



School Readiness





Transition to School Programs

Countywide Elementary School Transition Programs



- Kindergarten Round Up
- Pre-K Assessments
- Summer Bridge Program

MES Kindergarten Round Up

Location: MES School Cafeteria

Target: All parents of entering Kindergarteners

Purpose:

- Meet the Principal and Kindergarten Teachers
- Get a K Registration Packet
- Get a Kindergarten Survival Kit
- Sign up for a Pre-Kindergarten Assessment



2008

➤ 120 Attendees

➤ 99% of entering Kindergarteners registered before the 1st day of school

2009

➤ 130 Attendees

➤ 92% of entering Kindergarteners registered before the 1st day of school

2010

➤ 120 Attendees

➤ 96% of entering Kindergarteners registered before the 1st day of school



Pre-Kindergarten Needs Assessments

Of all the Mammoth children who entered Kindergarten in August of 2010:

- 96% were assessed for school readiness the preceding spring.
- 55% of those assessed were referred to Summer Bridge
- 78% of those referred actually attended
 - 2 children attended Summer Bridge without a spring assessment



MES Summer Bridge Program

- Designed for children who are assessed as not ready for Kindergarten
- 2 weeks long, held in June and July at MES
- English and Spanish classes taught by Elementary School Teachers



	07-08	08-09	09-10
# of Children Participated	55	55	42
# of Children with Special Needs	3	0	0

MES '09-'10 Summer Bridge Parent Survey

In what ways do you feel this program helped prepare your child for Kindergarten?

- 94% Meeting the teachers
- 91% Getting used to the classroom
- 72% Increased Self-confidence
- 69% Adjusting to a group learning environment



n=32

'09-'10 Eastern Sierra Unified SD Summer Bridge Programs

- 2 week programs
- Late in the summer, just before school starts
 - Open to all children who will be entering Kindergarten at LVES, BES, AVES
 - 29 children participated

Teachers reported a 25%-42% increase in the following skills:

- Does not interrupt in the classroom
- Raises hand before speaking
- Can draw a picture and talk about it
- Follows the rules/plays appropriately with toys
- Can pay attention for 10-15 minutes at a time

Pre-K Assessments:

- Before bridge, 8 children were assessed as not "K Ready"
- After bridge, only 3 children were assessed as not "K Ready"

ESUSD '09-'10 Summer Bridge Parent Survey

In what ways do you feel this program helped prepare your child for Kindergarten?

- 85% Adjusting to a group learning environment
- 75% Getting used to the classroom
- 70% Learning how to follow directions
- 70% Increased attention span



n=20

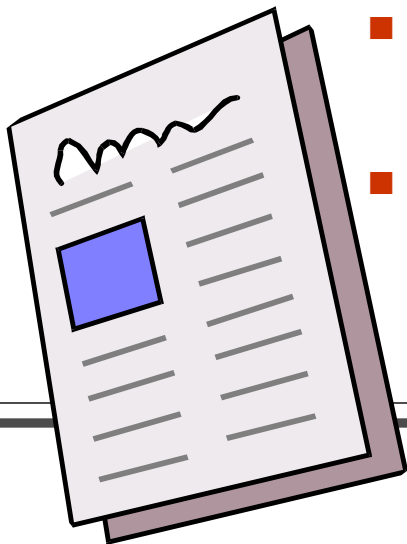
1st Day of School Kinder Kits

- Canvas backpacks filled with school readiness supplies such as pencils, crayons, scissors, paper and more!
- Backpacks were requested to level the playing field



IMACA Kid Bits Newsletter

- Monthly calendar and quarterly newsletter for parents and caregivers
 - Spanish and English
 - School Readiness Concepts
 - Current Child Development events
 - Educational opportunities and workshops



