

# 2010-2011 PARTICIPATION

# 2010-2011 STAR Program

First 5 Mono County

# Program Goals FY 2010-2011

- Promote quality child care in Mono
  County by building a skilled and stable
  child care workforce:
  - ➢ Provide incentives to quality early child care providers who complete training and education and remain in the field.
  - ✗ Address the First 5 Mono County Commission's goal to improve child development and the community's need to retain child care providers.

# Measurable Outcomes from the Strategic Plan FY 2010-2011 :

- Percentage of children served in child care centers and home child care settings that exhibit moderate to high quality as measured by a quality index. (i.e. ECCERS, FCCERS)
- Percentage of licensed child care providers in Mono County advancing on the Child Development Permit Matrix



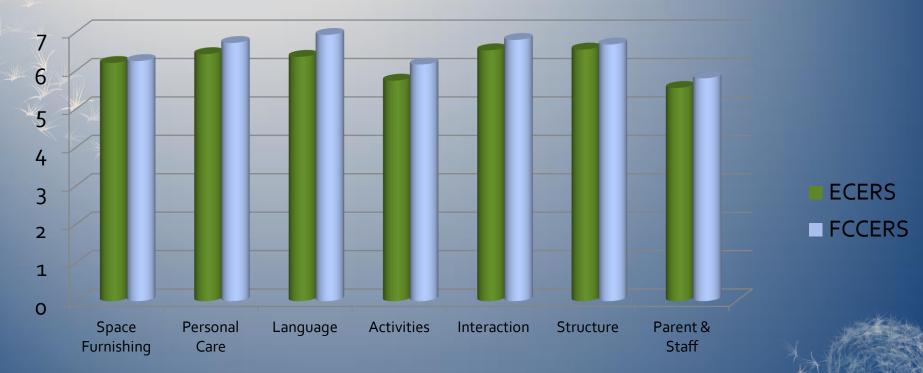
### Minimum Eligibility Requirements

 Provide child care or work in an early learning program for pay in a licensed facility, or a facility that is legally exempt from licensure under the following circumstances:

- Minimum of 9 months during the program year and working a minimum of 15 hours per week.
- Worked with children ages birth to five in a California-based licensed or licensed-exempt FCC home, state preschool, Head Start, or child care center for at least nine months during the past year.

#### 2010-2011 Environmental Rating Summary Percentage of children served in child care centers and home child care

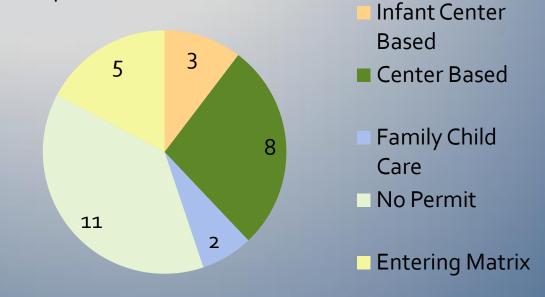
Percentage of children served in child care centers and home child care settings that exhibit moderate to high quality as measured by a quality index.



The FCCERS, ECCERS and ITERS rating tools use a scoring system with a range from 1 to 7, with 1 being inadequate, 3 is minimal, 5 is good and 7 being excellent. Main areas of need improvement were in the *Activities* category; *Nature and Science* and *Active Physical Play*. Resources were shared with providers on these topics. *Parent and Staff* is another area of needed improvement.

### **Child Development Permit Matrix**

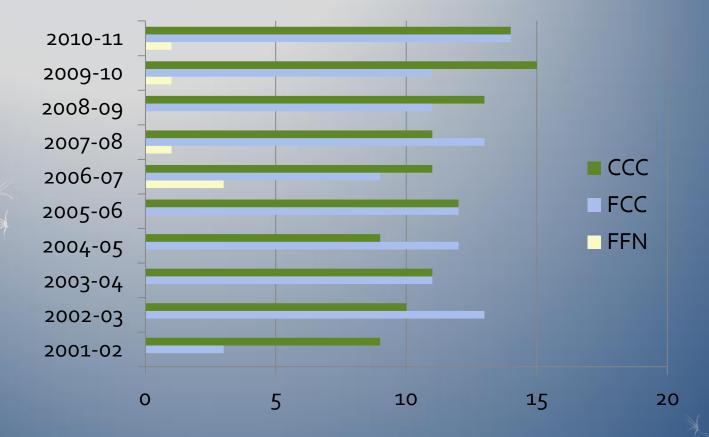
Percentage of licensed child care providers in Mono County advancing on the Child Development Permit Matrix.



This is a snapshot of permits held at the end of the program year. In May 2011 Cerro Coso College provided a permit training. 8 STAR participants attended. 3 center base and 2 family child care providers will be entering the permit matrix and 2 center base providers will be advancing on the matrix. 9 of the 11 with no permits are Spanish speaking and due to lack of college courses in their native language we anticipate that they will not enter the permit matrix. We will continue to offer professional development for these providers.

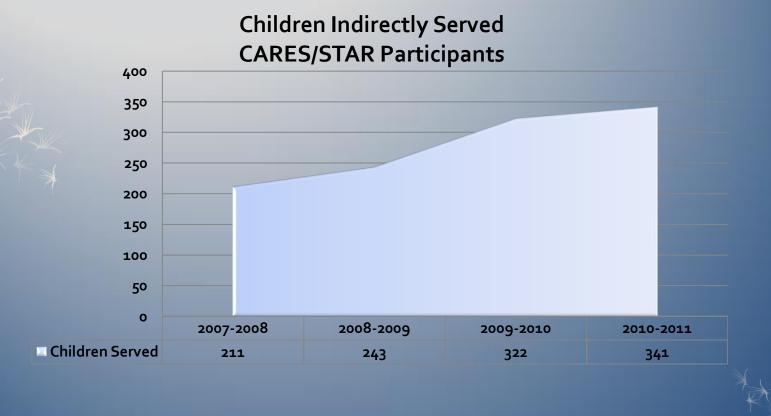
### **Program Participants Receiving Stipends**

FFN = Family Friend and Neighbor Care; FCC = Family Child Care Home; CCC = Child Care Centers



- Participation for family child care has increased this program year.
- Center participation has decreased due to change of staff and non-participation.
- Finding exempt providers continues to be a challenge. Data received from R&R.

# Children Indirectly Served by CARES/STAR Participants



Total of	6 Child Care Centers	6 Child Care Centers	8 Child Care Centers	14 Child Care Cei
	15 Family Child Care	15 Family Child Care	13 Family Child Care	14 Family Child Ca
programs participating	1 Exempt Provider	1 Exempt Provider	1 Exempt Provider	1 Exempt Provid

enters Care

#### 2009/2010 STAR Program



Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skillful execution; it represents the wise choice of many alternatives. -William A Foster

# Home Visiting

# **Families Served:** 100, 66% of children Birth -1 in Mono County source: CA birth data, 151 births in 2010

- Target: Parents and children prenatal to 1 year old
- Purpose: Support parents and share information about: emotional, language, motor, and cognitive development; oral health; prenatal health; literacy; breastfeeding; local services; and parenting issues.
- **Schedule:** Eight, 1 hour home visits prenatal to 12 months

# Staff Training

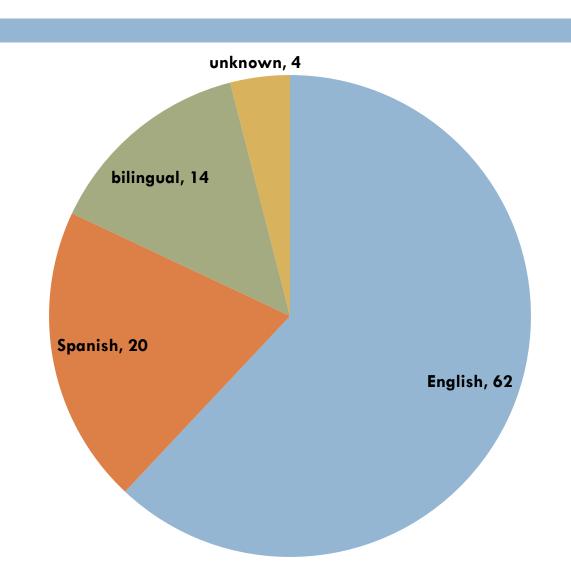






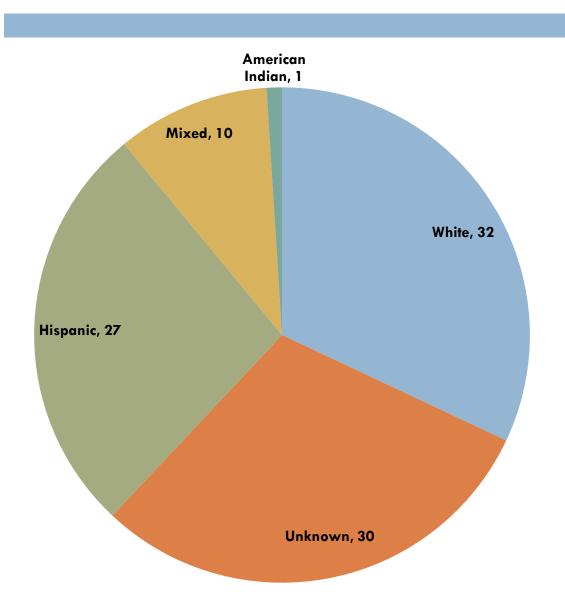


### Language Spoken In the Home





# Child's Ethnicity





# Town of Residence

- Mammoth: 63
- Crowley: 8
- Bridgeport: 6
- Unknown: 6
- □ Lee Vining: 5
- June Lake: 3
- Benton: 2
- Mono City 2



