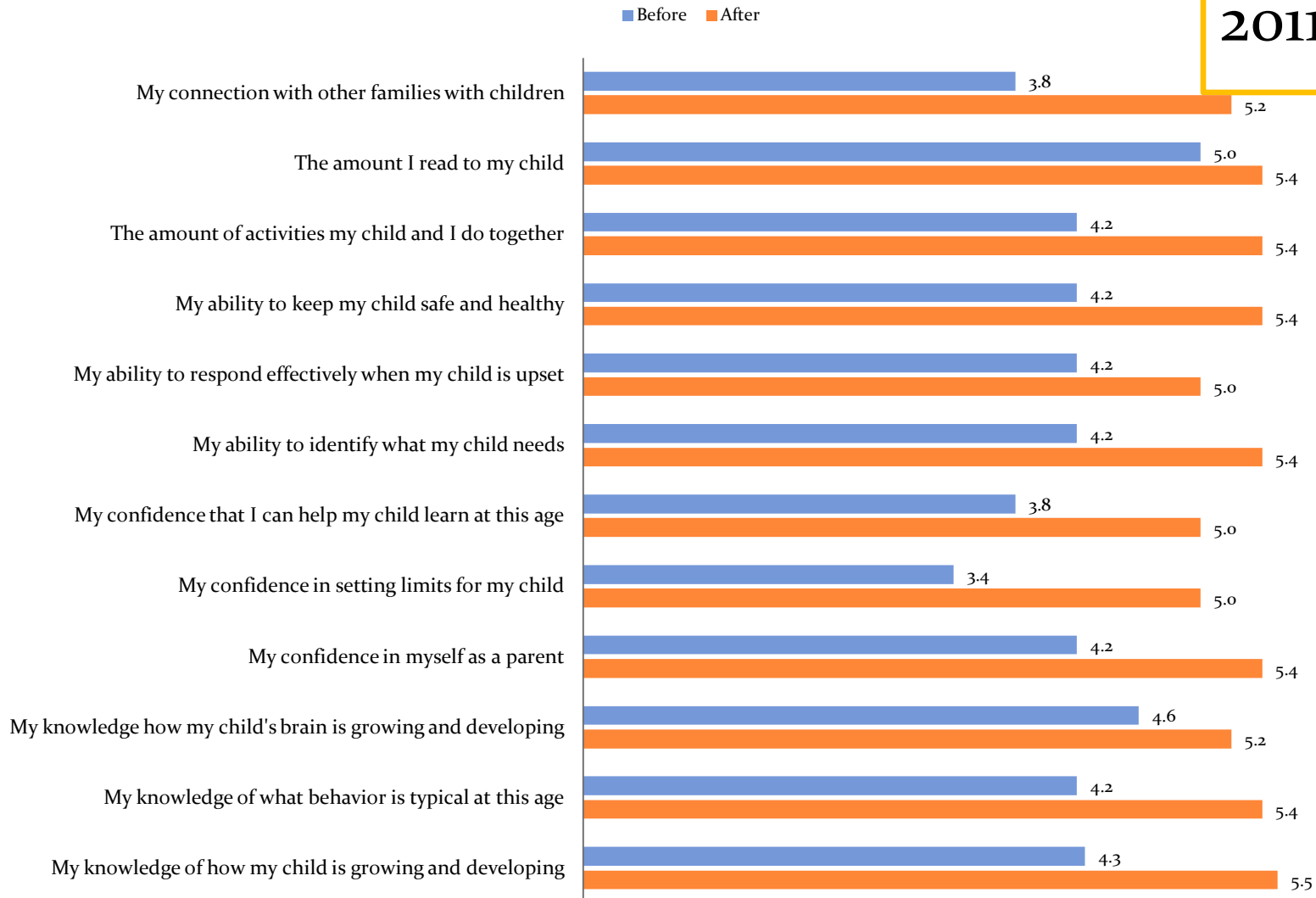
# Comments

Little Feet  
FY 2011-12



- Always love the way Elysia, Rocio, and the First 5 gang run their playgroups. Thank you for this valuable family opportunity.
- I'm just the nanny but I am very happy with this class and would bring my own kids if I had any.
- Thank you! We love Little Feet.
- Thank you for your support and help.

# Changes in self-assessed parenting skills before and after Teeter Tots



# Comments



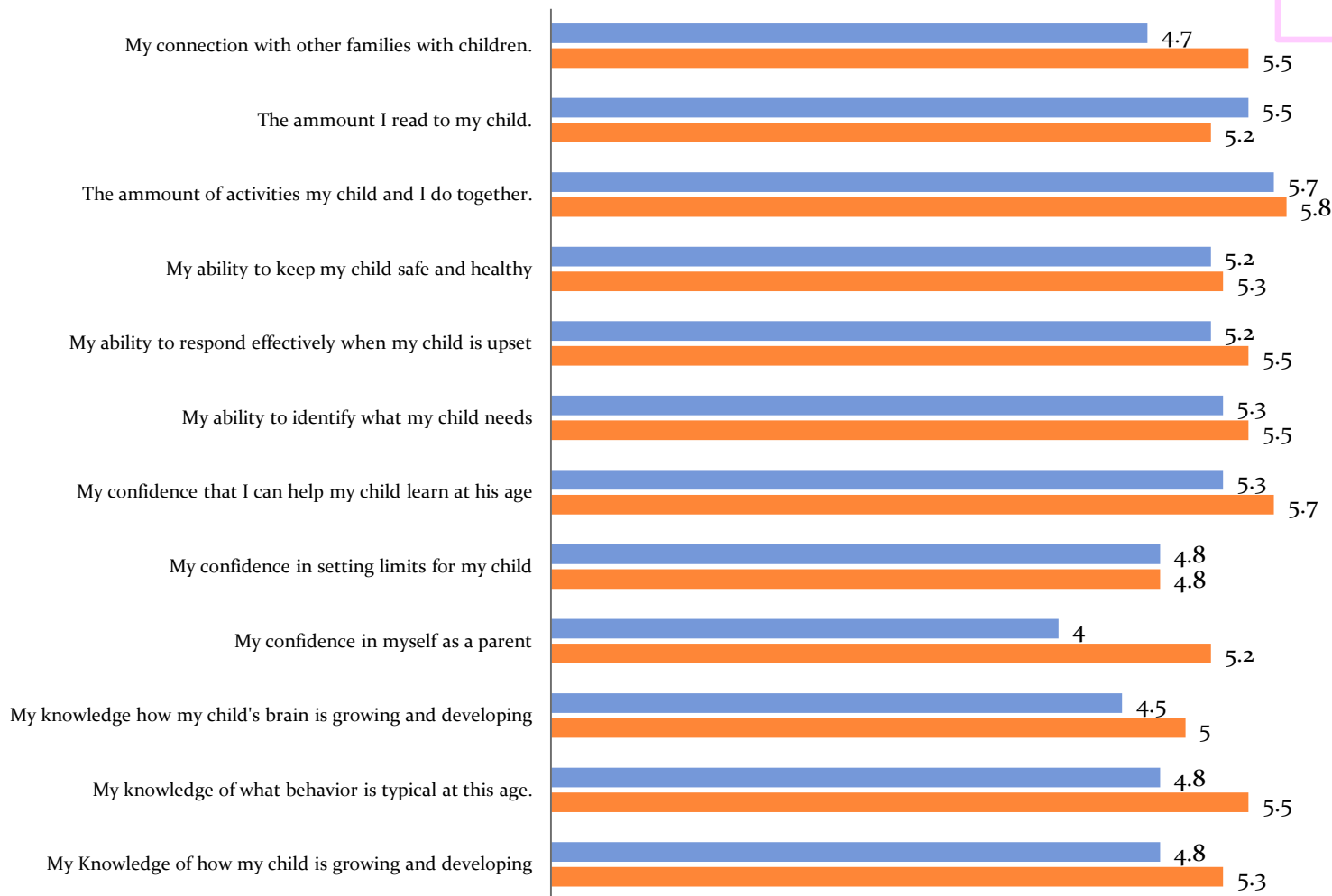
- I loved learning new songs to sing with my son. He absolutely loved them, and I did too.
- Lots of fun and learning soooo many things.
- Great way to keep on a schedule and interact and socialize with others.
- Made me a better parent.
- I'm more attentive.

# Changes in self-assessed parenting skills before and after Teeter Tots

Tiny Toes  
FY 2011-12



■ Before ■ After



# Comments

Tiny Toes  
FY 2011-12



## How has the program affected you as a parent?

- I've learned a lot about massage, yoga, and activities. It gave us more ideas and inspiration.
- Even though this is my 2<sup>nd</sup> child, I learned a lot I didn't know about baby massages.
- Gave me confidence in the changes he goes through, ex: teething, sleep cycles.
- Loved the baby massage and connecting with other parents.
- More aware of importance of interaction with other kids.