09-10

❖ 324 people on the mailing list

❖ About half Spanish Speaking

Raising A Reader

- ✓ Research based Early Literacy Program
- ✓ Serving children 0-5 and their families
- ✓ Each child receives a Red Book Bag filled with 4 books including bilingual and multicultural
- ✓ Rotation done weekly – bi-weekly
- ✓ Mono County is unique in the fact that the Coordinator is fully involved with the program and does the story time in each of the centers or home childcare settings
- ✓ Raising a Reader expanded to the North County in Coleville, Lee Vining, June Lake, and Bridgeport



Ms. Taylor in the Bridgeport preschool class

09-10 Raising A Reader

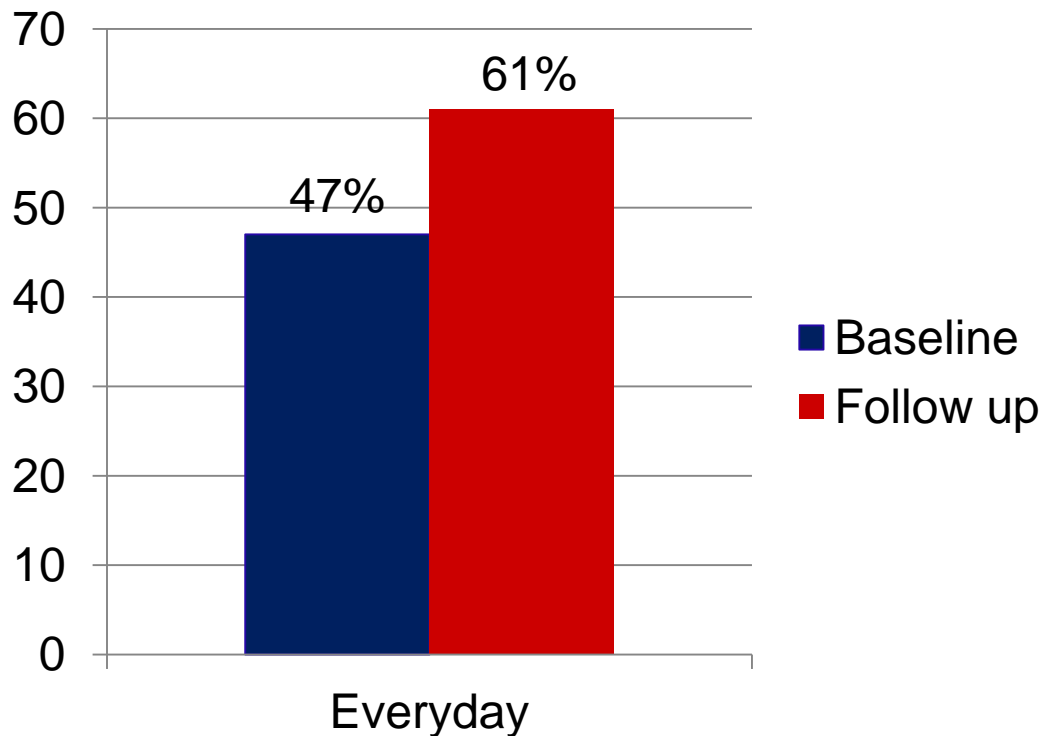


Ms. Taylor at Coleville Head Start

Children's Participation in Raising a Reader:

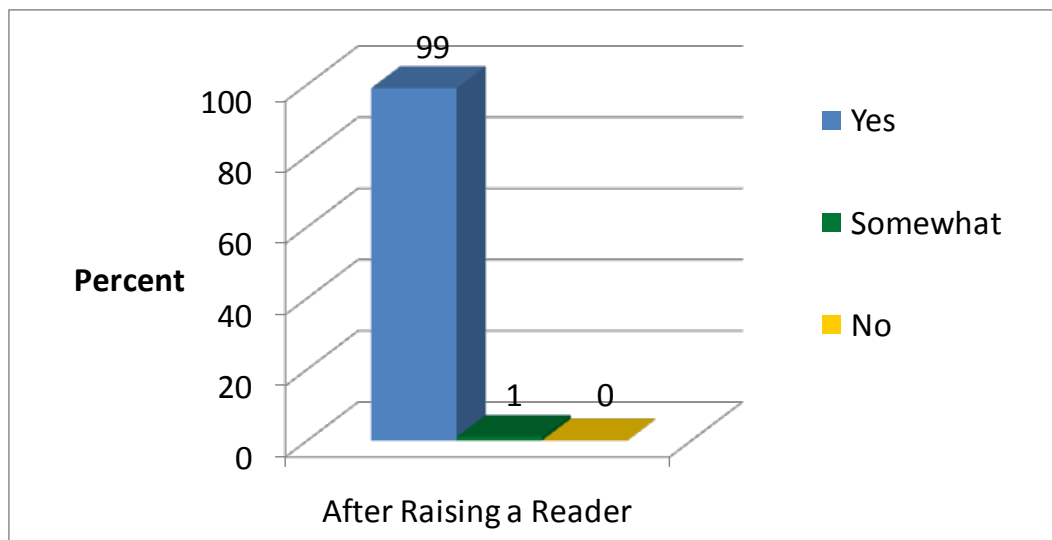
- North county: 250
- South county: 903
 - Special needs: 46

How much time do you spend reading with your child?



RAR Survey FY 09-10

Since beginning Raising a Reader, does your child show an interest in books?



RAR Survey FY 09-10

Little Feet

(1-3 yr. olds & parents)

- Dance and movement class
- Once per week, for 8 weeks
- Up to 15 children and their parents
- Partner with Early Start; Great Steps Ahead; Parks & Recreation; Cerro Coso; Mammoth Lakes Library



Parents reported a 25% increase in the following skills (n4):

- Has ability to balance on one leg.
- Knows the difference between healthy and unhealthy foods.
- Understands rhythm and can move to the beat of the music.

Teeter Tots

(16 mo.–3 years & parents)



- Once a week, for 7 weeks
- Up to 13 toddlers and their parents
- Literacy, craft, make your own snack, and socialization
- Partnership with Early Start and Mammoth Lakes Library

Parents report a 50-63% increase in the following skills (n14):

- Understand the importance of talking and listening to their child.
- Know how to effectively read aloud with their child.
- Understand the importance of singing songs and saying rhymes with their child.



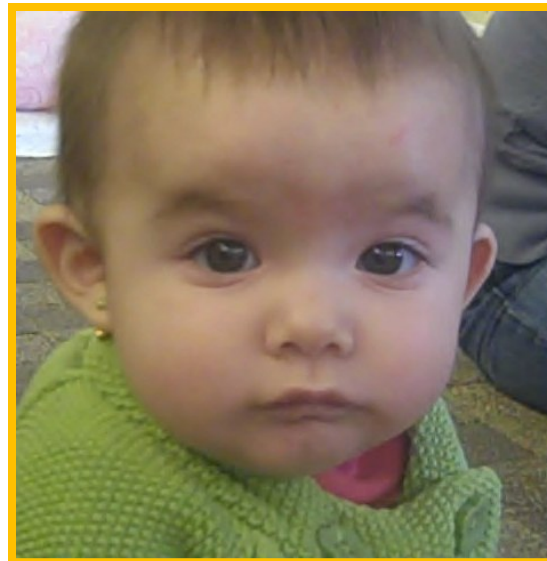
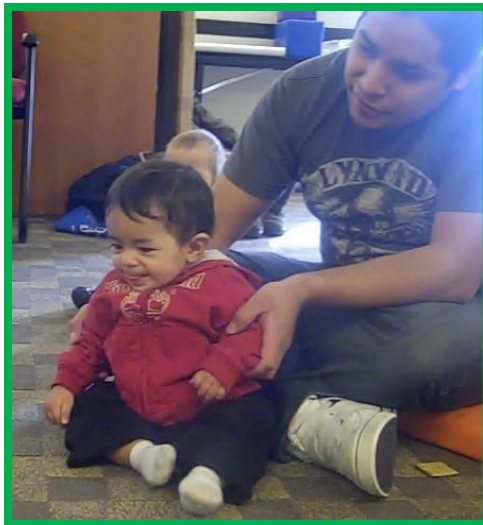
2009-2010
• 23 Children Served
• 23 Parents