- Sunny Slopes: 2
- Walker: 1
- Swall Meadows: 1
- Chalfant: 1
- 🗆 Mono County: 100

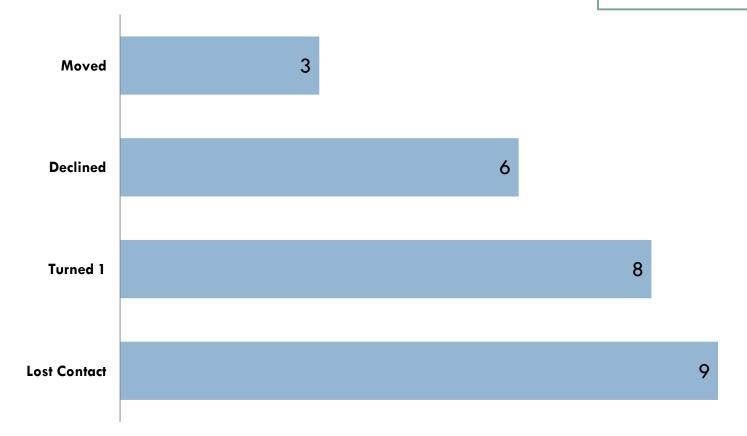
# Referrals

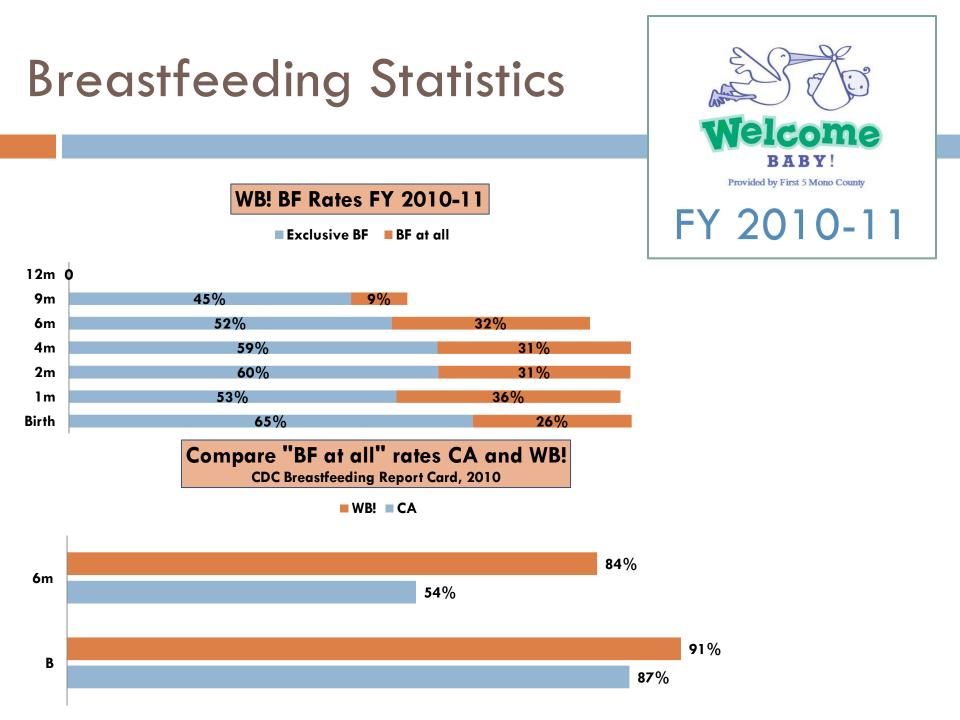
	Referrals	Known Referrals				
Agency or Activity	Made	Accessed				
IMACA		0				
Pediatrician	2	0				
Early Start	3	1				
Dentist	3	1				
Mono County Health Department	4	2				
Mono County Mental Health	7	2				
Parent-Child Workshops	7	4				
Café Mom	9	1				
WIC	10	2				
Library Story Hours	12	0				
Peapod	27	7				
Total	82	20				
<b>Total Families Referred: 44</b>						



# Exit Reason







### Peapod Playgroups

**Partners:** Mono County Mental Health, and independent contractors **Families Served:** 130

- Target: Parents and children birth 5 years old
- Purpose: Provide local support for parents and children to socialize (helping to address the mental health needs of parents), learn about community resources, acquire school readiness skills, and refer families to community resources, especially Mono County Mental Health where services are provided regardless of insurance status
- Schedule: Weekly playgroup, 10 week sessions, 3-4 times a year in each location. Six groups: Walker, Bridgeport, Lee Vining, Benton, Mammoth-English & Spanish

Families Served: 130 Mammoth English: 66 Mammoth Spanish: 24 Benton: 13 Lee Vining: 8 Bridgeport: 13 Coleville: 6 Children Served: 167 Groups offered: 158 Children's total attendance: 975 Average Attendance: 10



