



wild iris

FAMILY COUNSELING & CRISIS CENTER

www.wild-iris.org

making good parents better

parenting classes

mondays 5-7pm beginning february 3



Make parenting less stressful by learning about:

Communication

Responsibility & Discipline

Understanding & Re-directing Misbehavior

Building Character & Self-Esteem

Reducing the Risk of Drugs, Sexuality & Violence

co-parenting classes

tuesdays 5-7pm beginning february 4

Learn how to parent through a divorce or separation working on skills such as:

Commitment to Caring

Allowing Children to Love Both Parents

Managing Anger

Taking Control of Conflict

Negotiating Agreements & Communication



For more information and to register for classes,

please contact us at:

WILD IRIS Family Counseling & Crisis Center

625 Old Mammoth Rd. Suite 201

Mammoth Lakes, CA 93546

Phone: 760-934-2491

Fax: 760-934-1568

E-mail: sbains@wild-iris.org

Funding for these programs made possible through a Mono County GIS Grant

**classes held at wild iris's
mammoth office across
the street from The Stove**

**all services provided
free of charge**