

Parenting Class



Mono County Office of Education



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Facilitator Provided by MCOE

Parenting the Love and Logic Way®

Topics include:

- Avoid un-winnable power-struggles and arguments**
- Stay calm when your kids do incredibly upsetting things**
- Set enforceable limits**
- Avoid enabling and begin empowering**
- Help your kids learn from mistakes rather than repeating them**
- Raise kids who are family members rather than dictators**

This parenting program is designed to give you practical skills that can be used immediately!

Dates: Wednesdays, April 10—May 29

Time: 6:00-8:00 pm

**Location: Mono County Office of Education, 451 Sierra Park Rd,
Mammoth Lakes**

Facilitators of the *Parenting the Love and Logic Way*® curriculum are independent and are not employees of the Love and Logic Institute.