### Peapod FY 2010-11

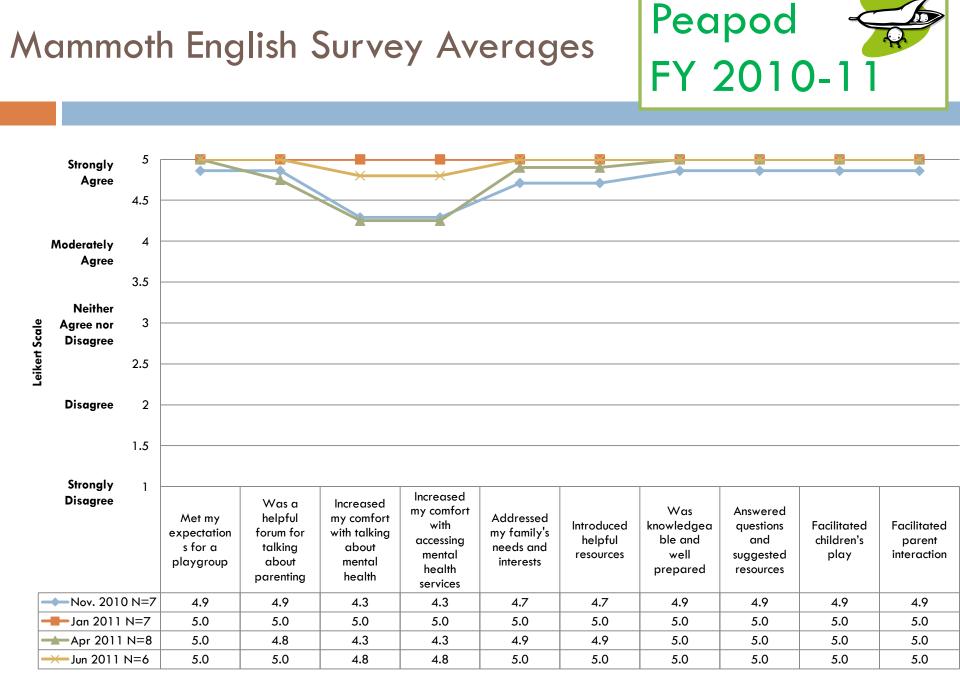


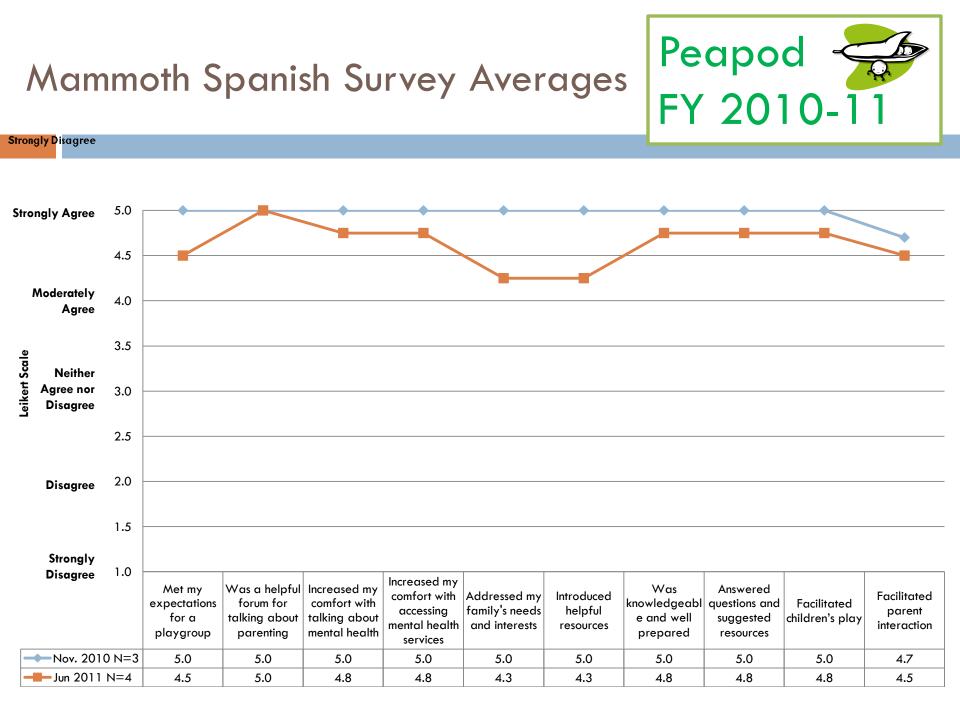


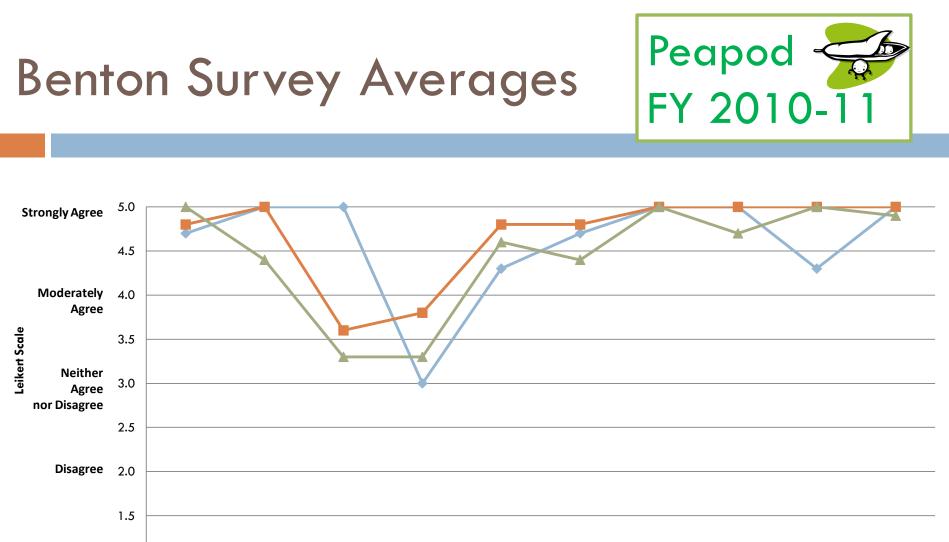








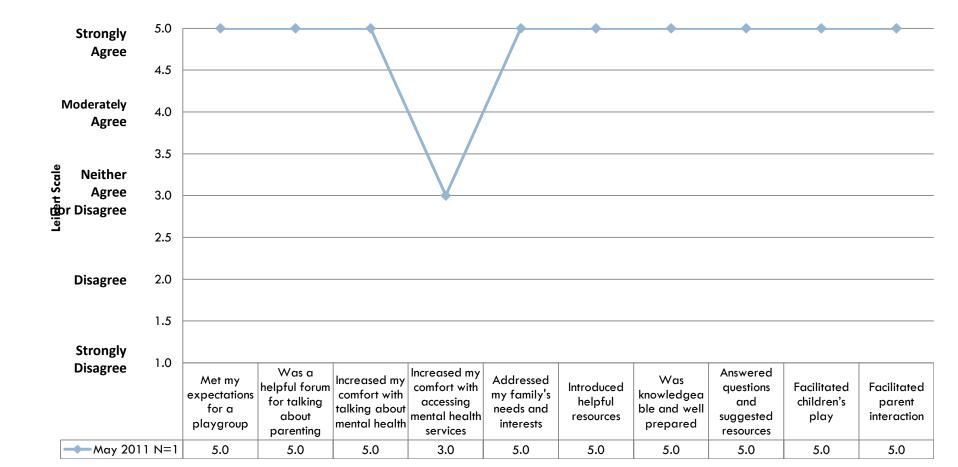




Strongly

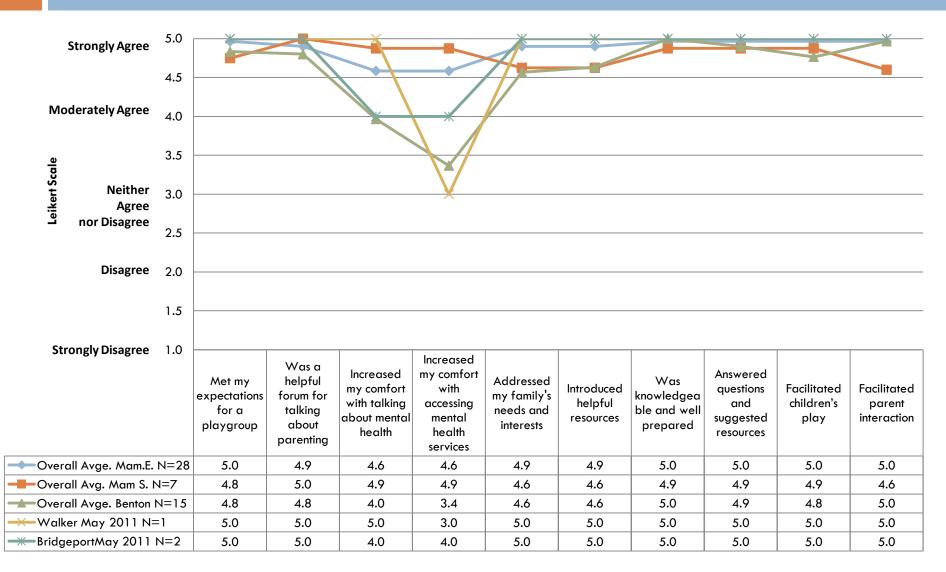
	rongly										
Disagree <sup>1.0</sup>	Met my expectations for a playgroup	Was a helpful forum for talking about parenting	Increased my comfort with talking about mental health	mental health	Addressed my family's needs and interests	Introduced helpful resources	Was knowledgeab le and well prepared	Answered questions and suggested resources	Facilitated children's play	Facilitated parent interaction	
	Oct 2010 N=3	4.7	5.0	5.0	3.0	4.3	4.7	5.0	5.0	4.3	5.0
	eb 2011 N=5	4.8	5.0	3.6	3.8	4.8	4.8	5.0	5.0	5.0	5.0
J.	un 2011 N=7	5.0	4.4	3.3	3.3	4.6	4.4	5.0	4.7	5.0	4.9

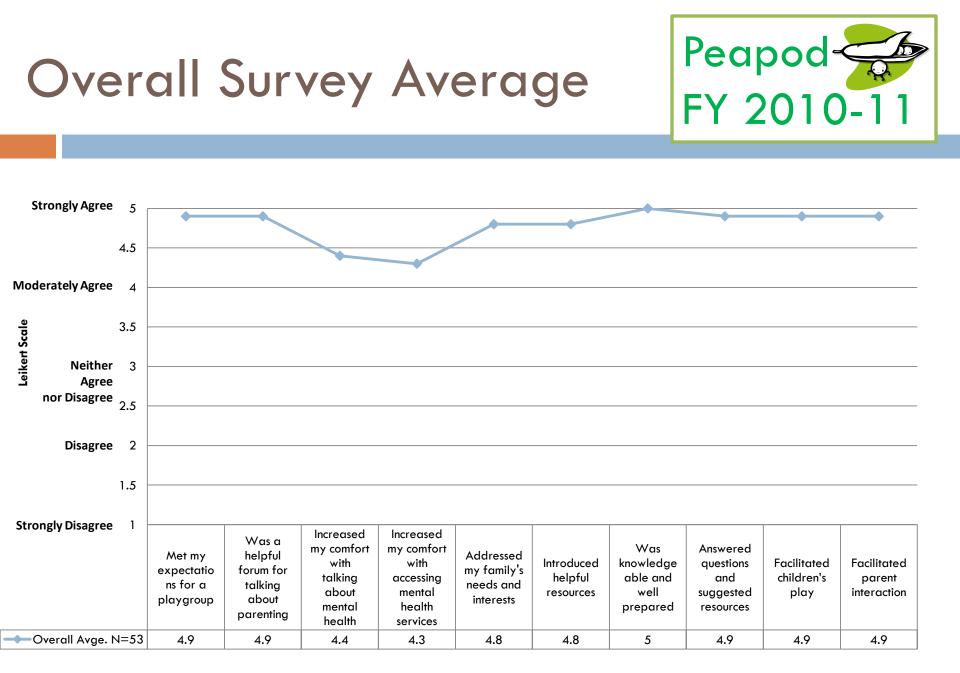




# Overall Survey Average Site Comparison







Mono County Mental Health Referrals



- 9 families referred
- 6 families received services
- 15 sessions completed

# Comments & Strengths



- Keep up the great job! I have no suggestions at this time. Love the circle time and playing time after or before circle time. (Mammoth English)
- Super fun. Interaction with other kids, parachute, singing.
- Great place to socialize