# Transition to School Activities

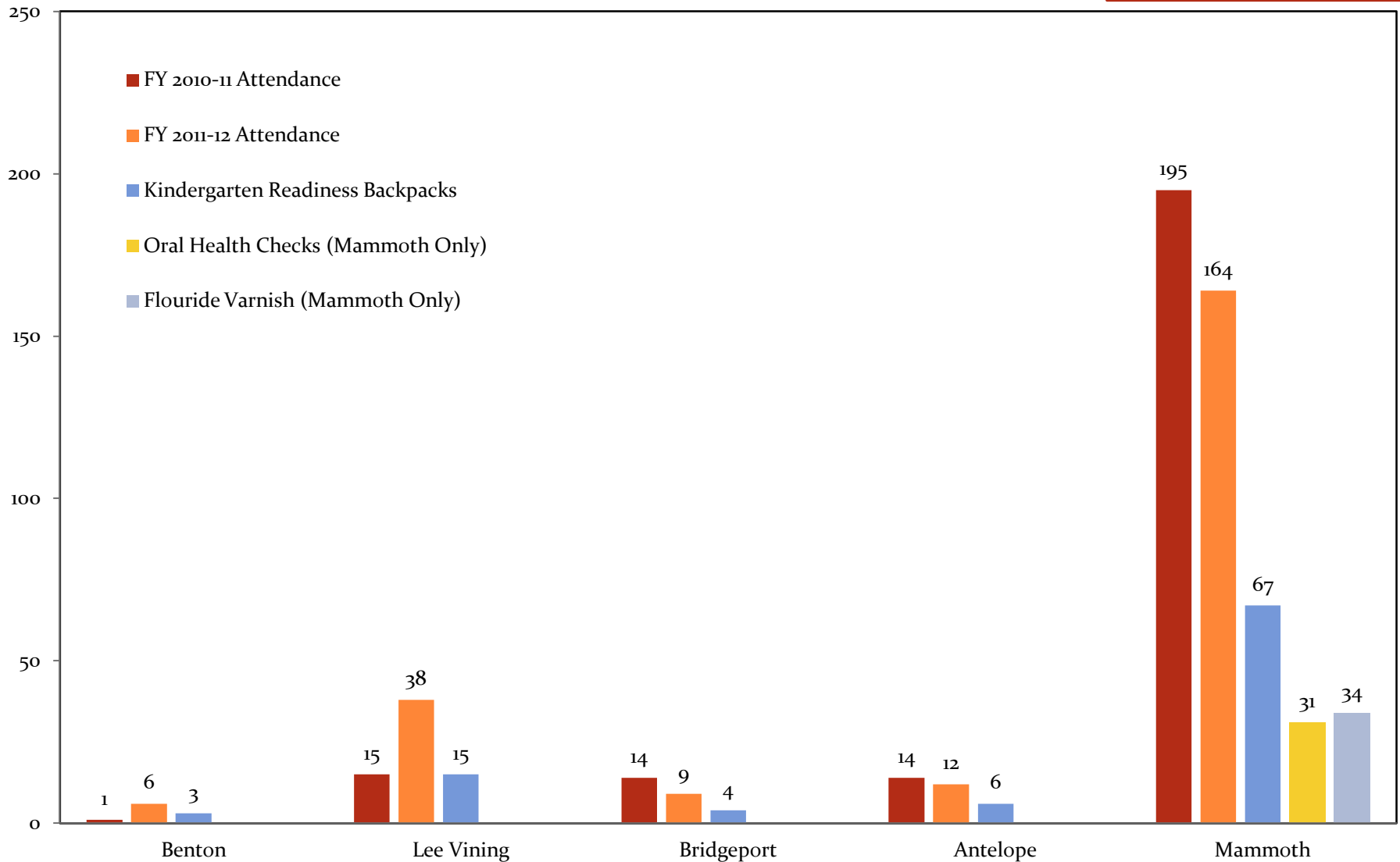
Partners: Mammoth and Eastern Sierra Unified School Districts

- Round Up
  - **Target:** All families with incoming Kindergartners
  - **Purpose:**
    - Meet the kindergarten teacher(s) and the principal
    - Get to know the elementary school sites
    - Receive oral health checks (Mammoth only)
    - Get registration packets and kindergarten survival kits (backpacks with school readiness supplies)
- Pre-Kindergarten Assessment
  - **Target:** All incoming kindergartners
  - **Purpose:** Assess school readiness to help determine eligibility for Summer Bridge—priority to children assessed as not kindergarten ready.
- Summer Bridge
  - **Target:** Children assessed as not kindergarten ready, and, as space provides, other incoming kindergartners
  - **Purpose:** Provide a 2 week, half-day program (in English and Spanish in Mammoth) with a certified teacher to help all children be ready for school on the first day of kindergarten.