Tiny Toes

(infants & parents)

“Parents and Infants Learning Together”

- 6 week series – Once a week
- Infants (0-1 or not yet walking) and their parent(s)
- Partnership with Early Start, Cerro Coso Community College, and Mammoth Lakes Library



Tiny Toes

Parents report a 50%-67% increase in the following skills:

- Knowing how to effectively use counting/rhyming/concept books with their infant?
- Understanding their role as their child's first and foremost teacher?
- Knowing how to effectively read aloud with their child?



Kinder Collaboration

Evening meetings for preschool staff, kindergarten teachers, elementary school administration, and First 5 School Readiness to collaborate and improve communication.

Topics Included

- Swine Flu Kinder Call, September 2009
 - (10 participants)
- Oral Health Kinder Dinner, January 2010
 - (12 participants)



Readers Theatre

- Readers Theatre
 - Partnership between First 5 and Altrusa
 - Serving 10 early childhood settings (Mammoth to Coleville)
 - Literacy theme box
 - Story time, music, and crafts

09-10

136 Children Served

Including 16 Special
needs children



Summary of Outcomes

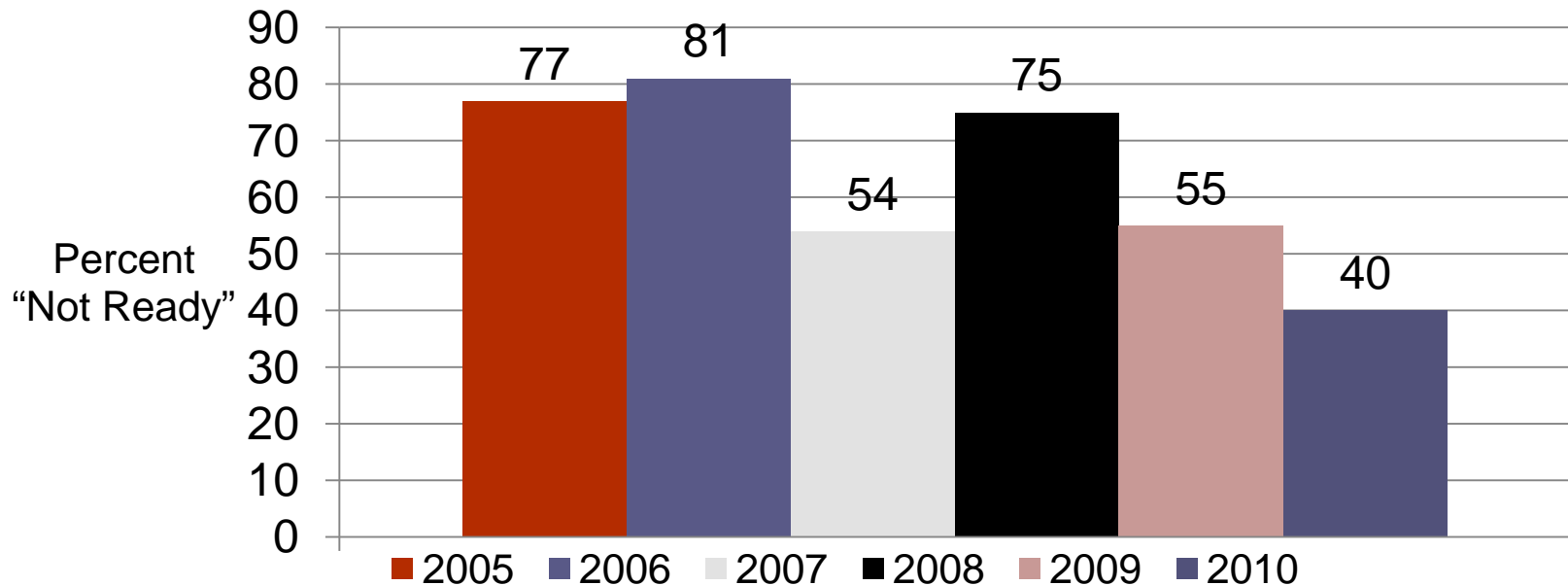
Strategic Plan and School Readiness Program Indicators



It's all about the kids...