#### **Parent-Child Workshops**

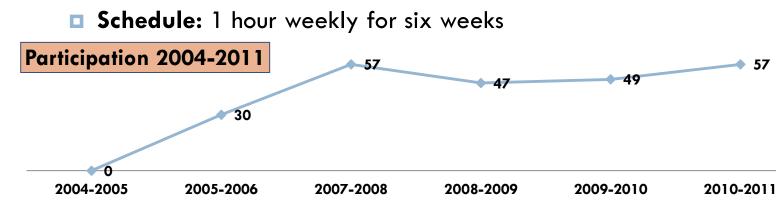
Partners: Early Start, Cerro Coso, and Mammoth Lakes Library Families Served: 57

#### Little Feet

- **Target:** Parents and 2-5 year olds
- **Purpose:** Dance and movement class
- **Schedule:** 1 hour weekly for six weeks
- Teeter Tots & Tiny Toes
  - **Target: Teeter Tots:** Parents and 16 month to 3 year olds

Tiny Toes: Parents and birth to 1 year olds

 Purpose: Workshop with an age-specific curriculum covering literacy, crafts, and socialization



Two sessions:

13 participants August - October, 2010

16 participants March - April, 2011

#### Little Feet FY 2010-11



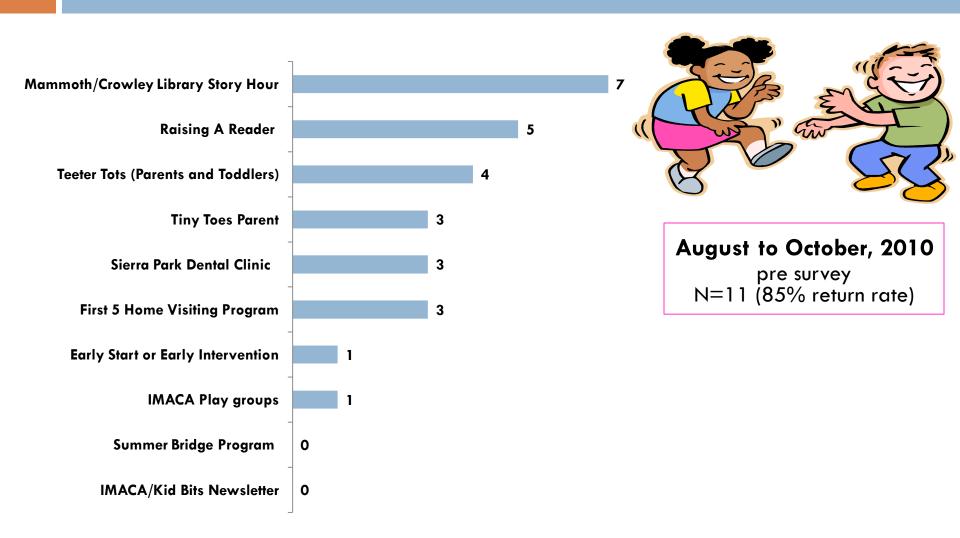






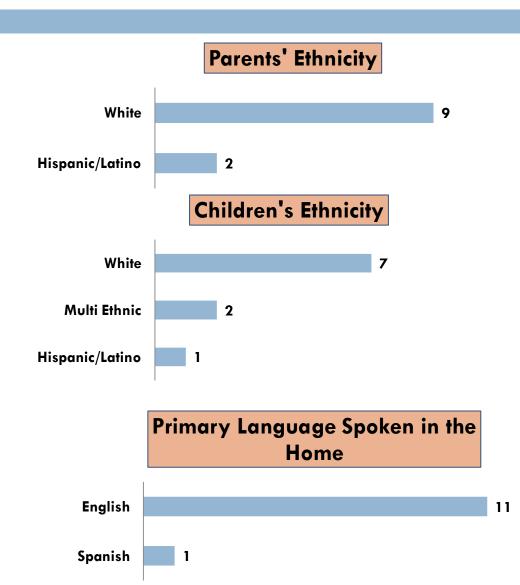
# Other Program Participation

#### Little Feet FY 2010-11



# Language & Ethnicity

#### Little Feet FY 2010-11





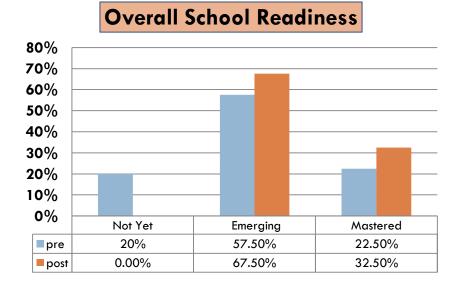
August to October, 2010 pre survey N=11 (85% return rate)

# Skill Improvement

#### Little Feet FY 2010-11

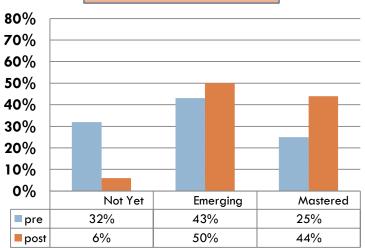
#### Compared to the beginning of the workshop, at least 50% more parents reported their child's mastery of:

- Listening to and implementing directions
- Pointing to and naming basic body parts
- •Understanding the idea of same vs. different
- Sitting in a circle and listen to a teacher for 10-20 minutes
- Moving in a large group without bumping into others
- Understanding rhythm and moving to the beat of music



#### August to October, 2010

post survey N=6 (46% return rate)



#### **Overall Motor Skill**

# Comments

Little Feet FY 2010-11

- The First 5 Playgroups are <u>always</u> quality & we have so much fun! [My Child] is really coming out of his shell. Thank you! Fun Fun Fun!
- This is a great program. It has helped my child with learning to become involved with activities without having mom near her.
- Thank you! Great class.



August to October, 2010 post survey N=6 (46% return rate) One session: 13 participants January - February, 2011

#### Teeter Tots FY 2010-11



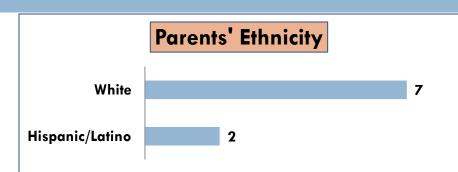


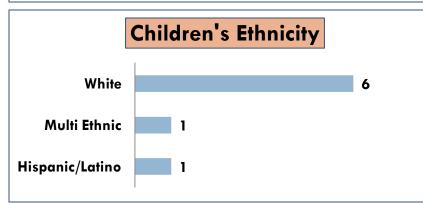


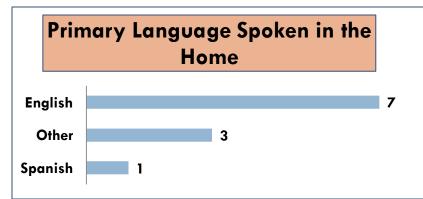
#### **Teeter Tots Other Program Participation** FY 2010-11 Mammoth Library Story Hour 8 **Raising A Reader** 6 **Tiny Toes** 4 Sierra Park Dental Clinic 2 January to February, 2011 First 5 Home Visiting Program 3 pre survey N=9 (69% return rate) **Early Start or Early Intervention** 1 **IMACA** Play groups 4 Summer Bridge Program 1 IMACA/Kid Bits Newsletter 2

## Language & Ethnicity

### Teeter Tots FY 2010-11









#### January to February, 2011 pre survey N=9 (69% return rate)

# Understanding of Child Development

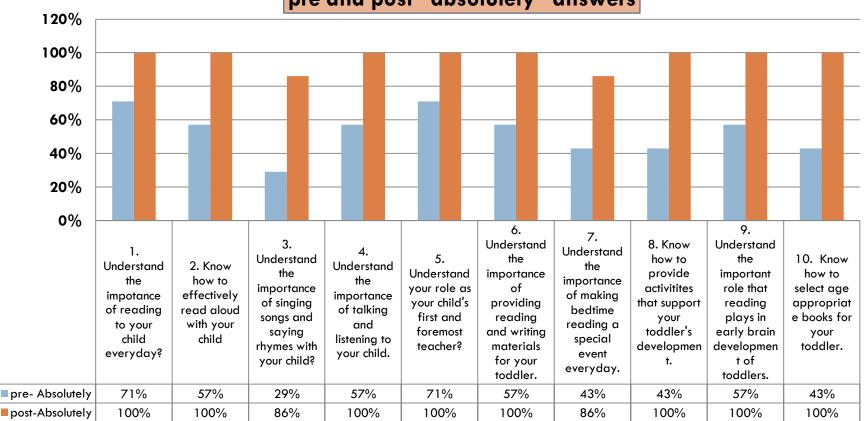


### Teeter Tots FY 2010-11

After the workshop, parents rank their understanding of several questions both before and after the workshop. The highest ranking is "absolutely."

January to February, 2011

post survey N=7 (54% return rate)



#### pre and post "absolutely" answers

# **Biggest Successes**

- Feeling more comfortable with peers.
- [My daughter] really excelled with her interest in drawing.
- He got to interact and make new friends, learn new songs and make some great projects.