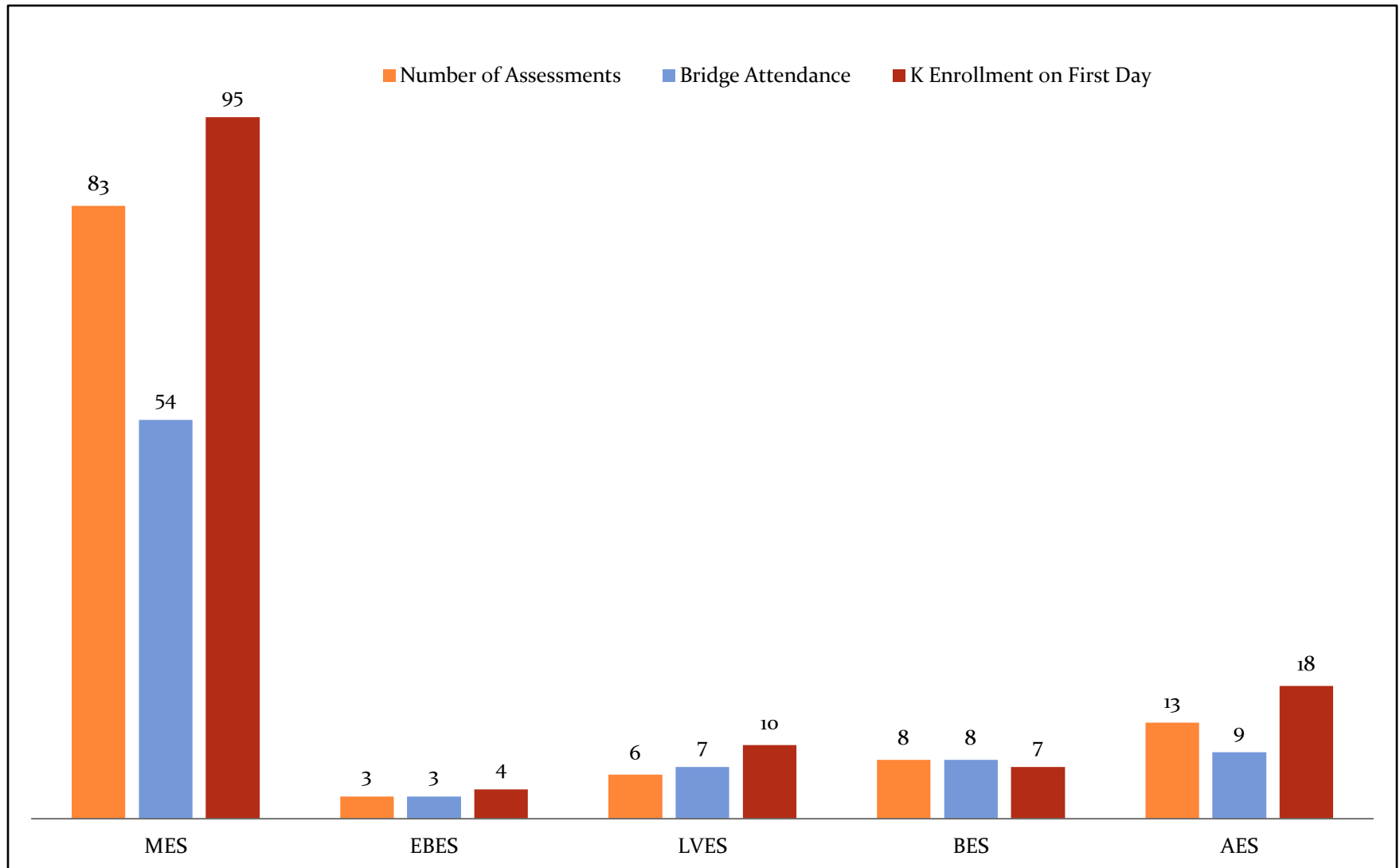
# K Round Up Attendance

Kindergarten  
Round Up  
FY 2011-12



# Transition to School Participation

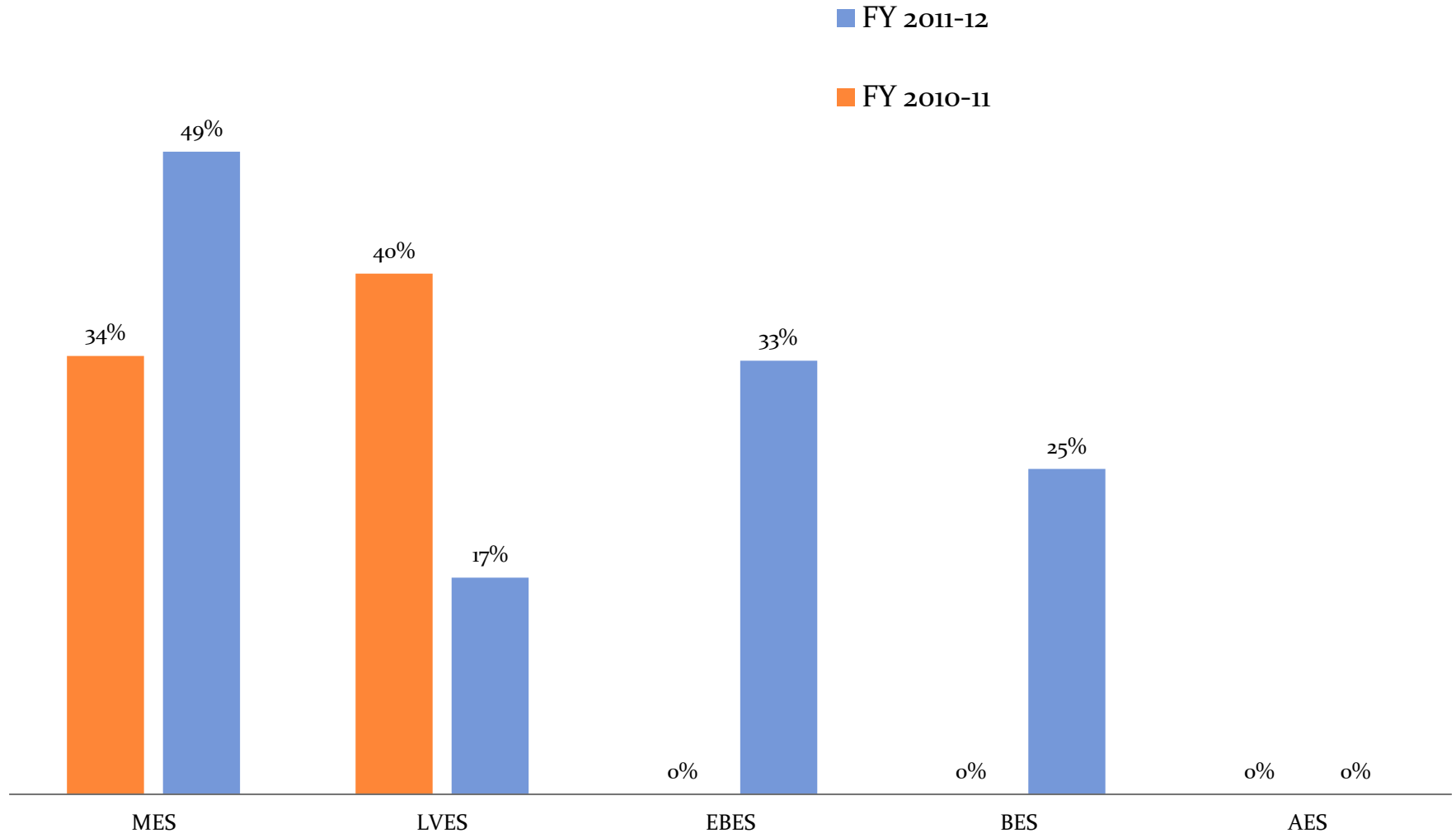
Kindergarten  
Assessments  
FY 2011-12



# Pre-K Assessments

## Students Assessed as “Not Ready”

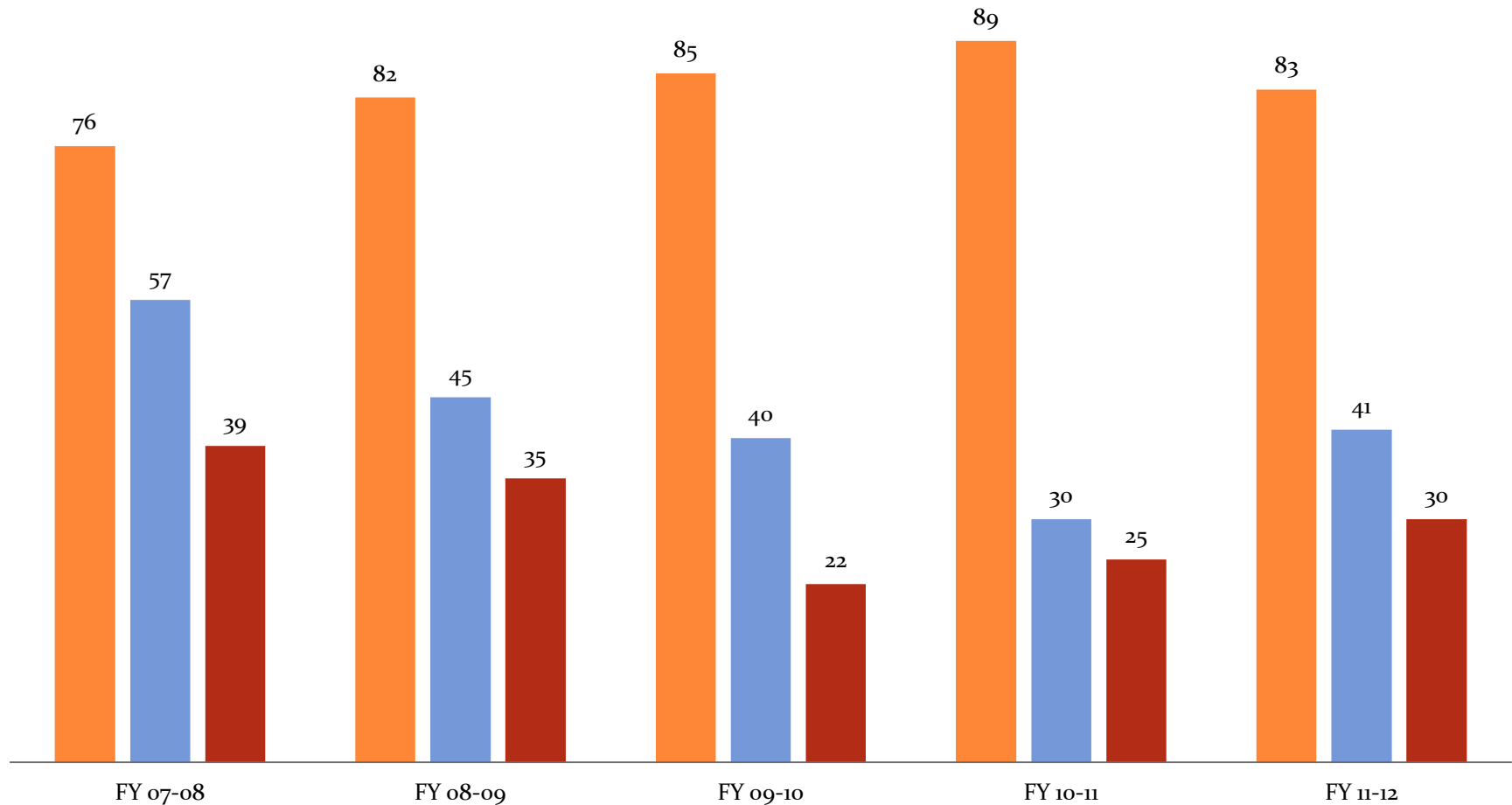
Kindergarten  
Assessments  
FY 2011-12



# MES Assessments 2007-2012

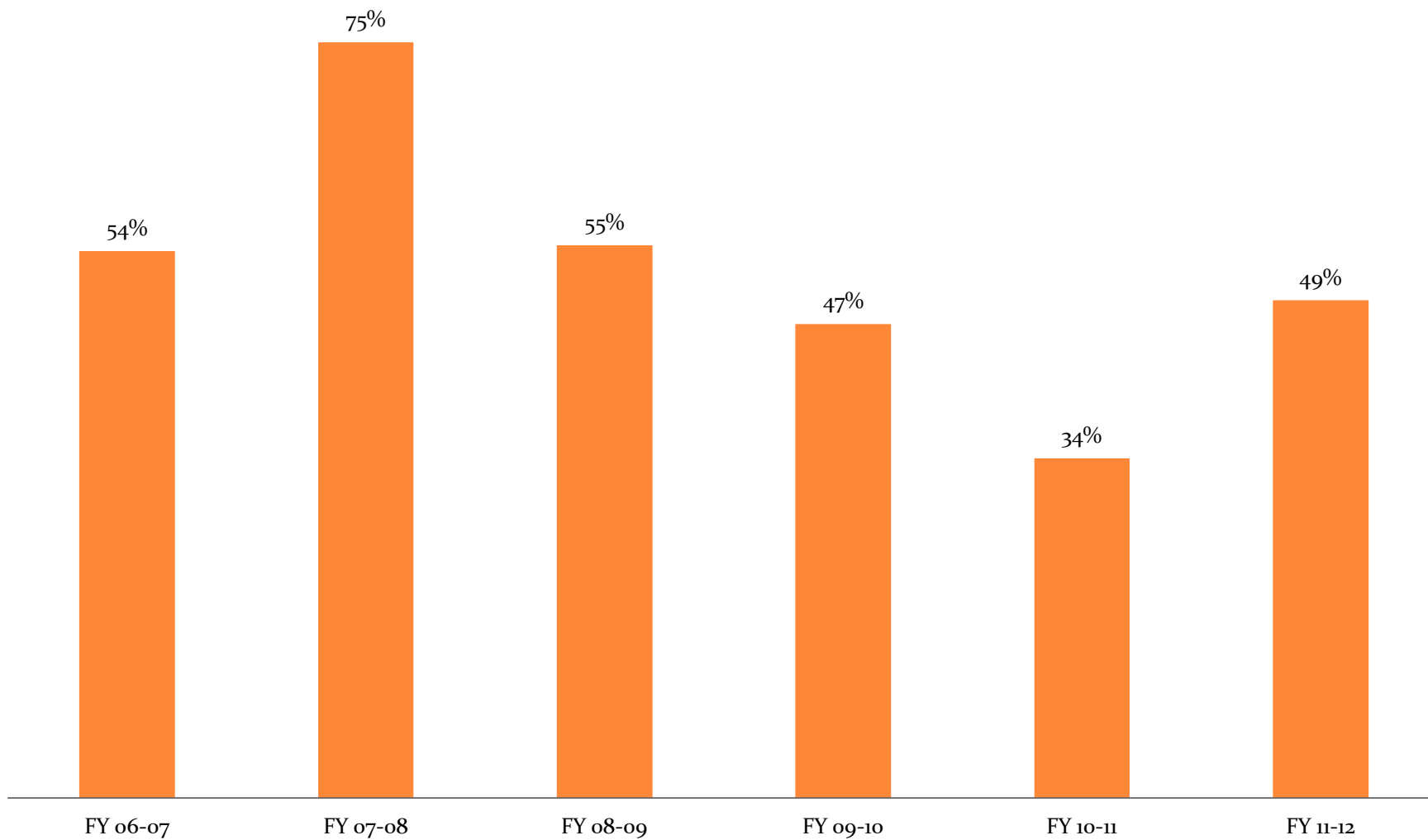
Kindergarten  
Assessments  
FY 2011-12

Number of Assessments    Assessed as Not Ready    Assessed as Not Ready and Attended Bridge



