

# Café Mom

*Every Wednesday  
from 12:30 to 1:30*

*Informal Free Weekly*

## *Breastfeeding and Mom to Mom Support*

*The First 5 Welcome Baby! Program offers support, encouragement,  
and current information about all aspects of breastfeeding.*

*If you are:*

- Pregnant and interested in breastfeeding*
- Having any difficulties breastfeeding*
- Have questions with anything to do with breastfeeding*
- Would like to chat with other breastfeeding mothers*



*We have a lot of information and resources to share!*

*Mimi's Cookie Bar 588 Old Mammoth Road, next to the  
Mammoth Lakes Police Department*

*For more details please contact:*

*Debbie Riffel, CLEC at  
760-914-1431*