January to February, 2011

post survey N=7 (54% return rate)

Teeter Tots FY 2010-11 Two sessions:

10 participants November-December, 2010

5 participants May – June, 2011





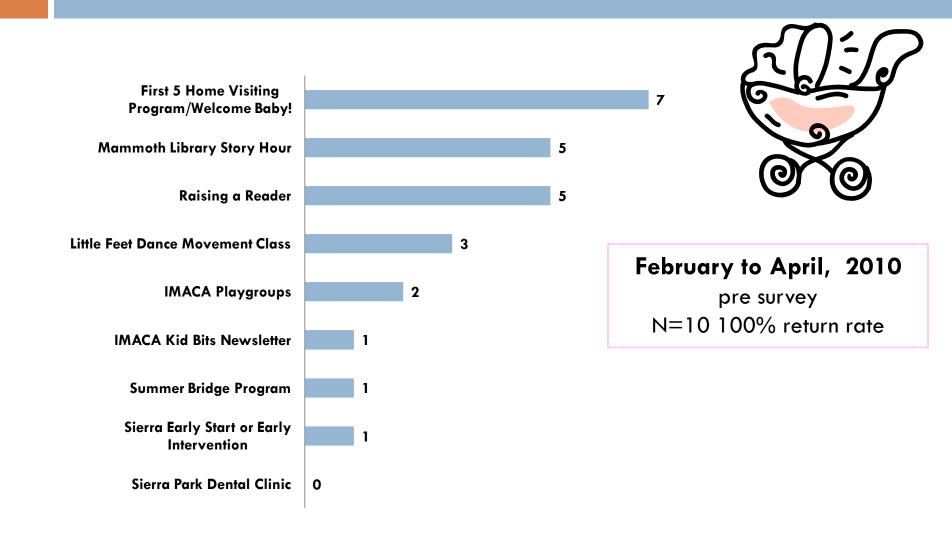
Tiny Toes FY 2010-11





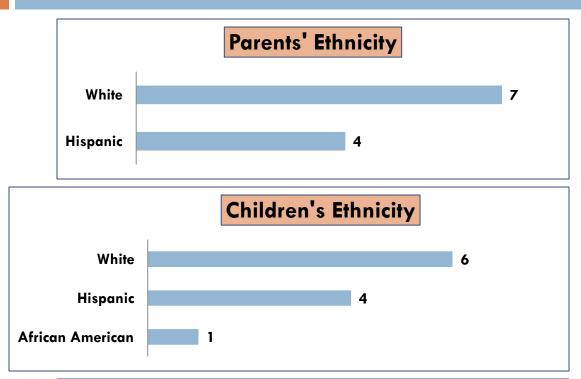
## **Other Program Participation**

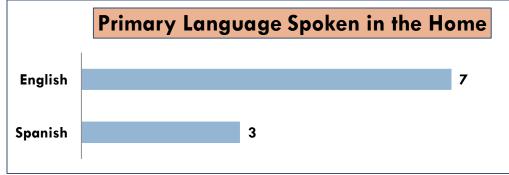
### Tiny Toes FY 2010-11

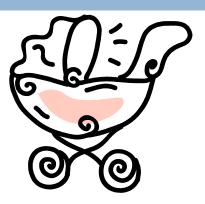


# Language & Ethnicity

### Tiny Toes FY 2010-11







#### February to April, 2010

pre survey N=10 100% return rate

# Understanding of Child Development

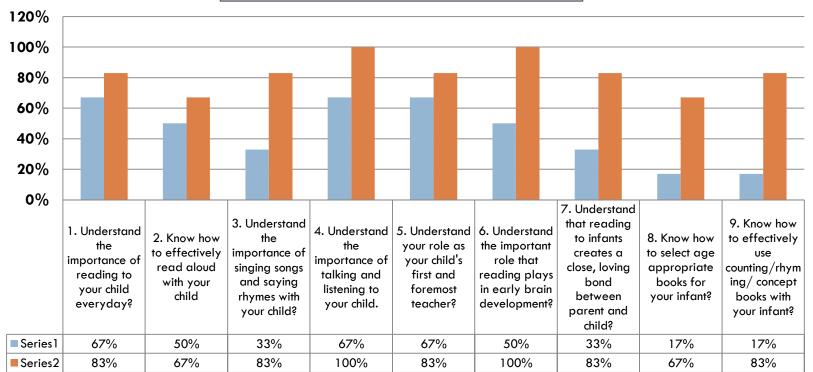


### Tiny Toes FY 2010-11

After the workshop, parents rank their understanding of several questions both before and after the workshop. The highest ranking is "absolutely."

#### February to April, 2010

post survey N=6, 60% return rate



pre and post "absolutely " answers

# **Biggest Successes**

Tiny Toes FY 2010-11

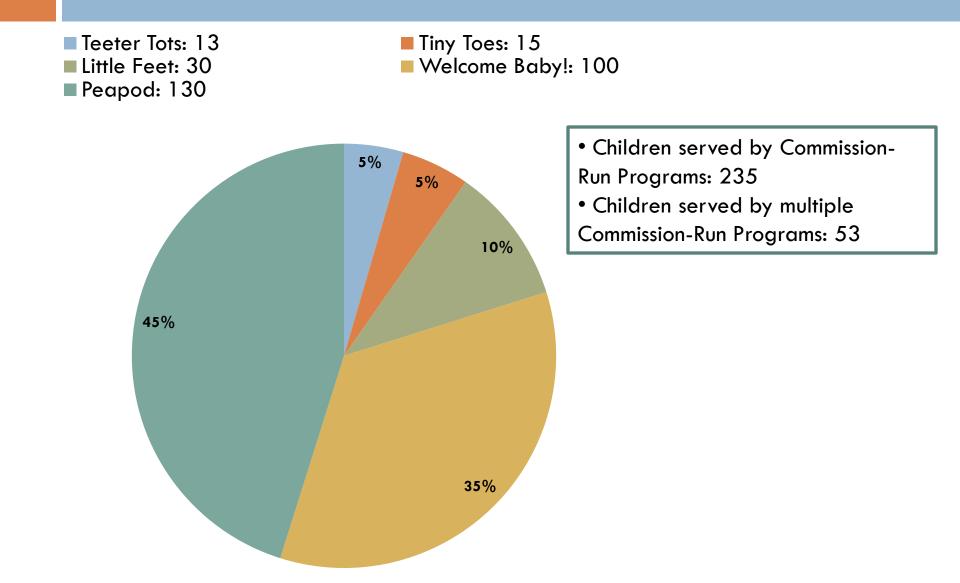
- Social interaction
- (Translated from Spanish) We learned to be closer with baby massage



#### February to April, 2010 post survey N=6, 60% return rate

## Participation

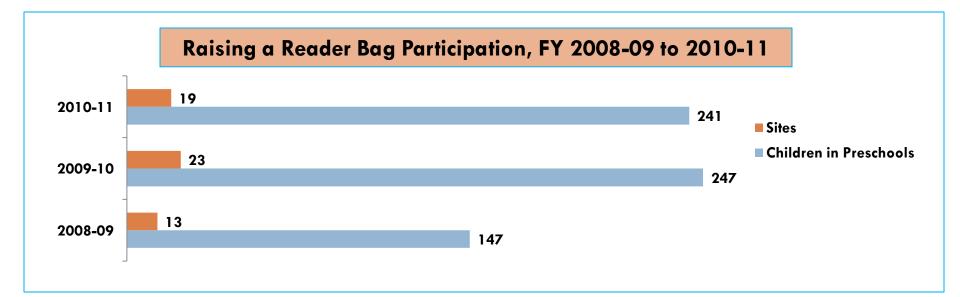
Commission-Run Programs FY 2010-11



## **Description & Participation**

### Raising a Reader FY 2010-11

- Partner: Mono County Libraries
- **Target:** Families, Libraries, the Bookmobile, Preschool Sites, & Summer Bridge
- Purpose:
  - Promote early literacy.
  - Provide parents & children at libraries and preschools with age-appropriate book bags to be checked out and exchanged.
  - Provide story times at libraries and preschools.