# MES Students Assessed as “Not Ready”

Kindergarten  
Assessments  
FY 2011-12

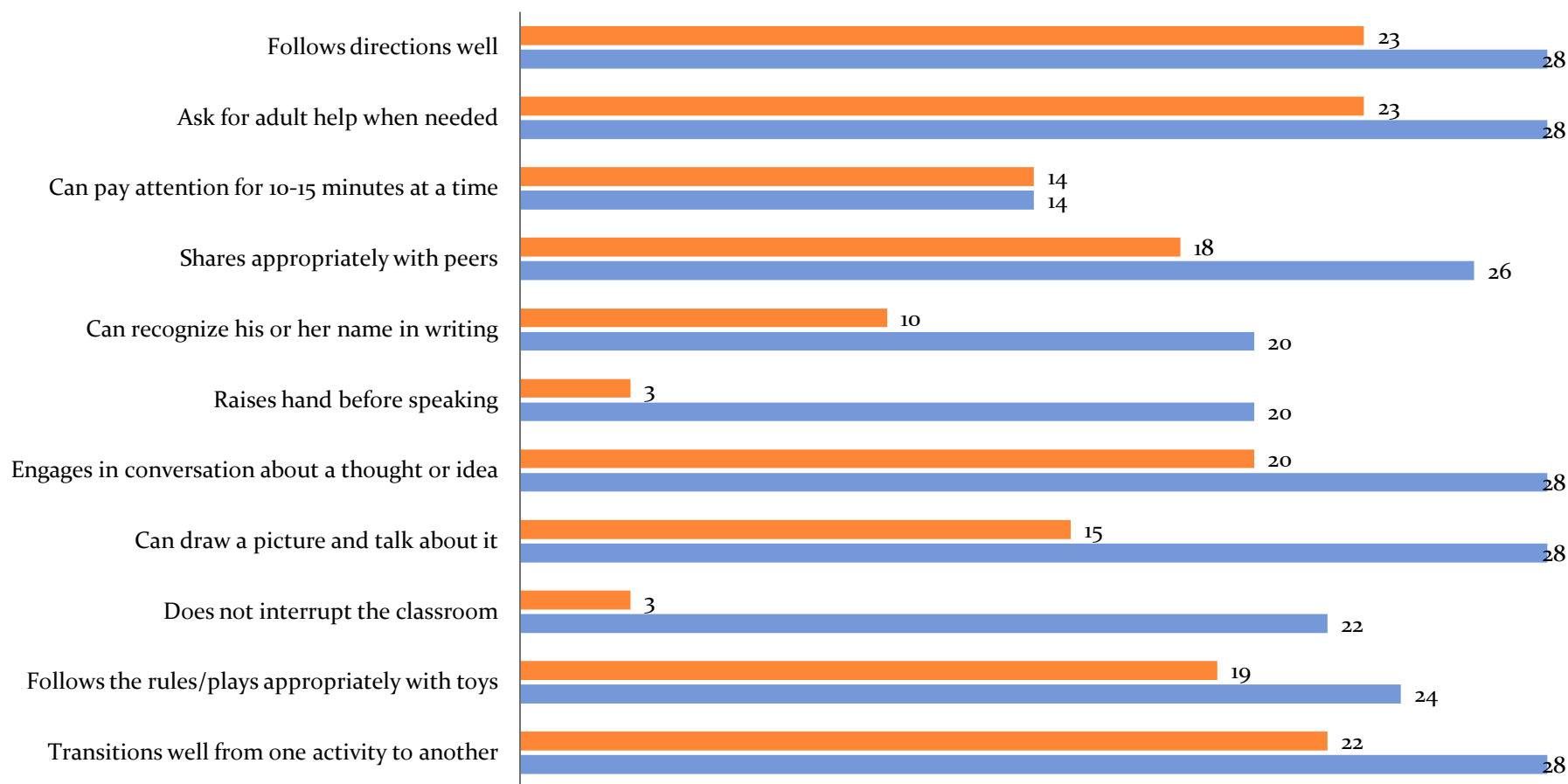


# Teacher Survey

Summer Bridge  
FY 2011-12

**MES English**  
**N=28**

Before Bridge After Bridge

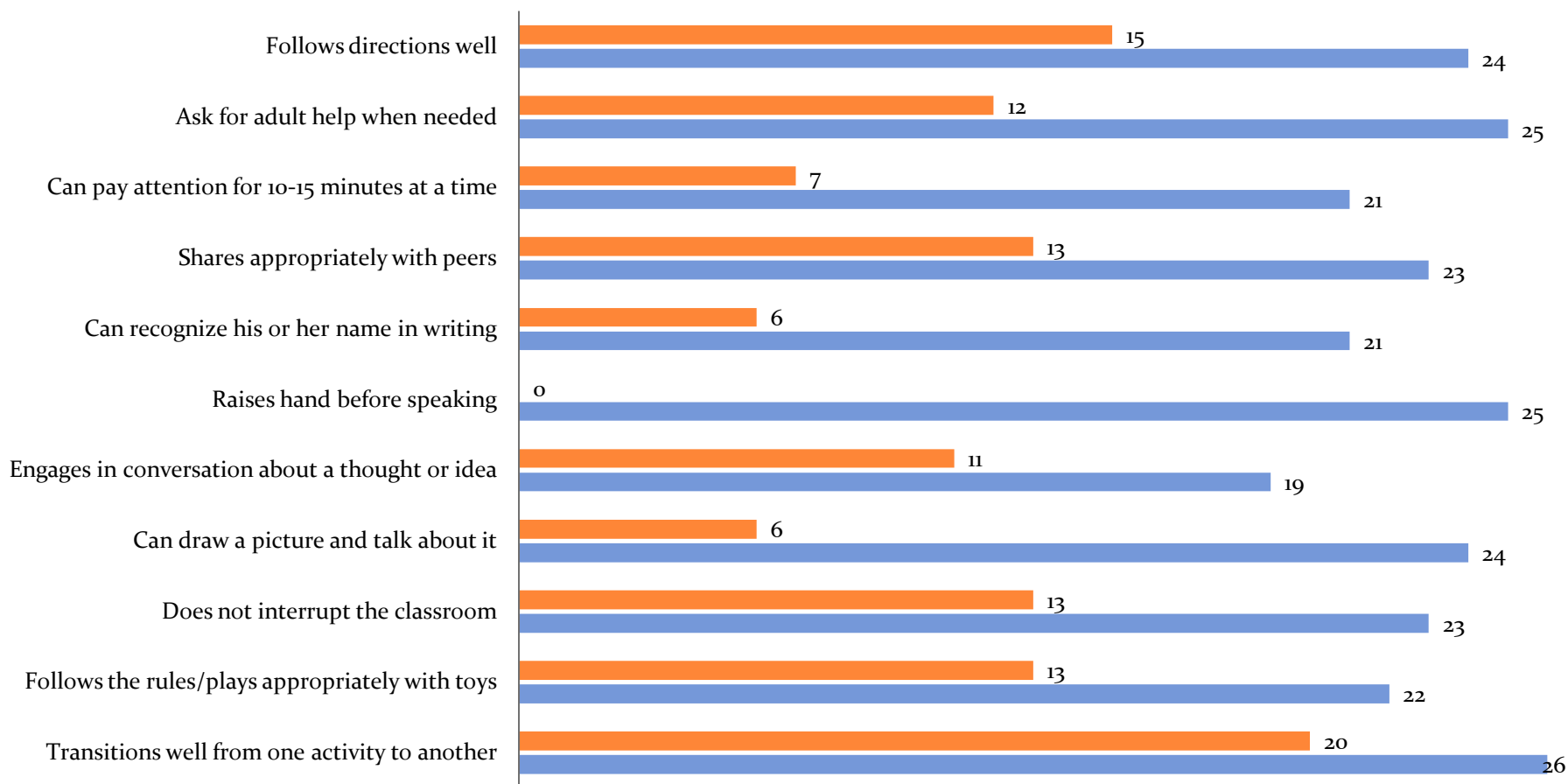


# Teacher Survey

Summer Bridge  
FY 2011-12

## MES Spanish N=26

Before Bridge After Bridge

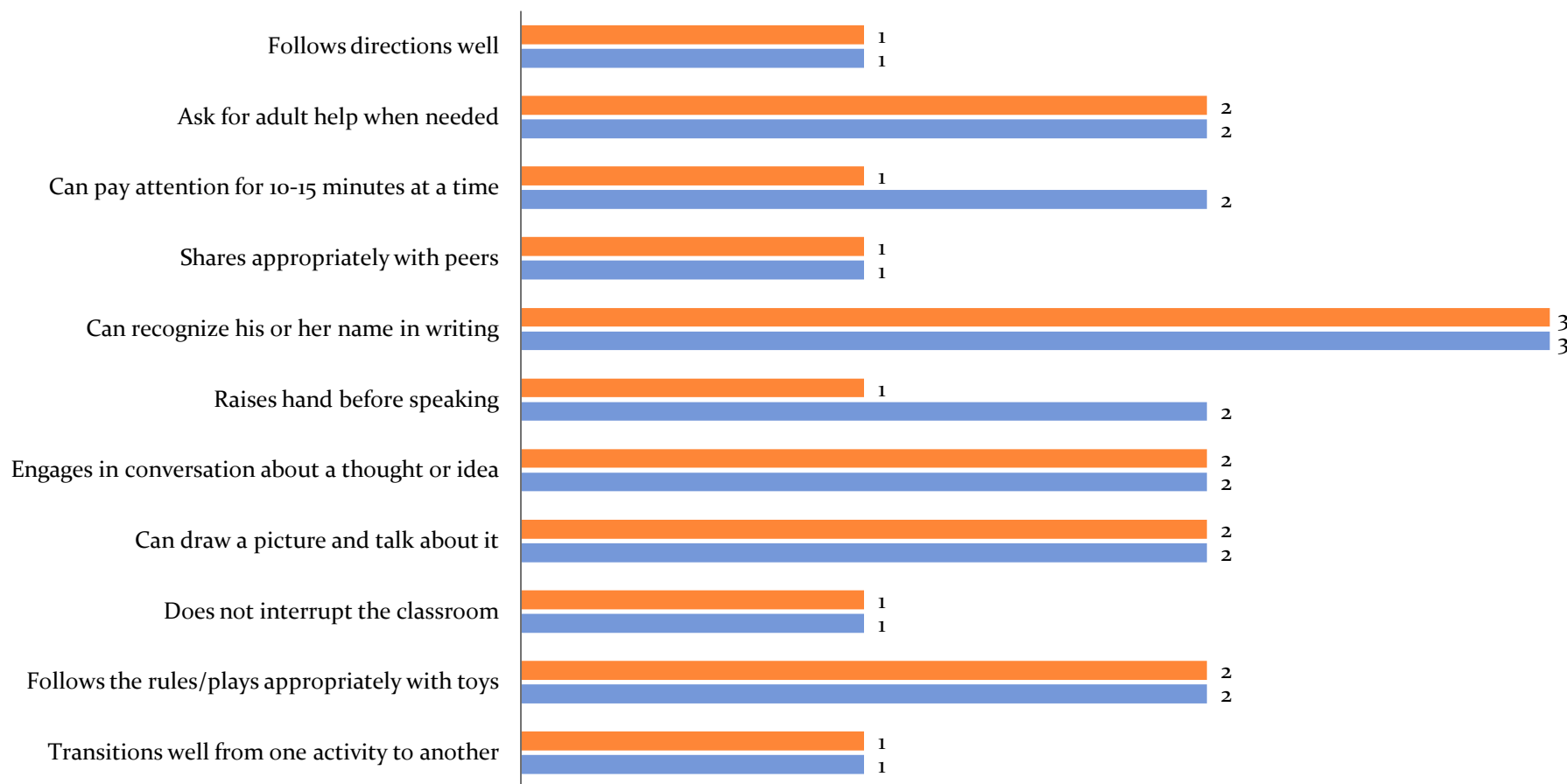


# Teacher Survey

Summer Bridge  
FY 2011-12

## Edna Beaman Elementary N=3

Before Bridge After Bridge



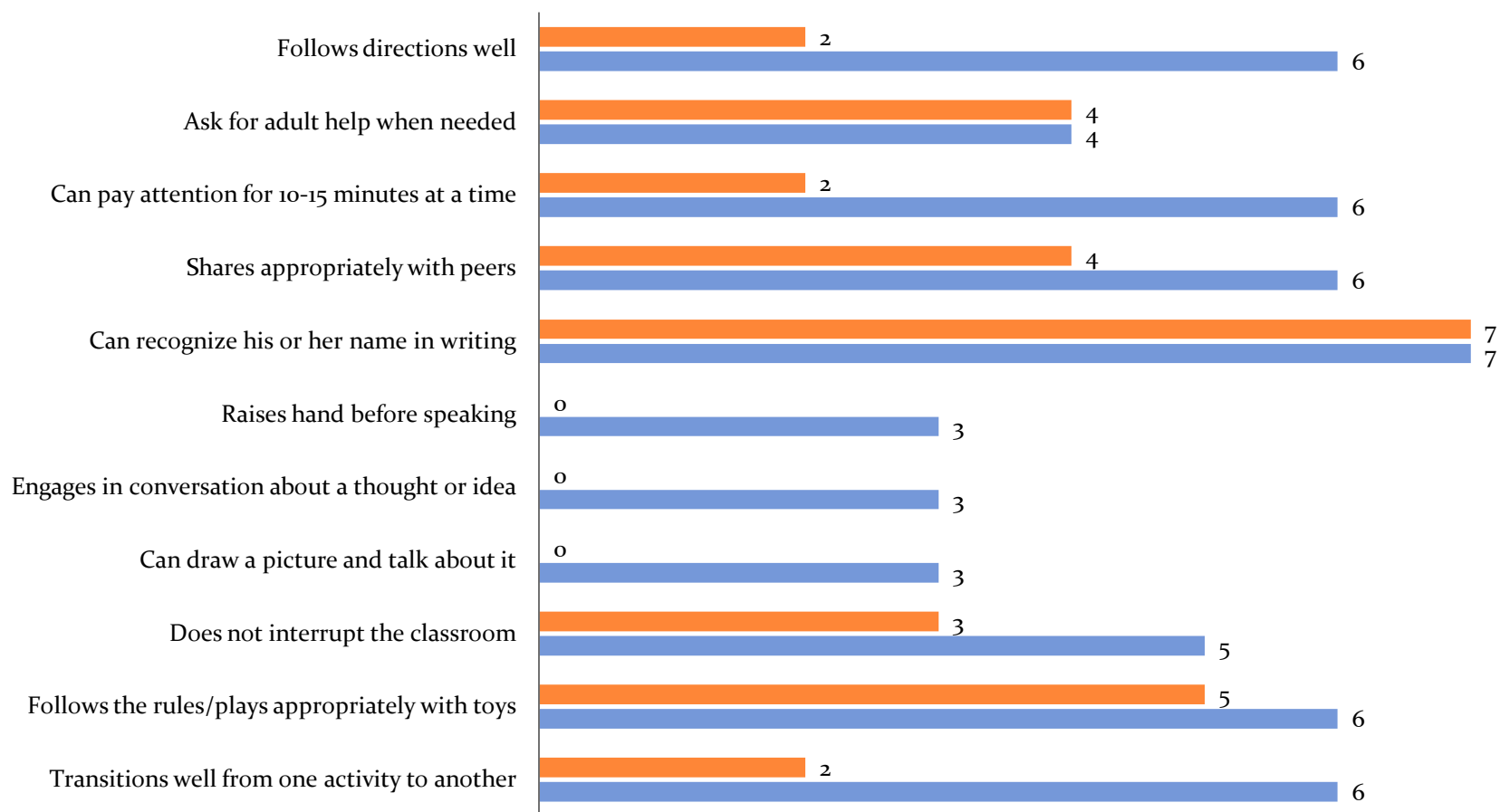


# Teacher Survey

Summer Bridge  
FY 2011-12

## Bridgeport Elementary N=8

Before Bridge After Bridge



# Teacher Survey Comments

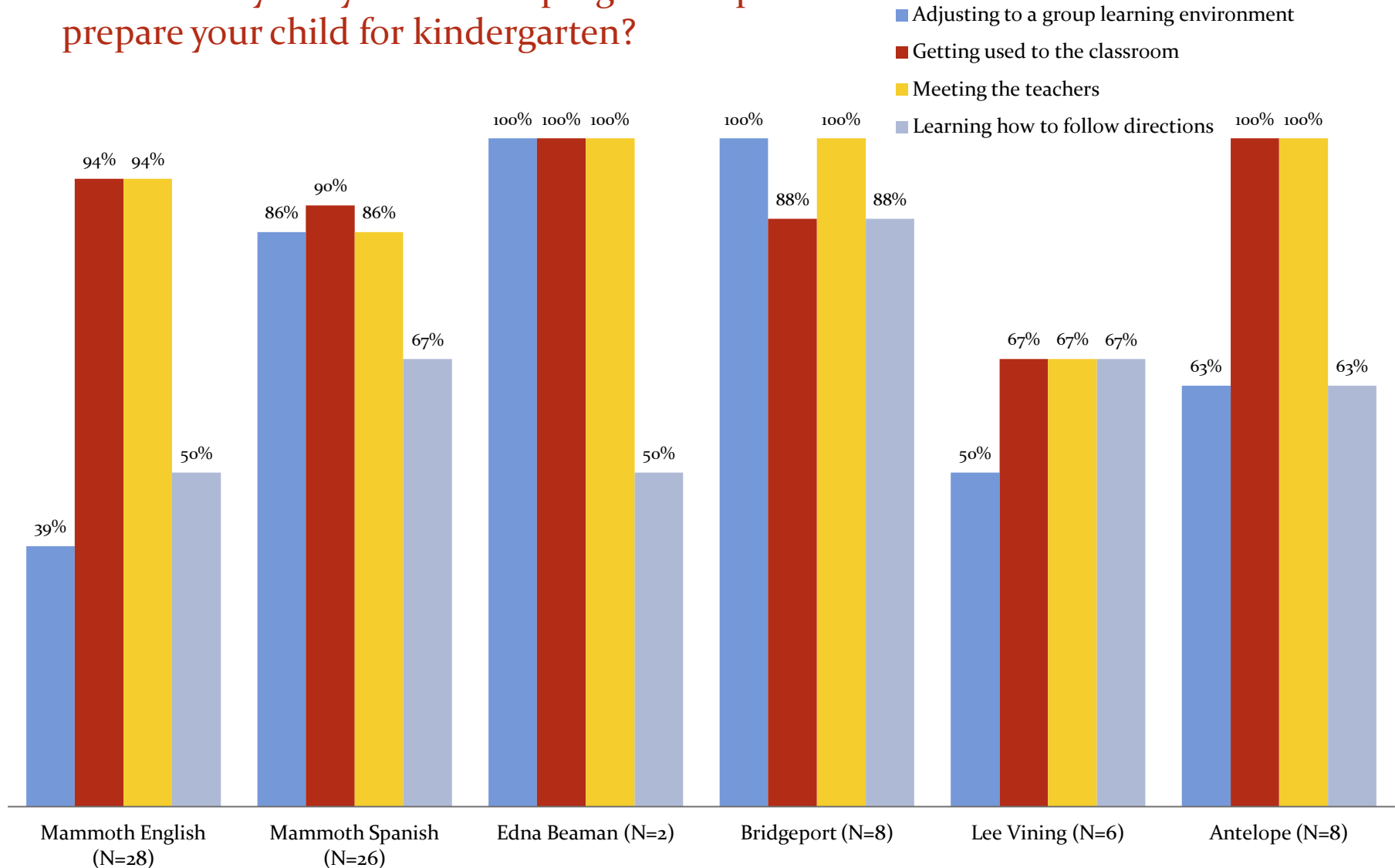
What were the most important things the children in your class got out of the Summer Bridge Program?

- The social interaction between other students and getting to know me
- A sense of the routine in class
- Learning/adjusting to the routine of kindergarten
- Following directions
- Exposure to academics
- Learning to sit still
- Becoming familiar with the campus and school routines
- Meeting and working with the teacher

# Parent Survey

Summer Bridge  
FY 2011-12

In which ways do you feel this program helped prepare your child for kindergarten?



# Parent Survey - Comments

Summer Bridge  
FY 2011-12

Has this program helped you as a parent?

- Yes. Absolutely. I have enjoyed talking with Mrs. Hartman and Mrs. Stoiber and have grown comfortable in that classroom and with the campus. I am so very glad to have had the opportunity for [my child] to participate.
