

Parenting Class



Mono County Office of Education



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Facilitator Provided by MCOE

Parenting the Love and Logic Way[®]

(For parents with children 0-18 yrs old)

Topics include:

- **Avoid un-winnable power-struggles and arguments**
- **Stay calm when your kids do incredibly upsetting things**
- **Set enforceable limits**
- **Avoid enabling and begin empowering**
- **Help your kids learn from mistakes rather than repeating them**
- **Raise kids who are family members rather than dictators**

This parenting program is designed to give you practical skills that can be used immediately!

Dates: Tuesdays, March 11th—April 15th

Time: 6:00-8:00 pm

**Location: Mono County Office of Education, 451 Sierra Park Rd,
Mammoth Lakes**

Workbook cost \$8, no other fee

Facilitators of the *Parenting the Love and Logic Way[®]* curriculum are independent and are not employees of the Love and Logic Institute.