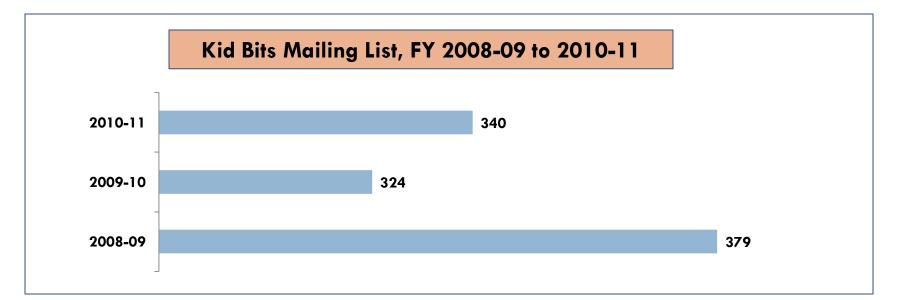


# Description & Participation FY 2010-11

Partner: Inyo Mono Advocates for Community Action (IMACA)

Kid Bits Newsletter

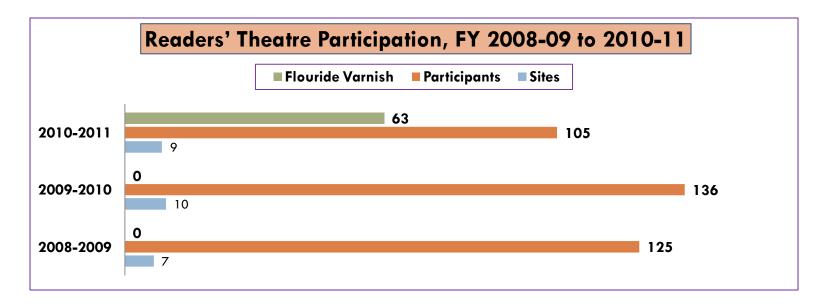
- Target: Families with children birth to 5
- **Purpose:** 
  - Community outreach through a monthly bilingual newsletter.
    - Include: school readiness concepts & a community calendar



# **Description & Participation**

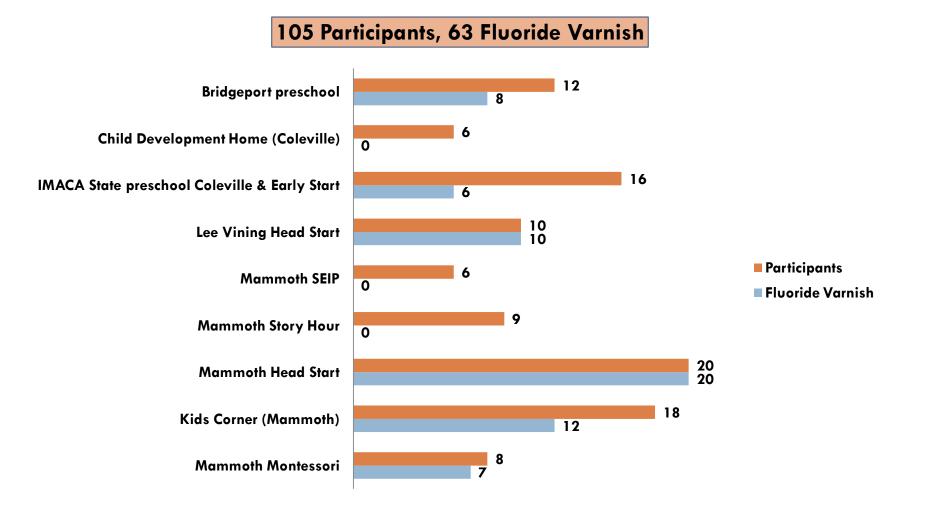
### Readers' Theatre FY 2010-11

- **Partner:** Altrusa
- Target: Preschool Sites
- Purpose:
  - Provide preschool teachers with project materials, lesson plans, and books pertaining to the theme teeth.
  - Perform a book reading and costumed tooth visit for preschool children.
  - Offer fluoride varnish treatments



## Numbers Served

Readers' Theatre FY 2010-11



Readers' Theatre FY 2010-11

- □ What activities did you find most useful?
  - Lesson plans with suggested ideas for the materials
  - The books were a big favorite. The dental experiment with the egg and coke had a lot of visual impact. Color mixing was fun and useful.
- On a scale of 1-5 (5 being the highest) what is your overall opinion of the Readers Theatre Program?
  - 5 (5 times)
  - 3- Theme, 5-live presentation

May 2011 N=6, 75% Return Rate

### **Transition to School Activities**

### Partners: Mammoth and Eastern Sierra School Districts

#### Round Up

**Target:** All families with incoming Kindergartners—county-wide for the first year.

#### Purpose:

- Meet the kindergarten teacher(s) and the principal
- Get to know the elementary school sites
- Receive oral health checks
- Get registration packets, and kindergarten survival kits (backpacks with school readiness supplies)

#### Pre-Kindergarten Assessment

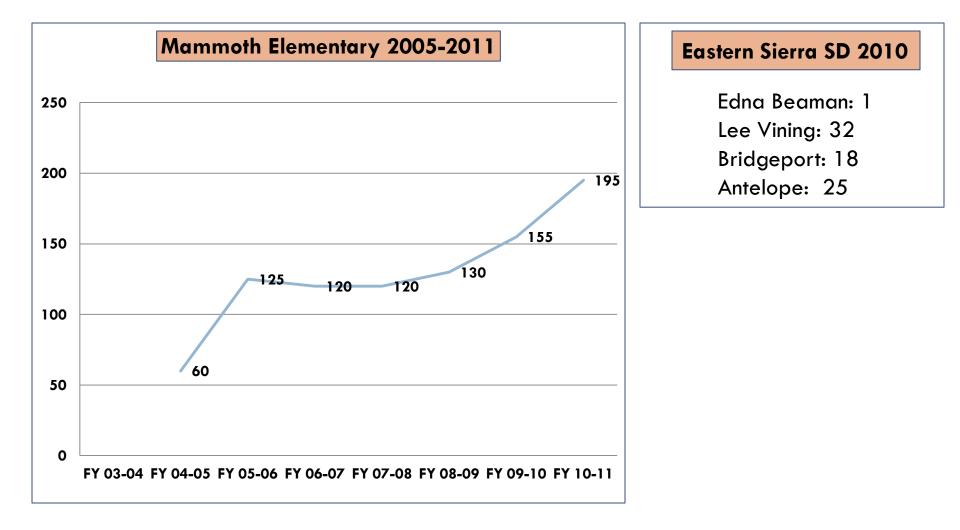
- **Target:** All incoming kindergartners
- Purpose: Assess school readiness to help determine eligibility for Summer Bridge—priority to children assessed as not kindergarten ready.

#### Summer Bridge

- **Target:** Children assessed as not kindergarten ready, and, as space provides, other incoming kindergartners
- Purpose: Provide a 2 week, half-day program (in English and Spanish in Mammoth) with a certified teacher to help all children be ready for school on the first day of kindergarten.

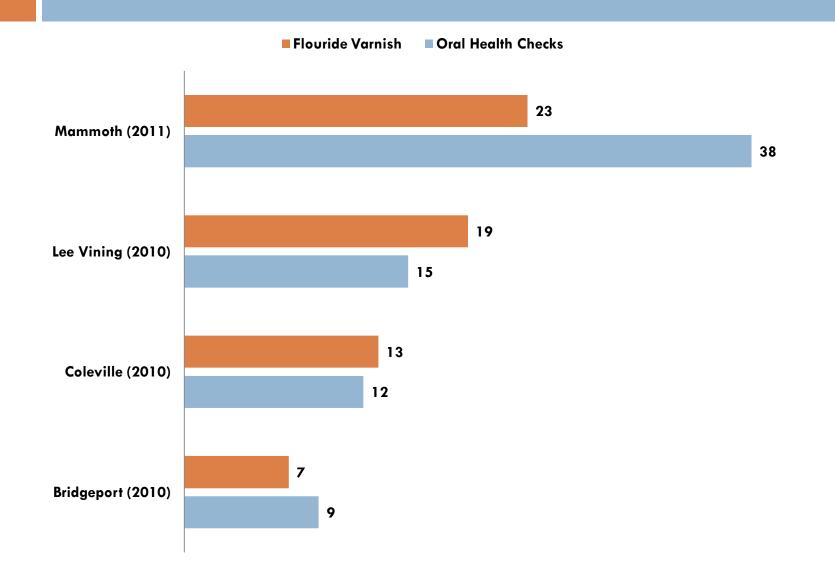
## Attendance

Kindergarten Round Ups FY 2010-11



## Oral Health at Round Ups

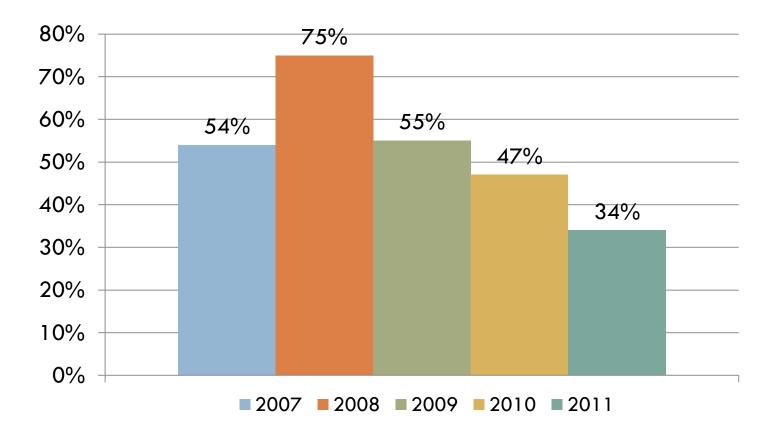
Kindergarten Round Ups FY 2010-11



Children Assessed at "Not Ready"