- I feel that [my child] starting kindergarten will be easier and she will transition better. This makes me feel more relaxed.
- It is nice to be able to get comfortable with the routine and campus before school is in session.
- My son is autistic and non-verbal, and this program has really helped me to communicate strengths, weaknesses, etc. with the teacher before she has a full class.
- It has helped me know how [my child] is going to handle school, where his strengths and weaknesses may be, and getting used to a routine of getting up and getting ready on time.
- Got my child into the mode of doing schoolwork so he will be ready for more when school starts.
- Know where to go, have met teachers. [My child] attended Bridge last year and it helped us determine that he wasn't ready for kindergarten then.
- I feel more relaxed knowing my son is relaxed.

## Description

- **Partner:** Mono County Libraries
- **Target:** Families, Libraries, the Bookmobile, Preschool Sites, and Summer Bridge
- **Purpose:**
  - Promote early literacy
  - Provide parents and children at libraries and preschools with age-appropriate book bags to be checked out and exchanged
  - Provide story times at libraries and preschools

# RAR Participation

Raising a  
Reader  
FY 2011-12

- **Partner:** Mono County Libraries
- **Target:** Families, Libraries, the Bookmobile, Preschool Sites, & Summer Bridge
- **Purpose:**
  - Promote early literacy.
  - Provide parents & children at libraries and preschools with age-appropriate book bags to be checked out and exchanged.
  - Provide story times at libraries and preschools.

