



wild iris

FAMILY COUNSELING & CRISIS CENTER

www.wild-iris.org

Mammoth Moms

A Support Group for Teen Mothers

Who: Teenage Moms

What: A place for you to meet other mothers your age and support and encourage each other in the challenging task of raising your child. Discussions on everything from parenting to relationships, stress reduction to community resources. A safe and confidential environment to discuss the struggles and joys of being a teen mom.

Where: Sierra Wellness Center (2nd Floor of Sierra Center Mall)

When: Thursdays 3:30-4:30, beginning July 11, 2013

Why: We know being a mom is hard!

CHILDCARE will be provided **free**
of charge

It takes a big
heart
to help shape
little
minds.

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For more information call Wild Iris at (760)-934-2491
www.wild-iris.org