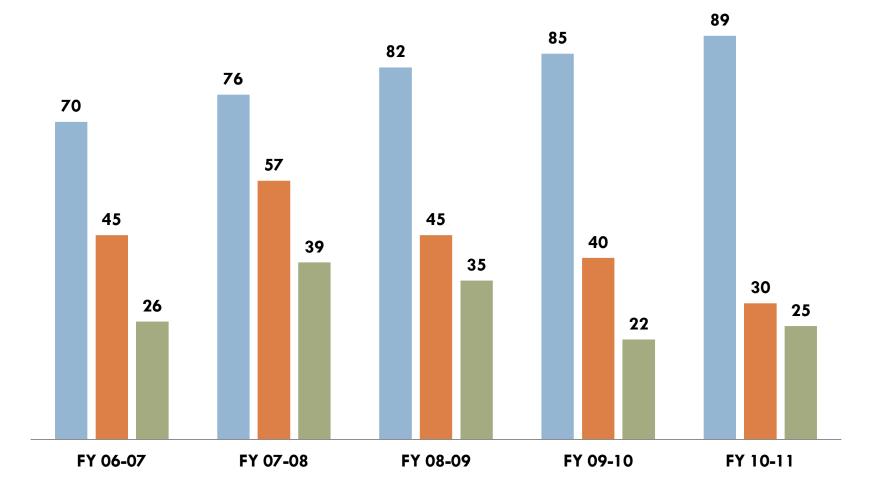
Pre-Kindergarten Assessments FY 2010-11

#### **Mammoth Elementary School**



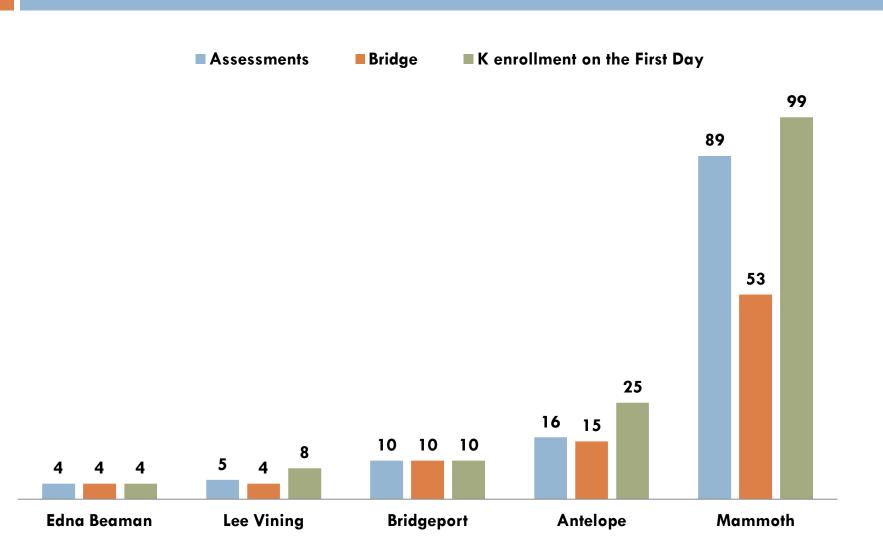
## MES Assessments 2006-11

Assessments Assessed as Not Ready Assessed as Not Ready and Attended Bridge



### **Transition to School Participation**

Pre-Kindergarten Assessments and Summer Bridge FY 2010-11



## Parent Survey

Summer Bridge FY 2010-11

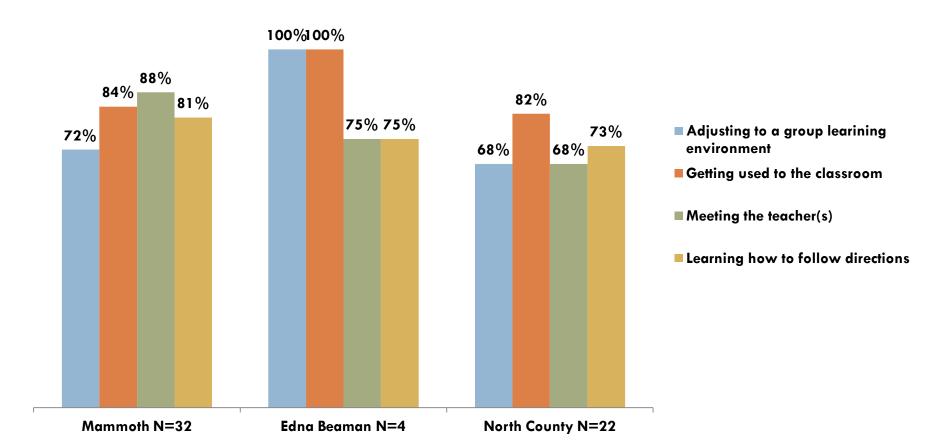
#### In which ways do you feel this program helped prepare your child for kindergarten?

	Mammoth Edna Beaman		North County	
	N=32	N=4	N=22	
	60% return rate	100% return rate	85% return rate	
Adjusting to a group learning environment	72%	100%	68%	
Getting used to the classroom	84%	100%	82%	
Meeting the teacher(s)	88%	75%	68%	
Learning how to follow directions	81%	75%	73%	

## Parent Survey

Summer Bridge FY 2010-11

In which ways do you feel this program helped prepare your child for kindergarten?

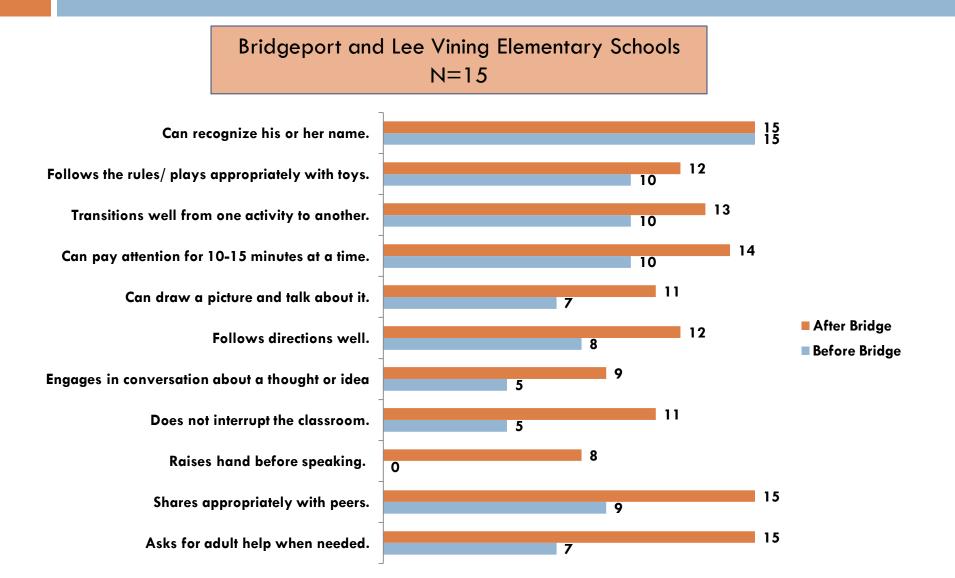


## Parent Survey

#### Comments

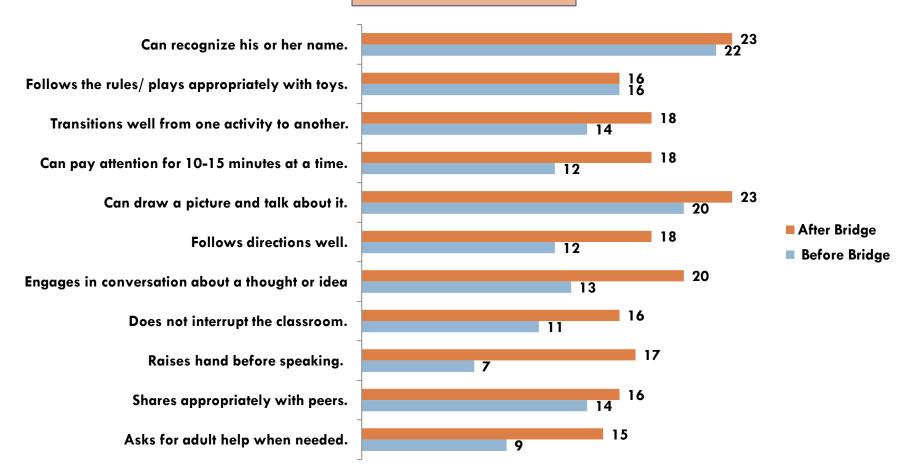
- [My child] had a lot of fun learning in the Summer Bridge Program (EBES)
- I think it is a great program for the kids and teacher. I feel it helped my son out a lot. (AES)
- [Translated from Spanish] I am very happy with the change my son had after these two weeks of summer school. I think it is very helpful for them to have knowledge of what is in school (MES)

Summer Bridge FY 2010-11

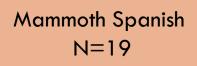


#### Summer Bridge FY 2010-11

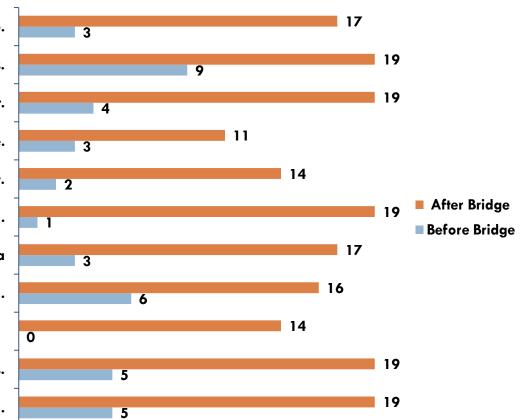
Mammoth English N=23



#### Summer Bridge FY 2010-11



Can recognize his or her name. Follows the rules/ plays appropriately with toys. Transitions well from one activity to another. Can pay attention for 10-15 minutes at a time. Can draw a picture and talk about it. Follows directions well. Engages in conversation about a thought or idea Does not interrupt the classroom. Raises hand before speaking. Shares appropriately with peers. Asks for adult help when needed.