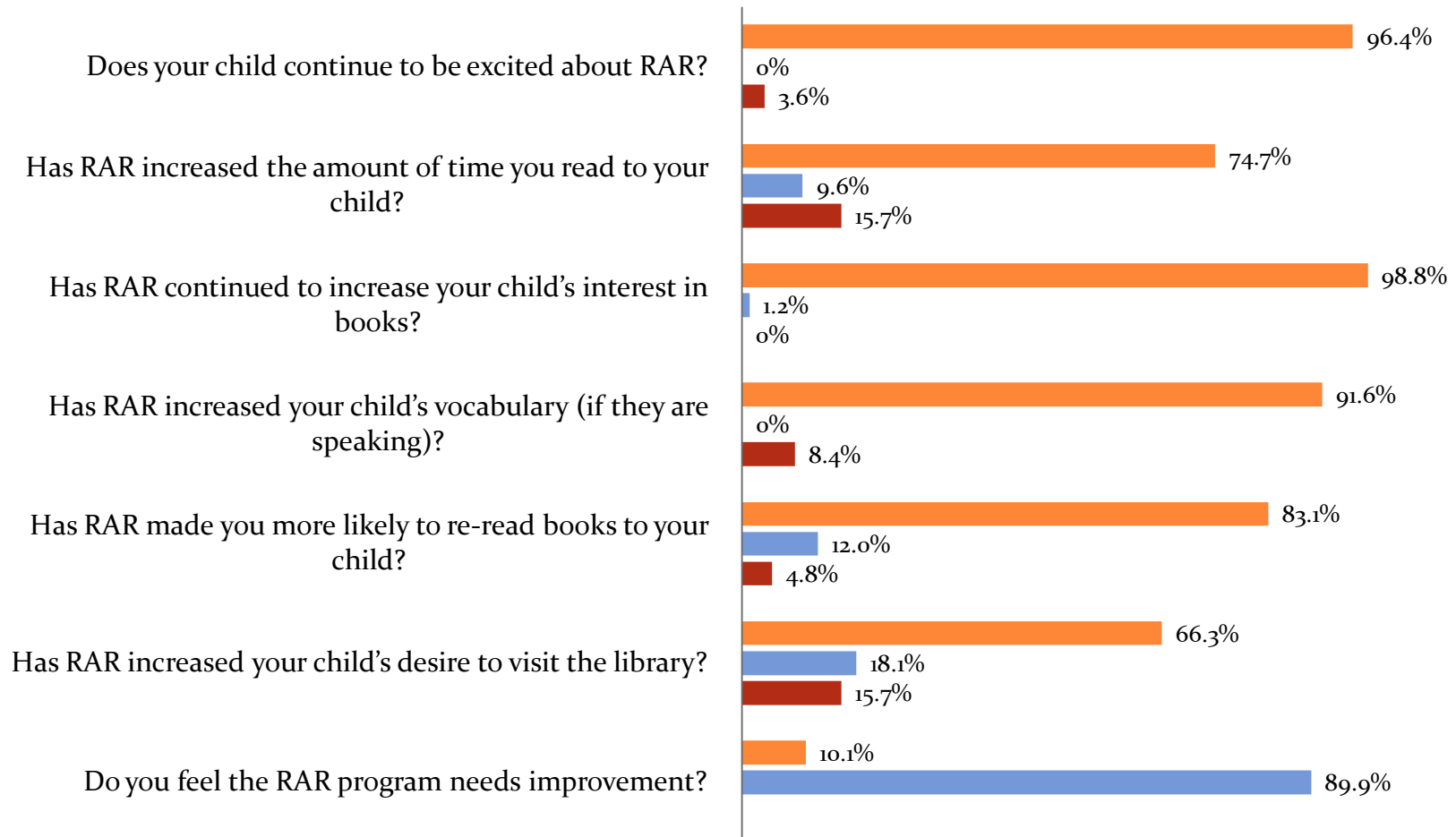
Number of children under 3: 71

Number of children 3 to 5: 176

# RAR Evaluation (N=83)

Raising a  
Reader  
FY 2011-12

Yes No Maybe



## Description

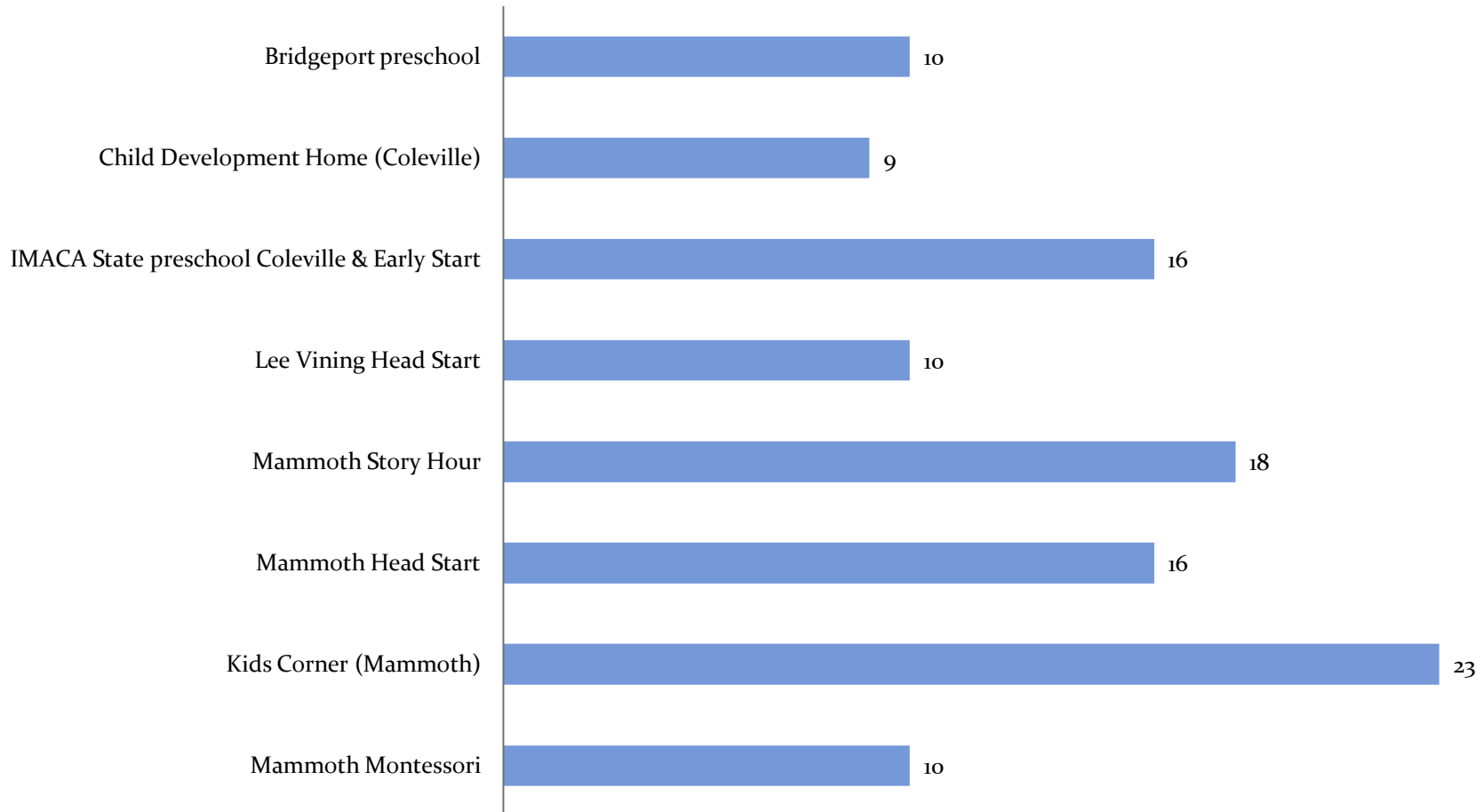
- **Partner:** Altrusa
- **Target:** Preschool Sites
- **Purpose:**
  - Provide preschool teachers with project materials, lesson plans, and books pertaining to the theme “teeth”
  - Perform a book reading and costumed tooth visit for preschool children
  - Offer fluoride varnish treatments (?)