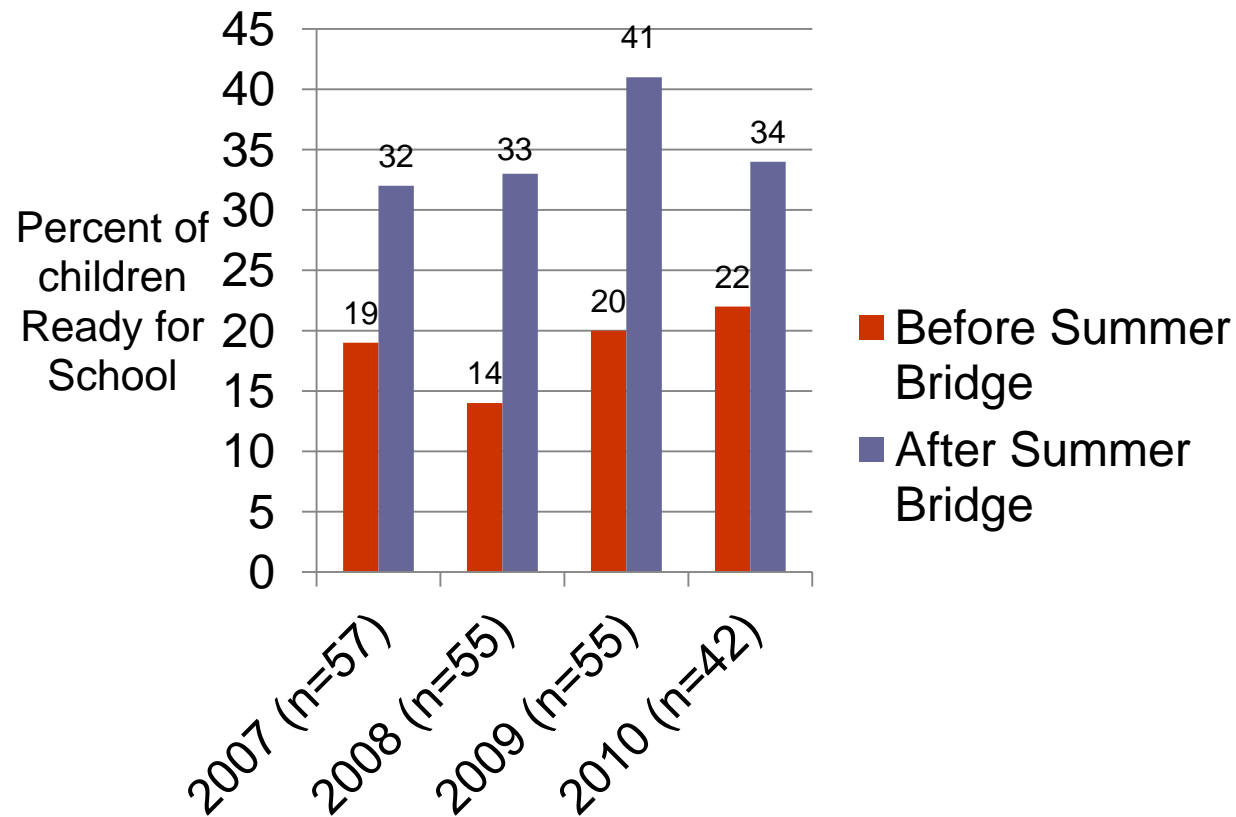
Identifying School Readiness Needs

Children Assessed as “Not Ready”



Source: MES Pre-Kindergarten Needs Assessments, completed by Kindergarten teachers in the Spring for children who will be entering Kindergarten in the Fall.

Number of children in the Mammoth Bridge Program deemed Ready for School



What Pre-K activities need to be developed?