Summer Bridge FY 2010-11

### What were the most important things children in your class got out of Summer Bridge?

- Dealing with separation
- Learning and following the rules
- Establishing routines
- Socialization
- Becoming familiar with campus

The Commission is committed to one overarching goal: to **enhance the network of support services for families with children ages 0 to 5 years**. (First 5 Mono County Strategic Plan pp. 14)

#### Strategic Process for Enhancing the Network of Family Support Services

Offer home visiting services to all families with newborn children to assess family needs, provide information and support to parents, and connect children and families to available services.

Yes, Welcome Baby!

Support and enhance a culturally competent school-linked network of health, social, early care and education service providers to improve school readiness of young children through coordination, information sharing, outreach, quality improvement, early literacy, education, and parent support.

Yes, Raising a Reader, Readers' Theatre, Welcome Baby!, Parent-Child Workshops, Oral Health, Summer Bridge, CARES, and Peapod Playgroups.

Gather and evaluate data from all Commission-funded services in order to identify new and emerging gaps in services.

Yes, see previous slides! Additions: Peapod Playgroups FY 2010-11; Welcome Baby! FY 2010-11; County-wide Kindergarten Round Ups FY 2010-11; Birth-to-5 Health and Safety Fairs FY 2010-11. Changes: Reader's Theatre and Parent Child Workshops conducted primarily by partner agencies; Parent-Child Workshop evaluations to use Parenting Ladder FY 2011-12

Continue to seek to expand services where the greatest gaps exist in the county, such as the availability and quality of child care services, using approaches that are integrated with the home visiting and school readiness services systems that have been developed.

Yes, First Book Distribution and Oral Health Education through Raising a Reader; Birth-to-5 Health and Safety Fairs FYS 2010-11 & 2011-12; and Childbirth Education Classes FY 2011-12; expansion of Peapod Program

#### A. Result Area (Outcome):

Mono County children 0-5 are educated to their greatest potential.

### **1. Family Education**

- % of parents and other family members improving in knowledge about child development. (R)
  - 191 families, 26% of Mono County children birth to 5 were enrolled in programs with a child-development education component (N=235),
    - 10% of those children, and their parent(s), participated in programs with a knowledge-improvement assessment (N=28).
    - Of those 10% of children, 57% of their parents (N=16) completed an assessment.
    - Of the parents assessed, 81% (N=13) reported an increase in knowledge about child development.

Source: Commission-run programs with child-development-education component: 235 Children Served/ US Census 2010: 893 Children Birth to 5 in Mono County (not taking

into account multiple family members served)

#### A. Result Area (Outcome): continued

Mono County children 0-5 are educated to their greatest potential.

#### 4. School Readiness

% of entering Kindergarteners assessed for school readiness prior to entry. (A) 85%MES: 2006, 77%; 2007, 74%; 2008, 92%; 2009, 94%; 2010, 96%; 2011, 90% EBES: 2008, 60%; 2009, 100%; 2010, 80% LVES: 2009, 42%; 2010, 63% BES: 2009, 100%; 2010, 100% AES: 2009, 41%; 2010, 64% Source: number of assessments/number of children on the first day of Kindergarten % of children "ready for school" upon entering Kindergarten. (R) 88%MES: 2010, 85%; 2011, 82% EBES: 2009 100%; 2010, 100% LVES: 2009, 100%; 2010, 100% BES: 2009, 100%; 2010, 90% AES: 2009, 87%; 2010, 100% Source: In-School teacher surveys % of children receiving Kindergarten transition support (A) 85% MES: 2011, 90%; EBES: 2010, 100%; LVES: 2010, 63%; BES: 2010, 100%; AES: 2010, 64% Source: number of assessments or bridge enrollment (whichever is higher)/number of children on the first day of K. % of children who have ever attended a preschool, Pre-K, or Head Start program by the time of Kindergarten entry. (R) 77% of children in Summer Bridge MES: 50%, EBES: 50%, LVES: 100%, BES: 67% AES, 100% Source: Summer Bridge Parent Surveys (average, 82% return rate)

### **B.** Result Area (Outcome):

All Mono County children 0-5 are healthy.

#### 1. Physical Health

#### Optimal Nutrition

% of children where breastfeeding is successfully initiated and sustained.
 (R)

66% of Mono County babies birth-12m were in Welcome Baby. Source: babies in Welcome Baby N=100/ California Birth Data 2010, 151 births in Mono County

Of those, 95% successfully initiated; 82% sustained to 6 months.

% of children 0 to 5 years of age who are in the expected range of weight for their height and age, or BMI. (R)

#### 2. Emotional Health

Number of families provided with information about appropriate community services. 191, 26% of Mono County children Birth to 5 (N=235), Source: 100% of children participating in commission-run programs with community-service-referral component N=235/US Census 2010, 893 Children Birth to 5 in Mono County.



# **Oral Health Initiative**



### Fiscal Year 2010-11

# Potter the Otter



Potter Water Bottles Mammoth Community Water District and First 5 Mono Partnership



#### 700 Books & 250 Water Bottles distributed:

- Child Care Homes and Preschools
- Peapod Groups
- Marine Mountain Warfare Center Children's Place
- Mammoth Hospital
- Libraries
- Community Water District
- WIC and Immunization Program

## **Oral Health Outreach and Tooth Tutor**









# **Oral Health Education & Fluoride**

Location	Oral Health Education	Fluoride Varnish	Total # services provided
Preschools (9)	91	62	153
Child Care Homes (9) & Peapod	64	51	115
Tooth Tutor	15	15	30
Total	170	128	298

- Delivered via F5M outreach (Trish, Claudia, Cathy) and Readers' Theater (Altrusa)
- Education helps children learn about good Oral Health (brush, floss, diet, decay) and why it is so important.
- Topical Fluoride Varnish offered with parental permission.

## **Oral Health Services**

### Kindergarten Round Ups



Location	Dental Screenings	Fluoride Varnish	Total # services provided
	Fiscal Year 09-10/10-11	Fiscal Year 09-10/10-11	Fiscal Year 09-10/10-11
Mammoth	18 / 38	20 / 23	38 / 61
Lee Vining	16 / n/a	19 / n/a	35 / n/a
Bridgeport	9/3	7/3	16 / 6
Coleville	12 / 4	13 / 5	25 / 9
Total	55 / 45	59 / 31	114 / 76

- Sierra Park Dental Clinic, Drs. Fujimoto, DDS
- Toiyabe Dental, Dr. Gilbert, DDS
- Mammoth Dental, Dr. Schrager, DDS
- Dental Office staff and community volunteers





# **Tooth Tutor Program**

- 15 families received a home visit from Tooth Tutor, Claudia Molina – (instruction on how to keep their child's teeth healthy and prevent more dental caries from occurring).
- Purpose: reduce the number of new and recurring dental caries (tooth decay) in children who have already experienced a high number of caries.
- Outreach:
  - Preschool Centers, Family Child Care Homes, Peapod Groups: Education and Fluoride Varnish
  - Books and Barn Animals Jamboree, Tri County Fairgrounds: Education

### Strategic Plan Result Areas (Oral Health)

#### % of children who regularly access preventive dental care.

- Approx. 30% of all Mono County children ages 3-5 received at least one application of fluoride varnish via F5M programs.
- Approx. 29% of all Mono County children ages 3-5 received oral health education via F5M programs.

#### % of children ages 1 or older who receive annual dental screenings.

- 88% of Kindergarten students at MES and BES received a dental screening prior to Kinder entry.
- (45 children received free pre-k entry dental checks by local volunteer dentists, as arranged by F5M)

#### Sources: 122 Kinder Students in MES and BES FY 2011-12

107 PreK Dental Assessments submitted by parents at MES and BES (of those, 33 needed dental care) Approx. 513 children ages 3-5; 165 children 5 years of age in Mono in 2011 (DOF estimates)

### Strategic Plan Result Areas (Oral Health)



- % of prenatal women who receive dental hygiene education.
  - 14% of pregnant women in Welcome Baby! were seen prenatally. Of those, 100% received dental hygiene education.

Source: 21 Welcome Baby! prenatal visits/CA Birth Data 2010, 151 births in Mono County

#### % of children at Kindergarten entry with untreated dental problems.

 31% of <u>Kindergarteners</u> at MES and BES assessed as needing **dental care** in FY 2011-12, via required Kinder assessments.

Source: 107 PreK Dental Assessments from MES and BES (of those, 33 needed dental care) 165 children 5 years of age in Mono in 2011 (DOF estimates)

• County-wide Dental Fairs in the future?????