# Readers' Theater Participation

Readers'  
Theatre  
FY 2011-12

**112 Participants**



# Teacher Survey (n=2)

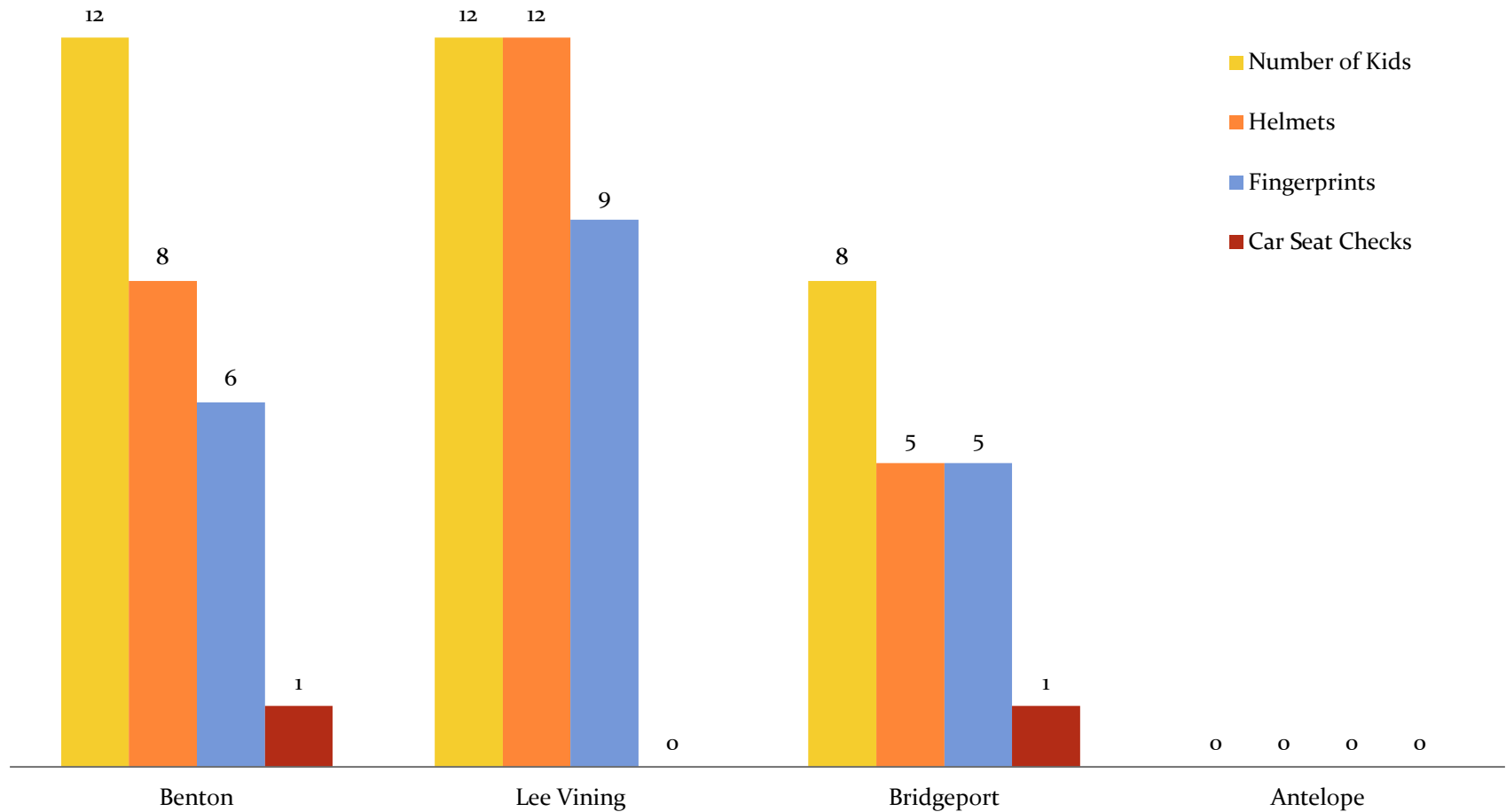
Readers'  
Theatre  
FY 2011-12

- **What activities did you find most useful?**
  - Vegetable painting/the vegetables: the children loved talking about them and how they grow and doing the vegetable prints
  - Bean activity – both matching and counting
  - Rabbit mask – kids and parents loved them
  - Growing the sweet potato
  - Missing vegetable game
- **On a scale of 1-5 (5 being the highest), what is your overall opinion of the Readers Theatre program**
  - 5
  - 5

# Birth-to-5 Health & Safety Fairs

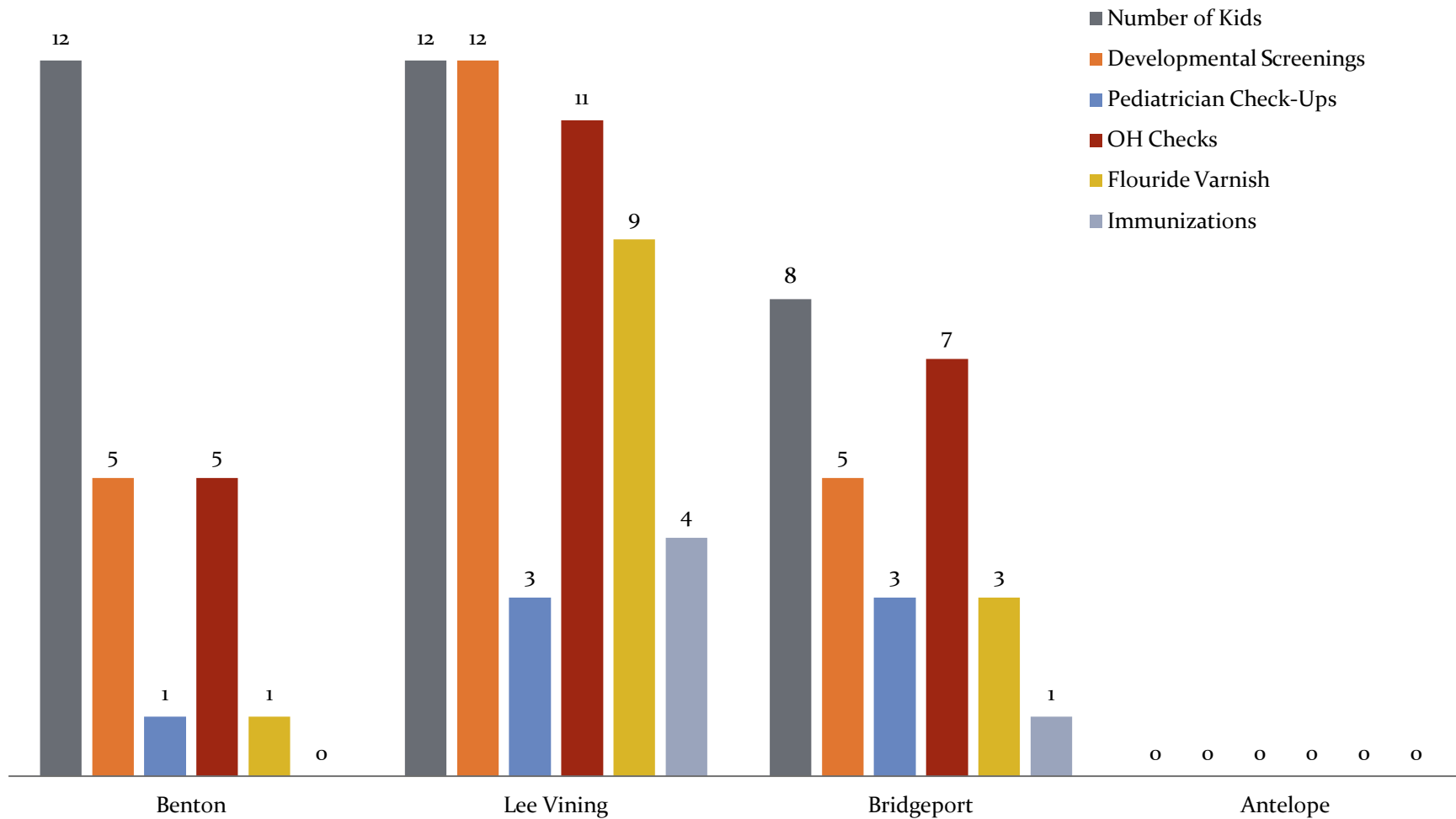
- **Partners:** Mono County Public Health, Mono County Sheriffs, IMACA, Sierra Park Dental, DDS Carkeet, and Eastern Sierra Unified School District
- **Target:** All Mono County children birth to five
- **Purpose:** To bring services to the remote parts of the county where lack of access can prevent families from receiving services.

# Safety Services



# Health Services

Health & Safety  
Fairs  
FY 2011-12



# Oral Health

- Partners: Childcare centers and homes, Raising a Reader (library story hours), Trish Schlichting & Altrusa (Readers' Theatre), Drs. Fujimoto, Schrager, Carkeet, and Bishop
- Target: Pre-school aged children (3-6) and their parents
- Purpose:
  - Education to promote good oral hygiene through songs, stories, and demonstrations.
  - Perform oral health checks
  - Prevent tooth decay through the provision of topical fluoride varnish treatments for children whose parents sign a permission slip.

# Oral Health

Location	Oral Health Checks	Flouride Varnish	Total Services Provided
Preschools/Child Care Homes/Story Hour	322	105	532
Peapod	32	23	55
Kindergarten Round Up	31	34	65
Birth-to-Five Health & Safety Fairs	23	13	36
<b>Totals</b>	<b>408</b>	<b>175</b>	<b>688</b>
FY 2010-11 Totals	215	159	374

# First Book Book Distribution

- **250 books total**
  - **125** - Welcome Baby
  - **65** - Raising a Reader
    - LVHS: 9
    - MHS: 20
    - Coleville preschool: 12
    - Bridgeport preschool: 10
    - Kelli Boyer childcare provider: 6
    - Monique Foster childcare provider: 8
  - **30** – Mono County Health Dept. Immunization Coordinator
  - **30** - Dr King (Pediatrician)



# CARES



Mono County CARES Program

**FY 2011-12**

- Target: Child care providers who work in an early learning program for pay in a licensed facility or a facility that is legally exempt from licensure under the following circumstances:
  - Minimum of 9 months during the program year and working a minimum of 15 hours per week.
  - Worked with children ages birth to five in a California-based licensed or licensed-exempt FCC home, state preschool, Head Start, or child care center for at least nine months during the past year.
- Purpose: Promote high-quality child care in Mono County by building a skilled and stable child care workforce:
  - Provide incentives to quality early child care providers who complete training and education and remain in the field.
  - Address the First 5 Mono County Commission's goal to improve child development and the community's need to retain child care providers.