Mammoth Kindergarten Teacher Comments:

- “Pre-K Program” (mentioned every year for 4 years by more than one teacher)
- “Following rules/directions” (two teachers)
- “Coloring, cutting, and holding a pencil”
- “Listening skills”
- “Taking turns with talking and sharing”

Making a Difference . . .



- ✓ Since FY 2004-05, new programs offering Kindergarten transition support include: Kindergarten readiness assessments, Bridge Programs, Second Cup of Coffee, Round Up, Little Feet, Teeter Tots, Tiny Toes, Kinder Kits, Readers Theatre, and Raising A Reader.
- ✓ In 2010, more incoming Kindergarteners in Mammoth were assessed for school readiness prior to entry.
 - 91% in 2010 compared to 44% in 2004

Making a Difference . . .



- Schools are ready for children
 - ✓ Kindergarten teachers provided over 551 hours of direct transition services, helping preschoolers and their families prepare for school.

- Children are making developmental progress towards School Readiness
 - ✓ Children assessed during the Mammoth Summer Bridge Kindergarten Transition Program improved by 37% or more in ten out of eleven developmental domains.

Making a Difference . . .

- Parents are participating in family literacy programs.
 - ✓ Over 2,072 children and family members participated in family literacy programs, such as Raising a Reader.
 - ✓ 100% of parents report that after being in the Raising a Reader program, they regularly read with their child.



Making a Difference . . .

- Since program inception in 2003, 53% of *all* incoming K students at Mammoth Elementary School have attended Summer Bridge.
- Teachers at Mammoth Elementary School report a noticeable improvement in the pre-literacy and social-emotional levels of children entering Kindergarten.
- Teachers are now able to teach their curriculum on the first day of school versus socialization and remedial activities for the first several weeks as in years past.





*First 5 School Readiness
Programs are making a
difference by meeting local
needs and improving the lives
of our children!*





Oral Health Initiative



Fiscal Year 2009-10

Strategic Plan Result Areas (Outcomes)

Oral Health

- % of children who regularly access preventive dental care.
- % of children ages 1 or older who receive annual dental screenings.
- % of prenatal women who receive dental hygiene education.
- % of children at Kindergarten entry with untreated dental problems.

Oral Health Services at Kindergarten Round Ups Countywide



Location	Dental Screenings	Fluoride Varnish	Total # services provided
Mammoth	18	20	38
Lee Vining	16	19	35
Bridgeport	9	7	16
Coleville	12	13	25
Total	55	59	114

Volunteers:

- Sierra Park Dental Clinic, Drs. Chen and Fujimoto, DDS
- Hi-Tech Dentistry, Dr. Sansom, DDS
- Mammoth Dental, Dr. Schragar, DDS
- Dental Office staff and community volunteers

Oral Health Education



6 preschools
&
2 libraries



142 children
served!



- Education helps children learn about good Oral Health and why it is so important.
- Stories, proper tooth brushing, going to the dentist, and a visit from Ms. Molar!
- Reduces the fear of going to the dentist.

Oral Health Technical Assistance

Dr. Nancy Reifel, UCLA School of Dentistry



Nancy Reifel, DDS, MPH, providing Oral Health workshop to Mono and Inyo County professionals at the Mammoth Lakes Library, May 2009

34 Providers Trained

- Oral Health Promoter Re-certification of First 5 Staff.
- Oral Health Risk Assessment and Topical Fluoride Varnish Training (hands-on clinical training), Mammoth
- **Prenatal Oral Health Lunch and Learn:** Guest presenter at Mammoth Hospital



- Prepared model **Standing Orders** for the application of fluoride varnish.
- Develop **Tooth Tutor** Program

Basic Oral Health Education

Mountain Warfare Training Center

Nancy Reifel, DDS

- Base housing = 8 families
- MWTC = 11 Corpsman



Pickle Meadows Mountain Warfare Training Center

Dental Screenings and Fluoride Varnish

Head Start Dental Screenings

- Parents received tooth-brushing technique and instruction with the use of disclosing solution.
- All children received Dental Exams, as part of Head Start Curriculum, provided by Dr. Reifel.
- Children with parental consent received topical fluoride varnish.