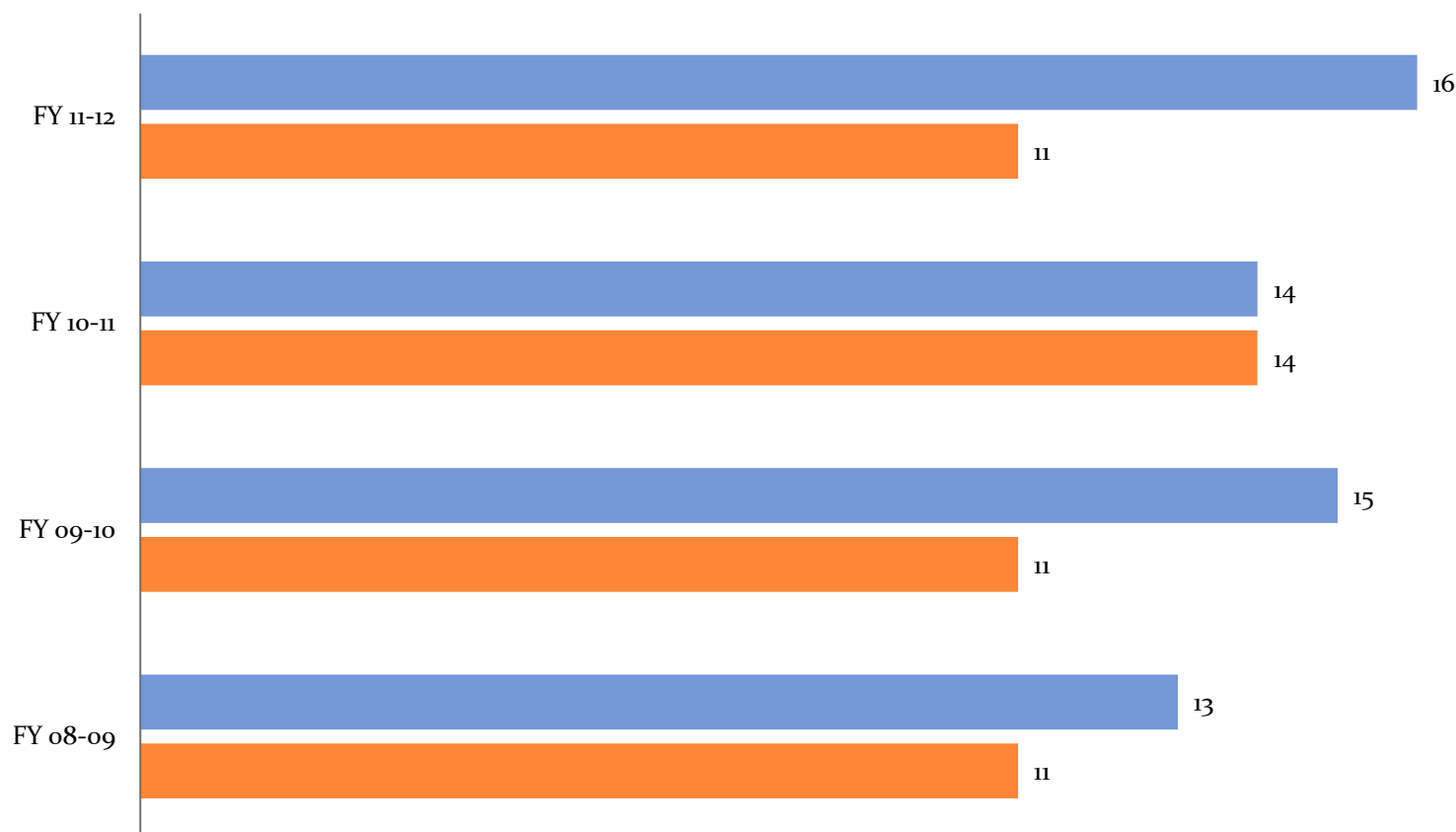
# Participants Receiving Stipends



**Mono County CARES Program**

**FY 2011-12**

■ Childcare Center ■ Family Childcare



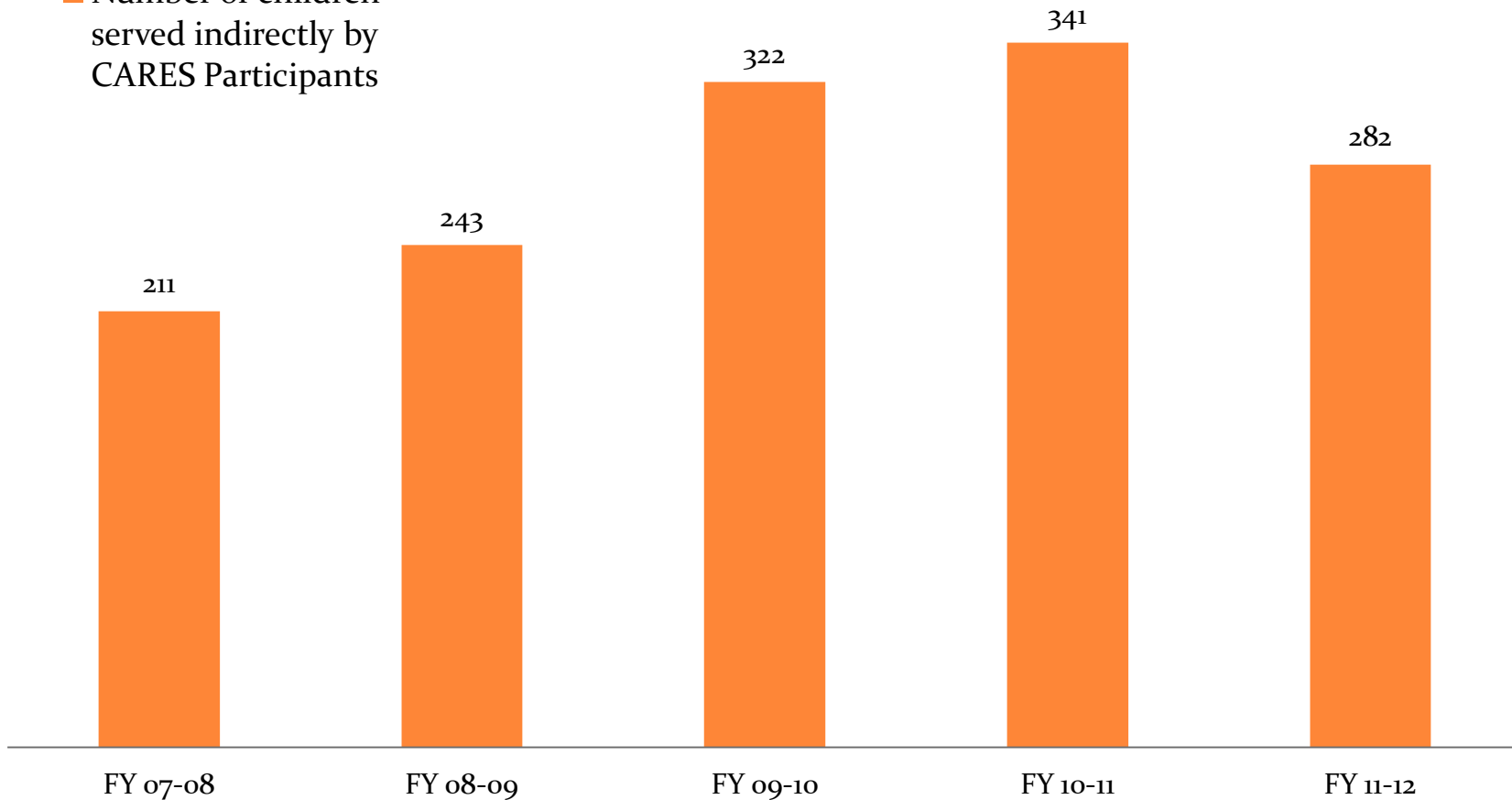
# Children Served by CARES Plus



**Mono County CARES Program**

**FY 2011-12**

■ Number of children  
served indirectly by  
CARES Participants



## A. Result Area (Outcome):

*Mono County children 0-5 are educated to their greatest potential.*

### 1. Family Education

- % of parents and other family members improving in knowledge about child development.
  - 124 families, 18% of Mono County children (164 children) birth to 5 were enrolled in programs with a child-development education component
    - 24% of those children and their parent(s) participated in programs with a knowledge-improvement assessment (N=40).
    - Of those 24% of children, 60% of their parents (N=24) completed an assessment.
    - Of the parents assessed, 63% (N=15) reported an increase in knowledge about child development.

[Source: Commission-run programs with child-development education component: 430 children served/893 children birth to five in Mono County, 2010 US Census (does not take into account multiple family members served)]

## A. Result Area (Outcome):

*Mono County children 0-5 are educated to their greatest potential.*

### 4. School Readiness

- % of entering Kindergarteners assessed for school readiness prior to entry. **77%**  
MES: 2006, 77%; 2007, 74%; 2008, 92% ; 2009, 94%; 2010, 96%; 2011, 90%; **2012, 87%**  
EBES: 2008, 60%; 2009, 100%; 2010, 80%; **2011, 75%**  
LVES: 2009, 42%; 2010, 63%; **2011, 38%**  
BES: 2009, 100%; 2010, 100%; **2011, 114%**  
AES: 2009, 41%; 2010, 64%; **2011, 72%**  
[Source: number of assessments/number of children on the first day of Kindergarten]
- % of children “ready for school” upon entering Kindergarten. **60%**  
MES: 2010, 85%; 2011, 82%; **2012, 100%**  
EBES: 2009 100%; 2010, 100%; **2011, 25%**  
LVES: 2009, 100%; 2010, 100%; **2011, 56%**  
BES: 2009, 100%; 2010, 90%; **2011, 43%**  
AES: 2009, 87%; 2010, 100%; **2011, 78%**  
[Source: In-School teacher surveys]
- % of children receiving Kindergarten transition support . **91%**  
MES: 2012, 87%; EBES: 2011, 100%; LVES: 2011, 81%; BES: 2011, 114%; AES: 2011, 72%  
[Source: number of assessments or bridge enrollment (whichever is higher)/number of children on the first day of K]
- % of children who have ever attended a preschool, Pre-K, or Head Start program by the time of Kindergarten entry. **54%** of children in Summer Bridge  
MES: 41%, EBES: 50%, LVES: 83%, BES: 88% AES, 63%  
[Source: Summer Bridge Parent Surveys (overall 83% return rate)]

## B. Result Area (Outcome):

*All Mono County children 0-5 are healthy.*

### 1. Physical Health

#### Optimal Nutrition

- % of children where breastfeeding is successfully initiated and sustained.

**95% of Mono County babies were breast fed at all.**

[Source: CDPH Data, 2012]

**Of those in the Welcome Baby! Program, 59% sustained to 6 months, and 40% to 12 months.**

[Source: Data collected from Mothers in the Welcome Baby! Program]

- % of children 0 to 5 years of age who are in the expected range of weight for their height and age, or BMI.

**80% of Mono County children in the Child Health and Disability Prevention Program (CHDP) 2-5 years old**

[Source: CDC 2010 Pediatric Nutrition Surveillance]

## B. Result Area (Outcome):

*All Mono County children 0-5 are healthy.*

### 1. Physical Health

#### Oral Health

- % of children who regularly access preventive dental care.
- % of children ages 1 or older who receive annual dental screenings.
  - 175 children, 20% of all Mono County children b-5 received at least one application of fluoride varnish via F5M programs.
  - 408 children, 46% of all Mono County children b-5 received oral health education via F5M programs.

[Source: 893 children birth to five in Mono County, 2010 US Census ]

- % of children at Kindergarten entry with untreated dental problems.
  - 31 MES Kindergarteners, 32%, received a dental screening prior to K entry.
  - Of those 32%, 12, 38%, were recommended for early dental care and none needed urgent care.

[Source: 95 K students on first day of school, MES FY 2011-12; 31 pre-K dental assessments at Mammoth Kindergarten Round-up]

- % of prenatal women who receive dental hygiene education.
  - 36% of women who gave birth in Mono County were seen prenatally by Welcome Baby! Of those, 100% received dental hygiene education.

[Source: 56 women seen prenatally/156 births in Mono County (California Birth Data 2011)]

## **B. Result Area (Outcome):**

*All Mono County children 0-5 are healthy.*

### **2. Emotional Health**

- Number of families provided with information about appropriate community services.

**289, 32%** of Mono County children birth to five

[Source: 100% of children participating in commission-run programs with community service referral component (N=289/893 children 0-5 in Mono County, US Census 2010)]