31 children served
25 parents served

Jumpin' June Jubilee



*Byron Sansom, DDS,
giving free dental
check ups.*



66
oral
exams

- 14 referrals
for dental
care

Books & Barn Animals Jamboree

- Tri County Fairgrounds
- Approx. 100 families
- Fun and educational
- How to brush your teeth
- Oral Health Goodie Bags
 - Tooth brush and paste
 - Other OH-related stuff



Claudia Molina, *Tooth Tutor*

Tooth Tutor Program



- 8 families visited (program started late in FY 09-10)
- Purpose: reduce the number of new and recurring dental caries (tooth decay) in children who have already experienced a high number of caries.
- The Tutor visits families to help them learn how to keep their child's teeth healthy, and prevent more dental caries from occurring.



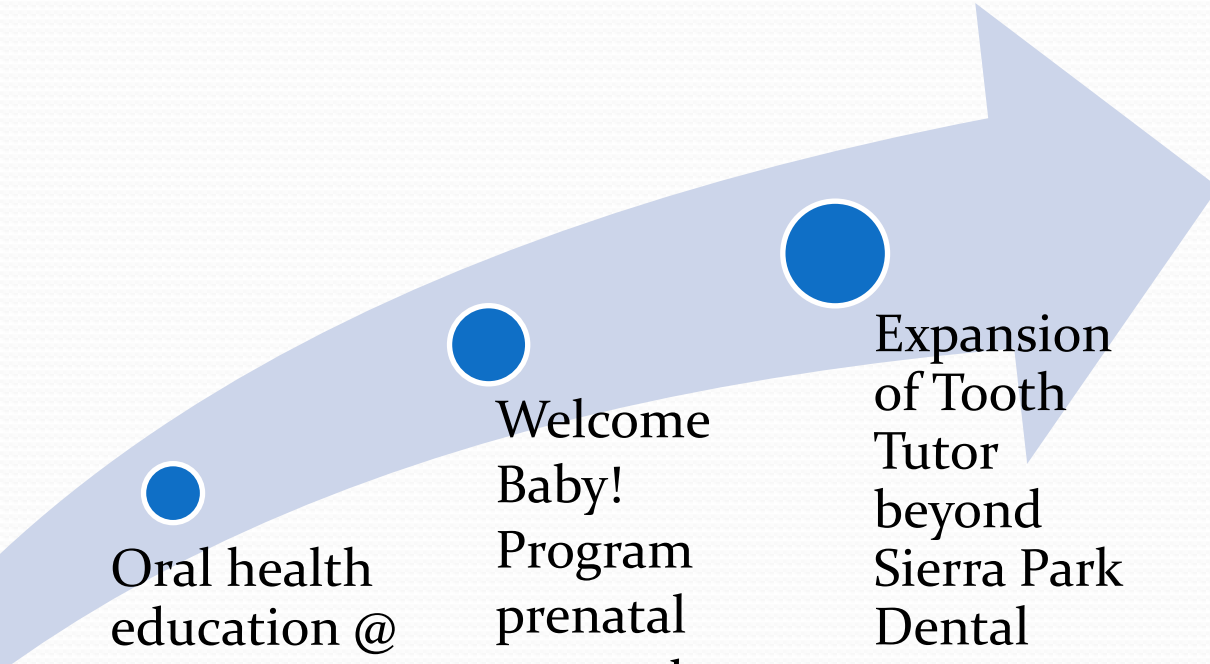
% of prenatal women who receive dental hygiene education.

Starting with the Welcome Baby! Program in September of 2010...

- All women seen prenatally by WB! receive counseling and written information on the important of dental care during pregnancy.



Opportunities



Oral health
education @
family child
care homes

Welcome
Baby!
Program
prenatal
outreach

Expansion
of Tooth
Tutor
beyond
Sierra Park
Dental

